



**National Capital Region  
Transportation Planning Board  
COMMUTER CONNECTIONS PROGRAM**

**Bike To Work Day 2023  
Draft Report**

*Prepared for:*

Metropolitan Washington Council of Governments  
777 North Capitol Street, NE, Suite 300  
Washington, DC 20002-4290

Prepared by:

Mark Hersey, COG/TPB staff

November 8, 2023



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## ACKNOWLEDGEMENTS - PIT STOPS - REGISTRANT TOTALS

The 2023 Metropolitan Washington Bike to Work Day (BTWD) Pit Stop Managers consisted of the following individuals representing their respective organizations and the registrants for each pit stop and the number of registrants:

2023 Pit Stop Name	Name	Company/Organization name:	# Registrants
DC NE Anacostia Riverwalk Trail - River Terrace Park	Julie Kutruff	National Park Service	129
DC NE Edgewood at Metrobar	Jesse B Rauch	Metrobar	199
DC NE Ivy City at BicycleSPACE	Philip Koopman	BicycleSPACE	50
DC NE NoMa at Wunder Garten	Daniel Hoagland	NoMa Business Improvement District	466
DC NE Old City Market and Oven	Curt Hansen	Old City Market and Oven	119
DC NW Adams Morgan at Unity Park	Brian Barrie	Adams Morgan Partnership BID	362
DC NW Cathedral Heights at Conte's Bike Shop	Joseph Chaale	Conte's Bike Shop	126
DC NW Columbia Heights Plaza	Daniel Hayes	Volunteer	327
DC NW Dupont Circle at American Geophysical Union	Margaret Moerchen	American Geophysical Union	246
DC NW Franklin Park	Latasha Stiger	DowntownDC Business Improvement District	288
DC NW Georgetown Waterfront Park	Taylor Bologna	Georgetown BID	487
DC NW Golden Triangle - Farragut Square	JoAnn Waller	Golden Triangle BID	196
DC NW Golden Triangle - L Street	Tia Carson	The Tower Companies	114
DC NW Mt. Vernon Triangle at VIDA Fitness	Nancy Burnham	VIDA Fitness	119
DC NW National Geographic Society	Susan Kolodziejczyk	National Geographic Society	246
DC NW Penn Quarter at City Dental DC	John Tsaknis	City Dental DC	74
DC NW Shaw	Tory Gibling	Fehr & Peers	130
DC NW West End at American College of Cardiology	Lara Gold	American College of Cardiology	75

DC SE Anacostia	Ryen Washington	Anacostia Business Improvement District	51
DC SE Capitol Hill at Eastern Market	McKenna Pugh	Capitol Hill BID	382
DC SE Capitol Riverfront at Canal Park	Alex Smith Ruby Zimetbaum	Capitol Riverfront Business Improvement District	173
DC SE U.S. Coast Guard HQ	Randy Robinson	U.S. Coast Guard	54
DC SW Capitol Hill at House Office Buildings	Jessie Himmelrich	Architect of the Capitol	48
DC SW Southwest Business Improvement District	Patrick Revord	Southwest BID	51
DC SW The Wharf	George Clark	Wharf Community Association	166
MD Charles Co Indian Head at Village Green Pavilion	Carmen Hilton	Tri County Council for Southern Maryland	53
MD Frederick Co Brunswick Train Station (MARC)	Jaime McKay	Brunswick Main Street	25
MD Frederick Co Frederick Downtown at Transit Center	Brandan Stuckey	Transit Services of Frederick County	229
MD Montgomery Co Bethesda - Downtown	David Manchias	Bethesda Urban Partnership	448
MD Montgomery Co FDA White Oak	Mark Sofman	U.S. FDA	98
MD Montgomery Co Friendship Heights	Brian Fields	Montgomery County DOT - Commuter Services	193
MD Montgomery Co Gaithersburg Kentlands	Brian Fields	City of Gaithersburg	183
MD Montgomery Co Gaithersburg Olde Towne Plaza (afternoon)	Sean Cullinane	City of Gaithersburg	63
MD Montgomery Co National Institutes of Health Bldg 1	Traci McPhail	National Institutes of Health	347
MD Montgomery Co North Bethesda at Pike & Rose	Jennifer Bolick	North Bethesda Transportation Center	308
MD Montgomery Co Rockville - Fallsgrove Thomas Farm Community Ctr	Michelle Golden	Montgomery County DOT - Commuter Services	235
MD Montgomery Co Rockville - Town Square	Michelle Hughes	Montgomery County DOT - Commuter Services	171
MD Montgomery Co Rockville - Twinbrook	Ruthann Eiser	JBG SMITH	88
MD Montgomery Co Silver Spring - Downtown at Veterans Plaza	Alex Freedman	Montgomery County DOT - Commuter Services	357
MD Montgomery Co Takoma Park - Downtown/Old Town		City of Takoma Park	155



