

Washington DC Metropolitan Region Bike to Work Day 2018 Event Final Draft Report



November 14, 2018

Commuter Connections
Metropolitan Washington Council of Governments

**National Capital Region Transportation Planning Board
777 North Capitol Street, N.E., Suite 300
Washington, DC 20002**

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ACKNOWLEDGEMENTS

The 2018 Metropolitan Washington Bike to Work Day (BTWD) Pit Stop Managers consisted of the following individuals representing their respective organizations:

Anderson	Vernon	National Institutes of Health
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Barnes	Rod	Edmonston Town Hall
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Boyd	Elizabeth	Seabury Resources for Aging
Burch	Linsey	Edens
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Johnson	Bertha	Woodbridge District Office
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Manney	Nancy-jo	Springfield Chamber of Commerce
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Mejia	Jay	Fort Belvoir Safety Office
Mejia	Michelle	National Institutes of Health
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Militello	Chris	Arrow Bicycle
Miller	Jude	Marriott International
Miller	Melanie	The JBG Companies
Miranda	Nohemy	Fairfax County Department of Transportation
Mumpower	Ollie	City of Gaithersburg
Myers	Christian	VeloCity Bicycle Cooperative
Nieter	Jared	Haymarket Bicycles
Nouri	Gail	WMATA
O'Brien	Kelly	City of Fairfax
Orr	Caterina	Van Eperen

Palmer	Jeff	Spokes etc.
Petty	Joe	Crystal City BID
Pittman	Dan	Chinn Aquatics & Fitness Center
Pittman	Dan	Prince William County Government
Pors	Claudia	goDCgo
Potter	Erin	BikeArlington
Principi	Frank	Prince William County Government
Rapelye	Meg	Phoenix Bikes
Ratcliffe	Michael	US Census Bureau
Reno	Di	City of Greenbelt
Rexford	Kristina	PN Hoffman
Ricksecker	Rachel	Macerich/Tysons Corner Center
Rixey	Alex	Fehr & Peers DC
Roeder	Cindy	Town of Herndon
Rose	Betty	Fair Lakes League
Sawtelle	Bruce	Takoma Bicycle
Sikes	Jeff	City of Falls Church
Simon	Steve	Golden Triangle BID
Soloff	Ashleigh	Reston Association
Sonenklar	Dan	City of Takoma Park
Spiegelman	Rachel	Community Forklift
Stevens	Frank	City of Bowie
Suter	JoEllen	Kelly Leadership Center
Suter	JoEllen	Prince William County Schools
Tatem	Francis	BicycleSPACE
Taylor	Gerilyn	City of Alexandria / GoAlex
Tiffany	Kendall	TransIT Services of Frederick County
Wallace	Remi	Downtown Business Improvement District
White	Leah	American College of Cardiology
Woods	Bryan	Maryland-National Capital Park & Planning Commission
Zahm	Hillary	Macerich/Tysons Corner Center

Zucker	Jennifer	Bethesda Transportation Solutions
Zuniga	Diego	NoMa Business Improvement District

Metropolitan Washington Council of Governments (COG) staff included:
Nicholas Ramfos Brandon Franklin Douglas Franklin Mark Hersey

Washington Area Bicyclists Association (WABA) staff included:
Nick Russo Ben Wokas

District, Maryland, Virginia, and U.S. Departments of Transportation
For their continued funding support of the Commuter Connections work programs.

Both COG and WABA thank all individuals and organizations which helped make the Washington, DC metropolitan region Bike to Work Day 2018 a success.

BACKGROUND and EXECUTIVE SUMMARY

Bike to Work Day has been held annually in the Washington metropolitan region for over a decade and was originally started by the Washington Area Bicyclist Association with a main rallying point or pit stop in downtown DC. In September 2000, The National Capital Region Transportation Board (TPB's) Commuter Connections program, housed at the Metropolitan Washington Council of Governments, partnered with WABA to form a regional Bike to Work Day Steering Committee to examine the feasibility of adding additional Bike to Work Day pit stops or rallying points throughout the region in 2001, thus creating a larger awareness of using cycling to work as a viable commuting alternative. Since that first involvement with Bike to Work Day in 2001, registration for the event has grown exponentially with more participants signing up every year.

More than 17,200 bicyclists registered for Bike to Work Day 2018, a 7.9 percent decrease under 2017. The May 18th event was held at 100 local pit stops, including a total of nine afternoon pit stops. Several bicycles were raffled off and the first 16,000 registrants who attended received a free BTWD 2018 T-shirt.

The approximate breakdown of registrants by pit stops was:

2018 Pit Stops	# of Registrants
DC - Adams Morgan	542
DC - Anacostia	69
DC - Anacostia River Trail/River Terrace	44
DC - Capitol Hill at Eastern Market	363
DC - Capitol Hill at House Office Buildings	85
DC - Capitol Riverfront at Canal Park	199
DC - Coast Guard Headquarters	70
DC - Columbia Heights (Afternoon)	204
DC - Edgewood - Met Branch Trail	223
DC - Franklin Square	267
DC - Freedom Plaza	594
DC - Georgetown Waterfront Park Area	685
DC - Glover Park	88
DC - Golden Triangle - Farragut Square	309
DC - Golden Triangle - L Street	196

DC - Ivy City	17
DC - Lamond at Seabury (Afternoon)	19
DC - L'Enfant Plaza	81
DC - Mt. Vernon Triangle	215
DC - National Geographic Society	370
DC - NoMa	418
DC - Old City Market and Oven	55
DC - Shaw	271
DC - Southwest Business Improvement District (BID)	62
DC - The Wharf/Southwest Waterfront (Morning & Afternoon)	166
DC - Union Market	96
DC - USDA Farmers Market	76
DC - West End at American College of Cardiology (Afternoon)	45
MD - Bethesda - Downtown	614
MD - Bladensburg Waterfront Park	29
MD - Bowie Old Town	23
MD - Bowie Town Center	34
MD - Capitol Heights at Maryland Park Bicycles	11
MD - College Park - City Hall/UMD	145
MD - FDA White Oak	137
MD - Frederick	376
MD - Friendship Heights	158
MD - Gaithersburg ΓÇô Kentlands	133
MD - Gaithersburg ΓÇô Olde Towne (Afternoon)	35
MD - Greenbelt	115
MD - Hyattsville	133
MD - Indian Head	53
MD - Largo	32
MD - National Institutes of Health Bldg One	415
MD - Naval Support Activity Bethesda	115
MD - North Bethesda at Pike & Rose	283

MD - Oxon Hill/National Harbor	62
MD - Port Towns - Edmonston (Morning & Afternoon)	34
MD - Rock Springs Business Park	110
MD - Rockville - Fallsgrove	178
MD - Rockville - Town Center	174
MD - Rockville - Twinbrook	84
MD - Silver Spring - Discovery Place	404
MD - Suitland	30
MD - Takoma Park - Downtown/Old Takoma	140
MD - Takoma Park - Sligo Creek Trail	78
MD - University of Maryland (Afternoon)	31
VA - Alexandria - Carlyle	311
VA - Alexandria - Del Ray	206
VA - Alexandria - Mark Center	95
VA - Alexandria - Old Town	450
VA - Alexandria Fairlington Centre	26
VA - Annandale	23
VA - Arlington - Army National Guard Readiness	17
VA - Arlington - Ballston	482
VA - Arlington - Columbia Pike/Penrose Square	172
VA - Arlington - Crystal City Water Park	547
VA - Arlington - East Falls Church Metro Station	152
VA - Arlington - Rosslyn Afternoon Party, Heavy Seas Alehouse	73
VA - Arlington - Rosslyn	956
VA - Arlington - Shirlington Afternoon Party, New District Brewing Co	68
VA - Arlington - Shirlington	204
VA - Burke VRE Station	60
VA - Chantilly	42
VA - Dumfries	17
VA - Fair Lakes	53
VA - Fairfax City Downtown	104

VA - Fairfax County Government Center	113
VA - Falls Church	388
VA - Haymarket Bicycles	10
VA - Herndon (Morning & Afternoon)	534
VA - Huntington	14
VA - Leesburg	280
VA - Lorton	23
VA - Manassas - George Mason University	58
VA - Manassas - Kelly Leadership Center	24
VA - Manassas - VRE Station	47
VA - Manassas Park at Palisades Apartments	4
VA - McLean	40
VA - Mosaic	135
VA - Mt. Vernon - Collingwood Park	47
VA - Reston - Wiehle-Reston East Metrorail Station	535
VA - Rippon Landing VRE Station	8
VA - Springfield/Metro Park at Walker Lane	90
VA - Sterling	377
VA - Tysons Corner Center	89
VA - Vienna	348
VA - Woodbridge - Chinn Center	32
VA - Woodbridge - VRE	10
VA - Woodbridge Tacketts Mill	17

Bicyclists enjoyed free T-shirts, snacks, participated in prize drawings, and heard live bands as well as music spun by DJs, and listened and talked to elected officials. Commuter Connections secured \$59,800 in cash sponsorship donations that went towards the overall regional marketing efforts.

The success of the marketing promotion campaign relied upon targeting of employer and commuter audiences, identification of cost-effective mediums, crafting key messages, and procuring giveaway items such as t-shirts and water bottles designed to attract commuters to try bicycling to work.

The Steering Committee's resources for Bike to Work Day 2018, included:

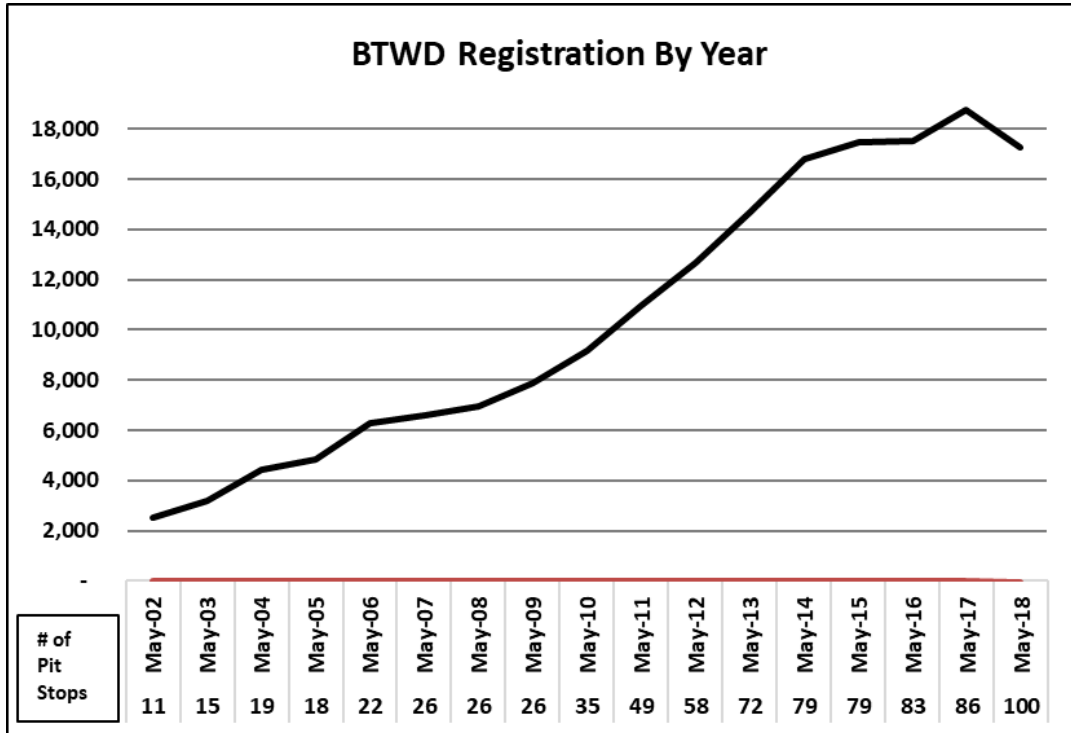
- Web site designed and maintained by Commuter Connections.
- Posters and rack cards developed and printed by Commuter Connections.
- Promoting the event through WABA's membership.
- Providing links from the local Transportation Management Associations' (TMA) web sites.
- A radio campaign produced and placed by Commuter Connections.
- Outreach to employers through a direct mail and email marketing campaign by Commuter Connections.
- An article in the Commuter Connections employer newsletter.
- Local marketing efforts by the various pit stop managers.
- An e-mail to previous year's participants by Commuter Connections.
- Banners designed and printed by Commuter Connections.
- A public affairs outreach effort through the Metropolitan Washington Council of Governments Office of Communications and WABA.
- The design and distribution of free t-shirts by Commuter Connections.
- Donated giveaway prizes through BicycleSPACE.
- Donated bicycles for the regional raffle from Spokes Etc. Bicycles, BicycleSPACE, and Bikes@Vienna.

In addition, 19 confirmed bicycling convoy routes were identified by WABA along with route leaders who assisted novice and experienced cyclists through the routes. Each route traveled to a pit stop where cyclists received free refreshments, t-shirts and other giveaways. Many pit stops had additional activities for bicyclists and are described later in this report.

Since 2000, the COG/TPB's Commuter Connections program has worked to increase awareness of bicycling to work as a viable commute option by joining with the WABA in their efforts to promote and coordinate the region's annual Bike to Work Day event. Commuter Connections created and maintains a regional marketing effort that helped to increase the number of cyclists participating in the yearly event from 1,100 in 2001 to 17,200 in 2018. Although it accounts for a small percentage of the overall regional commute mode split, bicycling helps reduce traffic congestion, improves air quality, and provides a healthy commute alternative for those commuters who choose to use it as a sustainable means of transportation to and from work.

Since 2006, the Bike to Work Day Event has a budget line item for the Commuter Connections Work Program. Commuter Connections is funded by the District of Columbia, Maryland, Virginia, and U.S. Departments of Transportation.

Registration by Year



SPONSORSHIP

Sponsor Declaration Form



Bike to Work Day - May 18, 2018 Regional Sponsorship Declaration

Please Return by January 31, 2018

Please check one of the following Sponsor Levels:		Cash	In-Kind
GOLD SPONSOR LEVEL \$7,500 <i>Mentioned as sponsor on over 400 Radio ads, Social Media, plus all Silver and Bronze level items</i>		<input type="checkbox"/>	<input type="checkbox"/>
SILVER SPONSOR LEVEL \$4,500 <i>Logo on 17,000 T-Shirts, Press Release, plus Bronze level items</i>		<input type="checkbox"/>	<input type="checkbox"/>
BRONZE SPONSOR LEVEL \$1,200 <i>Logo on Website and 90,000 Posters and Rack Cards</i>		<input type="checkbox"/>	<input type="checkbox"/>
If In-kind donation, please describe: _____ _____			

Silver and Gold level sponsors must provide a minimum of 50% cash. Example: Silver sponsors may donate \$4,500 in cash, or \$2,250 in cash and \$2,250 in acceptable merchandise. Sponsor attendance at Bike to Work Day pit stop locations is separate from this regional sponsorship declaration, and is typically available at no extra cost; although uncommon, certain locations may require a separate fee.

Name: _____	Title: _____
Organization: _____	
Address: _____	
City, State, Zip: _____	
e-mail: _____	Phone: _____
Website address for your sponsor logo: _____	
Signature _____	Date: _____

Please make check payable to the Metropolitan Washington Council of Governments (COG)
777 N. Capitol Street, Suite 300, Washington, DC 20002 ATTN: Douglas Franklin. Send logos to
dfranklin@mwecog.org in high resolution format for quality reproduction, no later than January 31, 2018.
Preferred format is eps. Email signed form to dfranklin@mwecog.org. Contact Douglas at (202) 962-3792
with any questions. COG and WABA are 501c(3) nonprofits.



Sponsor Drive

Commuter Connections gained both monetary and in-kind sponsorships from a variety of organizations in the Washington metropolitan region. A total of \$59,800 in cash was donated for the region. The following is a list of sponsors who graciously donated to the Bike to Work Day 2018 event:

Sponsors	Level	Amount
City of Alexandria	Gold	\$7,500
ICF	Gold	\$6,000
Spokes Etc.	Gold	\$3,750
Takoma Bicycle	Gold	\$7,500
BicycleSPACE	Silver	\$2,250
Bike Arlington	Silver	\$4,500
California Tortilla Group, Inc	Silver	\$2,250
Capital Sports Ventures	Silver	\$2,250
goDCgo	Silver	\$2,250
Marriott	Silver	\$4,500
Tele Dental Exam	Silver	\$4,500
AAA Mid-Atlantic	Bronze	\$1,200
AASHTO	Bronze	\$1,200
American College of Cardiology	Bronze	\$1,200
bikes@vienna	Bronze	\$750
Crystal City BID	Bronze	\$1,200
Fair Lakes League	Bronze	\$1,200
Giant Food	Bronze	\$1,000
Kimpton Hotels & Restaurants	Bronze	\$1,200
MDOT	Bronze	\$1,200
Potomac Pedalers	Bronze	\$1,200
VDOT	Bronze	\$1,200

\$59,800

In-kind Sponsors

Abus	Moe's
Brompton	MSW
Felt	Ortlieb
Green Guru	PDW
KIND	

HIGHLIGHTS FROM AREA PIT-STOPS

Adams Morgan: The weather kept most of the 542 riders registered at our pit stop away, but we still had a good turnout despite the rain. We were joined by BicycleSPACE and City Bikes, both of whom set up mini workshops to help riders tune their bikes. Tryst brought out several boxes of bananas and cookies along with hot coffee to warm the wet riders, and The Line Hotel handed out their own in-house breakfast bars as well as water to refill riders' bottles. Ward 1 Councilmember Brianne Nadeau was on hand to help draw names for our raffle items, including a variety of gear contributed by BicycleSPACE and a brand new bike from City Bikes. We also gave away two frame bags donated by Adams Morgan business Grip Unlimited. Everything ran smoothly thanks to the WABA Bike Ambassadors and others who came out to help..

