

Washington DC Metropolitan Region Bike to Work Day 2018 Event Draft Report



Prepared September 12, 2018 by:

Commuter Connections
Metropolitan Washington Council of Governments

**National Capital Region Transportation Planning Board
777 North Capitol Street, N.E., Suite 300
Washington, DC 20002**

Table of Contents

Acknowledgements – Page 3

Background/Executive Summary – Page 7

BTWD Growth by Year – Page 12

Sponsorship Declaration – Page 13

Sponsorships – Page 14

Highlights from Area Pit Stops - Page 15

Employer Participation – Page 31

Website - 37

Social Media – 38

Proclamation – Page 41

Marketing Materials – Page 43

Media Coverage – Page 49

Social Media Support - 55

Photos and Other Promotional Items – 60

ACKNOWLEDGEMENTS

The 2018 Metropolitan Washington Bike to Work Day (BTWD) Pit Stop Managers consisted of the following individuals representing their respective organizations:

Lexie Albe	Southwest BID
Vernon Anderson	National Institutes of Health
Grace Aucella	Capitol Riverfront BID
Kristen Barden	Adams Morgan BID
Steve Beavers	City of College Park
Jennifer Bolick	Van Eperen
Elizabeth Boyd	Seabury Resources for the Aging
Allison Bozick	Georgetown BID
Danelle Carey	goDCgo
James Carlson	Montgomery County Commuter Services
Harold Carr	Washington Headquarters Services - DoD
Tia Carson	The Tower Companies
George Clark	Tri-County Council for Southern Maryland
Lissette Cohen	Capitol Hill BID
Kerri Constantine	JBG Smith
Danny Cosner	Dumfries
Sean Cullinane	National Institutes of Health
Joe Davison	VéloCity Bicycle Co-op
Beth Dennard	Montgomery County Commuter Services
Mimi Diez	Architect of the Capitol
Kelsey Dott	Prince William County
Gary Dyson	Army National Guard Readiness Center (TARC)
John Epps	Maryland Park Bicycle
Jamee Ernst	City of Takoma Park
Meryl Ertelt	International Republican Institute

Marce Foster	Palisades at Manassas Park
Judy Galen	Loudoun County Commuter Services
Tabatha Gilmore	Golden Triangle BID
Michelle Golden	Montgomery County Commuter Services
Janet Gregor	Carlyle Council
Thomas Hamed	City of Alexandria
Curt Hansen	Old City Market and Oven
Dan Hayes	University of Maryland
Rick Holt	Prince William County
Cassie Hurley	Crystal City BID
Megan Hurst	Great Harvest Bread Company
Caleb James	U.S. Coast Guard
Kayla Johnson	U.S. Dept of Agriculture
Tonya Johnson	Prince George's County Parks
Hillary Katherine Zahm	Macerich
Graham King	Urban Athletic Club
Susan Kolodziejczyk	National Geographic Society
Philip Koopman	BicycleSPACE
Josh Kuprion	REI
Stephen Kurtz	Edens
Julie Kutruff	National Park Service
Annette Lam	Washington Headquarters Services - DoD
Ford Lands	Spokes Etc.
David Manchias	U.S. Food and Drug Administration
Nancy-jo Manney	Springfield Chamber
Karyn McAlister	Prince George's County
Traci McPhail	North Bethesda Transportation Center
Michael McQuarrie	Naval Support Activity Bethesda
Chris Militello	Arrow Bicycle
Jude Miller	Marriott International

Nohemy Miranda	Fairfax County
Ollie Mumpower	City of Gaithersburg
Christian Myers	VéloCity Bicycle Co-op
Jared Nieter	Haymarket Bicycles
Jeff Palmer	Spokes Etc.
Carla Phillips	American College of Cardiology
George Phillips	Prince William County
Dan Pittman	Prince William County
Erin Potter	Bike Arlington
Frank Principi	Prince William County
Di Quynn-Reno	City of Greenbelt
Michael Ratcliffe	U.S. Census Bureau
Kristina Rexford	District Wharf
Rachel Ricksecker	Macerich
Chloe Ritter	City of Fairfax
Alex Rixey	Fehr and Peers
Cindy Roeder	Town of Herndon
Betty Rose	Fair Lakes League
Bruce Sawtelle	Takoma Bicycle
Lia Seremetis	NoMa BID
Lydia Shackelford	Mosaic
Fred Shaffer	Maryland-National Capital Park and Planning Commission
Jeffery Sikes	City of Falls Church
Mark Sofman	Montgomery County Commuter Services
Ashleigh Soloff	Reston Association
Megan Somers	Edgewood
Rachel Spiegelman	Community Forklift
Frank Stevens	City of Bowie
JoEllen Suter	Kelly Leadership Center
Gail Tait-Nouri	Washington Metropolitan Area Transit Authority

Francis Tatem	BicycleSPACE
Kendall Tiffany	TransIT Services of Frederick County
John Tsaknis	City Dental DC
Robert Walker	Prince George's County Parks
Remi Wallace	Downtown DC BID
Melissa Williams	Historic Manassas
Marta Woldu	University of Maryland
Nicole Wynands	Fairfax County
Tara Zimnick-Calico	621 Events
Jenny Zucker	Bethesda Transportation Solutions

Metropolitan Washington Council of Governments (COG) staff included:
Nicholas Ramfos Brandon Franklin Douglas Franklin Mark Hersey

Washington Area Bicyclists Association (WABA) staff included:
Kristin Frontiera

District, Maryland, Virginia, and U.S. Departments of Transportation
For their continued funding support of the Commuter Connections work programs.

Both COG and WABA thank all individuals and organizations which helped make the Washington, DC metropolitan region Bike to Work Day 2018 a success.

BACKGROUND and EXECUTIVE SUMMARY

Bike to Work Day has been held annually in the Washington metropolitan region for over a decade and was originally started by the Washington Area Bicyclist Association with a main rallying point or pit stop in downtown DC. In September 2000, The National Capital Region Transportation Board (TPB's) Commuter Connections program, housed at the Metropolitan Washington Council of Governments, partnered with WABA to form a regional Bike to Work Day Steering Committee to examine the feasibility of adding additional Bike to Work Day pit stops or rallying points throughout the region in 2001, thus creating a larger awareness of using cycling to work as a viable commuting alternative. Since that first involvement with Bike to Work Day in 2001, registration for the event has grown exponentially with more participants signing up every year.

More than 17,200 bicyclists registered for Bike to Work Day 2018, a 7.9 percent decrease under 2017. The May 18th event was held at 100 local pit stops, including a total of nine afternoon pit stops. Several bicycles were raffled off and the first 16,000 registrants who attended received a free BTWD 2018 T-shirt.

The approximate breakdown of registrants by pit stops was:

2018 Pit Stops	# of Registrants
DC - Adams Morgan	542
DC - Anacostia	69
DC - Anacostia River Trail/River Terrace	44
DC - Capitol Hill at Eastern Market	363
DC - Capitol Hill at House Office Buildings	85
DC - Capitol Riverfront at Canal Park	199
DC - Coast Guard Headquarters	70
DC - Columbia Heights (Afternoon)	204
DC - Edgewood - Met Branch Trail	223
DC - Franklin Square	267
DC - Freedom Plaza	594
DC - Georgetown Waterfront Park Area	685
DC - Glover Park	88
DC - Golden Triangle - Farragut Square	309
DC - Golden Triangle - L Street	196

DC - Ivy City	17
DC - Lamond at Seabury (Afternoon)	19
DC - L'Enfant Plaza	81
DC - Mt. Vernon Triangle	215
DC - National Geographic Society	370
DC - NoMa	418
DC - Old City Market and Oven	55
DC - Shaw	271
DC - Southwest Business Improvement District (BID)	62
DC - The Wharf/Southwest Waterfront (Morning & Afternoon)	166
DC - Union Market	96
DC - USDA Farmers Market	76
DC - West End at American College of Cardiology (Afternoon)	45
MD - Bethesda - Downtown	614
MD - Bladensburg Waterfront Park	29
MD - Bowie Old Town	23
MD - Bowie Town Center	34
MD - Capitol Heights at Maryland Park Bicycles	11
MD - College Park - City Hall/UMD	145
MD - FDA White Oak	137
MD - Frederick	376
MD - Friendship Heights	158
MD - Gaithersburg ΓÇô Kentlands	133
MD - Gaithersburg ΓÇô Olde Towne (Afternoon)	35
MD - Greenbelt	115
MD - Hyattsville	133
MD - Indian Head	53
MD - Largo	32
MD - National Institutes of Health Bldg One	415
MD - Naval Support Activity Bethesda	115
MD - North Bethesda at Pike & Rose	283

MD - Oxon Hill/National Harbor	62
MD - Port Towns - Edmonston (Morning & Afternoon)	34
MD - Rock Springs Business Park	110
MD - Rockville - Fallsgrove	178
MD - Rockville - Town Center	174
MD - Rockville - Twinbrook	84
MD - Silver Spring - Discovery Place	404
MD - Suitland	30
MD - Takoma Park - Downtown/Old Takoma	140
MD - Takoma Park - Sligo Creek Trail	78
MD - University of Maryland (Afternoon)	31
VA - Alexandria - Carlyle	311
VA - Alexandria - Del Ray	206
VA - Alexandria - Mark Center	95
VA - Alexandria - Old Town	450
VA - Alexandria Fairlington Centre	26
VA - Annandale	23
VA - Arlington - Army National Guard Readiness	17
VA - Arlington - Ballston	482
VA - Arlington - Columbia Pike/Penrose Square	172
VA - Arlington - Crystal City Water Park	547
VA - Arlington - East Falls Church Metro Station	152
VA - Arlington - Rosslyn Afternoon Party, Heavy Seas Alehouse	73
VA - Arlington - Rosslyn	956
VA - Arlington - Shirlington Afternoon Party, New District Brewing Co	68
VA - Arlington - Shirlington	204
VA - Burke VRE Station	60
VA - Chantilly	42
VA - Dumfries	17
VA - Fair Lakes	53
VA - Fairfax City Downtown	104

VA - Fairfax County Government Center	113
VA - Falls Church	388
VA - Haymarket Bicycles	10
VA - Herndon (Morning & Afternoon)	534
VA - Huntington	14
VA - Leesburg	280
VA - Lorton	23
VA - Manassas - George Mason University	58
VA - Manassas - Kelly Leadership Center	24
VA - Manassas - VRE Station	47
VA - Manassas Park at Palisades Apartments	4
VA - McLean	40
VA - Mosaic	135
VA - Mt. Vernon - Collingwood Park	47
VA - Reston - Wiehle-Reston East Metrorail Station	535
VA - Rippon Landing VRE Station	8
VA - Springfield/Metro Park at Walker Lane	90
VA - Sterling	377
VA - Tysons Corner Center	89
VA - Vienna	348
VA - Woodbridge - Chinn Center	32
VA - Woodbridge - VRE	10
VA - Woodbridge Tacketts Mill	17

Bicyclists enjoyed free T-shirts, snacks, participated in prize drawings, and heard live bands as well as music spun by DJs, and listened and talked to elected officials. Commuter Connections secured \$59,800 in cash sponsorship donations that went towards the overall regional marketing efforts.

The success of the marketing promotion campaign relied upon targeting of employer and commuter audiences, identification of cost-effective mediums, crafting key messages, and procuring giveaway items such as t-shirts and water bottles designed to attract commuters to try bicycling to work.

The Steering Committee's resources to reach its registrant goal for Bike to Work Day 2018, included:

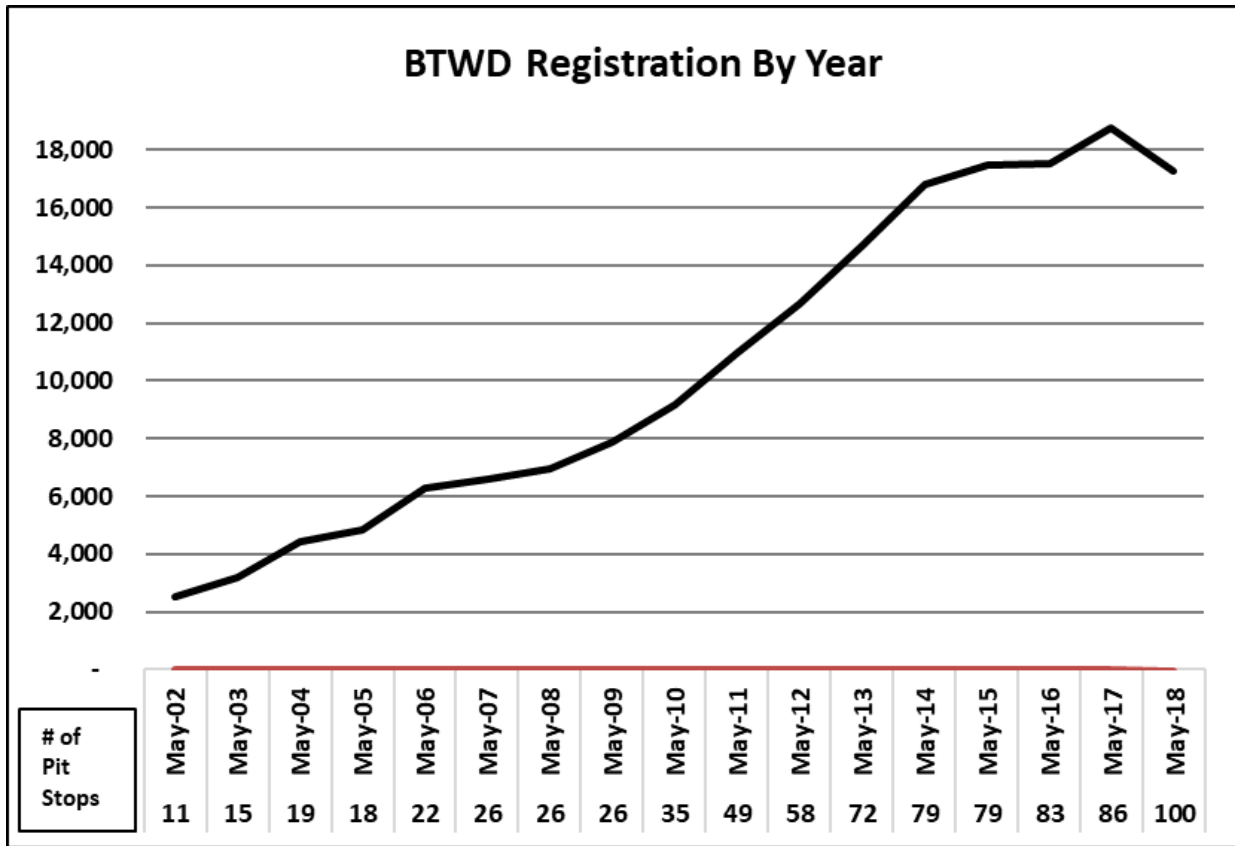
- Web site designed and maintained by Commuter Connections.
- Posters and rack cards developed and printed by Commuter Connections.
- Promoting the event through WABA's membership.
- Providing links from the local Transportation Management Associations' (TMA web sites to WABA's site).
- A radio campaign produced and placed by Commuter Connections.
- Outreach to employers through a direct mail and email marketing campaign by Commuter Connections.
- An article in the Commuter Connections employer newsletter.
- Local marketing efforts by the various pit stop managers.
- An e-mail to previous year's participants by Commuter Connections.
- Banners designed and printed by Commuter Connections.
- A public affairs outreach effort through the Metropolitan Washington Council of Governments Office of Communications and WABA.
- The design and distribution of free t-shirts by Commuter Connections.
- Donated giveaway prizes obtained through bikes@vienna, and BicycleSPACE.

In addition, 20 confirmed bicycling convoy routes were identified by WABA along with route leaders who assisted novice and experienced cyclists through the routes. Each route traveled to a pit stop where cyclists received free refreshments, t-shirts and other giveaways. Many pit stops had additional activities for bicyclists and are described later in this report.

Since 2000, the COG/TPB's Commuter Connections program has worked to increase awareness of bicycling to work as a viable commute option by joining with the WABA in their efforts to promote and coordinate the region's annual Bike to Work Day event. Commuter Connections created and maintains a regional marketing effort that helped to increase the number of cyclists participating in the yearly event from 1,100 in 2001 to 17,200 in 2018. Although it accounts for a small percentage of the overall regional commute mode split, bicycling helps reduce traffic congestion, improves air quality, and provides a healthy commute alternative for those commuters who choose to use it as a sustainable means of transportation to and from work.

Since 2006, the Bike to Work Day Event has a budget line item for the Commuter Connections Work Program. Commuter Connections is funded by the District of Columbia, Maryland, Virginia, and U.S. Departments of Transportation.

Growth by Year



Sponsor Declaration



Bike to Work Day - May 18, 2018 Regional Sponsorship Declaration

Please Return by January 31, 2017

Please check one of the following Sponsor Levels:

	Cash	In-Kind
GOLD SPONSOR LEVEL \$7,500 <i>Mentioned as sponsor on over 400 Radio ads, Social Media, plus all Silver and Bronze level items</i>	<input type="checkbox"/>	<input type="checkbox"/>
SILVER SPONSOR LEVEL \$4,500 <i>Logo on 17,000 T-Shirts, Press Release, plus Bronze level items</i>	<input type="checkbox"/>	<input type="checkbox"/>
BRONZE SPONSOR LEVEL \$1,200 <i>Logo on Website and 90,000 Posters and Rack Cards</i>	<input type="checkbox"/>	<input type="checkbox"/>

If In-kind donation, please describe: _____

Silver and Gold level sponsors must provide a minimum of 50% cash. Example: Silver sponsors may donate \$4,500 in cash, or \$2,250 in cash and \$2,250 in acceptable merchandise. Sponsor attendance at Bike to Work Day pit stop locations is separate from this regional sponsorship declaration, and is typically available at no extra cost; although uncommon, certain locations may require a separate fee.

Name: _____ Title: _____

Organization: _____

Address: _____

City, State, Zip: _____

e-mail: _____ Phone: _____

Website address for your sponsor logo: _____

Signature _____ Date: _____

Please make check payable to the Metropolitan Washington Council of Governments (COG) 777 N. Capitol Street, Suite 300, Washington, DC 20002 ATTN: Douglas Franklin. Send logos to dfranklin@mwkog.org in high resolution format for quality reproduction, no later than January 31, 2018. Preferred format is eps. Email signed form to dfranklin@mwkog.org. Contact Douglas at (202) 962-3792 with any questions. COG and WABA are 501c(3) nonprofits.



SPONSORSHIPS

Commuter Connections gained both monetary and in-kind sponsorships from a variety of organizations in the Washington metropolitan region. A total of \$54,550 in cash was donated for the region. The following is a list of sponsors who graciously donated to the Bike to Work Day 2018 event:

Sponsor	Level	Amount
City of Alexandria	Gold	\$7,500
ICF	Gold	\$6,000
Spokes Etc.	Gold	\$3,750
Takoma Bicycle	Gold	\$7,500
BicycleSPACE	Silver	\$2,250
Bike Arlington	Silver	\$4,500
California Tortilla Group, Inc	Silver	\$2,250
Capital Sports Ventures	Silver	\$2,250
goDCgo	Silver	\$2,250
Marriott	Silver	\$4,500
Tele Dental Exam	Silver	\$4,500
AAA Mid-Atlantic	Bronze	\$1,200
AASHTO	Bronze	\$1,200
American College of Cardiology	Bronze	\$1,200
bikes@vienna	Bronze	\$750
Crystal City BID	Bronze	\$1,200
Fair Lakes League	Bronze	\$1,200
Giant Food	Bronze	\$1,000
Kimpton Hotels & Restaurants	Bronze	\$1,200
MDOT	Bronze	\$1,200
Potomac Pedalers	Bronze	\$1,200
VDOT	Bronze	\$1,200
		\$59,800

In-kind Sponsors

Abus	Moe's
Brompton	MSW
Felt	Ortlieb
Green Guru	PDW
KIND	

HIGHLIGHTS FROM AREA PIT-STOPS

Adams Morgan: The weather kept most of the 542 riders registered at our pit stop away, but we still had a good turnout despite the rain. We were joined by BicycleSPACE and City Bikes, both of whom set up mini workshops to help riders tune their bikes. Tryst brought out several boxes of bananas and cookies along with hot coffee to warm the wet riders, and The Line Hotel handed out their own in-house breakfast bars as well as water to refill riders' bottles. Ward 1 Councilmember Brianne Nadeau was on hand to help draw names for our raffle items, including a variety of gear contributed by BicycleSPACE and a brand new bike from City Bikes. We also gave away two frame bags donated by Adams Morgan business Grip Unlimited. Everything ran smoothly thanks to the WABA Bike Ambassadors and others who came out to help..

Alexandria – Carlyle: In its 7th year, the Carlyle Pit Stop continues to grow its registration rolls each year and saw a surprisingly strong turnout after a soggy week. Local eateries stepped up to offer freshly made breakfast items and Starbucks coffee. Carlyle's local businesses were present with fun giveaways. And representatives from bicycling shops and groups offered advice, maps and on-the-spot bike maintenance. Carlyle's nonstop raffle gave away many gifts including a 2-night stay at The Westin Alexandria. Carlyle Council, the Pit Stop host, gave away bike lights and recyclable tote bags to registered bicyclists. The talented DJ Scott Fallon made his first appearance to keep the crowd energized. Carlyle's generous sponsors donated serious swag, food, volunteers and exhibit items:

Alexandria Renew	Simpson Properties
Access National Bank	The Westin Alexandria
Burke & Herbert Bank	
Carlyle Council	USPTO
Eisenhower Partnership	
Conte's Bike Shop	Starbucks
INOVA	
JLL	Sweetfire Donna's
Wheel Nuts	
One Life Fitness	Whiskey & Oyster
Post Properties	Whole Foods
Paradigm	Velocity Coop
Pure Barre	BPAC
Sugar Shack Donuts	Commuter Connections
Tequila & Taco	City of Alexandria and GoAlex
Spokeswomen	WABA

Alexandria – Del Ray:

Alexandria – Mark Center:

Alexandria – Fairlington Centre:

Alexandria - Old Town: Despite the rain the participation of our community partners, the Old town Alexandria, Market Square pit stop was a huge success. Wheel Nuts, Bicycle Pro Shoppe, Nando's, Spokes, Massages by Marc, Port City Brewery, Potomac Riverboat Company, King Street Wellness, and Pedigo donated prizes which allowed us to raffle off 47 great give away prizes valued at \$30-\$250 every 30 minutes from 6:45 to 8:30 am.

Among our sponsors were, Wheel Nuts, WABA, Bicycle Pro Shop, GoAlex Mobile Store, Vitamin Shoppe, Eco City, Leukemia & Lymphoma Society, BPAC, Vision Zero, Metropolitan Headache and Spine Center, Nando's, Spokes, INOVA Alexandria Hospital, Toole Design, The Thornton and King Street Wellness. Many thanks to the City of Alexandria for their ongoing support of this great event. Without them this event would not have been such a great success.

Alexandria - Old Town: There were 435 registrants. The event was held from 6:30am to 8:30am at the Market Square at Alexandria City Hall.

Our annual DJ Tracy Foust played a good set of upbeat music to keep the crowd pumped up as t-shirts and water bottles were handed out at registration. Jonathan Strauss our MC kept the crowd engaged with his radio announcers voice. Many thanks to City of Alexandria Mayor Allison Silberberg who was in great support of this event. We had over 10 City of Alexandria volunteers who graced the event with the beautiful white GoAlex Polo's.

Anacostia: Due to the rain, the Anacostia pit stop was moved inside of the Anacostia Arts Center. The pit stop event was held from 7am-9am, hosted by goDCgo (Danelle Carey and Erin Ghalayini) and Lester Wallace with Capital Bikeshare's Community Partners Program. Keith Jackson with the Anacostia Bike Company volunteered at the pit stop to provide free bike maintenance and repairs to cyclists who stopped by. Our tables were stocked with the 2018 DC Bike Maps, water bottles, bike lights, bags and additional goDCgo and Capital Bikeshare swag. Capital Bikeshare provided an annual membership to the pit stop which was raffled off to one lucky winner. Additionally, attendees who registered for the Anacostia pit stop received a Bike to Work Day t-shirt. Light breakfast was provided by goDCgo for cyclists who stopped by the station. Bicyclist received granola bars, fruits, and water to energize them for the rest of their commute.

There were 75 registrants for the Anacostia pit stop, which were a mix of individuals who registered prior to the event, and some who registered when they arrived that morning. Since we had to relocate we made sure to reach out all registrants that didn't stop by so they can obtain their swag and t-shirts.

There were 73 registrants for the Anacostia pit stop, including a few who registered when they arrived that morning. Other cyclists also joined without registering, and

passersby approached to ask about the event or how to start biking in the city. The pit stop was open from 7-9am.

Anacostia River Trail/River Terrace: There were 12 folks visit the ART/ Benning Road Pit stop that were not registered and we had 16 registered folks show up. There were about 40 registered for the stop.

T-shirts were given to the folks that came though they were not registered since the turnout was lower than expected.

Annandale:

Arlington – Army National Guard Readiness:

Arlington – East Falls Church:

Arlington – Rosslyn, Columbia Pike, Shirlington, Ballston, and Two Happy Hours:

Despite rainy weather, Bike to Work Day 2018 was a great event in Arlington! Arlington had a total of 9 pit stops, 5 of which were coordinated by BikeArlington. Rosslyn, Ballston, and the New District stop were directly run by BikeArlington; Shirlington and Columbia Pike had the assistance of Phoenix Bikes and the Arlington Transportation Partners, respectively. BikeArlington also helped to provide marketing for the East Falls Church, Crystal City, Army National Guard, and Heavy Seas Alehouse stops. In total there were more than 2,650 registrations in Arlington. Rosslyn had 957 registrations, Ballston had 482, Crystal City had 547, Columbia Pike had 172, East Falls Church had 153, Shirlington had 205, Heavy Seas Happy Hour had 74, and New District Happy Hour had 68. The Army National Guard Readiness stop did not encourage registration but was attended by 47 riders.

The Rosslyn pit stop was again held at Gateway Park and the Ballston pit stop was held at Spokes, Etc. bike shop. The Columbia Pike location was held at Penrose Square and the Shirlington was located just outside the public library. DJs played a good set of upbeat music to keep the crowd pumped up as t-shirts were handed out at registration. An instant winner raffle/giveaway was implemented again this year with prizes for each cyclist. Both afternoon pit stops had augmented bike parking.