MD Montgomery Co Takoma Park - Sligo Creek Trail	Alex Freedman	City of Takoma Park	59
MD Montgomery Co Wheaton - Downtown at Marian Fryer Town Plaza	Kyle Lukacs	Montgomery County DOT - Commuter Services	79
MD Prince George's Co Bladensburg Waterfront Park	Robert Walker	M-NCPPC, Dept of Parks and Rec, PG Co	83
MD Prince George's Co College Park at City Hall Plaza	Kevin Blackerby	City of College Park	134
MD Prince George's Co Greenbelt Aquatic & Fitness Center	Di Quynn Reno	Greenbelt Community Center	146
MD Prince George's Co Hyattsville at Driskell Community Park	Chris Militello	Arrow Bicycle	114
MD Prince George's Co Largo/Kettering/Perrywood Community Center	Tiffany Jennings	Prince George's Co Dept of Public Works & Transportation	103
MD Prince George's Co Mount Rainier Bike Co-op	Sarah Lifsey	Volunteer	48
MD Prince George's Co Oxon Hill/National Harbor	Benjamin Ryan	M-NCPPC	53
MD Prince George's Co Port Towns at Edmonston	Rod Barnes	Town of Edmonston	14
MD Prince George's Co Riverdale Park Station	Lydia Chandlee	Cushman Wakefield	49
MD Prince George's Co University of Maryland	Marta Woldu	University of Maryland Dept of Transpotation	66
VA Arlington Co Arlington Mill Community Center	Emily Gage Raymond	Phoenix Bikes	107
VA Arlington Co Ballston	Duran	BikeArlington	417
VA Arlington Co Clarendon at The Lot (afternoon)	Raymond Duran	BikeArlington	112
VA Arlington Co Columbia Pike at Penrose Square	Raymond Duran	BikeArlington	153
VA Arlington Co East Falls Church Metro	David Goodman	WMATA	188
VA Arlington Co HQ National Guard (TARC)	Karen January	ARMY NATIONAL GUARD BUREAU, HQ	33
VA Arlington Co Langston Blvd (afternoon)	Ginger Brown	Langston Boulevard Alliance	50
VA Arlington Co National Landing at Long Bridge Park	Matthew Jones	National Landing Business Improvement District	287
VA Arlington Co Rosslyn at Gateway Park	Raymond Duran	BikeArlington	603
VA Arlington Co Shirlington at New District Brewing (afternoon)	Henry Dunbar	BikeArlington	127