Alexandria – Carlyle: In its 7th year, the Carlyle Pit Stop continues to grow its registration rolls each year and saw a surprisingly strong turnout after a soggy week. Local eateries stepped up to offer freshly made breakfast items and Starbucks coffee. Carlyle's local businesses were present with fun giveaways. And representatives from bicycling shops and groups offered advice, maps and on-the-spot bike maintenance. Carlyle's nonstop raffle gave away many gifts including a 2-night stay at The Westin Alexandria. Carlyle Council, the Pit Stop host, gave away bike lights and recyclable tote bags to registered bicyclists. The talented DJ Scott Fallon made his first appearance to keep the crowd energized. Carlyle's generous sponsors donated serious swag, food, volunteers and exhibit items:

Alexandria Renew	Simpson Properties
Access National Bank	The Westin Alexandria
Burke & Herbert Bank	
Carlyle Council	USPTO
Eisenhower Partnership	
Conte's Bike Shop	Starbucks
INOVA	
JLL	Sweetfire Donna's
Wheel Nuts	
One Life Fitness	Whiskey & Oyster
Post Properties	Whole Foods
Paradigm	Velocity Coop
Pure Barre	BPAC
Sugar Shack Donuts	Commuter Connections
Tequila & Taco	City of Alexandria and GoAlex
Spokeswomen	WABA

Alexandria – Del Ray: The event was held at Colasanto Park from 6am to 9am. There were 206 registrants for the pit stop.

Alexandria – Mark Center: The event was held at the North Parking garage in the Mark Center from 7am to 9am. There were 95 registrants for the pit stop.

Alexandria – Fairlington Centre: The event was held at Fairlington Centre from 6:30am to 9am. There were 26 registrants.

Alexandria - Old Town: Despite the rain the participation of our community partners, the Old town Alexandria, Market Square pit stop was a huge success. Wheel Nuts, Bicycle Pro Shoppe, Nando's, Spokes, Massages by Marc, Port City Brewery, Potomac Riverboat Company, King Street Wellness, and Pedigo donated prizes which allowed us to raffle off 47 great give away prizes valued at \$30-\$250 every 30 minutes from 6:45 to 8:30 am.

Among our sponsors were, Wheel Nuts, WABA, Bicycle Pro Shop, GoAlex Mobile Store, Vitamin Shoppe, Eco City, Leukemia & Lymphoma Society, BPAC, Vision Zero, Metropolitan Headache and Spine Center, Nando's, Spokes, INOVA Alexandria Hospital, Toole Design, The Thornton and King Street Wellness. Many thanks to the City of Alexandria for their ongoing support of this great event. Without them this event would not have been such a great success.

Alexandria - Old Town: There were 435 registrants. The event was held from 6:30am to 8:30am at the Market Square at Alexandria City Hall.

Our annual DJ Tracy Foust played a good set of upbeat music to keep the crowd pumped up as t-shirts and water bottles were handed out at registration. Jonathan Strauss our MC kept the crowd engaged with his radio announcers voice. Many thanks to City of Alexandria Mayor Allison Silberberg who was in great support of this event. We had over 10 City of Alexandria volunteers who graced the event with the beautiful white GoAlex Polo's.

Anacostia: Due to the rain, the Anacostia pit stop was moved inside of the Anacostia Arts Center. The pit stop event was held from 7am-9am, hosted by goDCgo (Danelle Carey and Erin Ghalayini) and Lester Wallace with Capital Bikeshare's Community Partners Program. Keith Jackson with the Anacostia Bike Company volunteered at the pit stop to provide free bike maintenance and repairs to cyclists who stopped by. Our tables were stocked with the 2018 DC Bike Maps, water bottles, bike lights, bags and additional goDCgo and Capital Bikeshare swag. Capital Bikeshare provided an annual membership to the pit stop which was raffled off to one lucky winner. Additionally, attendees who registered for the Anacostia pit stop received a Bike to Work Day t-shirt. Light breakfast was provided by goDCgo for cyclists who stopped by the station. Bicyclist received granola bars, fruits, and water to energize them for the rest of their commute.

There were 75 registrants for the Anacostia pit stop, which were a mix of individuals who registered prior to the event, and some who registered when they arrived that morning. Since we had to relocate we made sure to reach out all registrants that didn't stop by so they can obtain their swag and t-shirts.

There were 73 registrants for the Anacostia pit stop, including a few who registered when they arrived that morning. Other cyclists also joined without registering, and passersby approached to ask about the event or how to start biking in the city. The pit stop was open from 7-9am.

Anacostia River Trail/River Terrace: There were 12 folks visit the ART/ Benning Road Pit stop that were not registered and we had 16 registered folks show up. There were about 40 registered for the stop. T-shirts were given to the folks that came though they were not registered since the turnout was lower than expected.

Annandale: The event was held at Wakefield Park/Audrey Moore RECenter from 6:30am to 9am. There were 23 registrants for the pit stop.

Arlington – Army National Guard Readiness: TARC's bike to work day turned out to be a bigger success than planned. We thought the rain would hinder quite a few participants but were proven wrong. We set up around 5:30am and had roughly about 60 bikers stop by. We offered Gatorade, water, fruit, nuts, t-shirts, water jugs, bike reflectors and an assortment of other items provided to us by Arlington Transportation partners. The pit stop host, Gary Dyson, also paid for additional giveaways out of pocket to show gratitude for patrons that participated.

Arlington – East Falls Church: The event was held at the Metro station at East Falls Church from 6:30am to 9am. There were 152 registrants for the pit stop.

Arlington – Rosslyn, Columbia Pike, Shirlington, Ballston, and Two Happy Hours: Despite rainy weather, Bike to Work Day 2018 was a great event in Arlington! Arlington had a total of 9 pit stops, 5 of which were coordinated by BikeArlington. Rosslyn, Ballston, and the New District stop were directly run by BikeArlington; Shirlington and Columbia Pike had the assistance of Phoenix Bikes and the Arlington Transportation Partners, respectively. BikeArlington also helped to provide marketing for the East Falls Church, Crystal City, Army National Guard, and Heavy Seas Alehouse stops. In total there were more than 2,650 registrations in Arlington. Rosslyn had 957 registrations, Ballston had 482, Crystal City had 547, Columbia Pike had 172, East Falls Church had 153, Shirlington had 205, Heavy Seas Happy Hour had 74, and New District Happy Hour had 68. The Army National Guard Readiness stop did not encourage registration but was attended by 47 riders.

The Rosslyn pit stop was again held at Gateway Park and the Ballston pit stop was held at Spokes, Etc. bike shop. The Columbia Pike location was held at Penrose Square and the Shirlington was located just outside the public library. DJs played a good set of upbeat music to keep the crowd pumped up as t-shirts were handed out at registration. An instant winner raffle/giveaway was implemented again this year with prizes for each cyclist. Both afternoon pit stops had augmented bike parking. Refreshments included bagels, granola bars, bananas and coffee from Republik Coffee. Various stops had additional in-kind food donations from District Taco, Nando's Peri Peri, sweetgreen, Mom's Organic Market, and KIND Snacks. In Shirlington Best Buns

provided the refreshments and at Columbia Pike there was pie from the Acme Pie Company and donuts from Sugar Shack. The Rosslyn BID brought special sock giveaways for all participants at Rosslyn. A unicyclist delighted folks at Ballston dressed as a car. Sign spinners directed cyclists to the pit stops. All the morning stops also had local bike shops doing basic bike checks and maintenance; Trek Bicycles Clarendon in Rosslyn, Spokes, Etc. in Ballston, Papillon Cycles in Columbia Pike, Phoenix Bikes in Shirlington, and Contes in Rosslyn.

Partner organizations on hand included: Acme Pie, American Heart Association, Arlington Arts - Arlington Art Truck, Arlington County Democrats, EcoAction Arlington, Arlington Sports, AFA Cycling Classic, Ballston BID, BASH Boxing, Car Free Diet, Chipolte, Conte's Bike Shop, Columbia Pike Revitalization Organization, CycleBar, DC Bike Ride, DES Bike Element, DES Communications/Toole Design, District Taco, E.G. Reinsch, EcoAction Arlington, Friends of the W&OD Trail, Get Around, Jade & Jasmine Healing Arts, LLC (Acupuncture), Kasper's Cargos Bicycle Copilots program, Kind Snacks, Lost Dog, Mom's Organic Market, Nando's Peri Peri, Papillon Cycles, Phoenix Bikes, Pivot Physical Therapy, Potomac Pedalers, Rosslyn BID, Shirlington Public Library, Signature Theater, Spokes, Etc., sweetgreen, The Bike Lawyer, The Essential Oils Academy, Trek Bicycle Store Clarendon, and WABA.

Despite somewhat rainy weather, turnout was still strong across all of the pit stops. BikeArlington extends special thanks to all the partner organizations, local businesses, and the over 40 volunteers who help us make this event happen.

Bethesda: The Bethesda Pit Stop had 314 participants check in on-site and 740 bicyclists pre-register.

MD State Delegate Ariana Kelly once again served as the official Bike to Work Day emcee. This year's program included Proclamations from the State Comptroller, Montgomery County, and the State of Maryland, The complete list of speakers included:

- Comptroller Peter Franchot
- State Senator Susan Lee
- State Delegate Bill Frick
- State Delegate Marc Korman
- Roger Berliner, Montgomery County Council Member
- Hans Reimer, Montgomery County Council Member
- Charles G. Glass, Assistant Secretary for Transportation Policy and Planning, Maryland Department of Transportation
- Al Roshdieh, Director, Montgomery County Department of Transportation

Food and refreshments were donated from many different Bethesda businesses. Attendees had their choice of dozens of prizes including various gift certificates, bike accessories, and a bicycle donated by Griffin Cycle. Raffle prizes were awarded several times an hour. There were also prizes awarded via a photo contest.

Several businesses were provided tables with representatives at the event, including: Montgomery County Department of Transportation Bus Rapid Transit, Marriott International, C&O Canal Bike Patrol, the Montgomery County Mobile Commuter Store, Park and Planning, Nando's Peri-Peri, WABA, Honest Tea, Potomac Pedalers, Honest

Tea came out with staff to provide samples of their new sports drink. Baked goods were donated by Bethesda Bagels and Silver provided coffee and yogurt parfaits. Marriott International donated money towards the purchase of fruit, granola bars, butter, cream cheese, paper goods, and utensils. DrinkMore Water donated jugs of water and lent out water dispensers, so participants could fill water bottles instead of picking up bottled water.

Delegate Kelly and BTS Director Kristen Blackmon presented Bethesda's 15th Annual Bicycle Commuter Spirit Award. This year's winner was Carlos Mena, who has shown tenacious spirit and dedication in their long years of bike commuting in all types of weather, as well as a commitment to the environment.

Several businesses helped to promote Bike to Work Day in Bethesda. Professional event photography was done by Danny Peck.

The complete list of Bike to Work Day event partners and sponsors for the Bethesda pit stop included:

AMR
Bethesda Bagels
Bethesda-Chevy Chase Chamber of Commerce
Bethesda Green
Bus Rapid Transit
C&O Canal Bike Patrol
Coalition for the Capital Crescent Trail
Cystic Fibrosis Foundation Cycle for Life
DrinkMore Water
Flying V
Framer McGee's
Griffin Cycle
Honest Tea
Mamma Lucia
Marriott International
Montgomery County Police
Nando's Peri Peri
Passion Fish
Potomac Pedalers
Silver
Washington Area Bicyclist Association

Bladensburg Waterfront Park: The event was held at the Waterfront Park from 7am to 9am. There were 29 registrants for the pit stop.

Bowie Town Center: At the Town Center pit stop, 32 people registered, with 18 folks attending (56%), including one "ride-up" biker. Appreciation again this year goes to staff of the Washington Prime Group, owners and managers of the Town Center, for their

participation, donations of food and water, and for allowing the pit stop to be set-up inside the Food Court building.

Bowie Old Town: Despite the rainy weather, participation at both Bowie pit stops was quite surprising. There were 20 pre-registrants for the Old Town pit stop, with 14 in attendance (70%), which included three riders who registered at the pit stop. Special thanks to the firefighters at the Huntington Fire Station for their participation, support and cooperation in allowing the pit stop to be within one of the bays of the fire house.

Burke: The event was held at the Burke VRE station from 6:30am to 8:30am. There were 60 registrants for the pit stop.

Capitol Hill Eastern Market: The event was held at the Eastern Market Metro Plaza from 7am to 9am. There were 363 registrants for the pit stop.

Capitol Hill at House Office Buildings: The event was held at South and C Streets SE from 7am to 10am. There were 85 registrants for the pit stop.

Capitol Heights: The event was held at Maryland Park Bicycles from 6:30am to 8:30am. There were 11 registrants for the pit stop.

Capitol Riverfront: The event was held at Canal Park from 7am to 9am. There were 199 registrants for the pit stop.

Chantilly: The event was held at the Chantilly Regional Library from 6:30am to 9am. There were 42 registrants for the pit stop.

Coast Guard Headquarters: The event was held at US Coast Guard Headquarters from 6am to 9am. There were 70 registrants for the pit stop.

College Park City Hall: The event was held at College Park City Hall from 6:30am to 8:30am. There were 145 registrants for the pit stop.

Columbia Heights: The event was held at Bar Roubaix from 4pm to 7pm. There were 204 registrants for the pit stop.

Crystal City: The event was held at the Crystal City Water Park from 7am to 9am. There were 547 registrants.

Dumfries: BTWD (Bike to Work Day) Dumfries set a record for bicycling participants on this very wet rainy BTWD Friday.

In the early morning rain 15 soaked bikers braved the elements biking to work and stopping by Dumfries Town Hall pit stop to pick up BTWD T-shirt and goodies supplied by the sponsors, PRTC, and PWC.

Edgewood Met Branch (DC): The event was held at the Edgewood – Met Branch Trail by Rhode Island Avenue from 7am to 9am. There were 223 registrants for the pit stop.

Fairfax Government Center: The event was held at the Fairfax County Government Center from 6:30am to 9am. There were 113 registrants for the pit stop.

Fairfax City: The Fairfax City Downtown pit stop was held in Old Town Square from 6am to 9am. We greeted cyclists with hot coffee, tea, and juice, and with breakfast snacks including protein bars and granola bars donated by the Environmental Sustainability Committee (ESC) and bananas donated by Earth Fare. The ESC also sponsored a new portable bike rack to provide additional parking for participants. Local businesses donated several great raffle prizes that registered participants could win with a spin of the prize wheel, as well as giveaways and other goodies. Sponsors included Spokes Etc., Twins Ace Hardware, Massage Green Spa, Coyote Grille, Earth Fare, High Side, and the Fairfax Environmental Sustainability Committee.

There were 104 people preregistered for the Fairfax City pit stop. The rainy weather kept some people away, but there was still a good turnout despite the drizzle – approximately 60 people stopped by, including a few who signed up when they arrived. Everyone who attended enjoyed lively music, quick bike tune-ups from Spokes and relaxing chair massages from Massage Green Spa. Volunteers and staff made sure everything ran smoothly from start to finish.

Fair Lakes: The event was held Fair Lakes Center from 6am to 9am. There were 53 registrants for the pit stop.

Falls Church: The event was held at the intersection of the W & OD Trail and Little Falls Street from 6:30am to 9am. There were 388 registrants for the pit stop.

Franklin Square (DC): The event was held across from Franklin Square Park from 7:30am to 9:30am. There were 267 registrants for the pit stop.

Freedom Plaza (DC): The event was held at Freedom Plaza from 7am to 9am. There were 594 registrants for the pit stop.

Frederick: Frederick's pit stop did not go initially as planned due to heavy rains and flooding in the area a few days before the scheduled May 18th event. Due to a State of Emergency in the County and City, the event was rescheduled to Friday, June 1st. Concluding the event, Frederick had more than 380 registered riders with about 200 participants at the event. Many participants were not able to attend the rescheduled event.

Even though the initial event was rescheduled, enthusiasm remained high at the pit stop due to a passionate bicycling community. At the pit stop, riders enjoyed refreshments donated by Krispy Kreme, McDonalds, The Common Market, and more. The crowd was welcomed by John Fieseler from the Tourism Council of Frederick County, who annually emcees the event, while also receiving remarks from Julianna Albowicz, from Senator

Chris Van Hollen's Office, Delegate Carol Krimm, Frederick County Executive Jan Gardner, Dr. Barbara Brookmyer of the Frederick County Health Department, Frederick County Council Member Jessica Fitzwater, City of Frederick Mayor Michael O'Connor, City of Frederick Alderman Kelly Russell, and the Chair of the Frederick City Bike Pedestrian Advisory Council, Alyssa Boxhill. The Frederick County Parks & Rec department provided tables and chairs for food suppliers and vendors, which included The Bicycle Escape (who also donated a bike for the raffle), MDOT/MTA, Spring Ridge Chiropractic, and KEY103. Riders were also entered into a raffle to receive bike accessories, gift certificates from Wegmans, CycleFit, the Frederick Keys, and bike tire patch kits from TransIT.

