READ THIS FIRST

Summary of Medication Instructions

• You have been given 1 bottle of antibiotics for <u>each</u> member

of your household – either Doxycycline or Ciprofloxacin (also called Cipro). Both antibiotics are safe and effective in preventing anthrax.

- Most people, including children, will take Doxycycline. Anyone with a known allergy to Doxycycline should take Ciprofloxacin.
- **Pregnant or breast feeding women are** *generally* given Ciprofloxacin. However, if they are allergic to Ciprofloxacin, it is still safe for mothers and their babies to take Doxycycline.
- $\circ~$ Write the initials or name for each household member on their bottle.
- <u>If</u> you were given Ciprofloxacin <u>and</u> you have been told you have decreased kidney function, read the separate instruction sheet that explains how much to take.

Adults and children able to swallow pills must take one pill every 12 hours.

- o **Begin taking the medication today.** These antibiotics are most effective when started soon after exposure and *before* symptoms might appear.
- **Each bottle has enough pills for the first 10 days.** The Health Department will make an announcement <u>if</u> you need to take your antibiotic longer and where to get additional supplies. This decision will be made after tests have determined the exact nature of the threat.
- **Carefully read the information sheets** about your antibiotic and about anthrax that have been provided in your packet of materials. Share the information you've been given with your household members.
- For children or adults who cannot swallow pills, follow the separate instruction sheets you have been given. The sheets tell you:
 - o How to crush and mix the Doxycycline or Ciprofloxacin pills
 - o How much to give your child depending on their weight
 - o To take one dose every 12 hours

Important

Call your doctor or seek medical attention right away <u>if</u> you

develop any of these side effects: skin rash, hives, or itching; wheezing or trouble breathing; swelling of the face, lips, or throat; convulsions; severe diarrhea.

This information has been approved by:



VDH DEPARTMENT <insert DHMH logo> 11/18/08

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