VA City of Alexandria Del Ray at Colasanto Park	Velocity Bicycle Coop	Velocity Bicycle Cooperative	212
VA City of Alexandria Fairlington Centre	Megan Hurst	Great Harvest Bread	58
VA City of Alexandria John Carlyle Square Park	Morgan Babcock	Carlyle Council	450
VA City of Alexandria Mark Center	Hugh McGloin	Washington Headquarters Services	56
VA City of Alexandria National Landing at APTA	Sarah Amesbury	APTA	45
VA City of Alexandria Old Town at City Hall	Katie North	City of Alexandria	300
VA City of Fairfax Old Town Square	Chloe Ritter	City of Fairfax, Department of Public Works	146
VA City of Falls Church West End Park - W&OD Trail	Bob Threton	Conte's Bike Shop	153
VA City of Manassas Park VRE Station	Alanna Mensing	City of Manassas Park	18
VA City of Manassas VRE Station	Bryce Barrett	Prince William County Department of Transportation	67
VA Fairfax Co Alexandria - Mt Vernon/Hybla Valley/Ft Hunt	Nicole Wynands	Fairfax County Department of Transportation	35
VA Fairfax Co Alexandria South at Trek Bicycle	Chris Callis	Trek Bikes Alexandria South	31
VA Fairfax Co Annandale at George Mason Regional Library	Howard Albers	FABB Volunteer	17
VA Fairfax Co Annandale Wakefield Park at Audrey Moore RECenter	Dan Peters	Fairfax County Park Authority	51
VA Fairfax Co Burke Centre VRE Station	Bethany Usher	FAAB Volunteer	56
VA Fairfax Co Centreville/Clifton	Nicole Wynands	Fairfax County Department of Transportation	15
VA Fairfax Co Chantilly - Stringfellow	Nicole Wynands	Fairfax County Department of Transportation	43
VA Fairfax Co Chantilly - Sully Government Center	Michael Coyle	Sully District Supervisor Kathy Smith's Office	16
VA Fairfax Co Fair Lakes Center	Liz French	Fair Lakes League	52
VA Fairfax Co Fairfax County Government Center	Nicole Wynands	Fairfax County Department of Transportation	80
VA Fairfax Co Falls Church - Culmore	Nicole Wynands	Fairfax County Department of Transportation	15
VA Fairfax Co Fort Belvoir	Charice Smith	Fort Belvoir Safety Office	36
VA Fairfax Co Herndon Innovation Center	Nicole Wynands	Fairfax County Department of Transportation	40

VA Fairfax Co Herndon Town Hall Green	Julie Kagler Jennifer	Town of Herndon - Parks & Recreation	307
VA Fairfax Co Lorton at Workhouse Arts Center	Deutschen dorf	Workhouse Arts Center	18
VA Fairfax Co McLean MITRE Corporation	Linsey M. Burch	Wells + Associates	142
VA Fairfax Co Mosaic at Strawberry Park (afternoon)	Marie Cox	Wells + Associates	87
VA Fairfax Co Newington - Saratoga Park & Ride	Nicole Wynands	Fairfax County Department of Transportation	14
VA Fairfax Co Oakton at Oak Marr RECenter	Megan Baker	Fairfax County Park Authority	15
VA Fairfax Co Providence Community Center	Nicole Wynands	Fairfax County Department of Transportation	31
VA Fairfax Co Reston at The Bike Lane	Anne Mader	The Bike Lane	271
VA Fairfax Co Springfield at South Run RECenter	David Fallert	Fairfax County Park Authority	30
VA Fairfax Co Springfield Metro Park at Walker Lane	Carla Eades Charlie	Transwestern	48
VA Fairfax Co Town of Vienna	Strunk	Town of Vienna	259
VA Fairfax Co Tysons Corner Center	Alyssa Brooks	Macerich/Tysons Corner Center Supervisor Pat Herrity, Springfield District, Fairfax County Board of Supervisors	66
VA Fairfax Co West Springfield Government Center	Peyton Onks	Loudoun County Dept of General Services	26
VA Loudoun Co Leesburg at Raflo Park	Judy Galen Judy Galen	Loudoun County Dept of General Services	258
VA Loudoun Co Sterling	Galen	Loudoun County Dept of General Services	256
VA Prince William Co Dumfries at Simpson Community Center	Yvette Ragland	Town of Dumfries	8
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VA Prince William Co Manassas GMU at Freedom Center	Margaret Smith	A-1 Cycling	35
VA Prince William Co Rippon Landing VRE Station	Holly Morello	OmniRide	19
VA Prince William Co Woodbridge - Chinn Center	Dan Pittman	Prince William Parks, Recreation & Tourism	43
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**Metropolitan Washington Council of Governments (COG)** staff included:  
Nicholas Ramfos      Douglas Franklin      Mark Hersey      Dan Sheehan

**Washington Area Bicyclists Association (WABA)** staff included:  
Colin Browne    Jeslyn Zakes

**District, Maryland, Virginia, and U.S. Departments of Transportation**

For their continued funding support of the Commuter Connections work programs.