Annually TransIT Services of Frederick County, The City of Frederick, and the Bicycle Escape host a pre-event Registration Celebration at the Bicycle Escape's store located in Clemson Corner Shopping Center. This year's event was held on Friday, May 11th where more than 85 people stopped by to register for the event, pick up their t-shirt, and receive a free bike tune up from the Bicycle Escape staff. Neighboring retailers provided free massages (Massage Envy) and pizza (Coal Fire Pizza) to those in attendance.

Friendship Heights: The 2018 Friendship Heights pit stop had 158 riders registered. Of those riders that were pre-registered, 54 checked in; there were 11 walk-ups for a total of 65.

Visiting VIPs included Village of Friendship Heights Mayor Melanie Rose White, Town of Somerset Councilmember Barbara Condos and Town of Somerset Mayor Jeffrey Slavin.

Staff from Sharp & Company, the County's contractor for employer outreach in Friendship Heights, assisted: Emily Davis, Tim Balinskas, Shelley Johnson, Stephanie Webber and Natalie Davis.

The Grand Prize winner of the new bike from City Bikes Tenleytown was Riley Brown, Capital City Nurses, DC.

Pit stop exhibitors and donors included:

- All-In-One Entertainment
- City Bikes
- Drink More Water
- New Balance
- Whole Foods
- Le Pain Quotidien
- Montgomery County Dept. of Environmental Protection "Green Team"
- Pete's New Haven Style Pizza
- Wisconsin Place Recreation and Community Center
- T-Mobile
- Beefsteak

- True Food Kitchen
- District Taco

Gaithersburg Kentlands: The event was held on the corner of Great Seneca Highway and Orchard Ridge Drive from 7am to 9am. There were 133 registrants for the pit stop.

Gaithersburg Old Towne: The event was held in Old Towne, Gaithersburg from 4pm to 6pm. There were 35 registrants for the pit stop.

Georgetown – Meigs Park and Waterfront Park (DC): Waterfront Park (DC): The Georgetown Business Improvement District hosted the pit stop again this year in the Georgetown Waterfront Park with 650+ participants registered. Although we had a chilly morning with consistent drizzle, our cyclists showed up and supported our pit stop! The pit stop was sponsored by donations from area businesses: PAUL Bakery, Insomnia Cookies, Patisserie Poupon, Grace Street Coffee Roasters, Pete's Coffee, Sprinkle's Cupcakes, South Block, Dog Tag Bakery, Athleta, Rapha Cycling, Trek Bikes, The North Face, Unwind Wellness and additional support from Washington Area Bicyclist Association (WABA). Georgetown Yoga, SoulCycle, CorePower Yoga Georgetown, The North Face and Athleta provided fantastic additional giveaways for our cyclists to win throughout the morning. Bike to Work Day is a terrific event to remind and promote how easy and safe it is to reach Georgetown by bike, and we look forward to a summer of cycling and the new addition of the K/Water Street Cycle Track to be complete this summer.

Glover Park: The event was held at the Kimpton Glover Park Hotel from 6:30am to 8:30am. There were 88 registrants for the pit stop.

Golden Triangle – Farragut Square: The event was held at Farragut Square from 7am to 9am. There were 309 registrants for the pit stop.

Golden Triangle – L Street (DC): The event was held on the corner of 19th and L Streets NW from 7:30am to 9am. There were 196 registrants for the pit stop.

Greenbelt: Bike To Work Day 2018 was the seventh year for the Greenbelt Pit Stop. A committee of four City of Greenbelt employees organized the event at the Greenbelt Aquatic and Fitness Center. There were 115 bikers registered with 76 passing through. There was light rain the majority of the event, and the committee was pleased with the turnout in spite.

Jeff & Laurie Lemieux of Proteus Bicycles led 6 bikers on a convoy to downtown Washington DC. There was an express route directly to Freedom Plaza and a local route via College Park to Freedom Plaza.

Greenbelt Homes Incorporated staffed a table to promote their newly formed Bicycle Task Force.

The Maryland-National Capital Park and Planning Commission provided a GIS map of the local Greenbelt area for bikers to document their rides.

Our sponsors:

- o Funding provided by the Anacostia Trails Heritage Area supported raffle prizes, swag and breakfast food.
- o Bee Yoga Fusion led Stretching with Your Bicycle just prior to the convoy departure & supplied treats for the swag bags.
- o A Proteus Bicycle mechanic provided light maintenance and safety checks.
- o Raffle prizes generously donated by Arrow Bicycle, Proteus Bicycle and BicycleSPACE were distributed.
- o Swag bags were provided to registered riders with items donated by the Prince George's County Department of Public Works and Transportation.
- o Breakfast food and drinks were donated by Greenbelt COOP and DrinkMore water.

Haymarket: The event was held at Haymarket Bicycles from 6am to 9:30am. There were 10 registrants for the pit stop.

Herndon: There were two events held at the Town Hall Green, the first from 5:30am to 10am and from 4pm to 6:30pm there were 534 registrants for the pit stop.

Huntingdon: The event was held at the Huntingdon Community Center from 6:30am to 9am. There were 14 registrants for the pit stop.

Hyattsville Macgruder Park: The event was held at Magruder Park from 6:30am to 8:30am. There were 133 registrants for the pit stop.

Indian Head:

- Held at: The Town of Indian Head's Village Green (indoors)
- From: 5:00 am to 12:00 pm
- Number registered: 53
- Attended: 104
- State & Local elected officials that attended:
 State Senator Thomas Mac Middleton
 (received an Official Citation from the Maryland General Assembly & an Official Citation from the House of Delegates)
 Charles County Commissioner Debra Davis
 (received an Official Proclamation from the County Commissioners)
 Town of Indian Head Mayor Brandon Paulin
 Nancy Huggins with MDOT/MTA
- Breakfast and lunch were provided by the Town of Indian Head
- Two bikes along with many raffle prizes were provided by TCCSMD to the 5th grade class and others that attended such as bicyclist and vendors along with 18 guests from the senior center.
- Sponsors who provided raffle prizes:
 World Gym of La Plata
 Southern Maryland Fitness
 Bike Doctor of Waldorf
 Chick-fil -A

- Vendors:
 Charles County Sheriff's Department (Bicycle Patrol Team)
 Charles County Parks & Recs
 Indian Head Rail Trail
 Spring Dell (ADA bicycles)
 Bike Doctor of Waldorf (Bike Work Station)
 The Chick-fil-A (The Cow)
 Indian Head Senior Center
 The Town of Indian Head

Ivy City: The event was held at the Historic Hecht Warehouse Building from 7am to 9am. There were 17 registrants for the pit stop.

L'Enfant Plaza: The event was held at L'Enfant Plaza from 7am to 9am. There were 81 registrants for the pit stop.

Lamond at Seabury: The event was held at 6301 Kansas Ave NW from 4pm to 7pm. There were 19 registrants for the pit stop.

Largo: The Largo Bike to Work Day Pit Stop was held on Friday June 1, 2018 (postponed due to heavy rain) from 7:30 AM – 9:00 AM at the Wayne K. Curry Administration Building. This was a special event because this was the first Bike to Work Day Pit Stop held in Largo, MD and also marked the launch of Capital Bikeshare in Prince George's County. Thirty-two (32) people registered for the event on the Council of Government's website (14 attended); 10 people registered on the County's website (8 attended); and 21 people walked up for a total of 43 attendees plus a couple dozen County staff attended. The pit stop was a collaborative effort between the Department of Public Works & Transportation, the Department of the Environment, the Health Department, the Police Department, and the BeechTree Pedalers. The Department of Public Works & Transportation provided participants with high visibility backpacks filled with bicycle lights, reflective safety items, bike safety guides, and coupons for Capital Bikeshare. It also demonstrated how to load your bike on the bus. The Department of Environment made this a zero-waste event and distributed a signature water bottle. The Health Department provided healthy snacks and featured "Spin the Wheel" for Smart Health. The BeechTree Pedalers and the Police Department led roundtrip bicycle convoys ride from the County Administrative Office Building to the Largo Town Center Metro. The Beech Tree Pedalers also provided helmet fittings and taught bicyclists the rules of the road and hand signals. WPGC provided music to keep pit stop participants energized throughout the morning and announced when the raffles and bike rides occurred.

Leesburg: In early May, the Loudoun County Board of Supervisors issued a Bike to Work Day resolution. On Bike to Work Day, the wet, drizzly weather did not dampen the spirits of the 124 cyclists who checked in at the Leesburg Pit Stop. Though it was a considerably lighter crowd than the anticipated 280 registrants, the mood was festive at Raflo Park in downtown Leesburg. Throughout the event, staff from Loudoun County

Commuter Services greeted participants with water, coffee, bananas, bagels, doughnut holes and a variety of grab and go snacks. Mechanics from Bicycle Outfitters assisted cyclists with repairs and adjustments. BikeLoudoun was on-site to celebrate as well. In addition to distributing Bike to Work Day T-shirts, participants were offered two local giveaways: neon cinch sacks and branded cooling towels. Random drawings identified winners of biking accessories. As the pit stop closed, the annual bicycle drawing was held and the winner's name was announced.

Lorton: The event was held at the Lorton VRE station from 6:30am to 9am. There were 23 registrants for the pit stop.

Manassas GMU: The event was held at the Freedom Center from 6:30am to 9am. There were 58 registrants for the pit stop.

Manassas Kelly Leadership Center: The event was held at the Kelly Leadership Center from 6am to 9:30am. There were 24 registrants for the pit stop.

Manassas VRE: The event was held at the Manassas VRE station from 6am to 9am. There were 47 registrants for the pit stop.

Manassas Park: The event was held at the Palisades Apartments from 6am to 9am. There were 4 registrants for the pit stop.

McLean: The event was held at the Dolly Madison Library from 6:30am to 9am. There were 40 registrants for the pit stop.

Merrifield - Mosaic: Although it was a wet morning, Mosaic is lucky to have covered space below the Target and along Strawberry Lane in the heart of Mosaic. For 2018, we had 135 registered riders, 60 of whom attended the pit stop and checked in to receive their t-shirt. We also had over 40 riders who were not registered at Mosaic, but cycled through for the morning. Visitors of the pit stop were greeted with food, refreshments, and various swag from our incredible sponsors. The pit stop also hosted a raffle for all registered riders, which included two full platter vouchers to Nando's PERi-PERi, a \$50 gift card to Caboose Brewing, a Google Home, a five class pass to Spark Yoga, and a \$500 gift card to The Shade Store. We look forward to another successful event in 2019.

Mt. Vernon Triangle (DC): The event was held at BicycleSpace from 7am to 9am. There were 215 registrants for the pit stop.

Mt. Vernon – Collingwood Park (VA): The event was held at Collingwood Park from 6:30am to 8:30am. There were 47 registrants for the pit stop.

National Geographic Society: The event was held at the National Geographic Society building from 7am to 9:30am. There were 370 registrants for the pit stop.

NIH: The event was held at Building 1 at NIH headquarters from 7am to 9:30am. There were 415 registrants for the pit stop.

Naval Support Activity: The event was held adjacent to Gate 2 from 6am to 9am. There were 115 registrants for the pit stop.

NOMA: The event was held at Wunder Garten from 7:30am to 9:30am. There were 418 registrants for the pit stop.

North Bethesda: On Bike to Work Day, the North Bethesda Pit Stop and the North Bethesda TMD staff eagerly welcomed cyclists and participants at our location at Pike & Rose. Due to the rain, the pit stop was relocated to a parking garage in Pike & Rose, located between iPic/City Perch and H&M. Each registered participant received a Bike to Work Day t-shirt, towel, bike maps, and other goodies. They were treated to a variety of breakfast foods, giveaways, and information provided by our great sponsors who attended – AMP by Strathmore, Bob's Bikes, Canopy by Hilton Hotel Bethesda North, City Perch Kitchen + Bar, Friends of White Flint, iPic Entertainment, L.L. Bean, Nando's, Pike District, Pinstripes, Regus, REI, The Residences at Pike & Rose, Sport & Health, and Strathmore. Additional prizes, gift certificates, gift cards, and coupons were generously donated by Chipotle Mexican Grill, Get on Board BRT, Roti Modern Mediterranean, Scout & Molly's Boutique, and White Flint Partnership. Montgomery County's Departments of Environmental Protection and Transportation, along with the Maryland-National Capital Park and Planning Commission provided information about biking and sustainability. A very special thank you to our host, Pike & Rose, for another great year!

Prizes, raffle drawings, and announcements were made every 15 minutes and music was provided throughout the event. Bike checks were performed by REI. Commuter Connections' Guaranteed Ride Home Program was promoted using a large poster that was prominently displayed at the pit stop.

Montgomery County Councilmember Roger Berliner helped in presenting awards. Dee Metz, White Flint Coordinator for the Montgomery County Executive's Office presented the County's Bike to Work Day proclamation. The grand prize, a new bike, was presented to Garrett Henderson by Bob Mallasch, owner of Bob's Bikes. An ecstatic Garrett won a Sun Folding F7 bike.

Old City Market and Oven: The event was held on the corner of 6th and K Streets NE from 7am to 9am. There were 55 registrants for the pit stop.

Oxon Hill: The event was held adjacent to Potomac Heritage Trail from 6:30am to 8:30am. There were 62 registrants for the pit stop.

Port Towns: There were two events held at the intersection of the Northeast Branch Trail and Decatur Street from 7am to 9am and from 4pm to 6pm. There were 34 registrants for the pit stop.

Reston: Sponsored by Reston Association and Comstock Partners.

We had 534 registered participants for BTWD and 27 Walk-ins. Of those registered, 240 rode to the Wiehle-Reston East Metrorail Station despite the rain. Our pit stop was open 6am – 9:30am. Riders were treated to a free breakfast from Great Harvest Bread Co., Einstein Bagels, Sweet Leaf Café, Nando's Peri Peri and coffee & donuts were provided by Founding Farmers

Groups who attended:

Ch'I bodywork – provided massages

Dulles Area Transportation Association – Live More, Commute Less

Fairfax Advocates for Better Bicycling

Fairfax Co. Dept. of Transportation, Bicycle and Pedestrian Program

Fairfax County Police – Bike Team

Lake Anne Brew House

Mazani Fitness

New Trail Cycling Studio

Performance Bicycle

Public Art Reston

Reston Association

Reston Association's Multimodal Transportation Advisory Committee

Reston Bike Club

Squij-Kat Inc.

The Bike Lane

Velofix Northern Virginia

WABA

YMCA-Fairfax County Reston

Reston Association's Board member, Sherri Hebert spoke to the crowd briefly about biking being a fun and reliable way to get to work.

The furthest distance traveled to get to our PitStop was 35 miles

The Bike Lane, Performance Bicycle and Velofix checked out cyclists' bikes to make any necessary adjustments, The Connector Bus trained riders on how to put their bike on the front of their buses and Racewire donated bike racks for the day.

DJ Roberto joined us bright and early to provide the music throughout the event. There were over 90 prizes, donated by many of the organizations participating.

Fairfax County Police crossed riders at one of our busy intersections and members of the Fairfax County Bike Team attended the event.

Questions asked of participants:

Was this the first year you have participated in Bike To Work Day? (check all that apply)
20% Yes, this was the first time I have participated.

60% I participated in 2017
60% I participated in 2016
50% I participated in 2015
40% I participated in 2014
40% I participated before 2014

How far did you ride your bike to get to the Reston Pitstop?

30% 0-2 miles
25% 2.1-4 miles
15% 4.1-8 miles
10% 8.1-12 miles
5% 12.1-16 miles
15% Other (specify)
-35 miles
-20 miles
-18.5 miles

Rock Springs: The event was held at Marriott International Headquarters from 6:30am to 9am. There were 110 registrants for the pit stop.

Rockville Fallsgrrove: What a morning! MCDOT Commuter Services and the City of Rockville co-sponsored the Rockville – Fallsgrrove pit stop where, despite the rain, 78 of the 178 pre-registrants (and two onsite registrants) participated in one of their favorite events at the Fallsgrrove Village Center, Shady Grove Road. Cyclists were greeted with big smiles, Bike To Work Day towels and t-shirts --and a rocking DJ. Coffee, donuts, fruit and snacks were provided from 6:30-8:30 by Starbucks, Krispy Kreme, Giant, Safeway, Capital One Bank, Sandy Spring Bank, Drink More Water and Smoothie King. County and City agencies and Visit Montgomery hosted information tables. Rockville Bike Hub performed bike safety checks and simple maintenance-repairs. The raffle started early and ran throughout the event, offering great prizes provided by generous local businesses. From smaller giveaways like reflectors, bike lights and water bottles to helmets, camelbacks, Bluetooth headsets, sport sunglasses and standup paddleboarding gift certificates -- no one went away empty handed. The lucky winner of the grand bike prize was Wendy Norbedo. She's enjoying her new ride!

In addition to our morning snack sponsors, the following raffle donors and information exhibitors contributed to making the event a great success: Art and Frame Depot, CAVA, Chipotle, Copper Canyon Grill, Dick's Sporting Goods, Gusto Farm to Street, L.L.Bean, Mamma Lucia, MOM's Organic Market, Montgomery County Department of Environmental Protection: Division of Solid Waste Services, MCDOT-Commuter Services: Better Ways to Work and Capital Bikeshare, MyEyeDr., Nando's Per-Peri, Panera, PNC, Police Department Community Engagement Division, Potomac Pizza, REI, Rockville Bike Hub, Sworkit, Target, The Wireless Center, T-Mobile and Wing Stop, Visit Montgomery and Washington Area Bicyclist Association.

