

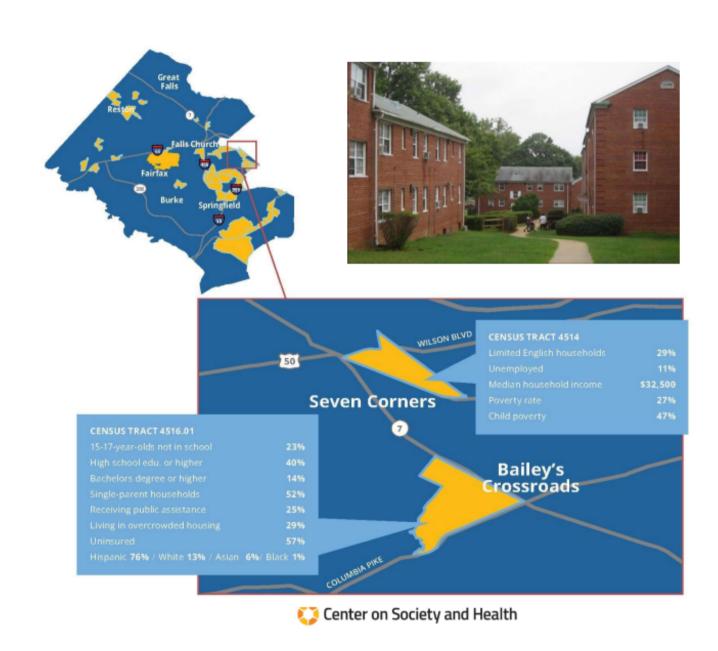
Named "One of the Best Nonprofits" by Catalogue for Philanthropy, Culmore Clinic is an interfaith, nonprofit healthcare clinic offering compassionate and culturally-sensitive medical care, counseling, and specialty referrals to low-income adults at little to no cost in the Bailey's Crossroads community.





### WHERE WE ARE

- In Bailey's Crossroads, VA, a community where
  - 57% are uninsured
  - 21% live in poverty
  - 76% live in substandard rental housing
- "Island of Disadvantage"
- 22041 zip code
- Borders Arlington County
- Highest rate of COVID infection in Fairfax County





# WHO WE SERVE

- Culmore Clinic patients
  - Culturally diverse immigrant population (97%).
  - 65% are employed
  - ∘ \$10,945 annual income
  - Interfaith backgrounds
  - o 3rd and 6th grade education; some high school



A patient presents a thank you gift to Culmore Clinic.



### THE NEED

When the COVID-19 pandemic hit, our patients were some of the highest risk of hospitalization or death.

- Essential workers, living in shared spaces,
- Take public transportation,
- immunosuppressant, or have comorbidities, putting them at even higher risk.



Diabetes Education Workshop with partners from NovaScripts Central.



### **OUR IMPACT**

#### During the height of the pandemic, we provided:

- 2,188 provider visits
- 885 patient support calls
- 167 counseling sessions
- 931 grocery & medicine pick-ups
- 4,723 volunteer hours
- 2,028 medical hours



One of our Nurse Practicioners with the support of one of our Volunteer Interpreters examines a patient.

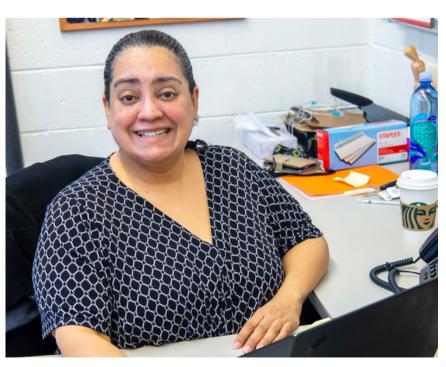


# **VOLUNTEERS**

- 69 Active Volunteers
  - Physicians
  - Nurses
  - Medical specialists
  - Counselors
  - Medical assistants
  - Medical interpreters
- Over \$1 million in resources from both volunteers and partner relationships leveraged each year.



