Both COG and WABA thank all individuals and organizations which helped make the Washington, DC metropolitan region Bike to Work Day 2023 a success.

## BACKGROUND and EXECUTIVE SUMMARY

Bike to Work Day has been held annually in the Washington metropolitan region for over a decade and was originally started by the Washington Area Bicyclist Association with a main rallying point or pit stop in downtown DC. In September 2000, The National Capital Region Transportation Board (TPB's) Commuter Connections program, housed at the Metropolitan Washington Council of Governments, partnered with WABA to form a regional Bike to Work Day Steering Committee to examine the feasibility of adding additional Bike to Work Day pit stops or rallying points throughout the region in 2001, thus creating a larger awareness of using cycling to work as a viable commuting alternative. Since that first involvement with Bike to Work Day in 2001, annual registrations for the event have grown exponentially over the years. In 2020, the event was canceled due to the COVID pandemic, reinstated in 2021, and is gradually looking to rebound to pre-COVID levels.

Several bicycles were raffled off and all the registrants who attended received a free BTWD 2023 T-shirt.

Bicyclists enjoyed free T-shirts, snacks, participated in prize drawings, and heard live bands as well as music and listened and talked to elected officials.

The success of the marketing promotion campaign relied upon targeting of employer and commuter audiences, identification of cost-effective media, crafting key messages, and procuring giveaway items such as t-shirts designed to attract commuters to try bicycling to work.

The Steering Committee's resources for Bike to Work Day 2023, included:

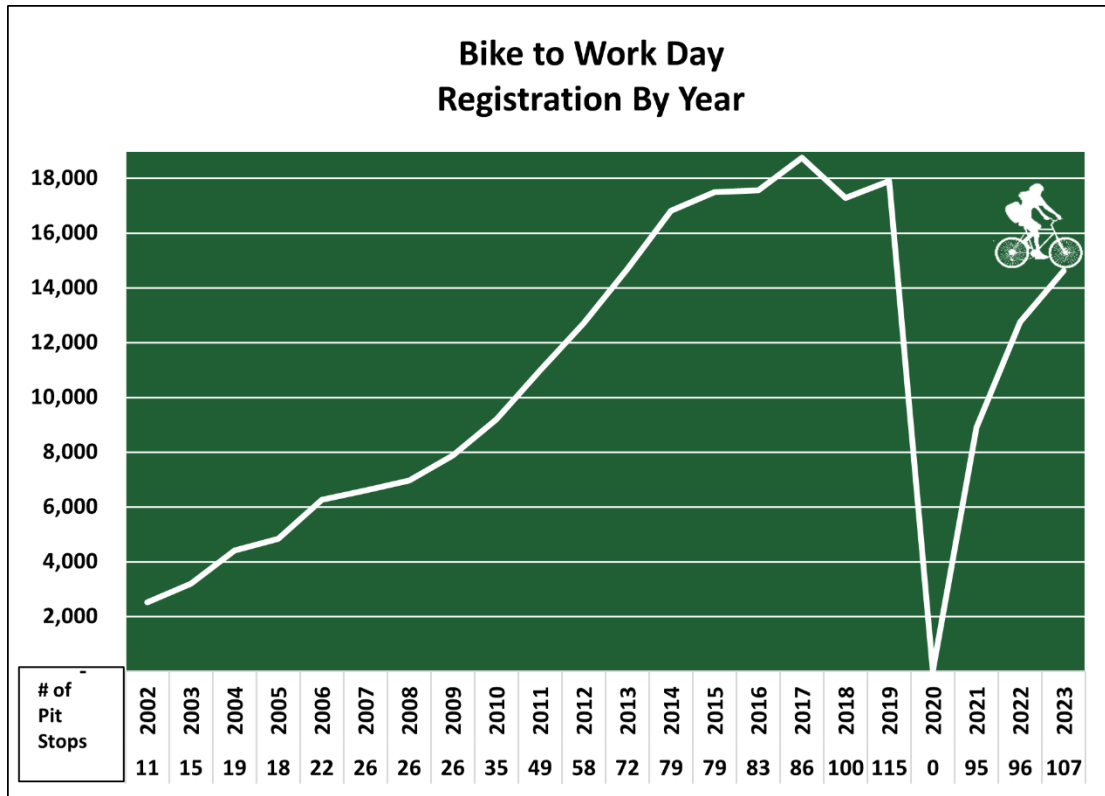
- Web site designed and maintained by Commuter Connections.
- Posters and rack cards developed and printed by Commuter Connections.
- Promoting the event through WABA's membership.
- A comprehensive campaign produced and placed by Commuter Connections.
- Outreach to employers through a direct mail and email marketing campaign by Commuter Connections.
- An article in the Commuter Connections employer newsletter.
- Local marketing efforts by the various pit stop managers.
- An e-mail to previous year's participants by Commuter Connections.
- Banners designed and printed by Commuter Connections.
- A public affairs outreach effort through the Metropolitan Washington Council of Governments Office of Communications and WABA.
- The design and distribution of free t-shirts by Commuter Connections.
- Donated bicycles for the regional raffle from BicycleSPACE, and Bikes@Vienna as well as Three Points Cycles.

