

Behavioral Health is Essential To Health



Prevention Works



Treatment is Effective



People Recover



The Role of Treatment in Response to the Opioid Epidemic

Regional Opioid & Substance Abuse Summit: Collaboration Across Borders and Disciplines

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May 9, 2017 Linthicum Heights, MD



The Opioid Epidemic

15% INCREASE IN OPIOID DEATH RATES IS DRIVEN IN LARGE PART BY ILLICIT OPIOIDS.

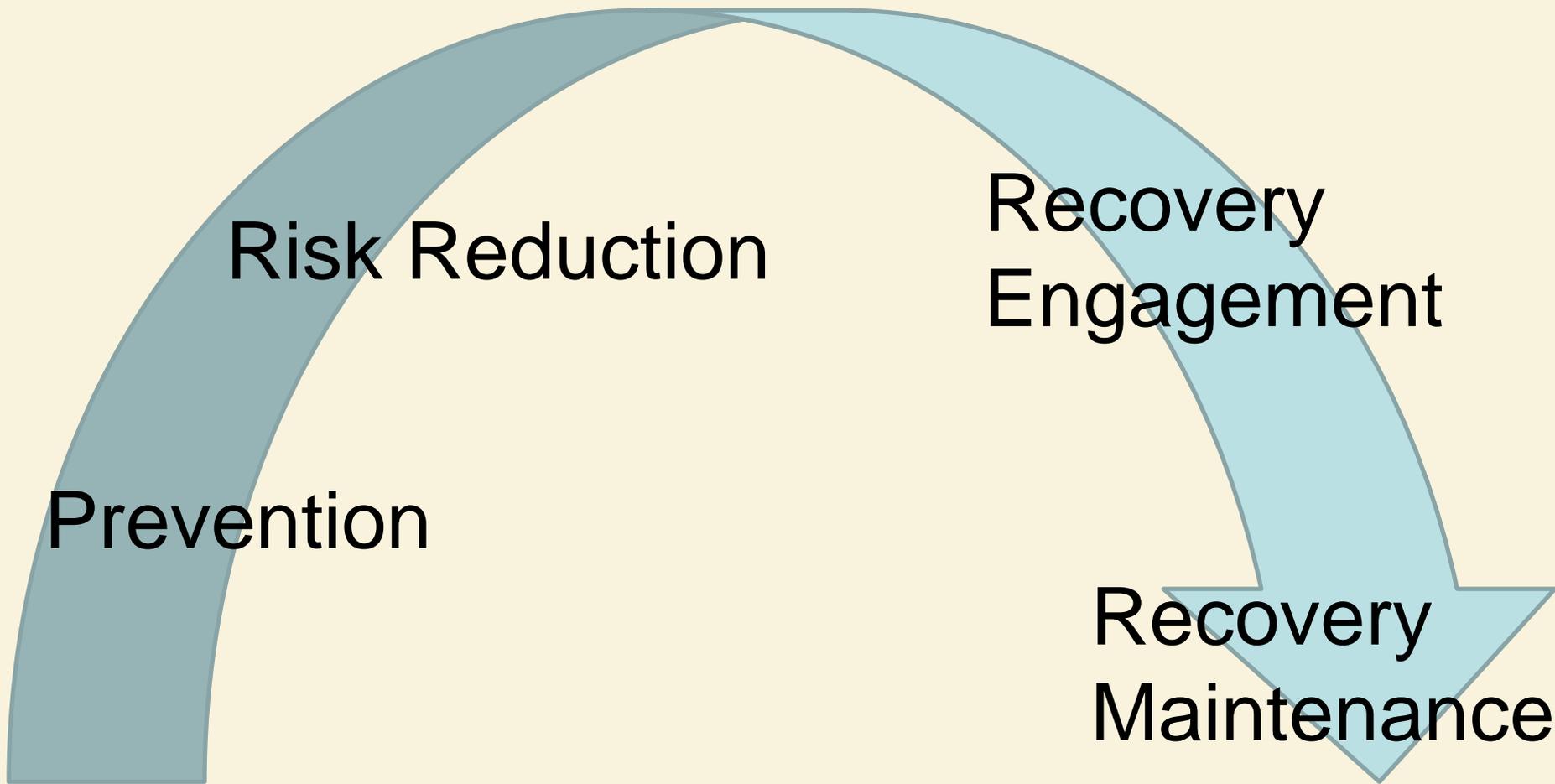


91
AMERICANS

die every day from an **opioid overdose** (that includes prescription opioids and heroin).



Substance Use Recovery Continuum of Care



<https://www.justice.gov/file/822231/download>

<http://www.samhsa.gov/recovery-to-practice>

SAMHSA Definition of Recovery

A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.

- **Health**
- **Home**
- **Purpose**
- **Community**

[Samhsa.gov/recovery](http://samhsa.gov/recovery)



Detoxification is not treatment

Medication Assisted Treatment (MAT)

- **The use of pharmacotherapy to support recovery from opioid use disorder.**
- **To be of maximum benefit evidence based behavioral therapy and case management services must also be provided**

Medications

- **Methadone and buprenorphine are approved by the FDA to treat opioid use disorder**
 - *Both are opioid agonists*
- **Extended-release injectable naltrexone is approved by the FDA for the prevention of relapse to opioid use after detoxification**
 - *An opioid antagonist*

Benefits of MAT

- **Reduces all cause mortality**
- **Reduces HIV risk**
- **Improves adherence to medical treatment**
- **Improves social function**
- **Decreases criminal behaviors**
- **Decreases drug use**

MAT Decisions in Recovery

[home](#) | [providers](#)

Decisions in Recovery: Treatment for Opioid Use Disorder

[Should I start?](#)

[Which do I start?](#)

[How do I start?](#)

[Recovery tools](#)



*This tool can give you information
to help make decisions that are
best for you*

Are you finding it difficult to stop using? If you've thought about cutting down or stopping, this site can help. If you are using narcotics, prescription pain medications, heroin, or any other opioid drug, this site has information about some of your treatment options and ways to locate a provider who can help.

You can also watch videos of people who have been where you are. They found a way to succeed in recovery and reclaim their lives. So can you.

Opioid use disorder is a primary, chronic and relapsing disease that affects your body and your brain. Whether this is your first try at overcoming addiction, or a fresh start after many attempts, give yourself credit for having the courage to change.

The site offers a wide variety of resources on recovery, recovery support and treatment. Although recovery and

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