Refreshments included bagels, granola bars, bananas and coffee from Republik Coffee. Various stops had additional in-kind food donations from District Taco, Nando's Peri Peri, sweetgreen, Mom's Organic Market, and KIND Snacks. In Shirlington Best Buns provided the refreshments and at Columbia Pike there was pie from the Acme Pie Company and donuts from Sugar Shack. The Rosslyn BID brought special sock giveaways for all participants at Rosslyn. A unicyclist delighted folks at Ballston dressed as a car. Sign spinners directed cyclists to the pit stops. All the morning stops also had local bike shops doing basic bike checks and maintenance; Trek Bicycles Clarendon in Rosslyn, Spokes, Etc. in Ballston, Papillon Cycles in Columbia Pike, Phoenix Bikes in Shirlington, and Contes in Rosslyn.

Partner organizations on hand included: Acme Pie, American Heart Association, Arlington Arts - Arlington Art Truck, Arlington County Democrats, EcoAction Arlington, Arlington Sports, AFA Cycling Classic, Ballston BID, BASH Boxing, Car Free Diet,

Chipolte, Conte's Bike Shop, Columbia Pike Revitalization Organization, CycleBar, DC Bike Ride, DES Bike Element, DES Communications/Toole Design, District Taco, E.G. Reinsch, EcoAction Arlington, Friends of the W&OD Trail, Get Around, Jade & Jasmine Healing Arts, LLC (Acupuncture), Kasper's Cargos Bicycle Copilots program, Kind Snacks, Lost Dog, Mom's Organic Market, Nando's Peri Peri, Papillon Cycles, Phoenix Bikes, Pivot Physical Therapy, Potomac Pedalers, Rosslyn BID, Shirlington Public Library, Signature Theater, Spokes, Etc., sweetgreen, The Bike Lawyer, The Essential Oils Academy, Trek Bicycle Store Clarendon, and WABA.

Despite somewhat rainy weather, turnout was still strong across all of the pit stops. BikeArlington extends special thanks to all the partner organizations, local businesses, and the over 40 volunteers who help us make this event happen.

Bethesda: The Bethesda Pit Stop had 314 participants check in on-site and 740 bicyclists pre-register.

MD State Delegate Ariana Kelly once again served as the official Bike to Work Day emcee. This year's program included Proclamations from the State Comptroller, Montgomery County, and the State of Maryland, The complete list of speakers included:

- Comptroller Peter Franchot
- State Senator Susan Lee
- State Delegate Bill Frick
- State Delegate Marc Korman
- Roger Berliner, Montgomery County Council Member
- Hans Reimer, Montgomery County Council Member
- Charles G. Glass, Assistant Secretary for Transportation Policy and Planning, Maryland Department of Transportation
- Al Roshdiah, Director, Montgomery County Department of Transportation

Food and refreshments were donated from many different Bethesda businesses. Attendees had their choice of dozens of prizes including various gift certificates, bike accessories, and a bicycle donated by Griffin Cycle. Raffle prizes were awarded several times an hour. There were also prizes awarded via a photo contest.

Several businesses were provided tables with representatives at the event, including: Montgomery County Department of Transportation Bus Rapid Transit, Marriott International, C&O Canal Bike Patrol, the Montgomery County Mobile Commuter Store, Park and Planning, Nando's Peri-Peri, WABA, Honest Tea, Potomac Pedalers, Honest Tea came out with staff to provide samples of their new sports drink. Baked goods were donated by Bethesda Bagels and Silver provided coffee and yogurt parfaits. Marriott International donated money towards the purchase of fruit, granola bars, butter, cream cheese, paper goods, and utensils. DrinkMore Water donated jugs of water and lent out water dispensers, so participants could fill water bottles instead of picking up bottled water.

Delegate Kelly and BTS Director Kristen Blackmon presented Bethesda's 15th Annual Bicycle Commuter Spirit Award. This year's winner was Carlos Mena, who has shown

tenacious spirit and dedication in their long years of bike commuting in all types of weather, as well as a commitment to the environment.

Several businesses helped to promote Bike to Work Day in Bethesda. Professional event photography was done by Danny Peck.

The complete list of Bike to Work Day event partners and sponsors for the Bethesda pit stop included:

AMR
Bethesda Bagels
Bethesda-Chevy Chase Chamber of Commerce
Bethesda Green
Bus Rapid Transit
C&O Canal Bike Patrol
Coalition for the Capital Crescent Trail
Cystic Fibrosis Foundation Cycle for Life
DrinkMore Water
Flying V
Framer McGee's
Griffin Cycle
Honest Tea
Mamma Lucia
Marriott International
Montgomery County Police
Nando's Peri Peri
Passion Fish
Potomac Pedalers
Silver
Washington Area Bicyclist Association

Bladensburg Waterfront Park:

Bowie Town Center: At the Town Center pit stop, 32 people registered, with 18 folks attending (56%), including one "ride-up" biker. Appreciation again this year goes to staff of the Washington Prime Group, owners and managers of the Town Center, for their participation, donations of food and water, and for allowing the pit stop to be set-up inside the Food Court building.

Bowie Old Town: Despite the rainy weather, participation at both Bowie pit stops was quite surprising. There were 20 pre-registrants for the Old Town pit stop, with 14 in attendance (70%), which included three riders who registered at the pit stop. Special thanks to the firefighters at the Huntington Fire Station for their participation, support and cooperation in allowing the pit stop to be within one of the bays of the fire house.

Burke:

Capitol Hill Eastern Market:

Capitol Hill at House Office Buildings:

Capitol Heights:

Capitol Riverfront:

Chantilly:

Coast Guard Headquarters:

College Park City Hall:

Columbia Heights:

Crystal City:

Dumfries: BTWD (Bike to Work Day) Dumfries set a record for bicycling participants on this very wet rainy BTWD Friday.

In the early morning rain 15 soaked bikers braved the elements biking to work and stopping by Dumfries Town Hall pit stop to pick up BTWD T-shirt and goodies supplied by the sponsors, PRTC, and PWC.

Edgewood Met Branch (DC):

Fairfax Government Center:

Fairfax City: The Fairfax City Downtown pit stop was held in Old Town Square from 6am to 9am. We greeted cyclists with hot coffee, tea, and juice, and with breakfast snacks including protein bars and granola bars donated by the Environmental Sustainability Committee (ESC) and bananas donated by Earth Fare. The ESC also sponsored a new portable bike rack to provide additional parking for participants. Local businesses donated several great raffle prizes that registered participants could win with a spin of the prize wheel, as well as giveaways and other goodies. Sponsors included Spokes Etc., Twins Ace Hardware, Massage Green Spa, Coyote Grille, Earth Fare, High Side, and the Fairfax Environmental Sustainability Committee.

There were 104 people preregistered for the Fairfax City pit stop. The rainy weather kept some people away, but there was still a good turnout despite the drizzle – approximately 60 people stopped by, including a few who signed up when they arrived. Everyone who attended enjoyed lively music, quick bike tune-ups from Spokes and relaxing chair massages from Massage Green Spa. Volunteers and staff made sure everything ran smoothly from start to finish.

Fair Lakes:

Falls Church:

Fort Belvoir:

Franklin Square (DC):

Freedom Plaza (DC):

Frederick:

Friendship Heights: The 2018 Friendship Heights pit stop had 158 riders registered. Of those riders that were pre-registered, 54 checked in; there were 11 walk-ups for a total of 65.

Visiting VIPs included Village of Friendship Heights Mayor Melanie Rose White, Town of Somerset Councilmember Barbara Condos and Town of Somerset Mayor Jeffrey Slavin.

Staff from Sharp & Company, the County's contractor for employer outreach in Friendship Heights, assisted: Emily Davis, Tim Balinskas, Shelley Johnson, Stephanie Webber and Natalie Davis.

The Grand Prize winner of the new bike from City Bikes Tenleytown was Riley Brown, Capital City Nurses, DC.

Pit stop exhibitors and donors included:

- All-In-One Entertainment
- City Bikes
- Drink More Water
- New Balance
- Whole Foods
- Le Pain Quotidien
- Montgomery County Dept. of Environmental Protection "Green Team"
- Pete's New Haven Style Pizza
- Wisconsin Place Recreation and Community Center
- T-Mobile
- Beefsteak
- True Food Kitchen
- District Taco

Gaithersburg Kentlands:

Gaithersburg Old Towne:

Georgetown – Meigs Park and Waterfront Park (DC): Waterfront Park (DC): The Georgetown Business Improvement District hosted the pit stop again this year in the Georgetown Waterfront Park with 650+ participants registered. Although we had a chilly morning with consistent drizzle, our cyclists showed up and supported our pit stop! The pit stop was sponsored by donations from area businesses: PAUL Bakery, Insomnia Cookies, Patisserie Poupon, Grace Street Coffee Roasters, Pete's Coffee, Sprinkle's Cupcakes, South Block, Dog Tag Bakery, Athleta, Rapha Cycling, Trek Bikes, The North Face, Unwind Wellness and additional support from Washington Area Bicyclist Association (WABA). Georgetown Yoga, SoulCycle, CorePower Yoga Georgetown, The North Face and Athleta provided fantastic additional giveaways for our cyclists to win throughout the morning. Bike to Work Day is a terrific event to remind and promote how easy and safe it is to reach Georgetown by bike, and we look forward to a summer of cycling and the new addition of the KWater Street Cycle Track to be complete this summer.

Glover Park:

Golden Triangle – Farragut Square:

Golden Triangle – L Street (DC):

Greenbelt: Bike To Work Day 2018 was the seventh year for the Greenbelt Pit Stop. A committee of four City of Greenbelt employees organized the event at the Greenbelt Aquatic and Fitness Center. There were 115 bikers registered with 76 passing through. There was light rain the majority of the event, and the committee was pleased with the turnout in spite.

Jeff & Laurie Lemieux of Proteus Bicycles led 6 bikers on a convoy to downtown Washington DC. There was an express route directly to Freedom Plaza and a local route via College Park to Freedom Plaza.

Greenbelt Homes Incorporated staffed a table to promote their newly formed Bicycle Task Force.

The Maryland-National Capital Park and Planning Commission provided a GIS map of the local Greenbelt area for bikers to document their rides.

Our sponsors:

- o Funding provided by the Anacostia Trails Heritage Area supported raffle prizes, swag and breakfast food.
- o Bee Yoga Fusion led Stretching with Your Bicycle just prior to the convoy departure & supplied treats for the swag bags.
- o A Proteus Bicycle mechanic provided light maintenance and safety checks.
- o Raffle prizes generously donated by Arrow Bicycle, Proteus Bicycle and BicycleSPACE were distributed.
- o Swag bags were provided to registered riders with items donated by the Prince George's County Department of Public Works and Transportation.
- o Breakfast food and drinks were donated by Greenbelt COOP and DrinkMore water.

Haymarket:

Herndon:

Huntingdon:

Hyattsville Macgruder Park:

Indian Head:

- Held at: The Town of Indian Head's Village Green (indoors)
- From: 5:00 am to 12:00 pm
- Number registered: 53
- Attended: 104
- State & Local elected officials that attended:

State Senator Thomas Mac Middleton

(received an Official Citation from the Maryland General Assembly & an Official Citation from the House of Delegates)

Charles County Commissioner Debra Davis

(received an Official Proclamation from the County Commissioners)

Town of Indian Head Mayor Brandon Paulin

Nancy Huggins with MDOT/MTA

- Breakfast and lunch were provided by the Town of Indian Head
- Two bikes along with many raffle prizes were provided by TCCSMD to the 5th grade class and others that attended such as bicyclist and vendors along with 18 guests from the senior center.

- Sponsors who provided raffle prizes:

World Gym of La Plata

Southern Maryland Fitness

Bike Doctor of Waldorf

Chick-fil -A

- Vendors:

Charles County Sheriff's Department (Bicycle Patrol Team)

Charles County Parks & Recs

Indian Head Rail Trail

Spring Dell (ADA bicycles)

Bike Doctor of Waldorf (Bike Work Station)

The Chick-fil-A (The Cow)

Indian Head Senior Center

The Town of Indian Head

Ivy City:

L'Enfant Plaza:

Lamond at Seabury:

Largo: The Largo Bike to Work Day Pit Stop was held on Friday June 1, 2018 (postponed due to heavy rain) from 7:30 AM – 9:00 AM at the Wayne K. Curry Administration Building. This was a special event because this was the first Bike to Work Day Pit Stop held in Largo, MD and also marked the launch of Capital Bikeshare in Prince George’s County. Thirty-two (32) people registered for the event on the Council of Government’s website (14 attended); 10 people registered on the County’s website (8 attended); and 21 people walked up for a total of 43 attendees plus a couple dozen County staff attended. The pit stop was a collaborative effort between the Department of Public Works & Transportation, the Department of the Environment, the Health Department, the Police Department, and the BeechTree Pedalers. The Department of Public Works & Transportation provided participants with high visibility backpacks filled with bicycle lights, reflective safety items, bike safety guides, and coupons for Capital Bikeshare. It also demonstrated how to load your bike on the bus. The Department of Environment made this a zero-waste event and distributed a signature water bottle. The Health Department provided healthy snacks and featured “Spin the Wheel” for Smart Health. The BeechTree Pedalers and the Police Department led roundtrip bicycle convoys ride from the County Administrative Office Building to the Largo Town Center Metro. The Beech Tree Pedalers also provided helmet fittings and taught bicyclists the rules of the road and hand signals. WPGC provided music to keep pit stop participants energized throughout the morning and announced when the raffles and bike rides occurred.