In addition, 19 confirmed bicycling convoy routes were identified by WABA along with route leaders who assisted novice and experienced cyclists through the routes. Each route traveled to a pit stop where cyclists received free refreshments, t-shirts and other giveaways. Many pit stops had additional activities for bicyclists and are described later in this report.

Since 2000, the COG/TPB's Commuter Connections program has worked to increase awareness of bicycling to work as a viable commute option by joining with the WABA in their efforts to promote and coordinate the region's annual Bike to Work Day event. Commuter Connections created and maintains a regional marketing effort that helped to increase the number of cyclists participating in the yearly event from 1,100 in 2001 to a peak of more than 18,000 in 2017. Although biking to work accounts for a small percentage of the overall regional commute mode split, bicycling helps reduce traffic congestion, improves air quality, and provides a healthy commute alternative for those commuters who choose to use it as a sustainable means of transportation to and from work.

Since 2006, the Bike to Work Day Event has a budget line item for the Commuter Connections Work Program. Commuter Connections is funded by the District of Columbia, Maryland, Virginia, and U.S. Departments of Transportation.

# Registration by Year



Sponsor Declaration Form



**Bike to Work Day - May 19, 2023  
Regional Sponsorship Declaration**

Deadline to Return January 31, 2023

**Please check one of the following Sponsor Levels:**

	Cash	In-Kind
<b>GOLD SPONSOR LEVEL            \$7,500</b> <i>Mentioned as sponsor on hundreds of Radio Ads (traditional and/or internet radio), Social Media, plus all Silver and Bronze level items</i>	<input type="checkbox"/>	<input type="checkbox"/>
<b>SILVER SPONSOR LEVEL        \$4,500</b> <i>Logo on thousands of T-shirts, Press Release, plus Bronze level items</i>	<input type="checkbox"/>	<input type="checkbox"/>
<b>BRONZE SPONSOR LEVEL       \$1,200</b> <i>Logo on Website and thousands of Posters and Rack Cards</i>	<input type="checkbox"/>	<input type="checkbox"/>

**If in-kind donation, please describe:** \_\_\_\_\_  
 \_\_\_\_\_

*Sponsors must provide a minimum of 50% cash\*. Example: donate \$4,500 in cash, or \$2,250 cash/\$2,250 in acceptable merchandise. \*Donors of bicycles may be in-kind only. Sponsor attendance at Bike to Work Day pit stop locations is separate from this regional sponsorship agreement and is typically available at no extra cost; it must however be negotiated separately with the independently managed local pit stop(s).*

Name: \_\_\_\_\_ Title: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

e-mail: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_ \_\_\_\_

Website address for your sponsor logo: \_\_\_\_\_

Signature \_\_\_\_\_

Please make check payable to: **Metropolitan Washington Council of Governments** and mail to 777 N. Capitol Street, Suite 300, Washington, DC 20002 ATTN: Douglas Franklin. Send this form and logo to [dfranklin@mwkog.org](mailto:dfranklin@mwkog.org) in high resolution format for quality reproduction, no later than January 31, 2023. Contact Douglas at (202) 962-3792 with any questions. COG and WABA are 501c(3) nonprofits.





