

The **TLC Program** helps local governments and agencies plan and design vibrant communities, share success stories, and promote regional goals. For more information, including how to apply for technical assistance, please see the contacts below.

**TLC TECHNICAL ASSISTANCE AND PEERX**

National Capital Region Transportation Planning Board  
mwcog.com/tlc  
TLC@mwcog.org

John Swanson  
(202) 962-3295  
jswanson@mwcog.org

Nicole McCall  
(202) 962-3341  
nmccall@mwcog.org

**TA SET ASIDE**

District Department of Transportation  
ddot.dc.gov/page/transportation-alternatives-program

Maryland State Highway Administration  
roads.maryland.gov/index.aspx?pageid=144

Virginia Department of Transportation  
Local Assistance Division  
viriniadot.org/business/prehancegrants.asp

**COG-ULI TECHNICAL ASSISTANCE PANELS**

ULI Washington District Council  
washington.uli.org/what-we-do/technical-assistance-panels/

Deborah K. Bilek  
(240) 497-0550  
deborah.bilek@uli.org

The **National Capital Region Transportation Planning Board (TPB)** is the federally designated metropolitan planning organization (MPO) for the Washington region. It is responsible for developing and carrying out a continuing, comprehensive, and cooperative transportation planning process in the metropolitan area.

Members of the TPB include representatives of the transportation agencies of the states of Maryland and Virginia, and the District of Columbia, 22 local governments, the Washington Metropolitan Area Transit Authority, the Maryland and Virginia General Assemblies, and nonvoting members from the Metropolitan Washington Airports Authority and federal agencies.

The TPB is staffed by the Department of Transportation Planning at the **Metropolitan Washington Council of Governments (COG)**.



National Capital Region  
**Transportation Planning Board**

Metropolitan Washington Council of Governments  
777 North Capitol Street NE, Suite 300  
Washington, DC 20002

mwcog.org/tpb



**TLC** **TRANSPORTATION/  
LAND USE  
CONNECTIONS  
PROGRAM**



 National Capital Region  
**Transportation Planning Board**

The Transportation Planning Board's (TPB) Transportation/Land Use Connections (TLC) program helps local jurisdictions work through the challenges of integrating transportation and land use planning to create vibrant communities. TLC is designed to support local planning and design projects as well as share success stories and proven tools with governments and agencies across the region.

Since 2007, the TPB has worked with every jurisdiction in the National Capital Region through the three components of the TLC Program: TLC Technical Assistance, the Peer Exchange Network (TLC PeerX), and the Transportation Alternatives Set Aside (TA Set Aside). TLC also includes a partnership with the Washington District Council of the Urban Land Institute through its Technical Assistance Panels (COG-ULI TAP).

### The TPB encourages TLC projects and events that support:

- **REGIONAL GOALS**
  - REGIONAL TRANSPORTATION PRIORITIES PLAN
  - REGION FORWARD
- **CROSS-JURISDICTIONAL COLLABORATION**
- **ACTIVITY CENTERS**
- **ACCESS TO TRANSIT**
- **DIVERSITY AND EQUITY**

The TLC Program has three components:

### TLC TECHNICAL ASSISTANCE

TLC Technical Assistance provides consultant services to local jurisdictions working on creative, forward-thinking, and sustainable plans and projects. The TPB provides assistance of \$30,000 to \$60,000 for planning, and up to \$80,000 for 30 percent design. Applicants must be TPB member local jurisdictions or area agencies or organizations partnering with TPB member jurisdictions.

### PEER EXCHANGE NETWORK (TLC PEERX)

TLC PeerX provides opportunities for planners across the region to share and discuss best practices and innovative ideas stemming from successful past projects and regional planning issues. TLC PeerX includes webinars, forums, site visits, and other means of connecting the region's planners and promoting collaboration around TLC-related topics.

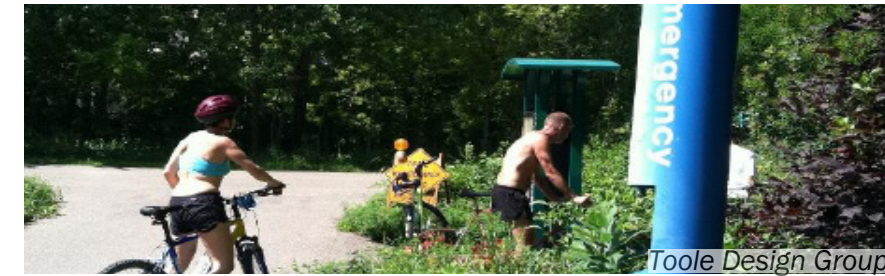
### TRANSPORTATION ALTERNATIVES SET ASIDE (TA SET ASIDE)

The TA Set Aside allocates federal reimbursable aid for capital improvements considered alternative to traditional highway construction. The TPB works with the District of Columbia, Maryland, and Virginia to coordinate each state's application process in the region. The TPB strongly encourages applications that support TLC priority criteria, Safe Routes to School, bicycle/pedestrian facilities, and non-motorized transit access improvements. Applicants must provide a minimum 20 percent match. Projects should be ready for construction or in final engineering and design phases.

[mwcog.org/tlc](http://mwcog.org/tlc)



Designing a new streetscape for 19th Street to address land use and stormwater issues in Downtown DC.



Planning a multi-use trail to connect suburban communities with Metrorail stations, create new walking and biking facilities, and promote safety and health in Prince George's County, MD.



Supporting the expansion of Capital Bikeshare in suburban Activity Centers like Reston in Fairfax County, VA.

### COG-ULI TECHNICAL ASSISTANCE PANELS (COG-ULI TAP)

ULI-TAP gathers urban development experts to provide focused, market-level feedback for local development and/or land-use issues. ULI Washington and COG have partnered to select and support technical assistance panels for projects located in Activity Centers. Applicants must be local governments and are eligible to pay a reduced rate.