Leesburg: Wet, drizzly weather did not dampen the spirits of the 124 cyclists who checked in at the Leesburg Pit Stop on Bike to Work Day. Though it was a considerably lighter crowd than the anticipated 280 registrants, the mood was festive at Raflo Park in downtown Leesburg. Earlier in the month the Loudoun County Board of Supervisors had issued a resolution recognizing Bike to Work Day. During the event, staff from Loudoun County Commuter Services greeted participants with water, coffee, bananas, bagels, doughnut holes and a variety of grab and go snacks. Mechanics from Bicycle Outfitters assisted cyclists with repairs and adjustments. BikeLoudoun was on-site to celebrate as well. In addition to distributing Bike to Work Day T-shirts, participants were offered two local giveaways: neon cinch sacks and branded cooling towels. Random drawings identified winners of biking accessories throughout the event. As the pit stop closed, the annual bicycle drawing was held and the winner’s name was announced.

Lorton:

Manassas GMU:

Manassas Kelly Leadership Center:.

Manassas VRE:

Manassas Park:

McLean:

Merrifield - Mosaic: Although it was a wet morning, Mosaic is lucky to have covered space below the Target and along Strawberry Lane in the heart of Mosaic. For 2018, we had 135 registered riders, 60 of whom attended the pit stop and checked in to receive their t-shirt. We also had over 40 riders who were not registered at Mosaic, but cycled through for the morning. Visitors of the pit stop were greeted with food, refreshments, and various swag from our incredible sponsors. The pit stop also hosted a raffle for all registered riders, which included two full platter vouchers to Nando's PERi-PERi, a \$50 gift card to Caboose Brewing, a Google Home, a five class pass to Spark Yoga, and a \$500 gift card to The Shade Store. We look forward to another successful event in 2019.

Mt. Vernon Triangle (DC):

Mt. Vernon – Collingwood Park (VA):

National Geographic Society:

NIH:

Naval Support Activity:

NOMA:

North Bethesda: On Bike to Work Day, the North Bethesda Pit Stop and the North Bethesda TMD staff eagerly welcomed cyclists and participants at our location at Pike & Rose. Due to the rain, the pit stop was relocated to a parking garage in Pike & Rose, located between iPic/City Perch and H&M. Each registered participant received a Bike to Work Day t-shirt, towel, bike maps, and other goodies. They were treated to a variety of breakfast foods, giveaways, and information provided by our great sponsors who attended – AMP by Strathmore, Bob's Bikes, Canopy by Hilton Hotel Bethesda North, City Perch Kitchen + Bar, Friends of White Flint, iPic Entertainment, L.L. Bean, Nando's, Pike District, Pinstripes, Regus, REI, The Residences at Pike & Rose, Sport & Health, and Strathmore. Additional prizes, gift certificates, gift cards, and coupons were generously donated by Chipotle Mexican Grill, Get on Board BRT, Roti Modern Mediterranean, Scout & Molly's Boutique, and White Flint Partnership. Montgomery County's Departments of Environmental Protection and Transportation, along with the Maryland-National Capital Park and Planning Commission provided information about biking and sustainability. A very special thank you to our host, Pike & Rose, for another great year!

Prizes, raffle drawings, and announcements were made every 15 minutes and music was provided throughout the event. Bike checks were performed by REI. Commuter Connections' Guaranteed Ride Home Program was promoted using a large poster that was prominently displayed at the pit stop.

Montgomery County Councilmember Roger Berliner helped in presenting awards. Dee Metz, White Flint Coordinator for the Montgomery County Executive's Office presented the County's Bike to Work Day proclamation. The grand prize, a new bike, was presented to Garrett Henderson by Bob Mallasch, owner of Bob's Bikes. An ecstatic Garrett won a Sun Folding F7 bike.

Old City Market and Oven:

Oxon Hill:

Port Towns:

Reston: Sponsored by Reston Association and Comstock Partners.

We had 534 registered participants for BTWD and 27 Walk-ins. Of those registered, 240 rode to the Wiehle-Reston East Metrorail Station despite the rain. Our pit stop was open 6am – 9:30am. Riders were treated to a free breakfast from Great Harvest Bread Co., Einstein Bagels, Sweet Leaf Café, Nando's Peri Peri and coffee & donuts were provided by Founding Farmers

Groups who attended:

Ch'l bodywork – provided massages
Dulles Area Transportation Association – Live More, Commute Less
Fairfax Advocates for Better Bicycling
Fairfax Co. Dept. of Transportation, Bicycle and Pedestrian Program
Fairfax County Police – Bike Team
Lake Anne Brew House
Mazani Fitness
New Trail Cycling Studio
Performance Bicycle
Public Art Reston
Reston Association
Reston Association's Multimodal Transportation Advisory Committee
Reston Bike Club
Squij-Kat Inc.
The Bike Lane
Velofix Northern Virginia
WABA
YMCA-Fairfax County Reston

Reston Association's Board member, Sherri Hebert spoke to the crowd briefly about biking being a fun and reliable way to get to work.

The furthest distance traveled to get to our PitStop was 35 miles

The Bike Lane, Performance Bicycle and Velofix checked out cyclists' bikes to make any necessary adjustments, The Connector Bus trained riders on how to put their bike on the front of their buses and Racewire donated bike racks for the day.

DJ Roberto joined us bright and early to provide the music throughout the event. There were over 90 prizes, donated by many of the organizations participating.

Fairfax County Police crossed riders at one of our busy intersections and members of the Fairfax County Bike Team attended the event.

Questions asked of participants:

Was this the first year you have participated in Bike To Work Day? (check all that apply)

20% Yes, this was the first time I have participated.

60% I participated in 2017

60% I participated in 2016

50% I participated in 2015

40% I participated in 2014

40% I participated before 2014

How far did you ride your bike to get to the Reston Pitstop?

30% 0-2 miles

25% 2.1-4 miles

15% 4.1-8 miles

10% 8.1-12 miles

5% 12.1-16 miles

15% Other (specify)

-35 miles

-20 miles

-18.5 miles

Riggs Park:

Rock Springs:

Rockville Falls Grove: What a morning! MCDOT Commuter Services and the City of Rockville co-sponsored the Rockville – Falls Grove pit stop where, despite the rain, 78 of the 178 pre-registrants (and two onsite registrants) participated in one of their favorite events at the Falls Grove Village Center, Shady Grove Road. Cyclists were greeted with big smiles, Bike To Work Day towels and t-shirts --and a rocking DJ. Coffee, donuts, fruit and snacks were provided from 6:30-8:30 by Starbucks, Krispy Kreme, Giant, Safeway, Capital One Bank, Sandy Spring Bank, Drink More Water and Smoothie King. County and City agencies and Visit Montgomery hosted information tables. Rockville Bike Hub performed bike safety checks and simple maintenance-repairs. The raffle started early and ran throughout the event, offering great prizes provided by generous local businesses. From smaller giveaways like reflectors, bike lights and water bottles to helmets, camelbacks, Bluetooth headsets, sport sunglasses and standup paddleboarding

gift certificates -- no one went away empty handed. The lucky winner of the grand bike prize was Wendy Norbedo. She's enjoying her new ride!

In addition to our morning snack sponsors, the following raffle donors and information exhibitors contributed to making the event a great success: Art and Frame Depot, CAVA, Chipotle, Copper Canyon Grill, Dick's Sporting Goods, Gusto Farm to Street, L.L.Bean, Mamma Lucia, MOM's Organic Market, Montgomery County Department of Environmental Protection: Division of Solid Waste Services, MCDOT-Commuter Services: Better Ways to Work and Capital Bikeshare, MyEyeDr., Nando's Per-Peri, Panera, PNC, Police Department Community Engagement Division, Potomac Pizza, REI, Rockville Bike Hub, Sworkit, Target, The Wireless Center, T-Mobile and Wing Stop, Visit Montgomery and Washington Area Bicyclist Association.

Rockville Town Center:

Rockville Twinbrook:

Shaw:

Silver Spring Discovery:

Southwest Business Improvement District: In the week leading up to Bike to Work Day, our team worked hard to make sure that all of the bike lanes in Southwest were swept and ready for bicyclists to safely make their way to our inaugural SWBID Pit Stop. Despite the rain, we had just over 50 cyclists brave the weather to join our sidewalk party. We provided coffee, donuts, bananas, maps, raffles, protips for biking in and around the neighborhood, and groovy jams for everyone to enjoy as they made their way along the 4th Street bike lanes.

Springfield: No surprise, numbers were way down at the Springfield/Metro Park pit stop this year but we were pleased to have those riders who did come by. The rain simply allowed cyclists to enjoy more of the refreshments. Our local pit stop sponsors came out in spite of the rain: CALIBRE, Greater Springfield Chamber of Commerce, Hilton Springfield, Honest Soul Yoga, Metro Park, Performance Bicycle, Transportation Association of Greater Springfield and Velocity Massage. FABB continues to be a regular participant and provider of information for our cyclists.

Sterling: More than 170 of the 377 pit stop registrants braved questionable weather conditions and visited the Sterling pit stop on Bike to Work Day 2018. In anticipation of rain, the pit stop was shifted slightly to utilize the front porch of the Sterling Ruritan Club, which is adjacent to the W&OD Trail. Orbital ATK continued its tradition of graciously welcoming bicycle commuters with an array of grab and go treats and plenty of fresh fruit and beverages. Bike racks were provided at the pit stop for the convenience of participants. Two mechanics from Spokes Etc. were stationed nearby and remained busy with a steady flow of bicyclists requesting assistance. Loudoun County Board of Supervisors Chair Phyllis Randall greeted and engaged with participants as well. Loudoun County Commuter Services' staff distributed T-shirts and two giveaways: neon

cinch sacks and branded cooling towels. Teams from Loudoun Water, a local physical therapist, BikeLoudoun, and Friends of the W&OD added to the experience for participants. At the closing of the pit stop a random drawing identified the winner of a brand new bicycle.

Suitland:

Takoma Park – Downtown/Old Takoma:

Takoma Park – Sligo Creek Trail: Despite the rainy weather, we had a few dozen dedicated cyclists and a couple first time riders stop by the Sligo Creek Pit stop in Takoma Park. We were also grateful to have snack and hot coffee provided by IHOP on New Hampshire Avenue. This was much appreciated by both the cyclists and pit stop volunteers! Along with the refreshments participants also received light-up arm bands and printed materials. An additional thanks to Takoma Park police officers also stopped by the pit stop to support riders if necessary. We are looking forward to next year with sunny weather.

The Wharf/Southwest Waterfront: For their second year, The Wharf hosted both a morning and an evening pit stop. There were 156 registrants for the event. Members of the District Wharf Community Association, in partnership with District Hardware and WABA, greeted the bikers who braved the rain with coffee, water, snacks, information and bike tune-ups. Make Offices provided bananas and swag for the event.

Twining:

Tysons Corner: The Tysons Corner pit stop continues to see growth with 89 registrants this year. Even with the rainy conditions the attendees were excited to be a part of the pit stop and receive some great SWAG! Breakfast was provided by Cinnabon, and coffee was supplied by the Post Café. Pit stop partners included L.L. Bean, Vortex, Post Café, Crunch Fitness, FABB, Tysons Partnership, AVEDA, & pizza and Cinnabon. Looking forward to hosting another great event next year.

Union Market (DC): as the neighborhood grows so does the Union Market pit stop. Despite the rainy conditions we had about 100 bicyclist show up. Thank you to Peregrine Espresso for providing coffee, Buffalo & Bergen for providing bagels and Trader Joe's for providing water, bananas and snacks.

University of Maryland:

USDA Farmers Market:

Vienna:

West End at ACoC:

White Oak/FDA: The Office of Facilities Engineering and Mission Support Services' (OFEMS) Logistics and Transportation Management Branch (LTMB) sponsored a Pit Stop from 7:00 a.m. to 9:30 a.m. for any bicyclist commuting that day. This was held in front of the historic FDA Building 1. LTMB had 6 volunteers that provided refreshments to include; water, coffee, juice, doughnuts, muffins, fruit and each bicyclist registered for our pit stop received a 2018 BTWD T-Shirt. The first bicyclist arrived around 6:40 a.m. and eventually had 54 bicyclists used the pit stop. The final number of registered bicyclist for the White Oak/FDA pit stop was 137. The day started off with steady rain, but mother nature gave us a break in the weather for a few hours to allow those bicyclists who braved the elements to make it to our pit stop.

Woodbridge Chinn Center:

Woodbridge - Rippon VRE Station:

Woodbridge VRE Station: Supervisor Frank Principi hosted a pit stop at the Woodbridge VRE Station from 6am to 9am. Bikers and commuters were greeted with refreshments, t shirts, water bottles and literature promoting bicyclist safety and the 50 mile Woodbridge Pedestrian & Bicycle Loop.