## Sponsor Drive

Commuter Connections gained both monetary and in-kind sponsorships from a variety of organizations in the Washington metropolitan region. A total of \$45,950 in cash was donated for the region. The following is a list of both cash and in-kind sponsors who generously donated to the Bike to Work Day 2023 event:

### 2023 Sponsors:

<b>Sponsor</b>	<b>Level</b>
All About Burger	Gold
GoAlex	Gold
ICF	Gold
Pedego	Gold
BicycleSPACE	Silver
BikeArlington	Silver
City Dental DC	Silver
Verra	Silver
American Association of State and Highway Transportation Officials	Bronze
bikes@vienna	Bronze
Fair Lakes League	Bronze
Giant Food	Bronze
goDCgo	Bronze
Maryland Department of Transportation	Bronze
Prince George's Vision Zero	Bronze
Virginia Department of Transportation	Bronze

## HIGHLIGHTS FROM AREA PIT-STOPPS

**Adams Morgan:** The event was held at Unity Park from 7:30am to 11am. There were 362 registrants for the pit stop.

**Alexandria Carlyle Square:** Bike to Work Day 2023 was a huge success for our 13<sup>th</sup> year as the Carlyle Pit Stop! Our registration was higher than in 2019! Our turn out was great, the weather was wonderful, and it was so great to have so many supportive sponsors on site and donate to our raffle. We are so thankful that everyone took the time to register and come out to support our pit stop! We had our live raffle every 15 minutes with three winners each time. Our Mayor, Justin Wilson, vice-mayor, Amy Jackson, Councilman Canek Aguirre, and Councilwomen Sarah Bagley stopped by to support and helped us with our raffle drawings! We are so grateful for the Alexandria Police Department and Sheriff Department for showing up early to support us with setting up their tables.

We cannot thank our wonderful sponsors below enough! They donated generous gift cards and gifts for the raffle! We are so thankful for all our wonderful businesses and group organizations for their support and time!

Alexandria Dog Walk
Alexandria Renew Enterprise
Alexandria Spokeswomen
Alexandria Police Department
Alexandria Sheriff Department
Bicycle & Pedestrian Advisory Committee
Burke & Herbert Bank
Carlyle Council
Carlyle Gateway
Club Pilates Alexandria
Conte's Bike Shop
Cowo & Crèche
Eisenhower Partnership
Frizzles Salon & Spa
Handy Bikes

Lost Boy Cider
Nando's- Carlyle Crossings
Panera Bread
Paradigm
Post Carlyle Square/ MAA
Pure Barre
Simpson Properties, Ltd.
Sweet Fire Donna's
Tequila & Taco
The Westin
WABA (Washington Area Bicyclist Association)
Wegman's
Whiskey & Oyster
Yoga 6

**Alexandria:** This year was a transitional year for the City of Alexandria’s Bike to Work Day. After a long hiatus due to COVID we finally were back at City Hall’s Market Square as the main Bike to Work Day pit stop. This allowed us to host a larger affair than we had in the last couple of years as COVID took us away from larger gatherings. While splitting participants up amongst smaller pit stops sustained us, the City’s bike commuters missed the fanfare and camaraderie that Market Square provided.

This year’s affair included a set by DJ Regy Reg, A 360 Photobooth experience with your bike, coffee, eats, on site tune-ups and of course tabling by our wonderful City partners, businesses and agency representatives and of course our giveaways and BTWD T-Shirts. We were grateful to finally have enough to not run out this year, although we did have requests for larger sized 4XL and 5XL shirts we could not accommodate. We added to our slate of sponsors this year with prizes, donations and giveaways provided by Wegmans, Athleta, the Water Taxi, ESP Tea and Coffee and so much more.

Despite competing with the opening of the brand-new Potomac Yards Metro Station we were still able to net appearances by several local officials including the Mayor, City Manager and local council members. We had 308 people register online and had more people show up and sign up. Between the 5 pit stops within the City of Alexandria we had over 1,100 registrations. Thanks to a strong push towards then end and a great interview on WUSA we saw another year of increased participation.

**Alexandria Del Ray:** The event was held at Colasanto Park from 6am to 9am. There were 212 registrants for the pit stop.