Rockville Town Center: The event was held at the Rockville Town Square from 6:30am to 9am. There were 174 registrants for the pit stop.

Rockville Twinbrook: The event was held at the Twinbrook Metro station from 7am to 9am. There were 84 registrants for the pit stop.

Shaw: The event was held at the corner of 11th and Q Streets NW from 7am to 9am. There were 271 registrants for the pit stop.

Silver Spring Discovery: The 2018 Bike to Work Day Silver Spring pit stop had a robust turn out despite the weather. Held at Discovery Communications (Discovery Plaza between Georgia and Wayne Avenues), for the 4th year in a row, over 400 people registered for the event. Over 190 riders showed up to connect with other commuting riders, enjoy the music, music and raffles, and get a BTWD t-shirt and towel.

The Silver Spring Discovery pit-stop was managed by Commuter Services. Contractor support was provided by Van Eperen who secured donors, sponsors and exhibitors. Two volunteers (one from the Silver Spring Transportation Management District, and the other an avid Silver Spring bicyclist, assisted with on-site logistics for the event. The Silver Spring Regional Service Center's Red Shirts were on hand bright and early to set up tents and assist with break down at the end of the event.

Each year, Discovery Communications has donated a bike for the grand prize raffle prize. This year's winner was Sam Gerstin (shown below, left with Discovery Communication's Event Manager, Devin McDonough).

In keeping with a Silver Spring pitstop tradition, prizes were awarded for answering bicycle trivia questions and for superlatives. Categories and winners for superlatives were: Longest Commute (approximately 16 miles from Silver Spring to Old Town Alexandria, VA), Oldest bike (27 years) and Youngest Rider (23 months).

Caravans of riders headed to various work destinations were organized and led by the Washington Area Bicyclist Association. This year, representatives of dockless bikeshare companies OFO and Mobike participated. Silver Cycles performed bike checks. Several local businesses provided donations, including refreshments, gift cards and raffle prizes, for participants. Silver Spring merchants who supported the event included Safeway, Pete's New Haven Pizza, Gusto's Italian Grill, Dave & Buster's, Panera, Cava, Washington Sports Club, Silver Cycles, Whole Foods, TD Bank, Giant and Starbucks. Richi from All in One Entertainment was the DJ again this year for the event. In addition, other County and City agencies hosted information tables, along with other exhibitors.

Southwest Business Improvement District: In the week leading up to Bike to Work Day, our team worked hard to make sure that all of the bike lanes in Southwest were swept and ready for bicyclists to safely make their way to our inaugural SWBID Pit Stop. Despite the rain, we had just over 50 cyclists brave the weather to join our sidewalk party. We provided coffee, donuts, bananas, maps, raffles, protips for biking in and

around the neighborhood, and groovy jams for everyone to enjoy as they made their way along the 4th Street bike lanes.

Springfield: No surprise, numbers were way down at the Springfield/Metro Park pit stop this year but we were pleased to have those riders who did come by. The rain simply allowed cyclists to enjoy more of the refreshments. Our local pit stop sponsors came out in spite of the rain: CALIBRE, Greater Springfield Chamber of Commerce, Hilton Springfield, Honest Soul Yoga, Metro Park, Performance Bicycle, Transportation Association of Greater Springfield and Velocity Massage. FABB continues to be a regular participant and provider of information for our cyclists.

Sterling: More than 170 of the 377 pit stop registrants braved questionable weather conditions and visited the Sterling pit stop on Bike to Work Day 2018. In anticipation of rain, the pit stop was shifted slightly to utilize the front porch of the Sterling Ruritan Club, which is adjacent to the W&OD Trail. Orbital ATK continued its tradition of graciously welcoming bicycle commuters with an array of grab and go treats and plenty of fresh fruit and beverages. Bike racks were provided at the pit stop for the convenience of participants. Two mechanics from Spokes Etc. were stationed nearby and remained busy with a steady flow of bicyclists requesting assistance. Loudoun County Board of Supervisors Chair Phyllis Randall greeted and engaged with participants as well. Loudoun County Commuter Services' staff distributed T-shirts and two giveaways: neon cinch sacks and branded cooling towels. Teams from Loudoun Water, a local physical therapist, BikeLoudoun, and Friends of the W&OD added to the experience for participants. At the closing of the pit stop a random drawing identified the winner of a brand new bicycle.

Suitland: The event was held at the US Census Bureau Federal Center from 6:30am to 8:30am. There were 30 registrants for the pit stop.

Takoma Park – Downtown/Old Takoma: The event was held at Takoma Urban Park from 6am to 9am. There were 140 registrants for the pit stop.

Takoma Park – Sligo Creek Trail: Despite the rainy weather, we had a few dozen dedicated cyclists and a couple first time riders stop by the Sligo Creek Pit stop in Takoma Park. We were also grateful to have snack and hot coffee provided by IHOP on New Hampshire Avenue. This was much appreciated by both the cyclists and pit stop volunteers! Along with the refreshments participants also received light-up arm bands and printed materials. An additional thanks to Takoma Park police officers also stopped by the pit stop to support riders if necessary. We are looking forward to next year with sunny weather.

The Wharf/Southwest Waterfront: For their second year, The Wharf hosted both a morning and an evening pit stop. There were 156 registrants for the event. Members of the District Wharf Community Association, in partnership with District Hardware and WABA, greeted the bikers who braved the rain with coffee, water, snacks, information and bike tune-ups. Make Offices provided bananas and swag for the event.

Tysons Corner: The Tysons Corner pit stop continues to see growth with 89 registrants this year. Even with the rainy conditions the attendees were excited to be a part of the pit stop and receive some great SWAG! Breakfast was provided by Cinnabon, and coffee was supplied by the Post Café. Pit stop partners included L.L. Bean, Vortex, Post Café, Crunch Fitness, FABB, Tysons Partnership, AVEDA, & pizza and Cinnabon. Looking forward to hosting another great event next year.

Union Market (DC): as the neighborhood grows so does the Union Market pit stop. Despite the rainy conditions we had about 100 bicyclist show up. Thank you to Peregrine Espresso for providing coffee, Buffalo & Bergen for providing bagels and Trader Joe's for providing water, bananas and snacks.

University of Maryland: The event was held in front of the Regent's Drive Parking Garage from 3pm to 6pm. There were 31 registrants for the pit stop.

USDA Farmers Market: The event was held in front of USDA headquarters from 8am to 10am. There were 76 registrants for the pit stop.

Vienna: The event was held at the Town Green from 6:30am to 8:30am. There were 348 registrants for the pit stop.

West End at ACoC: The event was held at the American College of Cardiology from 3pm to 6pm. There were 45 registrants.

White Oak/FDA: The Office of Facilities Engineering and Mission Support Services' (OFEMS) Logistics and Transportation Management Branch (LTMB) sponsored a Pit Stop from 7:00 a.m. to 9:30 a.m. for any bicyclist commuting that day. This was held in front of the historic FDA Building 1. LTMB had 6 volunteers that provided refreshments to include; water, coffee, juice, doughnuts, muffins, fruit and each bicyclist registered for our pit stop received a 2018 BTWD T-Shirt. The first bicyclist arrived around 6:40 a.m. and eventually had 54 bicyclists used the pit stop. The final number of registered bicyclist for the White Oak/FDA pit stop was 137. The day started off with steady rain, but mother nature gave us a break in the weather for a few hours to allow those bicyclists who braved the elements to make it to our pit stop.

Woodbridge Chinn Center: The event was held at the Chinn Aquatics & Fitness Center from 6am to 9am. There were 32 registrants for the pit stop.

Woodbridge - Rippon VRE Station: The event was held at the Rippon VRE Station from 6am to 9am. There were 8 registrants for the pit stop.

Woodbridge VRE Station: Supervisor Frank Principi hosted a pit stop at the Woodbridge VRE Station from 6am to 9am. Bikers and commuters were greeted with refreshments, t shirts, water bottles and literature promoting bicyclist safety and the 50 mile Woodbridge Pedestrian & Bicycle Loop.

Woodbridge Tacketts Mill: The event was held at Tackett's Mill from 6:30am to 8:30am. There were 17 registrants.

EMPLOYER PARTICIPATION

The following Employers had 5 or more employees registered for the event:

The winner of the Employer Challenge for a free luncheon was the United States Environmental Protection Agency. (see photo section)

Federal Employers

Administration for Children of Families	Administrative Office for the U.S. Courts
Architect of the Capitol	Army National Guard
Bureau of Labor Statistics	Bureau of Land Management
CFTC	Defense Logistics Agency
EEOC	FDIC
Federal Aviation Administration	Federal Communications Commission
Federal Election Commission	Federal Highway Administration
FEMA	Federal Reserve
Federal Trade Commission	Food and Drug Administration
Foreign Service Institute	General Services Administration
Goddard Space Flight Center	Government Accountability Office
Government Publishing Office	
Internal Revenue Service	Fish and Wildlife Service
Library of Congress	NASA
National Archives	National Capitol Planning Commission
National Institutes of Health	National Labor Relations Board
National Park Service	National Zoological Park
Naval Research Lab	NOAA
Office of Management and Budget	Securities and Exchange Commission
Smithsonian Institution	US Air Force
US Army	US Census Bureau
US Coast Guard	US Department of Treasury
US Department of Agriculture	US Department of Commerce
US Department of Customs	US Department of Defense
US Department of Education	US Department of Energy
US Geologic Survey	US Department of Health and Human Services
US Department of Homeland Security	US Department of Housing and Urban Dev.
US Department of Justice	US Department of Labor
US Department of the Interior	US Department of State
US Department of Transportation	US Environmental Protection Agency
US Government Printing Office	US House of Representatives
US Housing and Urban Development	US Navy
US Nuclear Regulatory Commission	US Patent and Trademark Office
US Peace Corps	US Postal Service
US Senate	USAID
Veterans Affairs	FERC

State and Local Governments

Arlington County	Charles County
City of Alexandria	City of Bowie
City of College Park	City of Fairfax
City of Falls Church	City of Frederick
City of Gaithersburg	City of Greenbelt
City of Hyattsville	City of Rockville
City of Vienna	DC Council
District of Columbia	Fairfax County
Frederick County	Loudoun County
Maryland- NCPPC	Montgomery County
Prince George's County	Prince William County
State of Maryland (including MDOT, MTA and others)	
Commonwealth of Virginia (including VDOT and VDRPT)	
Town of Herndon	Town of Leesburg

Private/Non-Profit Sector Employers

2U, Inc	A-1 Cycling
AARP	ABC
ABS Consulting	Abt Associates
Accenture	ACDI
Achieve, Inc.	Actionnet
Acumen Solutions	Adaptive Methods
Adaved	Advanced BioScience Laboratories
Advanced Simulation Technology, Inc.	Advisory Board
AECOM	Aerospace Corporation
AES Corporation	Afterschool Alliance
Agence France-Presse	AHC Inc.
Air Force Association	Airbus Americas
ACHRI	Airlines for America
Airport Consultants Council	AKQA
Akridge	Alarm.com
Alex Levay PLLC	Alexander Street Press
Alion Science & Technology	All Native Group
Alliance for Justice	Allied Telecom Group
Allstate	Alphataraxia
Alston & Bird	Amazon
American Association for the Advancement of Science	
American Bankers Associations	American Chemical Society
American College of Cardiology	American Federation of Teachers
American Councils for International Education	American Institutes for Research
American Psychological Association	American Public Health Association
American Red Cross	American Society of Civil Engineers

American Society of Clinical Oncology
AOL
Apple
Applied Predictive Technologies
Arnold & Porter
Association of American Medical Colleges
Health ASTHO
AT&T
BAE
Battelle
BicycleSpace
Boeing
Bread for the City
British Embassy
CACI
Capital City Charter School
CEB
Center on Budget and Policy Priorities
CGI Federal
Children's National Medical Center
Community Forklift
Conservation International
CoStar Group
CQ Roll Call
CustomInk
DAI
Dell
Deltek
DigitalGlobe
DMI
Earthjustice
Economic Policy Institute
Embassy of Japan
Engility
Environmental Defense Fund
Evolent Health
Fannie Mae
Finnegan
FiscalNote
Freddie Mac
Geico
Gensler
Greenpeace
Hannover Research
Hewlett-Packard
HOK
Amtrak
Appian
Apple Federal Credit Union
Arlington Transportation Partners
ASHA
Association of State and Territorial
AstraZeneca
Atlantic Media
Bain & Company
Bechtel
Bloomberg BNA
Booz Allen
Bread for the World
Brookings Institution
Capital One
Casey Trees
Center for American Progress
CFPB
Chemonics International
Comcast
CommuterDirect.com
Corporate Executive Board
Covington & Burling LLP
CSC
Cvent
Defenders of Wildlife
Deloitte Consulting LLP
Dickstein Shapiro
Discovery Communications
Downtown DC BID
Eastbanc Technologies
Embassy of Denmark
Embassy of Sweden
Entheos
Esri
Exelis
FHI 360
FINRA
Food & Water Watch
Frederick Memorial Hospital
General Dynamics
Grant Thornton
Hanley Wood
Henry M. Jackson Foundation
Hilton Worldwide
Host Hotels & Resorts

HDR	Hughes Network Systems
IADB	IBM
ICF International	IDA
Inova Fairfax Hospital	Intelsat
InterAmerican Development Bank	
International Food Policy Research Institute	
International Foundation for Electoral Sys.	International Monetary Fund
International Republican Institute	Investment Company Institute
Jacobs	John Snow, Incorporated
Jones Lange Lasalle	Kaiser Permanete
Kimley-Horn	KPMG
Kuwait-America Foundation	L-3 Communications
L-3 National Security Solutions	LCPS
League of American Bicyclists	Leidos
LMI	Lockheed Martin
Management Sciences for Health	Management Systems International
Mantech International	Mantech
Marriott	Maryland School for the Deaf
Massage Envy	Mathematica Policy Research
McChrystal Group	McKissack & McKissak
Medimmune	Medstar
Metropolitan Washington COG	MetroStar Systems
Microsoft	Microstrategy
Millenium Challenge Corporation	MITRE
Moko Social Media	MPR
Mundo Verde Public Charter School	NAFSA
National Academy of Sciences	National Alliance for Hispanic Health
National Cancer Institute	National Center for Health Statistics
National Democratic Institute	National Education Association
National Endowment for Democracy	National Fish and Wildlife Foundation
National Gallery of Art	National Geographic
National Geographic Society	National Institutes of Health
National Institute of Mental Health	NRECA
National Institute of Standards and Technology	School Without Walls
National League of Cities	National Library of Medicine
National Parks Conservation Association	National Science Foundation
National Wildlife Federation	REI
Natural Resources Defense Council	Navy Federal Credit Union
Navigant	Neustar
Noblis	Northrop Grumman
NPR	Nuance
Oceana	Opower
Oracle	Orbital Sciences
Organization of American States	PATH
Palantir	Pan American Health Organization
Parsons	Partners of the Americas

Peace Corps
Performance Bike Count
PNC Bank
PricewaterhouseCoopers
Quinn Evans Architects
Raytheon
Results for Development Institute
Rockwell Collins
RTI International
SAIC
SCS Engineers
Shalom Baranes Associates
SmithgroupJJR
Social Impact
Spokes
SRA International
Streetsense
STV Incorporated
The Aspen Institute
The Cadmus Group
The Kennedy Center
The Nature Conservancy
The Urban Institute
Thermo Fisher Scientific
Time Warner Cable
Towers Watson
Union of Concerned Scientists
URS
Verisign
ViaSat
Voice of America
Washington Gas
Washington Post
Washington Waldorf School
Washingtonian Magazine
WaterReuse Association
WeddingWire
Wells + Associates
Wells Fargo Home Mortgage
Wentworth Green Strategies
Western Union
WETA
Wiley Rein
Williams & Conolly LLP
Wilmerhale
Winston & Strawn

Population Services International
Perkins Eastman
Powell Tate
Public Broadcasting Service
RAND Corporation
Reston Association
Save the Children
RTC
Sabin Vaccine Institute
Scitor Corporation
Serco
Silman
Smithsonian Institution
Social Tables
Sprint
Starbucks
Studios Architecture
Summit Consulting
The Brattle Group
The JBG Companies
The Motley Fool
The Pew Charitable Trusts
The Washington Post
Thomson Reuters
Toole Design Group
Transaction Network Services
United Nations Foundation
Vencore
Verizon
Virginia Hospital Center
WABA
Washington Hospital Center
Washington Suburban Sanitary Comm.
Washington YuYing Charter School
Water Environment Federation
WDG Architecture
Wellness Corporate Solutions
Wells Fargo
Wendel Companies
Westat
Westin
Whitman-Walker Health
Wiley/Wilson
Willis Towers Watson
Winrock
WMATA

Wolfman & Associates
Woodrow Wilson International Center
World Learning
World Wildlife Fund
WSP Parsons Brinckerhoff
Xerox
YMCA
Zeta

Women Thrive Worldwide
World Bank
World Resources Institute
WorldStrides
Wyle Aerospace
XO Communications
Youth Day Ministries

Universities and Colleges

American University
Frederick Community College
George Mason University
Georgetown University
Marymount University
National Defense University
Strayer University
University of Maryland
Virginia Tech University

Catholic University
Galludet University
George Washington University
Gonzaga College High School
Montgomery College
NOVA Community College
Uniformed Services University
University of Virginia

Employer Challenge Luncheon



Each year Commuter Connections recognizes an employer within the region which had outstanding participation in the Bike to Work Day event. One of the top employers (based on total registration) are randomly selected to receive a luncheon for participating bicyclists. With more than 250 registrants, this year's Bike to Work Day Employer Challenge winner was the U.S. Environmental Protection Agency (EPA). In partnership with the Washington Area Bicyclist Association, Commuter Connections sponsored a luncheon at the Ronald Reagan Building and International Trade Center for EPA employees. Of 100 Bike to Work Day pit stops throughout the region in 2018, EPA employees registered at 37, in eight jurisdictions. The top five most registered pit stops for EPA employees were Downtown DC at Freedom Plaza, Crystal City Water Park, Rosslyn Gateway Park, Old Town Alexandria, and Alexandria Del Ray. Other bike friendly employers in the top five in 2018 included the National Institutes of Health, U.S. State Department, The World Bank, and the U.S. Department of Justice.

l to r: Nicholas Ramfos, Director of Commuter Connections; Kristin Frontiera, Development Director, Washington Area Bicyclist Association; Barbara Klieforth and Carolyn Schroeder, EPA Bike Coordinators.