Woodbridge Tacketts Mill:

EMPLOYER PARTICIPATION

The following Employers had 5 or more employees registered for the event:

The winner of the Employer Challenge for a free luncheon was the United States Environmental Protection Agency. (see photo section)

Federal Employers

Administration for Children of Families	Administrative Office for the U.S. Courts
Architect of the Capitol	Army National Guard
Bureau of Labor Statistics	Bureau of Land Management
CFTC	Defense Logistics Agency
EEOC	FDIC
Federal Aviation Administration	Federal Communications Commission
Federal Election Commission	Federal Highway Administration
FEMA	Federal Reserve
Federal Trade Commission	Food and Drug Administration
Foreign Service Institute	General Services Administration
Goddard Space Flight Center	Government Accountability Office
Government Publishing Office	
Internal Revenue Service	Fish and Wildlife Service
Library of Congress	NASA
National Archives	National Capitol Planning Commission
National Institutes of Health	National Labor Relations Board
National Park Service	National Zoological Park
Naval Research Lab	NOAA
Office of Management and Budget	Securities and Exchange Commission
Smithsonian Institution	US Air Force
US Army	US Census Bureau
US Coast Guard	US Department of Treasury
US Department of Agriculture	US Department of Commerce
US Department of Customs	US Department of Defense
US Department of Education	US Department of Energy
US Geologic Survey	US Department of Health and Human Services
US Department of Homeland Security	US Department of Housing and Urban Dev.
US Department of Justice	US Department of Labor
US Department of the Interior	US Department of State
US Department of Transportation	US Environmental Protection Agency
US Government Printing Office	US House of Representatives
US Housing and Urban Development	US Navy
US Nuclear Regulatory Commission	US Patent and Trademark Office
US Peace Corps	US Postal Service
US Senate	USAID
Veterans Affairs	FERC

State and Local Governments

Arlington County	Charles County
City of Alexandria	City of Bowie
City of College Park	City of Fairfax
City of Falls Church	City of Frederick
City of Gaithersburg	City of Greenbelt
City of Hyattsville	City of Rockville
City of Vienna	DC Council
District of Columbia	Fairfax County
Frederick County	Loudoun County
Maryland- NCPPC	Montgomery County
Prince George's County	Prince William County
State of Maryland (including MDOT, MTA and others)	
Commonwealth of Virginia (including VDOT and VDRPT)	
Town of Herndon	Town of Leesburg

Private/Non-Profit Sector Employers

2U, Inc	A-1 Cycling
AARP	ABC
ABS Consulting	Abt Associates
Accenture	ACDI
Achieve, Inc.	Actionnet
Acumen Solutions	Adaptive Methods
Adaved	Advanced BioScience Laboratories
Advanced Simulation Technology, Inc.	Advisory Board
AECOM	Aerospace Corporation
AES Corporation	Afterschool Alliance
Agence France-Presse	AHC Inc.
Air Force Association	Airbus Americas
ACHRI	Airlines for America
Airport Consultants Council	AKQA
Akridge	Alarm.com
Alex Levay PLLC	Alexander Street Press
Alion Science & Technology	All Native Group
Alliance for Justice	Allied Telecom Group
Allstate	Alphataraxia
Alston & Bird	Amazon
American Association for the Advancement of Science	
American Bankers Associations	American Chemical Society
American College of Cardiology	American Federation of Teachers
American Councils for International Education	American Institutes for Research
American Psychological Association	American Public Health Association
American Red Cross	American Society of Civil Engineers

American Society of Clinical Oncology
AOL
Apple
Applied Predictive Technologies
Arnold & Porter
Association of American Medical Colleges
Health ASTHO
AT&T
BAE
Battelle
BicycleSpace
Boeing
Bread for the City
British Embassy
CACI
Capital City Charter School
CEB
Center on Budget and Policy Priorities
CGI Federal
Children's National Medical Center
Community Forklift
Conservation International
CoStar Group
CQ Roll Call
CustomInk
DAI
Dell
Deltek
DigitalGlobe
DMI
Earthjustice
Economic Policy Institute
Embassy of Japan
Engility
Environmental Defense Fund
Evolent Health
Fannie Mae
Finnegan
FiscalNote
Freddie Mac
Geico
Gensler
Greenpeace
Hannover Research
Hewlett-Packard
HOK
Amtrak
Appian
Apple Federal Credit Union
Arlington Transportation Partners
ASHA
Association of State and Territorial
AstraZeneca
Atlantic Media
Bain & Company
Bechtel
Bloomberg BNA
Booz Allen
Bread for the World
Brookings Institution
Capital One
Casey Trees
Center for American Progress
CFPB
Chemonics International
Comcast
CommuterDirect.com
Corporate Executive Board
Covington & Burling LLP
CSC
Cvent
Defenders of Wildlife
Deloitte Consulting LLP
Dickstein Shapiro
Discovery Communications
Downtown DC BID
Eastbanc Technologies
Embassy of Denmark
Embassy of Sweden
Entheos
Esri
Exelis
FHI 360
FINRA
Food & Water Watch
Frederick Memorial Hospital
General Dynamics
Grant Thornton
Hanley Wood
Henry M. Jackson Foundation
Hilton Worldwide
Host Hotels & Resorts

HDR	Hughes Network Systems
IADB	IBM
ICF International	IDA
Inova Fairfax Hospital	Intelsat
InterAmerican Development Bank	
International Food Policy Research Institute	
International Foundation for Electoral Sys.	International Monetary Fund
International Republican Institute	Investment Company Institute
Jacobs	John Snow, Incorporated
Jones Lange Lasalle	Kaiser Permanete
Kimley-Horn	KPMG
Kuwait-America Foundation	L-3 Communications
L-3 National Security Solutions	LCPS
League of American Bicyclists	Leidos
LMI	Lockheed Martin
Management Sciences for Health	Management Systems International
Mantech International	Mantech
Marriott	Maryland School for the Deaf
Massage Envy	Mathematica Policy Research
McChrystal Group	McKissack & McKissak
Medimmune	Medstar
Metropolitan Washington COG	MetroStar Systems
Microsoft	Microstrategy
Millenium Challenge Corporation	MITRE
Moko Social Media	MPR
Mundo Verde Public Charter School	NAFSA
National Academy of Sciences	National Alliance for Hispanic Health
National Cancer Institute	National Center for Health Statistics
National Democratic Institute	National Education Association
National Endowment for Democracy	National Fish and Wildlife Foundation
National Gallery of Art	National Geographic
National Geographic Society	National Institutes of Health
National Institute of Mental Health	NRECA
National Institute of Standards and Technology	School Without Walls
National League of Cities	National Library of Medicine
National Parks Conservation Association	National Science Foundation
National Wildlife Federation	REI
Natural Resources Defense Council	Navy Federal Credit Union
Navigant	Neustar
Noblis	Northrop Grumman
NPR	Nuance
Oceana	Opower
Oracle	Orbital Sciences
Organization of American States	PATH
Palantir	Pan American Health Organization
Parsons	Partners of the Americas

Peace Corps
Performance Bike Count
PNC Bank
PricewaterhouseCoopers
Quinn Evans Architects
Raytheon
Results for Development Institute
Rockwell Collins
RTI International
SAIC
SCS Engineers
Shalom Baranes Associates
SmithgroupJJR
Social Impact
Spokes
SRA International
Streetsense
STV Incorporated
The Aspen Institute
The Cadmus Group
The Kennedy Center
The Nature Conservancy
The Urban Institute
Thermo Fisher Scientific
Time Warner Cable
Towers Watson
Union of Concerned Scientists
URS
Verisign
ViaSat
Voice of America
Washington Gas
Washington Post
Washington Waldorf School
Washingtonian Magazine
WaterReuse Association
WeddingWire
Wells + Associates
Wells Fargo Home Mortgage
Wentworth Green Strategies
Western Union
WETA
Wiley Rein
Williams & Conolly LLP
Wilmerhale
Winston & Strawn
Population Services International
Perkins Eastman
Powell Tate
Public Broadcasting Service
RAND Corporation
Reston Association
Save the Children
RTC
Sabin Vaccine Institute
Scitor Corporation
Serco
Silman
Smithsonian Institution
Social Tables
Sprint
Starbucks
Studios Architecture
Summit Consulting
The Brattle Group
The JBG Companies
The Motley Fool
The Pew Charitable Trusts
The Washington Post
Thomson Reuters
Toole Design Group
Transaction Network Services
United Nations Foundation
Vencore
Verizon
Virginia Hospital Center
WABA
Washington Hospital Center
Washington Suburban Sanitary Comm.
Washington YuYing Charter School
Water Environment Federation
WDG Architecture
Wellness Corporate Solutions
Wells Fargo
Wendel Companies
Westat
Westin
Whitman-Walker Health
Wiley/Wilson
Willis Towers Watson
Winrock
WMATA

Wolfman & Associates
Woodrow Wilson International Center
World Learning
World Wildlife Fund
WSP Parsons Brinckerhoff
Xerox
YMCA
Zeta

Women Thrive Worldwide
World Bank
World Resources Institute
WorldStrides
Wyle Aerospace
XO Communications
Youth Day Ministries

Universities and Colleges

American University
Frederick Community College
George Mason University
Georgetown University
Marymount University
National Defense University
Strayer University
University of Maryland
Virginia Tech University

Catholic University
Galludet University
George Washington University
Gonzaga College High School
Montgomery College
NOVA Community College
Uniformed Services University
University of Virginia

Web Site

BIKE TO WORK DAY 2018
FRIDAY MAY 18

HOME EMPLOYER RESOURCES EVENT INFO FIRST TIME RIDER INFO REGISTER SPONSORS

Bike to Work Day

Commuter Connections and the Washington Area Bicyclist Association want to thank all bicyclists who participated in Bike to Work Day on Friday, May 18, 2018. It was a little wet but still a blast! Special thanks to all the local pit stop organizers and volunteers. Lastly, thank you to the sponsors of Bike to Work Day 2018.

Registration Closed.


Pit Stops

100 Bike to Work Day pit stop events will be held throughout D.C., Maryland, and Virginia. Take a break at a pit stop on your way to work for food, beverages, fun, and prizes. Register now, it's free! There are also a few pit stops open for your afternoon commute back.
[Read More...](#)

Commuter Convoys

All bicyclists are welcome to join one of the free Bike to Work Day convoys, led by experienced bicycle commuters. Convoys routes travel through popular employment centers and pit stops throughout the region. Check out the convoy map to see if there's one traveling by your area.
[Read More...](#)

Sponsors



Event Poster

Download a PDF of the [Bike to Work Day Poster](#), and email it to your co-workers, friends, and family, inviting them to join you on Friday, May 18, 2018. Or print it out and pin it to your bulletin board.

Find a Ride Buddy

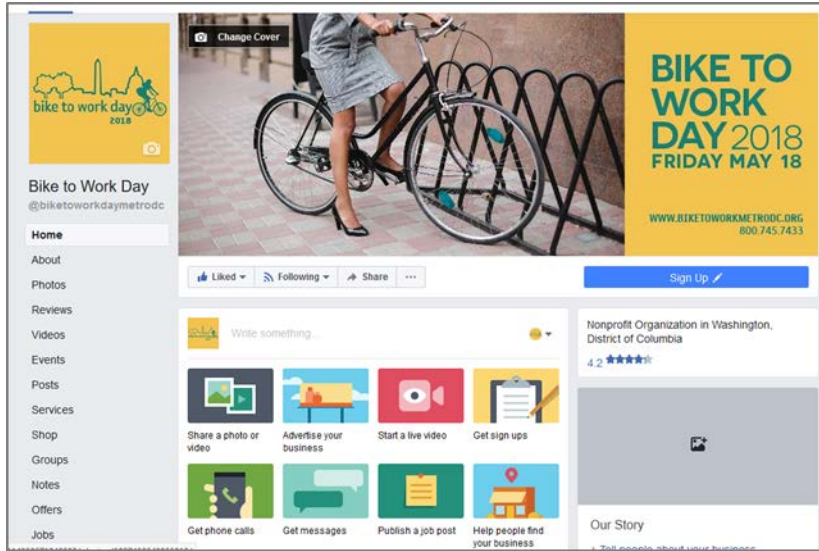
Use the [Washington Area Bike Forum](#) to find a ride buddy for Bike to Work Day, or join an online discussion about bicycling in the Washington, D.C. area.
[Read More...](#)

Increase Cycling Skills

WABA's adult bicyclist education opportunities are available throughout the Washington region for a wide range of skill sets, from beginners to advanced. There are also seminars for commuting to work.
[Read More...](#)

1:29 PM 8/29/2018

Social Media



twitter

Home Moments Search Twitter [Have an account? Log in](#)

BIKE TO WORK DAY 2018
FRIDAY MAY 18
WWW.BIKETOWORKMETRODC.ORG
800.745.7433

Tweets 364 Following 282 Followers 2,149 Likes 459 Lists 1 [Follow](#)

Commuter Connections
@BikeToWorkDay
Commuter Connections is a regional network of transportation organizations coordinated by the Metropolitan Washington Council of Governments.
Washington DC
biketoworkmetrodc.org
Joined April 2009
[Photos and videos](#)

Tweets Tweets & replies Media

Commuter Connections @BikeToWorkDay · 28 Jun 2017
Congratulations to @WorldBank for winning the 2017 Bike to Work Day Employer Luncheon with 190 registrants in the Washington DC region!

New to Twitter?
Sign up now to get your own personalized timeline!
[Sign up](#)

You may also like · Refresh

- WABA @WABADC
- BikeArlington @BikeArlington

Commuter Connections @BikeToWorkDay · May 11
Get geared up for Bike to Work Day, Friday May 18th! Grab your bike and register today at biketoworkmetrodc.org or call 800.745.7433 for free! #BTWD2018 #WashingtonDC

BIKE TO WORK DAY 2018
FRIDAY MAY 18
Register now at WWW.BIKETOWORKMETRODC.ORG

[Retweet](#) 4 [Like](#) 15 [Message](#)

Commuter Connections @BikeToWorkDay · 21h
Invite your cycling friends to join you on Bike to Work Day, Friday May 18th. Hurry, before it's too late! Register at biketoworkmetrodc.org or call 800.745.7433. #BTWD2018 #WashingtonDC

LAST CHANCE TO REGISTER!

