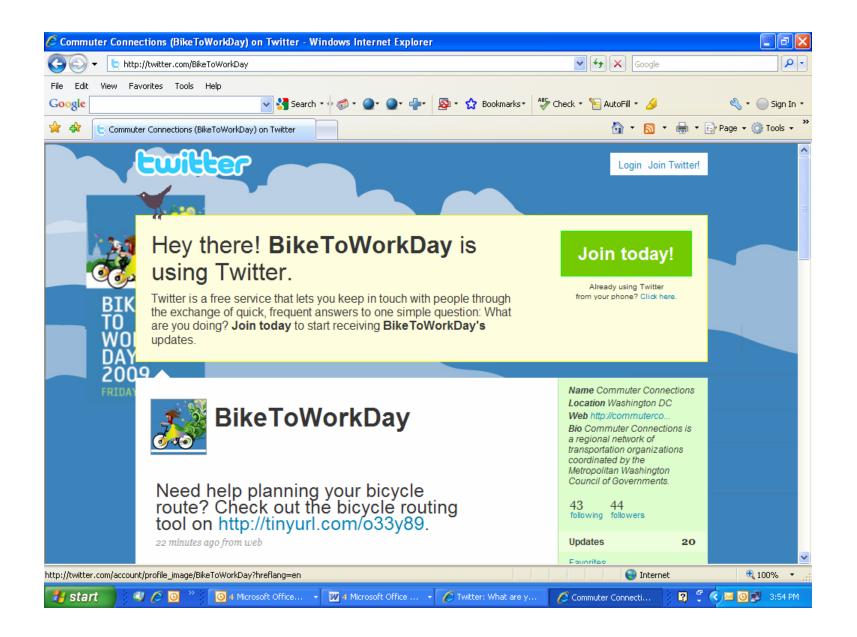


HANDOUTS

From previous meeting

May 13, 2009





Proclamation Bike to Work Day 2009

WHEREAS, Bicycle commuting is an effective means to improve air quality, reduce traffic congestion, and conserve energy; and

WHEREAS, Bicycle commuting benefits both employees and employers through better health and fitness, reduced parking and health care costs, lowering employee absenteeism and turnover, and increasing employee productivity; and

WHEREAS, Increasing numbers of businesses have installed bicycle parking and shower facilities to help employees commute by bicycle; and

WHEREAS, The federal government has enacted a Bicycle Commuter Tax Provision for incurred costs which employers can pay for such as bicycle purchases, improvements, repair and storage; and

WHEREAS Increasing numbers of member jurisdictions have added or improved bicycle paths and trails; and

WHEREAS, The National Capital Region Transportation Planning Board through its Commuter Connections program promotes bicycling through its Employer Outreach project and the annual Bike to Work event; and

WHEREAS, The month of May is "Clean Air Month" to promote air quality, and May 11-15th is national Bike to Work week, to promote bicycling as a viable means of transportation to and from work.

Now, Therefore, be it resolved that the National Capital Region Transportation Planning Board proclaims:

Friday May 15, 2009 as Bike to Work Day throughout the Washington Metropolitan Region; and encourages TPB member jurisdictions to adopt similar proclamations in support of the event.

- MEDIA ADVISORY -

SHED POUNDS, SAVE MONEY, HELP THE ENVIRONMENT ON BIKE TO WORK DAY 2009

Congressman Gerald Connolly, Local Officials to Participate In Annual Regional Event

WHAT:	Bike to Work Day 2009, a free annual event co-sponsored by Commuter Connections and the Washington Area Bicyclist Association (WABA). The event promotes bicycling as an alternative to drive-alone commuting and is held each year to cap off National Bike to Work Week.
WHO:	U.S. Representative Gerald Connolly (D-VA) and other elected officials and leaders (see extended list below) will join thousands of area bicyclists as they bike to work in an effort to reduce drive-alone commuting and improve air quality in the metropolitan Washington region.
WHEN:	Friday morning, May 15, 2009 (Times vary by location)
WHERE:	26 local governments and area employers will host "pit stop" locations throughout the region: Downtown Washington D.C. (Freedom Plaza and Nationals Park), Maryland: Bethesda, Bowie (2), College Park, Frederick, Hyattsville, Indian Head, National Institutes of Health, North Bethesda, Rockville (2), Silver Spring, and White Oak. Virginia: Alexandria, Crystal City, Fairfax, Fairfax City, Leesburg, Reston, Rosslyn, Springfield, Sterling, Tysons

BACKGROUND:

Thousands of area commuters are expected to participate in Bike to Work Day 2009, a celebration of bicycling as a healthy, low-cost, and environmentally friendly way to get to work. Twenty-six "pit stops" will be set up throughout the region, featuring entertainment, raffle prizes, food, and drink. Commuter Connections and the Washington Area Bicyclist Association (WABA) co-sponsor the annual event to encourage bicycling as an alternative commuting option to solo driving. Bike to Work Day is a free event and open to all area commuters.

Free t-shirts will be available for the first 7,500 registrants who arrive at their chosen pit stop. For additional information on Bike To Work Day 2009 including event locations and registration details, please visit <u>www.waba.org</u>.

Confirmed participants as of May 6:

Frederick Transit Center

Frederick County Commissioner Charles Jenkins Frederick Mayor Jeff Holtzinger

Corner and Vienna.

Frederick Alderwoman Marcia A. Hall

Silver Spring Discovery Communications

Director, Montgomery County Department of Transportation Arthur Holmes Montgomery County Councilmember Valerie Ervin State of Maryland Bicycle & Pedestrian Safety Director Michael Jackson

Fairfax City Downtown Vay Dyck Park

Fairfax Councilman David Meyer Fairfax Councilman Steve Stombres

Reston Town Center

Fairfax County Supervisor Catherine Hudgins

Fairfax Corner

U.S. Congressman Gerald Connolly Fairfax County Chairman Sharon Bulova Fairfax County Supervisor Pat Herrity

Springfield Fairfax County Supervisor Jeff McKay

D.C. Freedom Plaza

D.C. Councilmember Phil Mendelson D.C. Councilmember Jim Graham D.C. Councilmember Mary Cheh America Bikes Campaign Director Caron Whitaker Director, D.C. Office of Planning Harriet Tregoning

Commuter Connections is a program of the National Capital Region Transportation Planning Board at the Metropolitan Washington Council of Governments and is funded by the District of Columbia, Maryland and Virginia Departments of Transportation as well as the U.S. Department of Transportation. Commuter Connections promotes bicycling to work and other alternatives to drive-alone commuting, and provides ridematching for carpools and vanpools and offers the free Guaranteed Ride Home program.

The Washington Area Bicyclist Association (WABA) creates a healthy, more livable region by promoting bicycling for fun, fitness, and affordable transportation; advocating for better bicycling conditions and transportation choices for a healthier environment, and educating children, adults, and motorists about safe bicycling.

COG is the association of 21 local governments working together for a better metropolitan region.

www.mwcog.org