Web Site

BIKE TO WORK DAY 2018

FRIDAY MAY 18



HOME EMPLOYER RESOURCES EVENT INFO FIRST TIME RIDER INFO REGISTER SPONSORS

Bike to Work Day

Commuter Connections and the Washington Area Bicyclist Association want to thank all bicyclists who participated in Bike to Work Day on Friday, May 18, 2018. It was a little wet but still a blast! Special thanks to all the local pit stop organizers and volunteers. Lastly, thank you to the sponsors of Bike to Work Day 2018.

Registration Closed.



Pit Stops

100 Bike to Work Day pit stop events will be held throughout D.C., Maryland, and Virginia. Take a break at a pit stop on your way to work for food, beverages, fun, and prizes. Register now, it's free! There are also a few pit stops open for your afternoon commute back.
[Read More...](#)

Commuter Convoys

All bicyclists are welcome to join one of the free Bike to Work Day convoys, led by experienced bicycle commuters. Convoys routes travel through popular employment centers and pit stops throughout the region. Check out the convoy map to see if there's one traveling by your area.
[Read More...](#)

Sponsors



Event Poster

Download a PDF of the [Bike to Work Day Poster](#), and email it to your co-workers, friends, and family, inviting them to join you on Friday, May 18, 2018. Or print it out and pin it to your bulletin board.

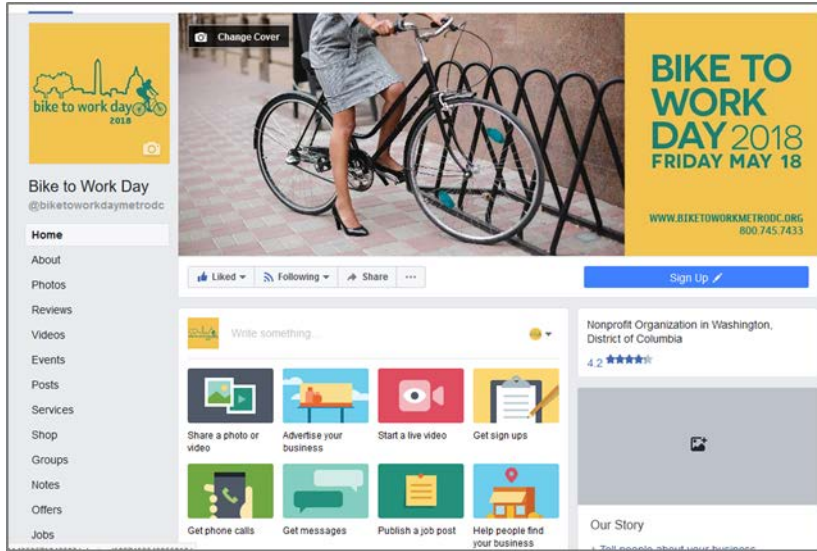
Find a Ride Buddy

Use the Washington Area Bike Forum to find a ride buddy for Bike to Work Day, or join an online discussion about bicycling in the Washington, D.C. area.
[Read More...](#)

Increase Bicycling Skills

WABA's adult bicyclist education opportunities are available throughout the Washington region for a wide range of skill sets, from beginners to advanced. There are also seminars for commuting to work.
[Read More ...](#)

Social Media



twitter

Home Moments Search Twitter [Have an account? Log in](#)

BIKE TO WORK DAY 2018
FRIDAY MAY 18
WWW.BIKETOWORKMETRODC.ORG
800.745.7433

Tweets 364 Following 282 Followers 2,149 Likes 459 Lists 1

Commuter Connections
@BikeToWorkDay
Commuter Connections is a regional network of transportation organizations coordinated by the Metropolitan Washington Council of Governments.
Washington DC
biketoworkmetrodc.org
Joined April 2009
Photos and videos

Tweets Tweets & replies Media

Commuter Connections @BikeToWorkDay · 28 Jun 2017
Congratulations to @WorldBank for winning the 2017 Bike to Work Day Employer Luncheon with 190 registrants in the Washington DC region!

New to Twitter?
Sign up now to get your own personalized timeline!
[Sign up](#)

You may also like Refresh

- WABA @WABADC
- BikeArlington @BikeArlington

Commuter Connections @BikeToWorkDay · May 11
Get geared up for Bike to Work Day, Friday May 18th! Grab your bike and register today at biketoworkmetrodc.org or call 800.745.7433 for free! #BTWD2018 #WashingtonDC

BIKE TO WORK DAY 2018
FRIDAY MAY 18
Register now at WWW.BIKETOWORKMETRODC.ORG

bike to work day 2018

4 15

Commuter Connections @BikeToWorkDay · 21h
Invite your cycling friends to join you on Bike to Work Day, Friday May 18th. Hurry, before it's too late! Register at biketoworkmetrodc.org or call 800.745.7433. #BTWD2018 #WashingtonDC

LAST CHANCE TO REGISTER!

bike to work day 2018

8 3



snapchat



Proclamation



Proclamation

WHEREAS, bicycle commuting is an effective means to support the region's air quality goals, reduce traffic congestion, and conserve energy; and

WHEREAS, bicycle commuting benefits both employees and employers through better employee health and fitness, reduced commuting and parking costs; and

WHEREAS, increasing numbers of employers have installed bicycle parking and shower facilities to help encourage bicycle commuting; and

WHEREAS, Capital Bikeshare's regional bike sharing system has hundreds of stations across five jurisdictions: Washington, DC; Montgomery County, MD; Arlington County, VA; City of Alexandria, VA; and Fairfax County, VA; and

WHEREAS, the National Capital Region Transportation Planning Board through its Commuter Connections program promotes bicycling and organizes Bike to Work Day along with the Washington Area Bicyclist Association; and

WHEREAS, the week of May 14th is National Bike to Work Week, which promotes bicycling as a viable means of transportation to and from work;

NOW, THEREFORE, BE IT RESOLVED THAT THE
NATIONAL CAPITAL REGION TRANSPORTATION PLANNING BOARD:

1. Proclaims Friday, May 18, 2018 as Bike to Work Day throughout the Washington, DC metropolitan region; and
2. Encourages TPB member jurisdictions to adopt similar proclamations in support of the event; and
3. Reminds all members of the importance of bicycle safety as advocated by the Street Smart campaign.

Chairman



National Capital Region
Transportation Planning Board

Proclamation Signing



The National Capitol Region Transportation Planning Board at COG issued a regional proclamation on April 18, 2018 designating May 18th as Bike to Work Day throughout the region. The proclamation outlined the benefits of bicycling for the region, individual communities and commuters. It also acknowledged that the month of May is Clean Air Month and National Bike Month. Additional proclamations were made by the some of the individual jurisdictions that hosted pit stops.

The Proclamation was signed by TPB Chairperson, Charles Allen, DC Council.

MARKETING MATERIALS

Rack cards 3¾ x 8½" (68,500)

Posters 8½" x 11" (30,000), plus 1,000 were in Spanish

Posters 22" x 28" 500

T-Shirts (20,000)

Vinyl Banners 8' x 4' for all pit stops

Water bottles with the BTWD logo were coordinated by BicycleSPACE and made available for each pit stop for purchase

The marketing materials used for the 2018 BTWD campaign all carried the same uniform look and feel and were targeted to employers and cyclists throughout the region. The posters were mailed to employers along with a cover letter. Employers were also emailed an html version of the poster with a link to the event web site. An e-mail blast was also sent to the previous year's registrants.

Vinyl Banner



Poster

BIKE TO WORK DAY 2018

FRIDAY MAY 18

Free T-shirt* and Bike Raffles!
FREE FOOD, BEVERAGES and GIVEAWAYS at all locations.

Register free at
BIKETOWORKMETRODC.ORG
800.745.7433

Visit biketoworkmetrodc.org for pit stop locations & times.
*T-Shirts available at pit stops to first 20,000 who register.
Over 100 pit stops throughout D.C., Maryland, and Virginia!

#BTWD2018

bike to work day 2018

Printed on recycled paper

Bike to Work Day is also funded by the District of Columbia, Maryland, Virginia and U.S. Departments of Transportation.

Spanish Poster

DÍA DE LA BICICLETA PARA IR AL TRABAJO 2018

VIERNES 18 DE MAYO

Regístrese previamente antes del 11 de Mayo para una camiseta gratis*, y el sorteo de bicicletas.

COMIDA GRATIS, BEBIDAS Y OBSEQUIOS PROMOCIONALES en todas las ubicaciones.



Regístrese gratis en **BIKETOWORKMETRODC.ORG** o llame al 800.745.7433



#BTWD2018

Visit biketoworkmetrodc.org para saber más detalladamente las ubicaciones de salida y los horarios.

*Camisetas disponibles en las ubicaciones de salida a los primeros 20.000 participantes que se registren.

¡Más de 100 ubicaciones de salida para el día de la bicicleta para ir al trabajo situadas en D.C., Maryland, y Virginia!



Printed on recycled paper

Día De La Bicicleta Para Ir Al Trabajo está financiado también por los Departamentos de transporte del Distrito de Columbia, Maryland, Virginia, y del gobierno federal.

Rack Card Front

**BIKE TO
WORK
DAY 2018
FRIDAY MAY 18**

Register free at
www.BIKETOWORKMETRODC.org
or call 800.745.7433

**Pre-Register by May 11
for free T-shirt* and
bike raffle!**

**FREE FOOD, BEVERAGES and
GIVEAWAYS at all locations.**

**Over 100 Bike to Work Day pit
stops located in D.C., Maryland
and Virginia!**

Visit www.biketoworkmetrodc.org
for specific pit stop locations
and times.

***T-shirts available at pit stops to
first 20,000 registrants.**



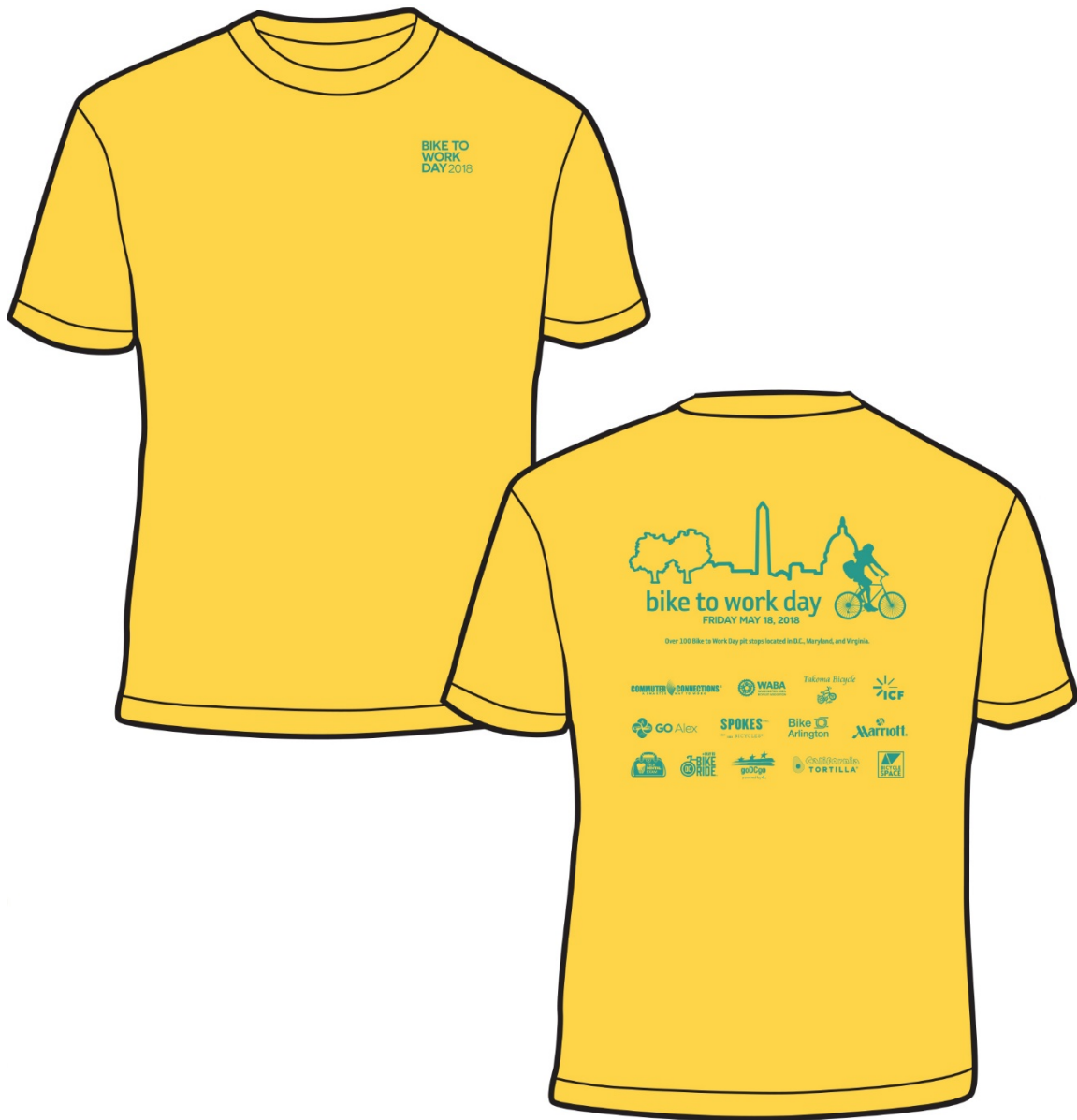
  #BTWD2018 

Rack Card Back



T-Shirt

The T-Shirt was Gold with Teal lettering.