[Retweet](#) 8 [Like](#) 3 [Message](#)



snapchat



Proclamation



Proclamation

WHEREAS, bicycle commuting is an effective means to support the region's air quality goals, reduce traffic congestion, and conserve energy; and

WHEREAS, bicycle commuting benefits both employees and employers through better employee health and fitness, reduced commuting and parking costs; and

WHEREAS, increasing numbers of employers have installed bicycle parking and shower facilities to help encourage bicycle commuting; and

WHEREAS, Capital Bikeshare's regional bike sharing system has hundreds of stations across five jurisdictions: Washington, DC; Montgomery County, MD; Arlington County, VA; City of Alexandria, VA; and Fairfax County, VA; and

WHEREAS, the National Capital Region Transportation Planning Board through its Commuter Connections program promotes bicycling and organizes Bike to Work Day along with the Washington Area Bicyclist Association; and

WHEREAS, the week of May 14th is National Bike to Work Week, which promotes bicycling as a viable means of transportation to and from work;

NOW, THEREFORE, BE IT RESOLVED THAT THE
NATIONAL CAPITAL REGION TRANSPORTATION PLANNING BOARD:

1. Proclaims Friday, May 18, 2018 as Bike to Work Day throughout the Washington, DC metropolitan region; and
2. Encourages TPB member jurisdictions to adopt similar proclamations in support of the event; and
3. Reminds all members of the importance of bicycle safety as advocated by the Street Smart campaign.

Chairman



National Capital Region
Transportation Planning Board

Proclamation Signing



The National Capitol Region Transportation Planning Board at COG issued a regional proclamation on April 18th, 2018 designating May 18th as Bike to Work Day throughout the region. The proclamation outlined the benefits of bicycling for the region, individual communities and commuters. It also acknowledged that the month of May is Clean Air Month and National Bike Month. Additional proclamations were made by the Commonwealth of Virginia, District of Columbia, the State of Maryland as well as some of the individual jurisdictions that hosted pit stops.

The Proclamation was signed by TPB Chairperson, Charles Allen, DC Council.

MARKETING MATERIALS

Rack cards 3¾ x 8½" (68,500)

Posters 8½" x 11" (30,000), plus 1,000 were in Spanish

Posters 22" x 28" 500

T-Shirts (20,000)

Vinyl Banners 8' x 4' for all pit stops

Water bottles with the BTWD logo were coordinated by BicycleSPACE and made available for each pit stop for purchase

The marketing materials used for the 2018 BTWD campaign all carried the same uniform look and feel and were targeted to employers and cyclists throughout the region. The posters were mailed to employers along with a cover letter. Employers were also emailed an html version of the poster with a link to the event web site. An e-mail blast was also sent to the previous year's registrants.

Vinyl Banner



Poster

BIKE TO WORK DAY 2018

FRIDAY MAY 18

Free T-shirt* and Bike Raffles!
FREE FOOD, BEVERAGES and GIVEAWAYS at all locations.

Register free at
BIKETOWORKMETRODC.ORG
800.745.7433

Visit biketoworkmetrodc.org for pit stop locations & times.
*T-Shirts available at pit stops to first 20,000 who register.
Over 100 pit stops throughout D.C., Maryland, and Virginia!

#BTWD2018

bike to work day 2018

Printed on recycled paper

Bike to Work Day is also funded by the District of Columbia, Maryland, Virginia and U.S. Departments of Transportation.

Spanish Poster

DÍA DE LA BICICLETA PARA IR AL TRABAJO 2018

VIERNES 18 DE MAYO

Regístrese previamente antes del 11 de Mayo para una camiseta gratis*, y el sorteo de bicicletas.

COMIDA GRATIS, BEBIDAS Y OBSEQUIOS PROMOCIONALES en todas las ubicaciones.



Regístrese gratis en **BIKETOWORKMETRODC.ORG** o llame al 800.745.7433



#BTWD2018

Visit biketoworkmetrodc.org para saber más detalladamente las ubicaciones de salida y los horarios.

*Camisetas disponibles en las ubicaciones de salida a los primeros 20.000 participantes que se registren.

¡Más de 100 ubicaciones de salida para el día de la bicicleta para ir al trabajo situadas en D.C., Maryland, y Virginia!



Printed on recycled paper

Día De La Bicicleta Para Ir Al Trabajo está financiado también por los Departamentos de transporte del Distrito de Columbia, Maryland, Virginia, y del gobierno federal.

Rack Card Front

BIKE TO WORK DAY 2018 FRIDAY MAY 18

Register free at
www.BIKETOWORKMETRODC.org
or call 800.745.7433

**Pre-Register by May 11
for free T-shirt* and
bike raffle!**

**FREE FOOD, BEVERAGES and
GIVEAWAYS at all locations.**

**Over 100 Bike to Work Day pit
stops located in D.C., Maryland
and Virginia!**

Visit www.biketoworkmetrodc.org
for specific pit stop locations
and times.

***T-shirts available at pit stops to
first 20,000 registrants.**



#BTWD2018

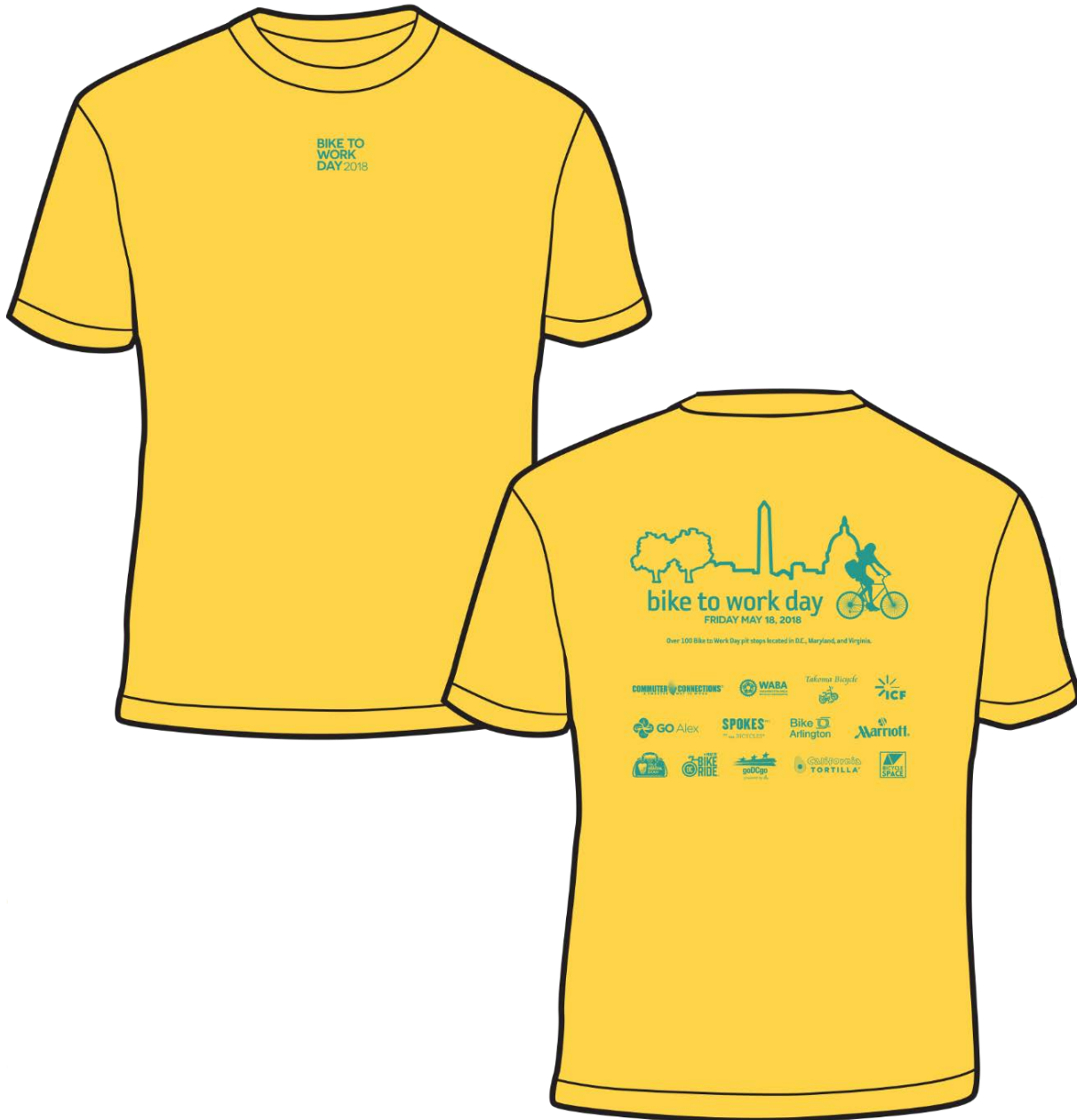


Rack Card Back



T-Shirt

The T-Shirt was yellow with green lettering.



Media Coverage

BTWD 2018 Media		
Print/Online Coverage - 50		
4/2/2018	Fairfax County Youtube	Fairfax County Bike to Work Week 2018 15sec Ncm Spot
4/03/2018	White Flint	Bike to Work Day
4/30/2018	Grip Unlimited	May is National Bike Month: Let's Ride
4/3/2018	DC Military	NSAB Encourages Bike to Work Day Participation
4/23/2018	WABA	Crystal City Bid Takes Bike to Work Day To The Next Level
4/24/2018	goDCgo	Are You Ready for Bike to Work Day 2018?
4/30/2018	Alexandria Living Magazine	Bike to Work Day Coming May 18
4/30/2018	A DC Journey	Do This: Bike to Work Day
5/2/2018	FCNP	F.C. Pit Stop for Ride to Work Day May 18
5/4/2018	WTOP	10 health facts to know if you're biking to work
5/4/2018	WABA	How to Get Your Business Ready for Bike Month
5/4/2018	City of Alexandria	City of Alexandria Invites Participation in Bike to Work Day on May 18
5/4/2018	White Flint	Register for Bike to Work Day
5/8/2018	PRTC	Bike to Work Day is Friday, May 18
5/8/2018	The Washington Post	Capital Bikeshare rolling into Prince George's County
5/8/2018	Reston Now	Bike to Work Day Festivities Around Reston
5/9/2018	Bike Arlington	Bike to Work Day Registration is Open
5/9/2018	Bike Arlington	What to Do if Every Day is "Bike to Work Day" For You
5/10/2018	WTOP	Bike to Work Day is May 18; cyclists can enjoy pit stops around DC area
5/10/2018	Shooshan Company	Arlington Bike to Work Day 2018
5/11/2018	Our Community Now	Register Now For 'Bike to Work Day Dc' On May 18!
5/13/2018	DC Urban Life	Bike to Work Day
5/13/2018	Prince William Times	Ride your bike to work on May 18
5/14/2018	OmniRide	OmniRide can help you Bike to Work on May 18
5/14/2018	Reddit	5/18 is Bike to Work Day
5/14/2018	goDCgo	It's National Bike Month!
5/15/2018	My MC Media	County's First Ever Pop-Up Bike Lane to Debut On Bike To Work Day
5/15/2018	The Hyattsville Wire	Route 1 Corridor Preps for Bike to Work Day
5/15/2018	Curbed DC	A protected bike lane will pop up in downtown Bethesda on Bike to Work Day
5/15/2018	Popville	"Thursday morning at 7:30am we are going to make a human chain to protect the bike lane near Trader Joe's on 14th St. NW"
5/16/2018	WABA	Bike to Work Day Afterparties!
5/16/2018	Greater Greater	Tactical urbanism like Bethesda's pop-up bike lane can

5/17/2018	DC Commute Times	National Bike to Work Day: What You Need to Know
5/17/2018	The Georgetown	Weekend Round Up May 17, 2018
5/17/2018	Georgetown Metropolitan	Bike to Work Day Tomorrow!
5/17/2018	DC Water	Your Commute Just Got More Refreshing
5/17/2018	Washingtonian	Things to Do in DC This Weekend (May 17-20): An Exhibit About Diseases, Betty Who with an Orchestra, and Bike to Work Day
5/17/2018	Greater Greater Washington	Breakfast links: Bike to work tomorrow — it's really good for your health
5/17/2018	Mobility Lab	Greatest hits: our top five biking articles
5/18/2018	WAMU	For Bike-To-Work Week, These D.C. Advocates Guard
5/18/2018	Reston Now	Friday Morning Notes – Bike to Work Day is Today
5/18/2018	My MC Media	Cyclists Undeterred by Bike to Work Day Rain
5/18/2018	Cycling Smarter	Bike to Work Day Is May 18; Cyclists Can Enjoy Pit Stops Around DC Area
5/18/2018	ARL Now	Soggy Bike to Work Day
5/18/2018	Dems.gov	Blumenauer, Crowley Release Proposal to Expand Bicycle Commuting
5/22/2018	National Capital Region TPB NEWS	It was a fun and rainy #BTWD2018
5/23/2018	Herndon Connection	Functional, Fun and Healthy in Herndon: Herndon Pit Stop draws both morning and afternoon cyclists at Bike to Work Day 2018
5/23/2018	Connection Newspapers	Reston Riders Join Bike to Work Day
6/6/2018	SoMdNews	Indian Head student offers bike safety tips, town gets
6/30/2018	TripSavvy	Bike Events 2018 in Washington DC

Television – 1

5/17/2017	Prince George's Community Television	Bike to Work Day
-----------	--------------------------------------	----------------------------------

Radio - 2

5/16/2018	WHUR	Bike to Work Friday
5/17/2018	WMAL	Bike to Work Day

Blog - 15

N/A	Inova	Bike to Work Day 2018
5/4/2018	Arlington Transportation Partners	Bike to Work Day is Friday, May 18
5/9/2018	Advantedge	3 Reason Why Biking to Work Makes a Difference

