ITEM #7

Walkwise Washington: Proposed Pedestrian and Bicycle Safety Training Initiative

Employer Outreach Committee Item 7 April 21st, 2015 Michael Farrell, DTP

Background

- Proposed by Peggy Schwartz of the North Bethesda Transportation Management District
 - Response to a request from one of their employers
 - WABA has long offered employer-based safety training for bicyclists
 - No similar training for pedestrians is currently offered in the Washington region
 - New course would fill a gap in regional, local pedestrian safety efforts
 - Florida "Walkwise" course is the model

• Ms. Schwartz contacted:

- Jeff Dunckel, Pedestrian Safety Coordinator at MCDOT
- Nicholas Ramfos, Director of Commuter Connections
- Michael Farrell, Bicycle and Pedestrian Coordinator

COG has agreed to develop such a course

- Will be based on Walkwise
- Michael Farrell will be the lead staff person
 - » Adapt Walkwise materials to the Washington region
 - » Coordinate with MCDOT, regional "Street Smart" Pedestrian and Bicycle Safety Campaign, North Bethesda Transportation Management District, other stakeholders on content

Walkwise Pedestrian and Bicycle Safety Course

- Developed by Center for Urban Transportation Research University of South Florida
 - Funded by Florida DOT
- Over 1600 presentations given since 2009!
 - Employers, senior centers, school groups, civic groups, homeless shelters, etc.
 - 15 minutes 1 hour
 - Often use an ARS/Audience Response System
- Content:
 - Program Guide for Presenters
 - Outreach/Booking Process
 - "Sweeps" of businesses in problem corridors
 - Post-presentation actions
 - Powerpoint presentation
 - Scope of the problem safety stats
 - Safety tips for pedestrians and bicyclists
 - Handouts
 - Safety tips cards
 - Reflective bands, backpacks, bike lights, bookmarks etc.

Sample Walkwise Slides - Stats

2013 Florida Traffic Crash Statistics – Fatalities & Injuries

| Florida | Fatalities | Injuries | 3 Year Average (Fatalities) |
|---------------|------------|----------|--------------------------------|
| Pedestrians | 498 | 7,467 | 490 |
| Bicyclists | 135 | 6,520 | 104 |
| Motorcyclists | 425 | 7,905 | 396 |
| Drivers | 2,224 | 198,032 | 2,243 |

2013 Crash Statistics

Approximately **70%** of the pedestrian fatalities in FL are male.

35% of the FL fatalities are 45 - 64 years old.

Pedestrians had been impaired in 35% of the fatal crashes.

More than 60% of the pedestrian crashes occurred at night.

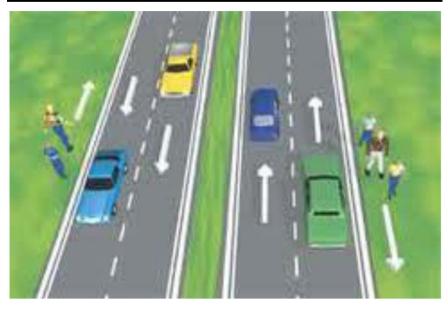
Source: Florida Traffic Crash Statistics Report, 2013

Sample Slides – Interactive Q&A

When sidewalks are not provided on a roadway, as a pedestrian you should:

- 1. Walk on the shoulder AGAINST TRAFFIC
- 2. Walk on the shoulder **WITH TRAFFIC**

WHY WALK AGAINST TRAFFIC?



Interactive Q&A

At a crosswalk with a pedestrian signal, you can START crossing with which of the following signals:

- 1. Flashing Hand
- 2. Steady Walking
- 3. Flashing Hand w/countdown
- 4. Steady Hand





Q&A

Bicyclists are allowed to ride on sidewalks.

- 1. True
- 2. False



Must yield to pedestrians and make an audible warning when passing.