Media Coverage

BTWD 2018 Media		
Print/Online Coverage - 50		
4/2/2018	Fairfax County Youtube	Fairfax County Bike to Work Week 2018 15sec Ncm Spot
4/03/2018	White Flint	Bike to Work Day
4/30/2018	Grip Unlimited	May is National Bike Month: Let's Ride
4/3/2018	DC Military	NSAB Encourages Bike to Work Day Participation
4/23/2018	WABA	Crystal City Bid Takes Bike to Work Day To The Next Level
4/24/2018	goDCgo	Are You Ready for Bike to Work Day 2018?
4/30/2018	Alexandria Living Magazine	Bike to Work Day Coming May 18
4/30/2018	A DC Journey	Do This: Bike to Work Day
5/2/2018	FCNP	F.C. Pit Stop for Ride to Work Day May 18
5/4/2018	WTOP	10 health facts to know if you're biking to work
5/4/2018	WABA	How to Get Your Business Ready for Bike Month
5/4/2018	City of Alexandria	City of Alexandria Invites Participation in Bike to Work Day on May 18
5/4/2018	White Flint	Register for Bike to Work Day
5/8/2018	PRTC	Bike to Work Day is Friday, May 18
5/8/2018	The Washington Post	Capital Bikeshare rolling into Prince George's County
5/8/2018	Reston Now	Bike to Work Day Festivities Around Reston
5/9/2018	Bike Arlington	Bike to Work Day Registration is Open
5/9/2018	Bike Arlington	What to Do if Every Day is "Bike to Work Day" For You
5/10/2018	WTOP	Bike to Work Day is May 18; cyclists can enjoy pit stops around DC area
5/10/2018	Shooshan Company	Arlington Bike to Work Day 2018
5/11/2018	Our Community Now	Register Now For 'Bike to Work Day Dc' On May 18!
5/13/2018	DC Urban Life	Bike to Work Day
5/13/2018	Prince William Times	Ride your bike to work on May 18
5/14/2018	OmniRide	OmniRide can help you Bike to Work on May 18
5/14/2018	Reddit	5/18 is Bike to Work Day
5/14/2018	goDCgo	It's National Bike Month!
5/15/2018	My MC Media	County's First Ever Pop-Up Bike Lane to Debut On Bike To Work Day
5/15/2018	The Hyattsville Wire	Route 1 Corridor Preps for Bike to Work Day
5/15/2018	Curbed DC	A protected bike lane will pop up in downtown Bethesda on Bike to Work Day
5/15/2018	Popville	"Thursday morning at 7:30am we are going to make a human chain to protect the bike lane near Trader Joe's on 14th St. NW"
5/16/2018	WABA	Bike to Work Day Afterparties!
5/16/2018	Greater Greater	Tactical urbanism like Bethesda's pop-up bike lane can

5/17/2018	DC Commute Times	National Bike to Work Day: What You Need to Know
5/17/2018	The Georgetown	Weekend Round Up May 17, 2018
5/17/2018	Georgetown Metropolitan	Bike to Work Day Tomorrow!
5/17/2018	DC Water	Your Commute Just Got More Refreshing
5/17/2018	Washingtonian	Things to Do in DC This Weekend (May 17-20): An Exhibit About Diseases, Betty Who with an Orchestra, and Bike to Work Day
5/17/2018	Greater Greater Washington	Breakfast links: Bike to work tomorrow — it's really good for your health
5/17/2018	Mobility Lab	Greatest hits: our top five biking articles
5/18/2018	WAMU	For Bike-To-Work Week, These D.C. Advocates Guard
5/18/2018	Reston Now	Friday Morning Notes – Bike to Work Day is Today
5/18/2018	My MC Media	Cyclists Undeterred by Bike to Work Day Rain
5/18/2018	Cycling Smarter	Bike to Work Day Is May 18; Cyclists Can Enjoy Pit Stops Around DC Area
5/18/2018	ARL Now	Soggy Bike to Work Day
5/18/2018	Dems.gov	Blumenauer, Crowley Release Proposal to Expand Bicycle Commuting
5/22/2018	National Capital Region TPB NEWS	It was a fun and rainy #BTWD2018
5/23/2018	Herndon Connection	Functional, Fun and Healthy in Herndon: Herndon Pit Stop draws both morning and afternoon cyclists at Bike to Work Day 2018
5/23/2018	Connection Newspapers	Reston Riders Join Bike to Work Day
6/6/2018	SoMdNews	Indian Head student offers bike safety tips, town gets
6/30/2018	TripSavvy	Bike Events 2018 in Washington DC
Television – 1		
5/17/2017	Prince George's Community Television	Bike to Work Day
Radio - 2		
5/16/2018	WHUR	Bike to Work Friday
5/17/2018	WMAL	Bike to Work Day
Blog - 15		
N/A	Inova	Bike to Work Day 2018
5/4/2018	Arlington Transportation	Bike to Work Day is Friday, May 18
5/9/2018	Advantedge	3 Reason Why Biking to Work Makes a Difference

5/13/2018	Next Door	This week's Mayoral update – make your commute fun by biking to work!
5/15/2018	Greater Greater Washington	Bike to Work Tomorrow
5/16/2018	Anacostia Park	Grow your Capacity: Bike to Work Day, A Free Social Impact Job Board and More
5/16/2018	Greater Greater Washington	Tactical urbanism like Bethesda's pop-up bike lane can create lasting change
5/17/2018	EYA	Top 5 Benefits of Biking to Work
5/18/2018	The DC Bike Blogger	This Year's Soggy National Bike to Work Day
5/18/2018	Friends of White Flint	A wonderful ... if wet ... Bike to Work Day 2018 at Pike & Rose
5/18/2018	Popville	12 Of Our Favorite Events in D.C. This Weekend – Pop a Wheelie
5/19/2018	Wheel Bike	From Wheels to Bikes
5/23/2018	Arlington Transportation Partners	4 Reasons National Bike Month is Great for New Riders
5/29/2018	FABB	Faces of Fairfax: Lou From Springfield
5/31/2018	DC Military	NSAB Hosts 'Pit Stop' on Bike to Work Day
Calendar Listing - 56		
OhBike		Bike to Work Day
National Institutes of Health		Bike to Work Day 2018
Community Forklift		Registration Is Open for Bike To Work Day 2018!
Georgetown DC		Celebrate Bike to Work Day In Georgetown
Downtown DC		Bike to Work Day 2018
Capitol Riverfront		DC Bike to Work Day
Loudon County		Register Now for Bike to Work Day Friday, May 18, 2018
REI		Join REI DC Flagship for Bike to Work Day at NoMa Pitstop
Rosslyn		Bike to Work Day
Bethesda Transit		Bike to Work Day
One Montgomery Green		Bike to Work Day 2018
Prince George's County		Bike to Work Day-Bowie

Urban Athletic Club	Bike to Work Day
Golden Triangle DC	Bike to Work Day 2018
Public Art Reston	Bike to Work Day
Takoma Langley	Bike to Work Day
Tysons	Bike to Work Day: Tysons Corner Pit Stop
Community Forklift	Get to Work in Style
Main Street Takoma	Bike to Work Day
Mount Vernon Triangle DC	Bike to Work Day 2018 at Bicyclespace
VDOT	Northern Virginia Bicycle and Pedestrian Resources
Edmonston Maryland	Bike to Work Day 2018
DC.gov	Executive Office of the Mavor
Union Station Redevelopment Corporation	Bike to Work Day 2018
Go Alex	Bike to Work Day 2018
All Events	Bike to Work Day 2018
The Washington Sun	Bike to Work Day is Friday, May 18
Arlington Transportation Partners	Bike to Work Day
Bethesda Magazine	Bike to Work Day 2018
District Wharf	Bike Home on Bike to Work Day
Bike Arlington	Bike to Work Day
Greater Greater Washington	Bike to Work Day
The Village at Shirlington	Bike to Work
DC Triathlon Club	Bike to Work Day 2018 Fri May 18
DC Public Library	Bike to Work Day 2018
National Institutes of Health	Bike to Work Day – Friday, May 18
Bus Rapid Transit	Bike to Work Day
Potomac Pedalers	Bike to Work Day
Carpe Diem Washington	Georgetown Bike to Work Day 2018
Carpe Diem Washington	Bike to Work Day Pitt Stop
Falls Church	Bike to Work Day 2018
Fitt Washington DC	Bike to Work Day 2018
Downtown DC	Join the DowntownDC BID for Bike to Work Day.
Simpson Real Estate	Bike to Work Day 2018
Link Info	Bike to Work Day 2018
District Department of Transportation	Bike to Work 2018
Cherry Blossom Volunteers	Downtown DC Needs Volunteers for Bike to Work
DC Water	Annual Bike to Work Day
NIH Recreation and Welfare	Bike to Work Day 2018

A DC Journey	Do This: Bike to Work Day
Community Forklift	Looking For An Excuse To Go Out To Eat? Or Do You Want To Burn A Few Calories?
American University	Bike to Work Day
Montgomery Planning Board	Calendar of Events
New Woodbridge	Bike to Work Day
Arlington's Car-Free Diet	Bike to Work Day
Fairfax County	Bike to Work Day 2018

Earned Media Highlights



This morning we're giving you an opportunity to get some exercise in before you get to work, by replacing your 4-wheeled vehicle with a 2-wheeled vehicle. It's Bike to Work Day this Friday and my guest is the Director of Commuter Connections, Mr. Nicolas Ramos.

Bike to Work Day is this Friday, May 13. For more information and to register, call 800-745-7433 or go to: www.biketoworkmetrodc.org

Tune in to Taking it to the Streets, weekdays at 6:46, 7:13 and 8:13 on the Steve Harvey Morning Show on 96.2 WHUR.

STAY CONNECTED: [Become a Club WHUR member](#) [Like WHUR](#) [Follow @whurdc](#) [YouTube](#)

Follow me on facebook and twitter at @bobbygates for updates and to stay connected

Capital Bikeshare rolling into Prince George's County

By Liz Lane



Bikes line a Capital Bikeshare station on the corner of Eighth and G streets NW in D.C. (Brittany Gressory/The Washington Post)

Bikeshare rolls into Prince George's County next week when five Capital Bikeshare stations open for business on May 15.

The distinctive red bicycles will be available along a stretch of the Route 1 corridor from Mount Rainier to Riverdale Park and in the Largo area, in what is the latest expansion of the region's bike-share network.

For Bike-To-Work Week, These D.C. Advocates Guard A Bike Lane

by Jacob Fenstein



David Magliaro took part in the human protected bike lane on 14th St. Northeast to show that D.C.'s cycling infrastructure still needs work.

Most drivers in D.C. likely are familiar with protected bike lanes, set apart from car traffic by bollards or curbs. But during this year's bike-to-work week, cyclists tried another tactic to draw attention to areas where the region's infrastructure isn't doing a good job of keeping people on bikes safe — human-protected bike lanes.


D.C. is consistently ranked among the top biking cities in the nation, as are so are some of its suburbs, including Arlington and Alexandria, Virginia. But lately, some cyclists say the progress isn't happening fast enough — that the region is not keeping up with other innovative cities and not even keeping up with some local.

NEWS Functional, Fun and Healthy

Herdon PI Stop draws both morning and afternoon cyclists at Bike to Work Day 2018.

By MARISA HERRON

Rain and drizzly weather did not stop thousands of cyclists from participating in the annual Bike to Work Day 2018. Herdon, VA, was one of the many stops along the route. The Herdon PI Stop was a popular destination for cyclists, drawing both morning and afternoon riders. The stop was set up with a variety of amenities, including water, snacks, and bike repair services. The event was organized by the Herdon Area Bicycle Association (HABA) and the Herdon Chamber of Commerce. The stop was a success, with many cyclists reporting that it was a great way to start their commute. The event was held on Friday, May 11, from 6:00 a.m. to 8:00 a.m. The stop was located at the intersection of Route 28 and Herdon Road. The stop was a popular destination for cyclists, drawing both morning and afternoon riders. The stop was set up with a variety of amenities, including water, snacks, and bike repair services. The event was organized by the Herdon Area Bicycle Association (HABA) and the Herdon Chamber of Commerce. The stop was a success, with many cyclists reporting that it was a great way to start their commute. The event was held on Friday, May 11, from 6:00 a.m. to 8:00 a.m. The stop was located at the intersection of Route 28 and Herdon Road.




dc water is life

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Your Commute Just Got More Refreshing




mymcmedia MONTGOMERY COUNTY COMMUNITY MEDIA

ARTS BLOG BUSINESS EDUCATION EVENTS LIFE PUBLIC SAFETY SPORTS

MAY 8, 2018 BY MADISAFIED

COUNTY'S FIRST EVER POP-UP BIKE LANE TO DEBUT ON BIKE TO WORK DAY

Montgomery County's first pop-up bike lane will make Bike to Work Day a safe and worry-free event on Friday, May 11, in Bethesda.

From 6 a.m. to 8 p.m., this protected bike lane will start at the traffic circle at Cheltenham Drive and Tibury Street, cross Wisconsin Avenue, head south on Woodmont Avenue and end at the entrance to Capital Crescent Trail, according to the Montgomery County government website.

The pop-up lane will also serve as a pilot for a permanent protected bike lane on Woodmont Avenue.

Over hundreds of stops all over the DMV area will provide Bike to Work Day participants with refreshments, free T-shirts, and chances to win bicycles and other prizes.

Participants are welcome to join any of 19 free bicycle convoys led by experienced bike commuters.

In 2008, the Washington, D.C., region was ranked No. 1 safest metropolitan area by the American College of Sports Medicine. Bike to Work Day organizers Commuter Connections and Washington Area Bicycle Association say they hope enough people will participate to help the region win it back the title.

"Bicycling can improve your health, keep you active, and reduce your carbon footprint, all while saving you thousands of dollars at the gas pump," Nicholas Ramos, Commuter Connections director, said.

Anyone wishing to participate in Bike to Work Day can register for free at www.biketoworkmetrodc.org

Sponsors

goDCgo @goDCgo · 6h
 #BikeToWorkDay is fast approaching - do you offer employees bike benefits? Join our #SpringPedalPush by signing up for a @bikeshare Corporate Membership and receive a special sign on package! @dchamber godcgo.com/spring-pedal-p...
 2 replies

goDCgo @goDCgo · May 15
 Only 3 more days until #BiketoworkDay. Who's excited?!

Washington Area Bicyclist Association (WABA)
 May 11 at 4:00pm
 Today is the LAST DAY you can register for Bike to Work Day AND be guaranteed a free t-shirt!
 You've still got time!
<http://www.biketoworkmetrodc.org/>



BIKETOWORKMETRODC.ORG
BTWD | Bike To Work Day
 On Friday, May 18, 2018 Commuter Connections and the Washington Are...

bikes@vienna shared a post.
 May 14 at 9:23pm
 Remember, Friday is the Big Day - Bike to Work Day! Ride your bike in to work, and stop at one of the many pit stops. If you register, you'll be eligible for several bikes being raffled, including a folding bike from us! We'll be at the Vienna Town Green pit stop bright and early, some come on by!




T-SHIRTS AVAILABLE TO FIRST 20,000 WHO REGISTER AND ATTEND

Register free at www.biketoworkmetrodc.org/

Bike to Work Day
 May 18 at 10:47am
 Join in and ride on Friday, May 18th for Bike to Work Day, sponsored by Commuter Connections and the Washington Area Bicyclist Association. Register for this free event at biketoworkmetrodc.org or call 800.745.7433. #BTWD2018 #bike2workday

Takoma Bicycle
 3 hrs
 #biketoworkdaydc Smoothies!



Comment Share

Commuter Connections Retweeted
BikeArlington @BikeArlington · 2h
 Smiling and riding through the rain #BTWD2018 #Rosslyn #Shirlington #ColumbiaPike #Ballston



3 replies 10 likes

What can we help you find?

@ALFXANDRIAGOV

The City will host an Architecture Symposium, June 8-9, at the @USF10 to promote public discussion about architecture and design in Alexandria. Event will feature keynote by (@alexandriagov) columnist Roger K. Lewis and panel discussion of local real estate. @alexandriagov June 10-11-13 2:59 PM Alexandria, VA 18

ALERT: The City of Alexandria is under a Flash Flood Warning until 1:15 a.m. Those living near creeks, streams and coastal areas should consider moving to

Celebrate Bike to Work Day

Celebrate Bike to Work Day
 Memorial Day Jazz Festival
 City Hosts Dedication Ceremony for New Warwick Pool
 City Kicks Off National Public Works Week with Comm Honor Celebration
 2018 Outdoor Pool Season Begins May 29
 May 21 Deadline to Register or Update Voter Registration
 Champions of Children Awards

On Friday, May 18, join thousands of area commuters in celebrating Bike to Work Day, which promotes bicycling as an eco-friendly, fun and healthy way to get to work.
[Learn More](#)

BIKE TO WORK DAY 2018 FRIDAY MAY 18

Pre-register by May 11 for Free T-shirt and bike raffish FREE FOOD, BEVERAGES and ENTERTAINMENT at all locations.

spokestaxi • Follow

spokestaxi: Who's ready? Only a couple days left. As you can probably tell we are getting pretty excited! ☺
 #btwd #biketoworkday #sponsored #spokestaxi #bikeapp #bicycling #community #biketoworkday2018 #bicycling #biketoworkday #northernvirginia #evoted

Register free at www.biketoworkmetrodc.org/

GO ALEX SPORLES CIP WABA BIKESHARE BIKES@VIENNA

Log in to like or comment.


BIKE TO WORK DAY
 Friday, May 18, 2018

BikeArlington invites you to join thousands of area commuters for a celebration of bicycling as a fun, healthy, and sustainable way to get to work! Meet up with your neighbors and coworkers at one of the 100 regional pit stops to enjoy food, music, and fun activities with fellow bikers.

Bike to Work Day is a FREE event and open to all area commuters whether you're new to riding or ride every day. The first 20,000 people to register receive a free t-shirt to wear at work with pride and are automatically entered into the regional and local raffles for sweet prizes and bikes.

Follow us on Facebook, Twitter, and Instagram and share your #BTWD2018 photos.

Miss your pit stop? Pick up your t-shirt from one of three locations starting on Tuesday, May 22:



Blogs

Bike Arlington

HOME » WHAT TO DO IF "EVERY DAY IS BIKE TO WORK DAY" FOR YOU

What to Do if "Every Day is Bike to Work Day" for You

Erin Potter | @BikeArlington | May 9, 2018 | 0 Comments

Erin Potter is the Program Manager for BikeArlington. She appreciates Arlington's low-stress street and trail network, which allows her to get places easily by bike.

BIKE TAKEAWAY: If you are already a true believer in biking to work and a year-round bike commuter, we have three easy things you can do to make Bike to Work Day on Friday, May 10, extra awesome.

Bike to Work Day is a region-wide celebration of people getting to work by bike, whether it's your first time trying it out or you've been doing it for 20 years.

It's an opportunity for people to feel the sun on their cheeks and the wind in their hair as they try something new, and about growing the pie of people who want safer roads and trails for people walking and biking. I mean, it's also about grabbing some bagels and coffee with a great mix of other bike-powered travelers before ducking into your office.

Arlington Transportation Partners

HOME » BLOG » BIKE TO WORK DAY IS FRIDAY, MAY 10


Bike to Work Day is Friday, May 18

Jonathan Bodes | @jbonbodes | April 4, 2018

Jonathan Bodes is a Business Development Manager at Arlington Transportation Partners and has been using our free since 2011. He often rides his bike 4 miles to work, but also utilizes various buses and the Metro.

ATP Takeaway: Bike to Work Day is the perfect time to try commuting by bike. Join thousands of fellow riders for fun and festivities while also taking advantage of a sustainable commute and free exercise.