5/13/2018	Next Door	This week's Mayoral update – make your commute fun by biking to work!
5/15/2018	Greater Greater Washington	Bike to Work Tomorrow
5/16/2018	Anacostia Park	Grow your Capacity: Bike to Work Day, A Free Social Impact Job Board and More
5/16/2018	Greater Greater Washington	Tactical urbanism like Bethesda's pop-up bike lane can create lasting change
5/17/2018	EYA	Top 5 Benefits of Biking to Work
5/18/2018	The DC Bike Blogger	This Year's Soggy National Bike to Work Day
5/18/2018	Friends of White Flint	A wonderful ... if wet ... Bike to Work Day 2018 at Pike & Rose
5/18/2018	Popville	12 Of Our Favorite Events in D.C. This Weekend – Pop a Wheelie
5/19/2018	Wheel Bike	From Wheels to Bikes
5/23/2018	Arlington Transportation Partners	4 Reasons National Bike Month is Great for New Riders
5/29/2018	FABB	Faces of Fairfax: Lou From Springfield
5/31/2018	DC Military	NSAB Hosts 'Pit Stop' on Bike to Work Day

Calendar Listing - 56

OhBike	Bike to Work Day
National Institutes of Health	Bike to Work Day 2018
Community Forklift	Registration Is Open for Bike To Work Day 2018!
Georgetown DC	Celebrate Bike to Work Day In Georgetown
Downtown DC	Bike to Work Day 2018
Capitol Riverfront	DC Bike to Work Day
Loudon County	Register Now for Bike to Work Day Friday, May 18, 2018
REI	Join REI DC Flagship for Bike to Work Day at NoMa Pitstop
Rosslyn	Bike to Work Day
Bethesda Transit	Bike to Work Day
One Montgomery Green	Bike to Work Day 2018
Prince George's County	Bike to Work Day-Bowie

Urban Athletic Club	Bike to Work Day
Golden Triangle DC	Bike to Work Day 2018
Public Art Reston	Bike to Work Day
Takoma Langley	Bike to Work Day
Tysons	Bike to Work Day: Tysons Corner Pit Stop
Community Forklift	Get to Work in Style
Main Street Takoma	Bike to Work Day
Mount Vernon Triangle DC	Bike to Work Day 2018 at Bicyclespace
VDOT	Northern Virginia Bicycle and Pedestrian Resources
Edmonston Maryland	Bike to Work Day 2018
DC.gov	Executive Office of the Mavor
Union Station Redevelopment Corporation	Bike to Work Day 2018
Go Alex	Bike to Work Day 2018
All Events	Bike to Work Day 2018
The Washington Sun	Bike to Work Day is Friday, May 18
Arlington Transportation Partners	Bike to Work Day
Bethesda Magazine	Bike to Work Day 2018
District Wharf	Bike Home on Bike to Work Day
Bike Arlington	Bike to Work Day
Greater Greater Washington	Bike to Work Day
The Village at Shirlington	Bike to Work
DC Triathlon Club	Bike to Work Day 2018 Fri May 18
DC Public Library	Bike to Work Day 2018
National Institutes of Health	Bike to Work Day – Friday, May 18
Bus Rapid Transit	Bike to Work Day
Potomac Pedalers	Bike to Work Day
Carpe Diem Washington	Georgetown Bike to Work Day 2018
Carpe Diem Washington	Bike to Work Day Pitt Stop
Falls Church	Bike to Work Day 2018
Fitt Washington DC	Bike to Work Day 2018
Downtown DC	Join the DowntownDC BID for Bike to Work Day, May
Simpson Real Estate	Bike to Work Day 2018
Link Info	Bike to Work Day 2018
District Department of Transportation	Bike to Work 2018
Cherry Blossom Volunteers	Downtown DC Needs Volunteers for Bike to Work Day
DC Water	Annual Bike to Work Day
NIH Recreation and Welfare	Bike to Work Day 2018

A DC Journey	Do This: Bike to Work Day
Community Forklift	Looking For An Excuse To Go Out To Eat? Or Do You Want To Burn A Few Calories?
American University	Bike to Work Day
Montgomery Planning Board	Calendar of Events
New Woodbridge	Bike to Work Day
Arlington's Car-Free Diet	Bike to Work Day
Fairfax County	Bike to Work Day 2018

News Social Media Support



This morning we're giving you an opportunity to get some exercise in before you get to work, by replacing your 4-wheeled vehicle with a 2-wheeled vehicle. It's Bike To Work Day this Friday and my guest is the Director of Contractor Connections, Mr. Nicolas Ramos.

Bike To Work Day 2017 is this Friday, May 19. For more information and to register, call 800-745-7433 or go to: www.biketoworkmetdc.org
Tune in to Taking it to the Streets, weekdays at 6:46, 7:13 and 8:13 on the Steve Harvey Morning Show on 96.3 WHUR.

STAY CONNECTED: [Subscribe to Club KJZZ Member](#) [Like Us](#) [Follow Us](#) [YouTube](#)

Follow me on facebook and twitter at @bobbygales for updates and to stay connected

Capital Bikeshare rolling into Prince George's County

By Lee Lutz [View Profile](#) [Email the author](#)



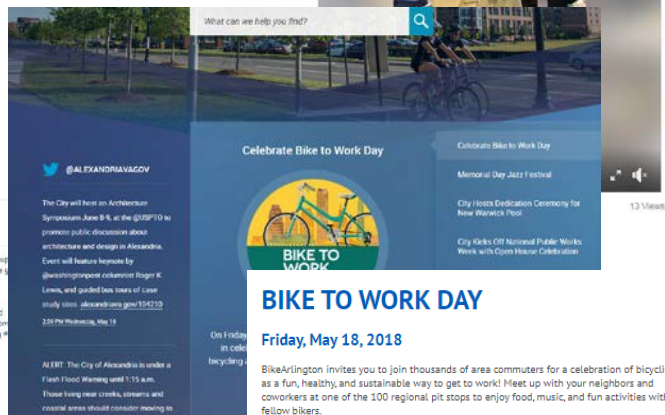
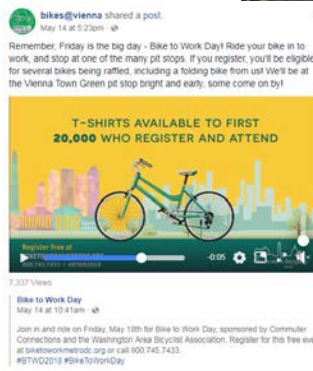
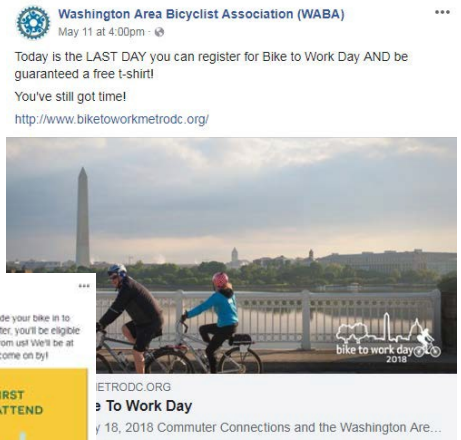
Bikes line a Capital Bikeshare station on the corner of Eighth and O streets NW in D.C. (Brittany Greenery/The Washington Post)

Bikeshare rolls into Prince George's County next week when five Capital Bikeshare stations open for business on May 18.

The distinctive red bicycles will be available along a stretch of the Route 1 corridor from Mount Rainier to Riverdale Park and in the Largo area, in what is the latest expansion of the region's bike-share network.

The Prince George's launching is smaller than anticipated, with a network of 49 bikes distributed among

Sponsor Social Media Support



BIKE TO WORK DAY

Friday, May 18, 2018

BikeArlington invites you to join thousands of area commuters for a celebration of bicycling as a fun, healthy, and sustainable way to get to work! Meet up with your neighbors and coworkers at one of the 100 regional pit stops to enjoy food, music, and fun activities with fellow bikers.

Bike to Work Day is a FREE event and open to all area commuters whether you're new to riding or ride every day. The first 20,000 people to register receive a free t-shirt to wear at work with pride and are automatically entered into the regional and local raffles for sweet prizes and bikes.

Follow us on Facebook, Twitter, and Instagram and share your #BTWD2018 photos.

Miss your pit stop? Pick up your t-shirt from one of three locations starting on Tuesday, May 22:



Organization Social Media



Bike to Work Day 2018

On Friday, May 18, participate in Bike to Work Day by visiting one of Alexandria's five pit stops! Register today to receive a free t-shirt on May 18. Bike to Work Day is part of [Bike Everywhere Month](#), the City's month-long celebration of biking. 8.

THIS EVENT HAS PASSED.

Bike to Work Day 2018 May 18 6:30am @ 6:30 am - 9:30 pm

Join the NIH Bicycle Commuter Club (NIHBCC) in celebrating National Bike Month and Bike to Work Day on Friday, May 18th, at NIH-Bldg. 1 from 7am - 9:30am, Rock Springs Business Park (Mammott HQ) from 6:30am - 8:30am and Rockville-Fallgrove (pit stop close to the NCI Shady Grove building) from 6:30am - 9am. These buildings will be featured among many local pit stops supported by the Washington Area Bicyclists Association in a salute to bicycle commuting. NIH often wins the Metropolitan Washington Council of Government's (COG) award for being the area's biggest employer of Bike to Work Day participants. Complete your free registration at <http://www.biketoworkmetrodc.org/register-nsw/> and help us defend our proud title this year by identifying your employer as "National Institutes of Health" no matter which pit stop you register for. You must pre-register for the pit stop you plan to visit to receive a Bike to Work Day 2018 t-shirt; available while supplies last. At the NIH pit stop, all employees and contractors who show up riding a bicycle and wearing a helmet may enjoy breakfast snacks and participate in a raffle drawing. If you have never tried commuting by bike to NIH and aren't quite sure how to begin, visit <http://www.nihbike.com> and click on the "Commuting" link. Bike to Work Day is a rain or shine event. Volunteers are always appreciated to help with preparations before Bike to Work Day or on the day of the event. If you would like to volunteer, email Valerie Virts at virtav@mail.nih.gov. Bike to Work Day participation enhances awareness of the myriad benefits bicycle commuting brings to personal health, the community, and the environment.

DC.gov
Mayor Muriel Bowser

District Department of Transportation

0007 Home 0007 Services Programs and Planning On Your Street About 0007

District Department of Transportation

Bike to Work 2018

Lead Date: Friday, May 18, 2018 - 7:00am

Office Hours
Monday to Friday, 8:15 am to 4:45 pm

Contact With Us
321 M Street SE, Suite 402, Washington, DC 20003
Phone: (202) 453-6813
Fax: (202) 671-6090
TV: (202) 671-6613
Email: ddot@dc.gov

Location: Various locations around the District

Details:
During May's National Bike Month, on Friday May 18, 2018, Commuter Connections and the Washington Area Bicyclists Association invite you to celebrate bicycling as a clean, fun, and healthy way to get to work. Be one of the first 25,000 to register and attend this FREE EVENT, then take your choice of 100 pit stops in D.C., MD, and VA and receive a free Trek® refreshments, and be entered into a raffle for a new bicycle.

0007's goDCgo will host the Associate pit stop from 7 am to 9 am at 1301 Street and Good Hope Road SE, across the street from the Associate Arts Center. More info is available here: <http://blog.govdcgo.com/biketoworkday2018>

<http://www.biketoworkmetrodc.org/>

Highlights include the Makeover Montgomery 4 conference and Bike to Work Day

May 18 – The Planning Department will participate in **Bike to Work Day**, sponsored by Commuter Connections and the **Washington Area Bicyclist Association**. Staff will be at the pit stops in Silver Spring, Bethesda, White Flint and Takoma Park to highlight the recommendations in the Planning Board Draft of the Bicycle Master Plan. [Register for the event online.](#)

Chairman Joe Crowley
Vice Chair Linda T. Sánchez

ABOUT US OUR MEMBERS OUR AGENDA PRESS RELEASE PHOTOS

THE HOUSE DEMOCRATS
NEWSROOM
PRESS RELEASE

Blumenauer, Crowley Release Proposal to Expand Bicycle Commuting

MAY 18, 2018

Washington, DC – Today, in recognition of Bike to Work Day, Representatives Earl Blumenauer (OR-03) and Joe Crowley (NY-14), Chairman of the House Democratic Caucus, released a new proposal to modify and expand the bicycle commuter tax benefit to encourage more employees to bike to work.

The proposal increases the monthly limitation currently set on bicycle commuting expenses and modifies the bicycle commuter tax benefit to allow employees to take full advantage of the bicycle benefit. It also expands the bicycle commuter tax benefit to include bikeshare memberships as a qualifying expense.

"Cycling is the most efficient form of urban transportation ever devised," said **Rep. Blumenauer**. "With more Americans cycling to work than ever before, it's past time that the federal government provide the flexibility and incentives needed to encourage bike commuting and offer more transportation choices."

"This proposal will encourage more Americans to use their bikes to work, which will benefit our economy, our environment, and our

The Journal

Search

Read The Journal Online - One Stop for All Your News and Information

The Journal Behind the News Commander's Column Features Calendar e-Edition Local Ads

Basic Guides Website Guides CFC Transparency

ACTIVE DUTY AND VETERANS SAVE 3 WAYS ON VA LOANS!

LEARN MORE

AAPMA

NSAB Encourages Bike to Work Day Participation

By WCD Julie Manning Manning NSAB Public Affairs May 3, 2018

Naval Support Activity Bethesda Transportation Manager Ryan Emery is encouraging people to take part in National Bike to Work Day May 18.