Q&A

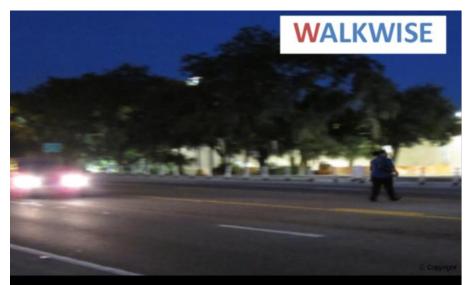
It's legal for a bicyclist to ride on a roadway with the flow of traffic.

- 1. True
- 2. False





WALKWISE Safety Tips

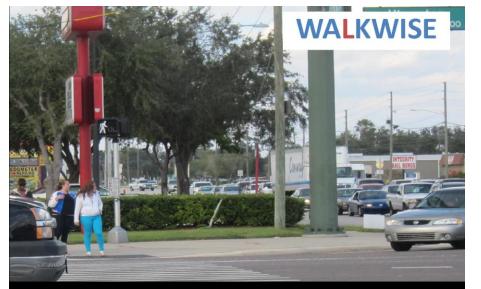


Wear bright colors or reflective clothing night and day to increase your visibility. See and be Seen.



Alert Today Alive Tomorrow. Never text or talk on your phone while crossing a road.

Tips



Look left, right, and left again. Make eye contact with drivers, look for cars making right hand turns.



Know your surroundings. Use extra caution when crossing multiple-lane, higher speed streets.

Tips



Watch for cars in parking lots.



Tips



Stay on Sidewalks when available. Be cautious of cars entering or exiting driveways.



Expect the unExpected, walk defensively. You never know when a car will fail to yield at a crosswalk.

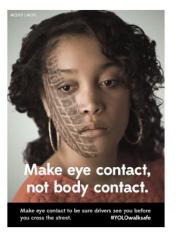
STREET SMART PEDESTRIAN MESSAGES

STREET STREET SMART SMART Make eye contact, Don't be caught It wouldn't hurt to dead wearing black. not body contact. use the crosswalk. Be sure drivers see you before When it's dark, wear something Cross where drivers expect to see you. crossing the street. bright or reflective. SMART SMART Chase a bus The penalties for and you might jaywalking vary. catch a car. Use crosswalks. Don't run for the bus. Wait for the walk signal.

Yolo - MCDOT









ut your devices down before crossing the street. #YOLOwalksafe

If you text, you're next.

It won't kill you to put your phone down before crossing the street. #YOLOwalksafe

Walkwise Tips & Street Smart Tips

| W | Wear bright colors or reflective clothing. | |
|---|--|--|
| A | • Always be Alert. | |
| L | • Look Left, right, and Left again. | |
| K | • Know your surroundings. | |
| W | Watch for cars in parking lots. | |
| | Impaired walking can be dangerous. | |
| S | • Stay on Sidewalks. | |
| E | • Expect the unExpected. | |

For Pedestrians:



Cross the street at marked crosswalks and intersections.



Watch for turning vehicles. Before crossing, look left, right, then left again.



Use pedestrian pushbuttons.



Begin crossing the street on the "walk" signal.



Stay visible after dark ond in bod weather.

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Watch out for trucks & buses backing out of parking spaces and driveways.

Adapting Walkwise

- Needs & Issues
 - Local photos (no palm trees)
 - Compatibility with Street Smart, Yolo, other safety messaging currently in use
 - Use Walkwise brand or expand Street Smart Messaging for a safety course?
 - Coordinate with
 - Street Smart Advisory Group,
 - Bicycle and Pedestrian Subcommitee
 - MCDOT
 - North Bethesda Transportation Management District
 - Commuter Connections Employer Outreach
 - Other stakeholders

Next Steps

- Decide relation of Walkwise to Street Smart, Yolo, other campaigns
 - Estimate needs/costs of adapting Walkwise materials
 - Need for consultant time?
- Develop a plan for promoting/delivering the presentations to the target audiences
 - Proposed cost, scale
 - Identify staff, partners
- Work with stakeholders to adapt the Walkwise materials to the Washington Region



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