# NATIONAL CAPITAL REGION FREIGHT FORUM REVIEW

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### Freight and Visualize 2045

- Federal regulations require MPOs to consider the "enhancement of the efficient movement of freight" in the transportation planning process
- Visualize 2045 (the region's long-range plan) will:
  - Encompass the National Capital Region Freight Plan
  - Emphasize the importance of goods movement
  - Highlight emerging freight issues and trends
- The TPB freight subcommittee provides freight-related input to the planning process
- The Freight Forum engaged participants to explore goods delivery in urban neighborhoods



### NCR Freight Forum: Overview

- 2<sup>nd</sup> Regional Freight Forum held on Tuesday, October 31 all day event
  - 1st ever Regional Freight Forum was held on April 27, 2011
- Theme: "Freight as an Enabler of Livability"
- 50 attendees
- Focus on goods delivery in three neighborhoods
  - o Downtown Frederick, MD
  - Downtown Washington, DC
  - Rosslyn-Ballston Corridor in Arlington, VA
- Proven strategies based on TRB research
  - NCFRP Report 33 Improving Freight System Performance in Metropolitan Areas: A Planning Guide



# NCR Freight Forum: Planning

#### National Partners:

- FHWA and the Volpe Center
- ITE (Institute of Transportation Engineers)





ARLINGTON



#### Regional Partners:

- City of Frederick, Maryland
- District Department of Transportation
- Arlington County, Virginia







## Overview of Urban Freight Challenges

Featured a mix of public- and private-sector speakers

#### Selected takeaways...

- Growth of e-commerce drives an increase of freight traffic into urban areas
- Dense, amenity-rich neighborhoods require freight deliveries
- Trucks share road and curb space with pedestrians, bicyclists, transit vehicles, and automobiles
- Private-sector firms are reluctant to share data for business competitiveness reasons

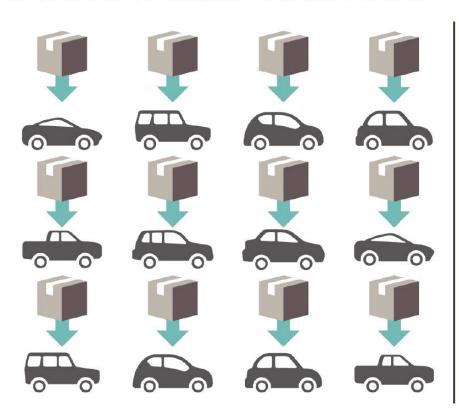




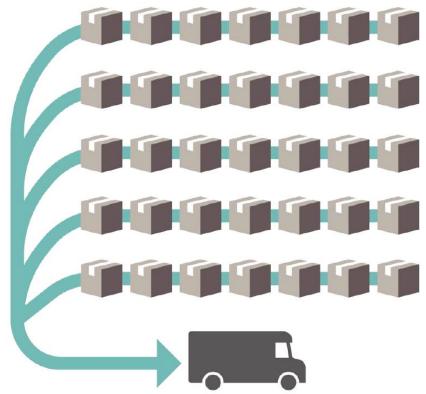


### E-commerce Graphic Featured in Session 1

#### A World Without E-Commerce



#### A World With E-Commerce





#### **Breakout – Freight as an Enabler of Livability**

# Facilitated by Laura Richards - Transportation Planner, DDOT

#### Selected takeaways...

- Residents are generators as well as consumers of freight
- Trucks can legally use streets posted with restrictions to make local deliveries









### Research-proven Strategies

# Led by TRB researcher Johanna Leal, Iowa State University

#### Selected initiatives

- Off hours delivery
- Managed loading zones
- Loading and parking restrictions
- Urban consolidation centers







### **Downtown Delivery Breakout Sessions**

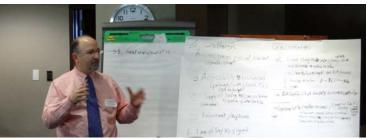
#### Three breakout groups:

- Downtown DC: Sam Zimbabwe, DDOT
- Downtown Frederick: Kelly Russell, City of Frederick, MD
- Rosslyn-Ballston Corridor: Stephen Crim, Arlington County, VA

#### Selected discussion items...

- <u>Challenges:</u> Congestion, lack of loading zones, enforcement, aging infrastructure
- <u>Initiatives:</u> Parking performance pricing, urban consolidation center, assessing loading zone needs, holding charrettes









## **Summary of Key Points**

- E-commerce growth driving increased freight demand
- Dense, livable neighborhoods increase freight demand and reduce freight access
- Addressing freight delivery challenges requires people with a variety of backgrounds and expertise
- The Forum engaged a broad stakeholder group to address urban freight and livability issues



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