The event is part of a larger effort to get commuters to try bicycling to work as a healthier alternative than driving and taking the metro, while also trying to reduce traffic in the area.

"We partner with MWRV to help support the event and to show the athletic nature of biking to work and how it can help reduce stress and provide a more athletic commute," said Emery.

According to the National Day Calendar website, National Bike to Work Day originated in 1985 and is endorsed by the American Medical Association.

People don't need to worry about where to leave their bikes if they do plan to ride to NSAD.

"We have several hundred slots for bikes around the base," said Emery. "It depends on when and where they were installed as to how many bikes they can support. They are primarily centered around the hospital and are also inside of the parking garages."

Bike to Work Day also encourages people to ride in groups.

"Some folks will form convoys so they can ride together in case they aren't comfortable on their first go-round," said Emery. "Every year we have one or two groups come from as far away as Alexandria and ride through the city to get here. It's very good, it builds comradery."



WHO SAID WORK CAN'T BE FUN?
THE PERFECT JOB IS WAITING
GET MATCHED!

Find it *Workforce jobs*

Sign up for email updates!

DCMilitary.com Headlines

DC Military Magazine

The Journal

Enter email address

Sign up

Manage your info



Blogs

What to Do if "Every Day is Bike to Work Day" for You



Erin Potter | @BikeArlington | May 9, 2018 | 0 Comments

Erin Potter is the Program Manager for BikeArlington. She appreciates Arlington's low-stress street and trail network, which allows her to get places easily by bike.

BIKE TAKEAWAY: If you are already a true believer in biking to work and a year-round bike commuter, we have three easy things you can do to make Bike to Work Day on Friday, May 18, extra awesome.

Bike to Work Day is a region-wide celebration of people getting to work by bike, whether it's your first time trying it out or you've been doing it for 20 years.

It's an opportunity for people to feel the sun on their cheeks and the wind in their hair as they try something new, and about growing the pie of people who want safer roads and trails for people walking and biking. I mean, it's also about inhaling some bagels and coffee with a great mix of other bike-powered travelers before ducking into your office.

Bike to Work Day is Friday, May 18



Jonathan Bodes | @jonbodes | April 4, 2018

Jonathan Bodes is a Business Development Manager at Arlington Transportation Partners and has been biking car-free since 2011. He often rides his bike 4 miles to work, but also likes various buses and the Metro.



ATP Takeaway: Bike to Work Day is the perfect time to try commuting by bike. Join thousands of fellow riders for fun and festivities while also taking advantage of a sustainable commute and free exercise.

Bike to Work Day is almost here! On Friday, May 18, thousands of riders from the entire DC region will descend upon more than 85 get-stops for free breakfast, giveaways, and information on biking in the area. The event, hosted by Commuter Connections and the Washington Area Bicycle Association, brings together nearly 20,000 riders enthusiastic about biking to work (and looking for some bonus giveaways, too!).



Holy Mountain: A Blog about Our Common Life

Commentary on public policy, place and social relations

Monday, May 25, 2018

Bike to Work Day 2018



This year's Bike to Work observation took place in Washington, D.C., where it's mostly confined to one day, Friday, which is also the officially designated Bike Day. That, of course, puts at the top of the one-day weather, which is mid-spring is decidedly a gamble. As reported last year (see below), Friday in Cedar Rapids was scratched and not even your humble blogger was biking to work in that stop. This year in Washington, Bike to Work Day fell on a wet day—the both day in a row of measurable precipitation, as it happened—which held crowds down but not completely.

Bike to Work Day in Washington has mobile and stationary features. On the move were nineteen bicycle convoys through various parts of the metropolitan area. Nearly all started in suburban locations. Eight of them ended at "reunion" places in Washington's business district, but others ended

A blog about our common life

They shall neither lust nor desire in all my heart mountain—Gaelic for life

I am a Christian, a Hindu, a Muslim, and a Jew—MORISKADE K. GAUCHI

Try to love the questions themselves—RANGER MARIKA PLKE

And the streets of the city shall be full of about and cars leaving in the streets—BENJAMIN RIF

NOTE: The perspectives herein are solely the author's, and not those of The Globe, or any other organization of which he is a member

About Me

Bike News 20

View my complete profile

Home

Friends of White Flint | Promoting a Sustainable, Walkable and Engaging Community

NEWS | ABOUT | MAP | MEMBERSHIP | ARCHIVES | CALENDAR

A wonderful ... if wet ... Bike to Work Day 2018 at Pike & Rose

Photos: [Maurice](#) and [Tom](#) | 0 Comments

THE DC BIKE BLOGGER

I'm not a fanatical cyclist. I'm not a professional writer or photographer either. I'm just a guy who works in Washington, D.C., and uses my lunch break each day to go for a bike ride and discover some of the eclectic sites and events in and around the city. I take a few snapshots along the way with my cellphone, and then use this blog to post the photos and write about what I see, what I learn, and what I think about while I explore our nation's capital one ride at a time.

→ This Year's Soggy National Bike to Work Day

Posted: May 18, 2018 in Events
 Tags: Bike Month, Bike to Work Day, Bike to Work Week, Commuter Connections, D.C., Freedom Plaza, League of American Bicyclists, Maryland, National Theater, Virginia, WMATA, Washington Area Bicycle Association

The month of May is National Bike Month. May 14 through 18, 2018 is Bike to Work Week, and today was Bike to Work Day. And although it hasn't been raining all month, it has been raining all week. And it continued to rain all day today. But Bike to Work Day is a rain-or-shine event, but that didn't stop this morning's Bike to Work Day event, which went on more or less as planned.

The League of American Bicyclists began Bike to Work Day as part of Bike Month in 1995. Over the years, bike to work Day has grown into a widespread event with countless bicyclists taking to streets and trails nationwide in an effort to get commuters to try bicycling to work as a healthy and safe alternative to driving a car. In the greater D.C. region, bike to

Faces of Fairfax: Lou From Springfield

Unconcerned about the rain on BTWD 2018, Lou from Springfield took some time to talk to FABS about his views on bicycling in Fairfax County. Lou rides for his health, laughingly adding that biking takes miles off his car and puts them on his body. He regularly commutes to work by bike. This year he also is going to get ready to participate in the Multiple Sclerosis Society's Bike MS: Colonial Crossroads Challenge in early June. Lou told us that he really likes being out in the fresh air as he exercises. To make it easier and safer to ride in the county, Lou recommends better enforcement of the three-foot safe passing law. He also would like to see more bicycle facilities added as businesses expand along Loudsdale Road in Springfield.

FABS is happy to report that Fairfax County's Bicycle Master Plan, which we supported and helped get approved, includes numerous bike lanes and sharrows on and around Loudsdale Road and Commerce Street. Between 2015 and 2017, some of these facilities were added as part of the Virginia Department of Transportation's summer repaving program. Although no additions are planned for this summer in this area, there will be future opportunities for the repaving program to provide this virtually cost-free bicycle infrastructure.

Labels: BTWD, Faces of Fairfax

posted by Steve Ward at 7:00 AM [permalink](#)

Like | Tweet

Event Calendars



THINGS TO DO | PLAN YOUR VISIT | LIVE HERE | DO BUSINESS HERE

PARKS | **EVENTS** | EXPLORE | ABOUT

DC BIKE TO WORK DAY

On Friday, May 18, 2018 Commuter Connections and the Washington Area Bicyclist Association invite you to celebrate bicycling as a clean, fun, and healthy way to get to work. Be one of the first 20,000 to register and attend this FREE EVENT, then bike to your choice of 100 pit stops in D.C., MD, and VA and receive a free T-shirt, refreshments, and be entered into a raffle for a new bicycle.

DATE/TIME	Friday, May 18, 2018, 7:00 am - 9:00 am
LOCATION	CANAL PARK
COST	Free BUY TICKETS
WEBSITE	VISIT WEBSITE



GET STARTED | WAYS TO GET AROUND | NEWS & STORIES | URBAN VILLAGES

Friday
May 18

Bike to Work Day Washington, DC.
The Metropolitan Washington Council of Governments and the Washington Area Bicyclist Association invite you to celebrate bicycling as a clean, fun and healthy way to get to work. Register early for a pit stop near your home or work to show your support for bicycling and reserve your free Bike to Work Day t-shirt. Then on Bike to Work Day, stop by your pit stop to pick up your t-shirt and enjoy breakfast treats, prizes, and more. Registration opens in March.

Bike to Work Day
May 18 @ 6:00 am - 9:00 am



While most people don't like to commute for hours in Washington DC, they might just be able to bike to their station. Six spots are offered: Rosslyn, Metrorail, and Virginia Park. Express stations to encourage people to consider the possibilities. Photos are all about transit, pedestrian and bicycling and certain areas also have a focus.



University Master Calendar

Friday, May 18
Bike to Work Day

TYSONS

BIKE TO WORK DAY VISIT THE TYSONS CORNER PIT STOP
FRIDAY, MAY 18 / 6:30-10AM

CELEBRATE 2018 NATIONAL BIKE TO WORK DAY BY VISITING THE TYSONS CORNER PIT STOP
FRIDAY, MAY 18 FROM 6:30-10AM IN FRONT OF CAPITAL CENTER AT 1201 INTERNATIONAL BLVD.

Enjoy these refreshments and giveaways provided by:

- L.L. Bean
- Worlex Indoor Cycling
- Crunch Fitness
- Fairfax Alliance for Better Bicycling
- Aveda
- Conabon

Register at www.BikeToWorkDay.org

FEATURED EVENTS

Join REI DC Flagship for Bike to Work Day at NoMa Pitstop



Overview

Join REI DC Flagship for Bike to Work Day at NoMa pit stop! Register in advance with your pit stop location to receive a free t-shirt and enter a raffle for a new bicycle. T-shirts are available to the first 20,000 who register and attend.

BIKE TO WORK DAY PORT TOWNS PIT STOP

On Friday May 18, 2018 we invite you to join over 10,000 area commuters to celebrate bicycling as a clean, fun, and healthy way to get to work. Attend our Port Towns pit stop, or one of 100+ other stops throughout DC, Maryland, and Virginia, for free refreshments, entertainment, and giveaways. Register now for a chance to win yourself a free t-shirt. Supplies are limited to the first 20,000 participants registered across the DC area!



When: Morning Commute Pit Stop, Evening Commute Pit Stop

Where: Silver Spring Park - Northwest

Registration for the event 'Edmondson' when prompted.

A DC Journey

Let's explore together.

Do This: Bike to Work Day (5/18/18)



If you're not already biking, get your bike ready for May 18th!

Bike to Work Day Friday, May 18, 2018

for the region's annual Friday, May 18, 2018. Bicyclists and pedestrian riders are encouraged to register by calling 800-745-3272.

100 pit stop celebrations

at free T-shirts, refreshments, and win a raffle. Pit stops are adjacent to the Washington and Old Dominion Freeway on Harrison Street, open from 6:00 a.m. to 9:00 a.m., and

(703)299-0029

Bike to Work Day 2018



Friday, May 18th will bike to work day in the Washington States region for one of the first 20,000 to register and attend this FREE EVENT, then bike to your choice of more than 100 pit stops in D.C., MD, and VA and receive a free T-shirt, refreshments, and be entered into a raffle for a new bicycle. Register here.

Event Details

Bike to Work Day, May 18, 2018

View locations and times

Friday, May 18, 2018 Commuter Connections and the Washington Area Bicyclist Association invite you to celebrate bicycling as a clean, fun, and healthy way to get to work. Register for your free t-shirt chance to win some fun prizes.

Registration will have seven pit stops in the morning and two in the afternoon. Visit BikeToWorkDay.org for more information.



Event - Bike Friendly & Sustainable

Bike to Work Day 2018



News & Stories

Events Calendar

Social Media Feeds

Car-Free Diet Partner Stories

Subscribe

Bike to Work Day 2018 (BTO) - DowntownDC BID Freedom Plaza Pit Stop

Join the DowntownDC Business Improvement District (BID), Commuter Connections and the Washington Area Bicyclist Association (WABA) to celebrate bicycling as a clean, fun, and healthy way to get to work.



EVENTS | EXPLORE | NEWS | PLACEMAKING | BUSINESS



HOME | EVENTS | CALENDAR | BIKE TO WORK DAY

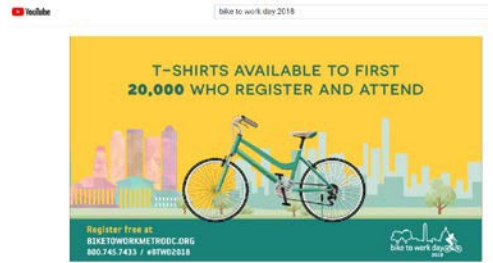
Bike to Work Day



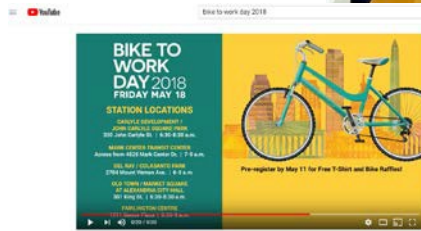
Video



The Buzz Bike to Work Day 2018
Prince William County
Subscribe 1.1K



Register free at: BIKETOWORKMETRODC.ORG
800.745.7433 / #BTWD2018
Commuter Connections
Subscribe 71



BIKE TO WORK DAY 2018
City of Alexandria, VA
Subscribe 211



Pictures and other Promotional Items

Alexandria Carlyle



Alexandria Old Town



Arlington Ballston



Indian Head



The Wharf