Bike to Work Day is almost here! On Friday, May 18, thousands of riders from the entire DC region will descend upon more than 85 pit stops for free breakfast, giveaways, and information on biking in the area. The event, hosted by Commuter Connections and the Washington Area Bicycle Association, brings together nearly 20,000 riders enthusiastic about biking to work (and looking for some bonus giveaways, too).



Holy Mountain: A Blog about Our Common Life

Commentary on public policy, place and social relations

Friday, May 25, 2018

Bike to Work Day 2018



This year's Bike to Work observation took me in Washington, D.C., where it's mostly confined to one day, Friday, which I guess is the officially designated Big Day. That, of course, puts all the shops on one day's weather, which is not-spring and certainly not-great. As happens last year (see below), Friday in Cedar Rapids was wet and not even your humble blogger was biking to work in that stop. This year in Washington, Bike to Work Day fell on a wet day—the fourth day in a row of miserable precipitation, as I happened to have exactly covered and completely.

Bike to Work Day in Washington has mobile and stationary features. On the mobile side, streetcar bicycle carriers through various parts of the metropolitan area, heavily all started in suburban locations. Eight of them ended at Freedom Plaza in Washington's business district, and others ended


Friends of White Flint

NEWS ABOUT MAP MEMBERSHIP ARCHIVES CALENDAR

A wonderful ... if wet ... Bike to Work Day 2018 at Pike & Rose

Published: [Share](#) | [Email](#) | [Print](#)

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Winner of Distributions tickets

THE DC BIKE BLOGGER

I'm not a fanatical cyclist. I'm not a professional writer or photographer either. I'm just a guy who works in Washington, D.C., and uses my lunch break each day to go for a bike ride and document some of the eclectic ideas and events I see and [upload photos](#) & [drop a few words](#) along the way with my cellphone, and then use this Blog to post the photos and write about what I see, what I learn, and what I think about while I explore our nation's capital on the ride at a time.

➔ **This Year's Soggy National Bike to Work Day**

Posted: May 18, 2018 in Events
 Tags: Bike Month, Bike to Work Day, Bike to Work Week, Commuter Connections, D.C., Freedom Plaza, League of American Bicyclists, Maryland, National Theater, Virginia, WADA, Washington Area Bicycle Association



This Year's Soggy National Bike to Work Day

The month of May is National Bike Month, May 14 through 18, 2018 is Bike to Work Week, and today was Bike to Work Day. And although it hasn't been raining all month, it has been raining all week. And it continued to rain all day today. But Bike to Work Day is a rain or shine event, but that didn't stop this morning's Bike to Work Day event, which went on more or less as planned.

The League of American Bicyclists began Bike to Work Day as part of Bike Month in 1995. Over the years, Bike to Work Day has grown into a widespread event with countless bicyclists taking to streets and trails nationwide in an effort to get commuters to try bicycling to work as a healthy and safe alternative to driving a car. In the greater D.C. region, Bike to

Faces of Fairfax: Lou From Springfield

Unconcerned about the rain on BTWD 2018, Lou from Springfield took some time to talk to FABS about his views on bicycling in Fairfax County. Lou rides for his health, laughingly adding that biking takes miles off his car and puts them on his body. He regularly commutes to work by bike. This year he also is riding to get ready to participate in the Multiple Sclerosis Society's Bike MS: Colonial Crossroads Challenge in early June. Lou told us that he really likes being out in the fresh air as he exercises. To make it easier and safer to ride in the county, Lou recommends better enforcement of the three-foot safe passing law. He also would like to see more bicycle facilities added as businesses expand along Loudside Road in Springfield.

FABS is happy to report that Fairfax County's Bicycle Master Plan, which we supported and helped get approved, includes numerous bike lanes and sharrows on and around Loudside Road and Commerce Street. Between 2015 and 2017, some of these facilities were added as part of the Virginia Department of Transportation's summer repaving program. Although no additions are planned for this summer in this area, there will be future opportunities for the repaving program to provide this virtually cost-free bicycle infrastructure.

Labels: BTWD, Faces of Fairfax

posted by Steve Ward at 7:00 AM [permalink](#)


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Organizations



Bike to Work Day 2018

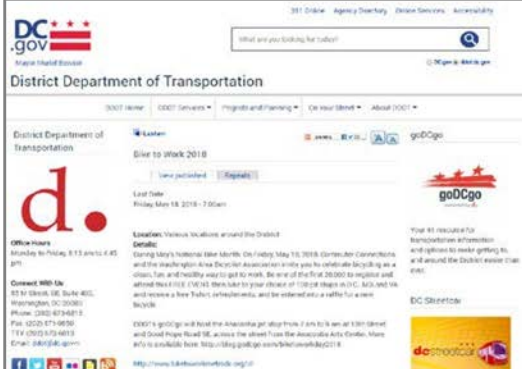
On Friday, May 18, participate in Bike to Work Day by visiting one of Alexandria's five pit stops! Register today to receive a free t-shirt on May 18. Bike to Work Day is part of **Bike Everywhere Month**, the City's month-long celebration of biking. 8.



THIS EVENT HAS PASSED.

Bike to Work Day 2018 May 18 @ 3:00pm - 9:30pm

Join the NH Bicycle Commuter Club (NHBC) in celebrating National Bike Month and Bike to Work Day on Friday, May 18th, at NH-Bldg. 1 from 7am - 9:30am, Rock Springs Business Park (Marratt HQ) from 6:30am - 8:30am and Rockville-Fallsgrove (pit stop close to the NCI Shady Grove building) from 6:30am - 9am. These buildings will be featured among many local pit stops supported by the Washington Area Bicyclists Association in a salute to bicycle commuting. NH often wins the Metropolitan Washington Council of Government's (COG) award for being the area's biggest employer of Bike to Work Day participants. Complete your free registration at <http://www.biketoworkmetrodc.org/register-now/> and help us defend our proud title this year by identifying your employer as "National Institutes of Health" no matter which pit stop you register for. You must pre-register for the pit stop you plan to visit to receive a Bike to Work Day 2018 t-shirt; available while supplies last. At the NH pit stop, all employees and contractors who show up riding a bicycle and wearing a helmet may enjoy breakfast snacks and participate in a raffle drawing. If you have never tried commuting by bike to NH and aren't quite sure how to begin, visit <http://www.nhbike.com> and click on the "Commuting" link. Bike to Work Day is a rain or shine event. Volunteers are always appreciated to help with preparations before Bike to Work Day or on the day of the event. If you would like to volunteer, email Valerie Virta at virtav@mail.nih.gov. Bike to Work Day participation enhances awareness of the myriad benefits bicycle commuting brings to personal health, the community, and the environment.



DC.gov
District Department of Transportation

Bike to Work 2018

Event Details

Event Hours
Monday to Friday, 8:30 am to 4:45 pm

Event Location
2511 Shady Ln, Suite 400, Washington, DC 20001

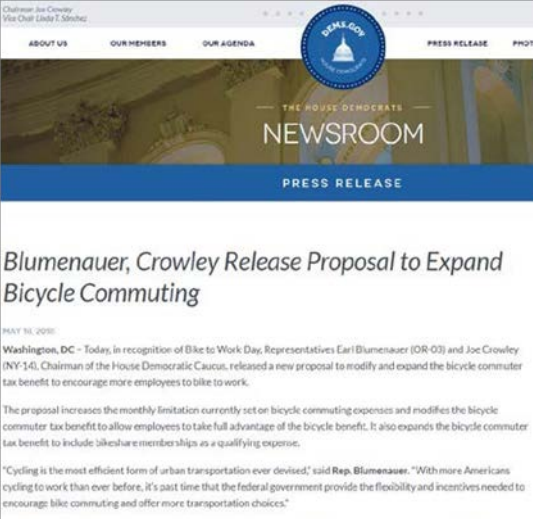
Contact
Phone: (202) 637-8400
Fax: (202) 471-9830
Toll Free: (800) 575-6618
Email: info@dc.gov

Event Description
During May's National Bike Month, on Friday, May 18, 2018, Commuter Connections and the Washington Area Bicyclists Association invite you to celebrate bicycling as a clean, fun and healthy way to get to work. So one of the 5 at 20,000 to register and attend the 2018 Bike to Work event for your district at 1200 Mt Rainier SW, and we will receive a free public transportation and an e-bike for a week.

Event Details
Event's go2go will host the Anacostia pit stop from 7 am to 8 am at 1301 Street and Donald Prager Road SE, across the street from the Anacostia Arts Center. More info is available here: <http://www.go2go.com/what-workday2018>

Highlights include the Makeover Montgomery 4 conference and Bike to Work Day

May 18 – The Planning Department will participate in **Bike to Work Day**, sponsored by Commuter Connections and the **Washington Area Bicyclist Association**. Staff will be at the pit stops in Silver Spring, Bethesda, White Flint and Takoma Park to highlight the recommendations in the Planning Board Draft of the Bicycle Master Plan. [Register for the event online.](#)



Chairman Joe Crowley
Vice Chair Debbie L. Stabenow

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NEWSROOM

PRESS RELEASE

Blumenauer, Crowley Release Proposal to Expand Bicycle Commuting


MAY 16, 2018

Washington, DC – Today, in recognition of Bike to Work Day, Representatives Earl Blumenauer (OR-03) and Joe Crowley (NY-14), Chairman of the House Democratic Caucus, released a new proposal to modify and expand the bicycle commuter tax benefit to encourage more employees to bike to work.

The proposal increases the monthly limitation currently set on bicycle commuting expenses and modifies the bicycle commuter tax benefit to allow employees to take full advantage of the benefit. It also expands the bicycle commuter tax benefit to include bikeshare memberships as a qualifying expense.

"Cycling is the most efficient form of urban transportation ever devised," said Rep. Blumenauer. "With more Americans cycling to work than ever before, it's past time that the federal government provide the flexibility and incentives needed to encourage bike commuting and offer more transportation choices."

"Giving employees the ability to make an affordable bike to work will benefit our economy, our environment, and our..."



The Journal

ACTIVE DUTY AND VETERANS SAVE 3 WAYS ON VA LOANS! | AAFMAA

NSAB Encourages Bike to Work Day Participation

By WCI Staff/Member Services/NSAB Public Affairs May 15, 2018

Recent Support Activity Bethesda Transportation Manager Ryan Emery is encouraging people to take part in National Bike to Work Day May 18.

The event is part of a larger effort to get commuters to try bicycling to work as a healthier alternative than driving and taking the metro, while also trying to reduce traffic in the area.

"We partner with NSAB to help support the event and to show the athletic nature of being to work and how it can help reduce stress and provide a more athletic commute," said Emery.

According to the National Day Calendar website, National Bike to Work Day originated in 1983 and is endorsed by the American Medical Association.

People don't need to worry about where to leave their bikes if they do plan to ride to NSAB.

"We have several hundred bikes for bikes around the base," said Emery. "It depends on when and where they were installed so to have many bikes they can support." They are primarily centered around the hospital and are also made at the parking garages.

Bike to Work Day also encourages people to ride in groups.

"Some folks will form convoys so they can ride together in case they aren't comfortable on their first go-round," said Emery. "Every year we have one or two groups come from as far away as Colorado and ride through the city to get here, it's very good, it builds camaraderie."

Event Calendars

CAPITOL RIVERFRONT THINGS TO DO PLAN YOUR VISIT LIVE HERE DO BUSINESS HERE

PARKS **EVENTS** EXPLORE ABOUT

DC BIKE TO WORK DAY

On Friday, May 18, 2018 Commuter Connections and the Washington Area Bicyclist Association invite you to celebrate bicycling as a clean, fun, and healthy way to get to work. Be one of the first 20,000 to register and attend this FREE EVENT, then bike to your choice of 100 pit stops in D.C., MD, and VA and receive a free T-shirt, refreshments, and be entered into a raffle for a new bicycle.

DATE/TIME	Friday, May 18, 2018, 7:00 am - 9:00 am
LOCATION	CANAL PARK
COST	Free BUY TICKETS
WEBSITE	VISIT WEBSITE

Friday May 18 **Bike to Work Day** Washington, DC. The Metropolitan Washington Council of Governments and the Washington Area Bicyclist Association invite you to celebrate bicycling as a clean, fun and healthy way to get to work. Register early for a pit stop near your home or work to show your support for bicycling and reserve your free Bike to Work Day t-shirt. Then on Bike to Work Day, stop by your pit stop to pick up your t-shirt and enjoy breakfast treats, prizes, and more. Registration opens in March.

Arlington's Car-Free Diet

GET STARTED WAYS TO GET AROUND NEWS & STORIES URBAN VILLAGES

Home > News & Stories > Free Details

Event Details

Bike to Work Day Friday, May 18, 2018
Various locations and times

On Friday, May 18, 2018 Commuter Connections and the Washington Area Bicyclist Association invite you to celebrate bicycling as a clean, fun, and healthy way to get to work. Register for your free t-shirt and chance to win some fun prizes.

Arlington will have seven pit stops in the morning and two in the afternoon. Visit [this link](#) for details.

[View calendar](#)

News & Stories
Events Calendar
Social Media Posts
Car-Free Diet Partner Stories
Subscribe

Bike to Work Day
May 18 @ 6:00 am - 9:00 am

While most people don't like to commute at all, in Washington DC, they might enjoy the idea of bicycling to work. In fact, the Region's business and transit officials are working to make it easier to get to work by bicycle. Bicycling is an about 100 percent healthier and more fun way to get to work. The main goal of the event is to encourage more people to use their bicycles to get to work.

Community Forklift and the Edmonston Green Team are joining forces once again to bring you the **BIKE TO WORK DAY PORT TOWNS PIT STOP**

On Friday May 18, 2018 we invite you to join over 10,000 area commuters to celebrate bicycling as a clean, fun, and healthy way to get to work. Attend our Port Towns pit stop, or one of 100+ other stops throughout DC, Maryland, and Virginia, for free refreshments, entertainment, and giveaways.

Register now for a chance to earn yourself a free t-shirt!

Supplies are limited to the first 20,000 participants registered across the DC area!

A DC Journey
Let's explore together

When
Morning Commuter Pit Stop: 7am-9am
Evening Commuter Pit Stop: 4pm-6pm

Where
Veteran's Park - Northeast Branch Trail at Decatur Street in Edmonston

Registration for the event is free and easy to complete online. For Edmonston, when prompted to choose your pit stop location, **Port Towns** Work Day, but remember your free Bike to Work Day T-shirt can't be selected during registration.

DOWNTOWNDC EVENTS TO DO EXPLORE URBAN VILLAGES NEWS & STORIES VISIT US

Event - Eco Friendly & Sustainable

Bike to Work Day 2018

BIKE TO WORK DAY 2018
FRIDAY MAY 18

[www.biketoworkday.org](#)
703.299.0029

Bike to Work Day 2018 (B2WD) - DowntownDC Business Improvement District (BID), Commuter Connections and the Washington Area Bicyclist Association (WABA) to celebrate bicycling as a clean, fun, and healthy way to get to work.

Be sure to choose the Freedom Plaza pit stop when registering. Join the fun with over a dozen exhibitors and vendors to keep you motivated as you continue on with your morning bike commute. Freedom Plaza will be a lively scene featuring music, fun and so much more! Be one of the first 20,000 to register and attend this FREE DC Metro Area EVENT and receive a free t-shirt, refreshments, and be entered into a raffle for a new bicycle.

AMERICAN UNIVERSITY
SEARCH

University Website Calendar

Friday, May 18
Bike to Work Day
8:00 am - 10:00 am, Southeast Plaza 3

Category: Health & Wellness
Event Location: Southeast Plaza 3

Event Description: Celebrate the Bike to Work Day with breakfast and the Office of Sustainability on 5/18/18. After your ride, stop by the Booth at 1000 Evans Hall. Open for breakfast, refreshments, and prizes. Register for the event at [www.biketoworkday.org](#). Register for the event at [www.biketoworkday.org](#). Register for the event at [www.biketoworkday.org](#).

Event Details: **Health & Wellness, Trainings, Life Services**

Contact: [Lynn Nelson](#)
[llynns@american.edu](#)

Do This: Bike to Work Day (5/18/18)

Do This: Bike to Work Day (5/18/18)

Do This: Bike to Work Day (5/18/18)

Do This: Bike to Work Day (5/18/18)

TYSONS TYSONS THE FACILITY GROUP

All Events

BIKE TO WORK DAY: TYSONS CORNER PIT STOP
MAY 18 @ 6:30 AM - 10:00 AM | 1001 INTERNATIONAL DRIVE

Celebrate 2018 National Bike to Work Day by visiting the Tysons Corner Pit Stop Friday, May 18 from 6:30-10AM in front of Capital Center at 1001 International. Enjoy the refreshments and giveaways provided by:

- L.L. Bean
- Vortex Indoor Cycling
- Couch Fitness
- Fairfax Alliance for Better Bicycling
- Avetta
- Cinnabon

Register at [www.B2WDatTheCity.org](#)

Headline News
Posted on: March 23, 2018

Register Now for Bike to Work Day Friday, May 18, 2018

Registration is now open for the region's annual Bike to Work Day, set for Friday, May 18, 2018. New and experienced bicyclists are encouraged to register [here](#) or by calling 800-745-7433.

Loudoun County will host two pit stop celebrations where registrants can pick-up free T-shirts, receive giveaways, enjoy refreshments, and win prizes. The Loudoun County pit stops are adjacent to the Washington and Old Dominion (W&OD) Trail at:

- Leesburg, just east of Route 28, at Ruman Road behind Oriskany ATK from 6:30 a.m. to 9:00 a.m.
- Starting just east of Route 28, at Ruman Road behind Oriskany ATK from 6:30 a.m. to 9:00 a.m.