**ANNANDALE** 

GRACE SETS US FREE TO LOVE OUR NEIGHBORS

# INTERFAITH EFFORT



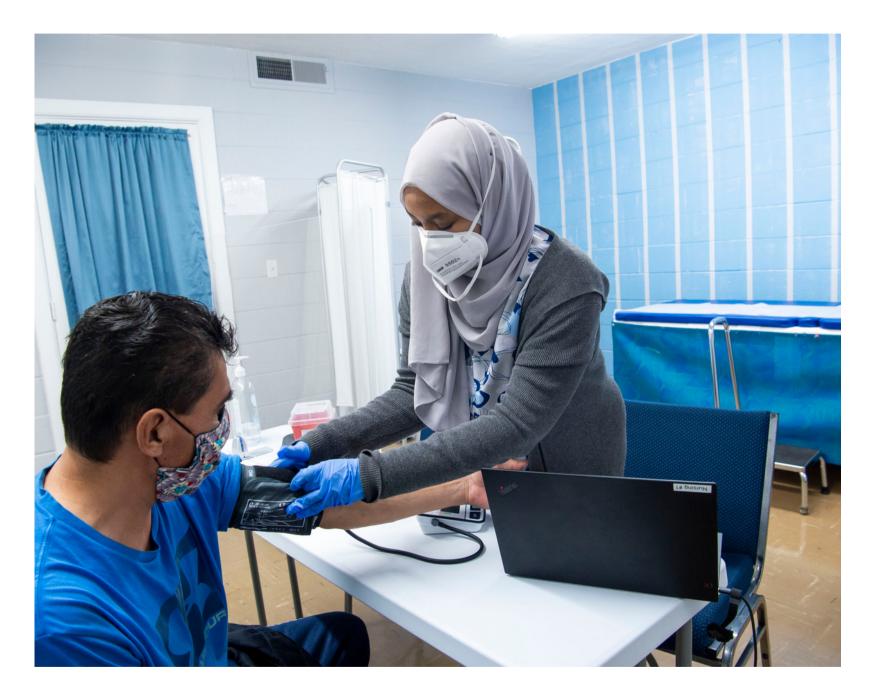






## OUR MODEL OF CARE

- Nurse Practitioner is center
- Patient Visits are 30-60 minutes
- "Cura Personalis" Care for the Whole Person
- Guide to the Bureaucracy SDOH
- Collaboration with focus on the Interfaith Community

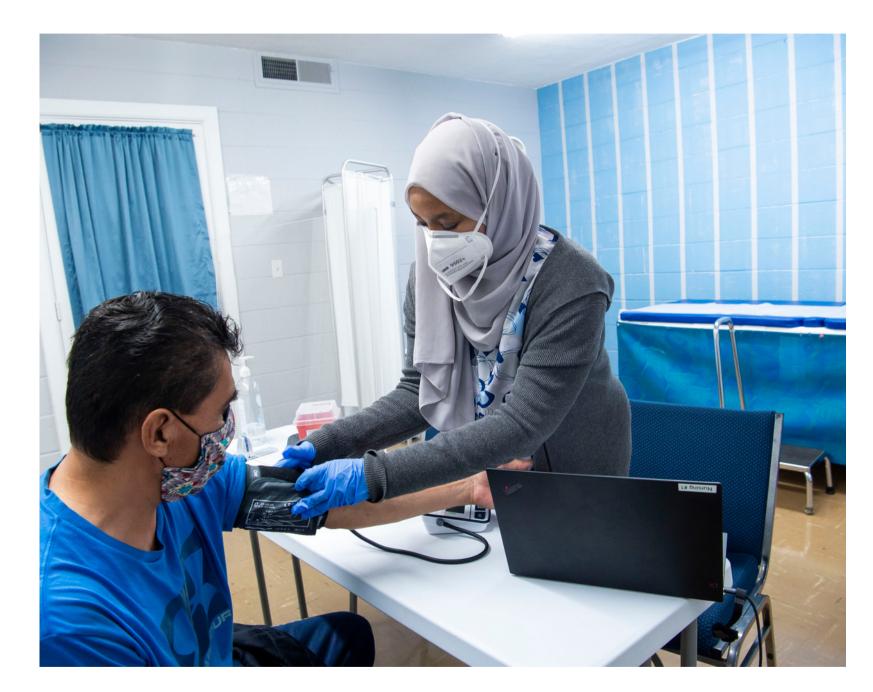


Vital signs of "care for all."



## **OUR SERVICES**

- Primary medical care
- Dental Care
- Counseling Services
- Diagnostic & laboratory testing
- Nutrition counseling
- Diabetes management workshops
- Case management/SDOH
- Prescription medicine distribution
- Specialty referral
- Distribute/train at-home COVID tests



Vital signs of "care for all."

#### Key Takeaways from Strategic Planning External Interviews and Analysis



- Within the Culmore Clinic service area and the socio-demographic profile, there are approximately
  4,100 residents that could access the clinic for services through 2025
- Population in the service area will continue to grow but at a slow and consistent rate.
- · Demand for safety net patient need is growing and overwhelming the system
- Strong view that Culmore Clinic is a vital Link in the safety net; provides care for a unique population that "traditional" providers can't/won't provide
- "Trusted by patients & community" "Great partner with other community providers"
- · "Amazing work, focus on patients"



## To Consider....

- Collaboration, especially among churches and smallest organizations
- Literacy level, in primary language
- Decrease isolation
- Listen, don't guess
- Scan your networks, partners are there