Bike to Work Day is coordinated regionally by the Washington Area Bicyclist Association and the Metropolitan Washington Council of Governments. The event is held rain or shine.

In Loudoun County, more than 500 cyclists are expected to take part. The local festivities are planned by Loudoun County Commuter Services. More information, including a link to register, is available at [www.loudoun.gov/BikeToWorkDay](#) or by contacting local coordinator Judy Galien at 703.299.0029.

ROSSLYN EVENTS EXPLORE NEWS PLACEMAKING BUSINESS

HOME / EVENTS / CALENDAR / BIKE TO WORK DAY

Bike to Work Day

PAST DATES AND TIMES

- Friday, May 18, 2018 6:30 a.m.

LOCATION: Gateway Park - 1300 Lee Hwy

VISIT WEBSITE [CT](#)

Stop by the largest pit stop of the event on Bike to Work Day at

Join REI DC Flagship for Bike to Work Day at NoMa Pitstop

Overview

Join REI DC Flagship for Bike to Work Day at NoMa pit stop! Register in advance with your pit stop location to receive a free t-shirt and enter into the prize raffle. T-shirts are available to the first 20,000 who register and attend.

Simpson (703)299-0029

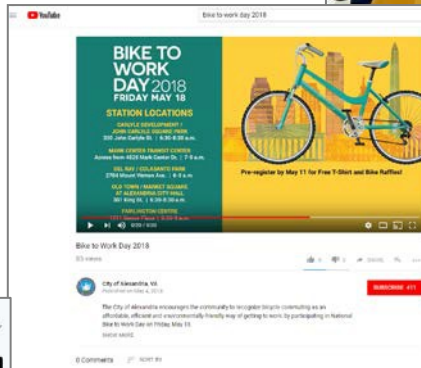
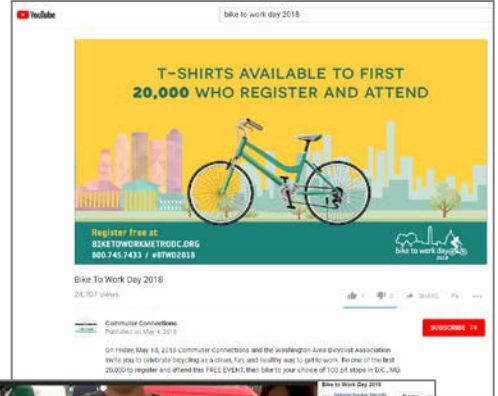
Services > Our Staff > What's New > Community > Resources > Contact Us

Bike to Work Day 2018

BIKE TO WORK DAY 2018
FRIDAY MAY 18

Friday, May 18th will be a day to celebrate bicycling as a clean, fun, and healthy way to get to work. Register for your free t-shirt, refreshments, and be entered into a raffle for a new bicycle. Register here.

Video



Photos and other Promotional Items

Alexandria Carlyle



Alexandria Old Town



Arlington Ballston



Indian Head



The Wharf





HOME

GET IT DOWNTOWN

EVENTS

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WORK

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01
JUN
2018

Bike to Work Day

Events Pro / June Events / Bike to Work Day



Originally scheduled for May 18, Bike to Work Day has been moved to June 1 due to severe weather and flooding in May.

Free registration is open for the ~~May 18~~ June 1 Bike to Work Day, when Frederick cyclists take a ceremonial ride and raise awareness

about carless commuting.

On May 9, during the mayor and Board of Aldermen workshop, Mayor Michael O'Connor will proclaim May 14-18 Bike to Work Week. The featured event in Frederick occurs on Bike to Work Day: Rain or shine on ~~May 18~~ June 1, at 6:30 a.m., a ceremonial ride open to all begins at Hood College, goes to

City Hall and ends at the Frederick Transit Center (Downtown MARC Station). At the conclusion, participants will receive free refreshments, music and giveaways.

Annual Bike to Work events are sponsored to promote bicycling and mass transit as an alternative to commuting in single-occupancy cars. Register for Bike to Work Day at <http://www.biketoworkmetrodc.org/>. TransIT Services of Frederick County is one of the day's sponsors. TransIT Services offers commuter resources for those interested in using alternative transportation, including public transit, paratransit and commuter assistance services to Frederick County residents and area commuters. TransIT offers bicycle racks on many connector buses to make biking to work easy and inexpensive.

The MARC Station, also known as the Transit Center, is the location of the Bike To Work Day pit stop in Frederick, and serves as the arrival and departure site for most TransIT buses, MARC trains, MTA commuter buses, Bay Runner Shuttle and Greyhound. Commuter Connections and the Washington Area Bicyclist Association encourage everyone to participate, prepare for the event and learn more about bike commuting. For tips on bicycling to work, check out the "Bicycling to Work in the Washington Area" available through Commuter Connections at: www.commuterconnections.org/commuters/bicycling/.

Start:	June 1, 2018	6:30 AM
End:	June 1, 2018	8:30 AM

Fees & Tickets

Free Registration

Free

Event Venue

Frederick Social Media

The screenshot shows a web browser window with the URL http://www.localdvm.com/news/bike-to-work-day_20180601212754/1213435447. The browser tabs include "Bike to Work Week starts Mon...", "Bike to Work Day | Downtown...", "Bike to Work Day | Downtown...", "Bike to Work Day - LocalDVM", and "Bike to Work Day - LocalDVM". The browser's address bar and search bar are visible at the top.

At the top of the page, there is a navigation menu with links: "File", "Edit", "View", "Favorites", "Tools", and "Help". Below this is a secondary navigation bar with links: "Velocity Payment System", "Welcome to CashPro Onli...", "Fixed Route Web Portal by...", "Mobile Ticketing Adminis...", "EZTransport - Admin Port...", and "RouteShout Home".

The main content area features a news article titled "Bike to Work Day" under the "News" category. The article is dated "Posted: Jun 01, 2018 05:27 PM EDT" and "Updated: Jun 01, 2018 05:27 PM EDT". It includes social media sharing icons for Facebook, Twitter, Print, and a plus sign for more options.

The article's main image is a video player showing a woman in a patterned dress standing in front of a screen displaying a "Bike to Work Day" event. The video player has a "1 minute left" timer and a play button. Below the video player is the caption "Bike to Work Day".

There are several advertisements on the page:

- A top advertisement for "Control your thermostat from your phone & get \$100 from Potomac Edison" with a "Learn More" button.
- An advertisement for "FREDERICK AIR" with the tagline "WHAT IT TAKES".
- An advertisement for "Gray's Home Solutions LLC" with the phone number "240.347.3141" and the slogan "WE BUY HOUSES FAST!". It also features a "LOCAL FAMILY OWNED BUSINESS" logo and a "BBB" logo. The ad lists services: "Behind on house payments?", "Little or no equity?", and "House need repairs?". It includes a "CLICK HERE OR CALL TODAY" button.
- An advertisement for a "GOLF TOUR CARD" for "\$99 (A \$399 VALUE)" with a "75% OFF" discount. It mentions "18 HOLES FROM 12 OF THE BEST COURSES IN THE FOUR-STATE AREA" and features logos for "WIDVM" and "LOCAL DVM". Below the ad is a "See the Courses" link and a series of seven dots, with the first one filled.

At the bottom of the page, there is a section titled "Trending Stories" with a horizontal line below it.

Proclamation



Whereas, bicycle commuting is an effective means to improve air quality, reduce traffic congestion and noise, and to conserve energy; and

Whereas, bicycle commuting benefits both employees and employers through better employee health and fitness; reduces commuting, parking, and health care costs; lowers employee absenteeism and turnover, and increases employee productivity; and

Whereas, increasing numbers of businesses have bicycle parking and other commuter facilities to help employees and customers commute by bicycle; and

Whereas, MARC riders may ride bicycles to the downtown station and use the racks or MARC's bike car to secure their bicycles. Commuters can also bicycle to a TransIT bus stop, secure their bicycles on the bus rack, and ride TransIT to their work sites; and

Whereas, the month of May is "Clean Air Month" to promote air quality, and May is also "National Bike Month" to promote the bicycle as a means of transportation and recreation.

Now, Therefore, as the County Executive of Frederick County, Maryland, I hereby proclaim May 18, 2018, as

Bike to Work Day

in Frederick County, and do commend this observance to all of our citizens.

COUNTY EXECUTIVE OF
FREDERICK COUNTY, MARYLAND


Jan H. Gardner

Presented, this 1st day of June 2018

Frederick County Press Release



FREDERICK COUNTY GOVERNMENT TRANSIT SERVICES DIVISION

Jan H. Gardner
County Executive

Nancy J. Norris, Director

NEWS RELEASE

FOR IMMEDIATE RELEASE
May 3, 2018

CONTACT: Kendall K Tiffany
Community Relations Manager
(301) 600-2065
KTiffany@FrederickCountyMD.gov

TransIT and the City of Frederick Celebrate Bike to Work Day's 18th Year May 18th

FREDERICK, MD – On May 18th, 2018, the Metropolitan Washington region will celebrate Bike to Work Day's 18th year. Bike to Work Day is a regional event coordinated by Commuter Connections and the Washington Area Bicycle Association to provide awareness for bicycle commuting and increase participation as a means of transportation. The region will host over 100 pit stops including Frederick, hosted by TransIT Services of Frederick County and the City of Frederick, at the Frederick Transit Center on East Street from 6:30 a.m. until 8:30 a.m. The first 20,000 registrants in the region will receive a free t-shirt with registration.

Frederick's event includes a ceremonial ride through Downtown Frederick followed by free refreshments from Krispy Kreme, The Common Market, and coffee from McDonalds, music from KEY103, remarks from local dignitaries, and a chance to win great prizes from The Bicycle Escape, Glory Doughnuts, Cycle Fit and Wegmans.

Riders who plan to participate in the ceremonial ride through Downtown Frederick should plan to arrive at Alumnae Hall off Rosemont Avenue at Hood College no later than 6:30 a.m. Please see the attached map for the ceremonial ride route. In honor of Bike to Work Day, all bike riders will receive free rides on TransIT Connectors and shuttle routes. All TransIT buses are equipped with bike racks for multi-modal transportation. Commuters who are interested in participating in Bike to Work Day but are commuting out of county will be able to take their bikes on the 894 MARC Train out of Frederick in the morning and the 893 MARC Train back into Frederick in the evening.

A Pre-Registration Party will take place on Friday, May 11th from 5 p.m. until 8 p.m. at The Bicycle Escape in Clemson Corner. Participants are encouraged to stop by for early t-shirt pick up, bike tune ups, and free refreshments.

To register for Bike to Work Day, please visit www.biketoworkmetrodc.org and select Frederick as the pit stop location. For more information about TransIT Services of Frederick County, please visit our website at www.FrederickCountyMD.gov/TransIT, like us on Facebook, and follow us on Twitter @TransITServices.

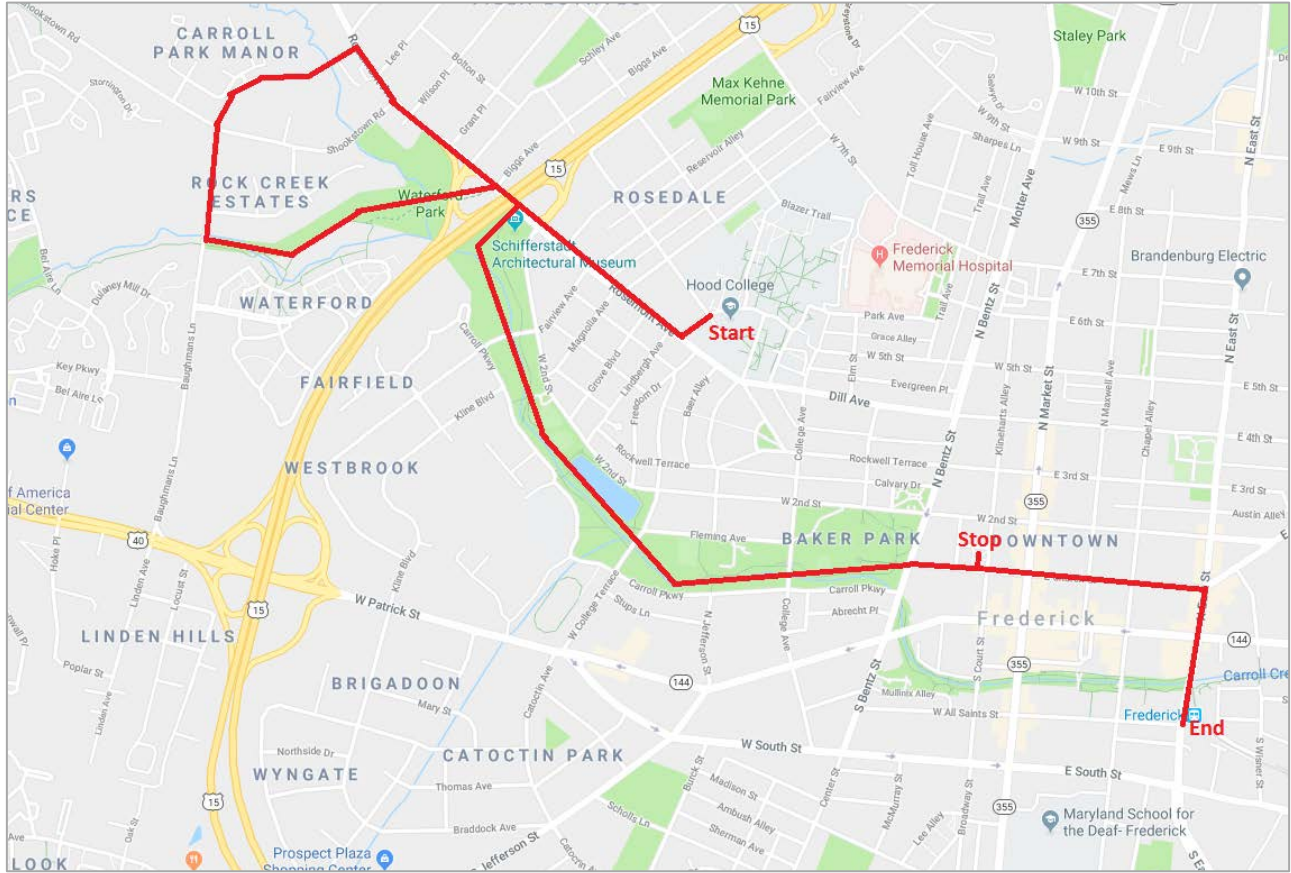
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TransIT Services of Frederick County is committed to ensuring that no person is excluded from participation in, or denied the benefits of its transportation services on the basis of race, color or national origin, as protected by Title VI in the Federal Transit Administration (FTA) Circular 4702.1B. For additional information, please visit the website at www.FrederickCountyMD.gov/transit.



Frederick County: Rich History, Bright Future
1040 Rocky Springs Road, Frederick, MD 21702 • 301-600-2065 • Fax 301-600-3471
www.FrederickCountyMD.gov

Frederick Bike Route



Silver Spring Raffle and Raffle Winner





PROCLAMATION
OF THE COUNCIL OF THE CITY OF BOWIE, MARYLAND
PROCLAIMING THE MONTH OF MAY, 2018 AS
NATIONAL BIKE MONTH

WHEREAS, for more than a century, the bicycle has been an important part of the lives of most Americans; and,

WHEREAS, today millions of Americans engage in bicycling as an environmentally sound form of transportation, and an excellent form of fitness and quality family recreation; and,

WHEREAS, the City of Bowie has been an advocate of, and an active participant in developing and maintaining a City-wide system of on-road bike routes and off-road hiker-biker trails; and,

WHEREAS, in May 2002, the City Council adopted a City-wide Trails Master Plan, with the goal of maintaining, expanding and enhancing the City's trail and bike route network; and,

WHEREAS, the City continues to work with local residents, biking enthusiasts and organizations and County and State officials to improve the City's trail and bike route system; and,

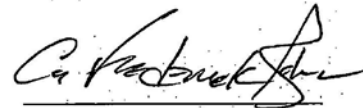
WHEREAS, the City is represented on the Prince George's County Bicycle and Trails Advisory Group (BTAG), whose goal is to promote expansion of the trail and bike network throughout the County; and,

WHEREAS, this year the City of Bowie will again participate in the region-wide Bike to Work Day event and will have two designated pit stops on Bike to Work Day, Friday, May 18th; and,

WHEREAS, the City of Bowie is fortunate to have the American Discovery Trail, a transcontinental hiker/biker trail, and the East Coast Greenway, a north-south national trail, traverse through our community.

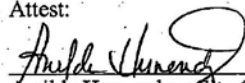
NOW, THEREFORE, BE IT PROCLAIMED that the Council of the City of Bowie, Maryland hereby proclaims the month of May 2018 National Bike Month in Bowie, Maryland and encourages Bowie and area residents to: benefit from the many rewards of bicycling; give biking a try; and, to take advantage of the City's numerous miles off-road and on-road trail network on a daily basis for recreational and, when possible, personal trips and trips to their school or work place.

INTRODUCED AND PASSED by the Council of the City of Bowie, Maryland at a Regular Meeting on the Sixteenth Day of April, 2018.



Bowie City Council
G. Frederick Robinson, Mayor

Attest:


Awilda Hernandez, City Clerk