**Alexandria National Landing at APTA:** The event was held from 3pm to 6pm. There were 45 registrants for the pit stop.

**Anacostia:** The event was held by the Arts Center from 7am to 9 am. There were 51 registrants for the pit stop.

**Anacostia Riverwalk Trail:** The event was held from 7am to 9am. There were 129 registrants.

**Annandale:** The event was held at Wakefield Park/Audrey Moore RECenter from 6:30am to 9am. There were 51 registrants for the pit stop.

**Annandale George Mason Library:** The event was held from 6:30am to 9am. There were 17 registrants.

### **Arlington County Pit Stops and Number of Registrants**

Arlington Rosslyn: The event was held from 6:30 am to 9:30 am. There were 631 registrants.

Arlington Ballston: The event was held from 6:30 am to 9:30 am. There were 435 registrants.

Arlington Columbia Pike East: The event was held from 6:30 am to 9:30 am. There were 159 registrants.

Arlington Clarendon: The event was held from 4:30 pm to 6:30 pm. There were 114 registrants.

Arlington Shirlington: The event was held from 4:30 pm to 6:30 pm. There were 133 registrants.

Arlington East Falls Church: The event was held from 6:30 am to 9:30 am. There were 194 registrants.

Arlington National Landing: The event was held from 7:00 am to 9:00 am. There were 304 registrants.

Arlington Columbia Pike West: The event was held from 7 am to 9 am. There were 114 registrants.

Arlington HQ National Guard: The event was held from 6:30 am to 10:30 am. There were 34 registrants.

Arlington Langston Blvd: The event was held from 3:00 pm to 6:00 pm. There were 51 registrants.

### **BikeArlington Pit Stop Sponsors**

Piedmont Office Realty Trust

SuperPedestrian

Pit Stop Partners

Car Free Diet

Potomac Pedalers

Friends of Mount Vernon Trail

Washington Area Bicyclist Association

Sustainable Mobility for Arlington County  
Arlington County Transportation  
Bash Boxing  
Arlington Art Truck  
Trek Bikes  
Bell Ringer  
Mcdonalds Rosslyn – MCD Mateos  
Kasper Cargo Bikes  
Nandos  
Rosslyn Bid  
Ballston Bid  
All About Burger  
Friends of Washington and Old Dominion Trail  
Arlington Families for Safe Streets  
Lime  
Pike Forward  
Arlington Food Assistance Center  
Car Free Diet  
Eco Action Arlington  
Museum of Contemporary Art Arlington

**Arlington Mill:** The Arlington Mill pit stop was held on the plaza of the Arlington Mill Community Center from 7-9am. Participation was strong for this first year of the stop with 112 registrants. In addition to claiming their free tee-shirt, riders enjoyed getting free bike safety checks from Phoenix Bikes mechanics, relaxing with chair massages from Elements Massage in Pentagon City, and browsing information from the Animal Welfare League of Arlington and Cyclebar Columbia Pike. Riders enjoyed hot coffee from Commonwealth Joe, delicious donuts from Good Company, cookies from Captain Cookie & the Milkman, and bananas from MOM's Organic Market in Arlington. Raffle prizes and give-aways including gift cards to a new tapas bar on Columbia Pike Sabores, a one-month Cyclebar pass, 60-minute massage from Elements Massage, and free trial passes to VIDA Fitness and Spenga in Ballston.

**Bethesda:** The event was held at the Capitol Crescent trail from 6:30am to 8:30am. There were 448 registrants.

**Bladensburg Waterfront Park:** The event was held at the Waterfront Park from 7am to 9am. There were 83 registrants for the pit stop.

**Briggs Chaney Park & Ride Mobile Commuter Store:** There were 20 registrants for the pit stop.

**Brunswick MARC Station:** The event was held from 9am to 11am. There were 25 registrants for the pit stop.

**Burke:** There were over 50 people who signed up, and over 30 came. There were a couple of “bonuses” supervisor Walkinshaw’s chief of staff, Frank Anderson, was a rider. And Lake Braddock Secondary School’s Safe Routes to School coordinator held an event early this morning at the school for teachers who bikes (with doughnuts - wheels for wheels) before she biked to the stop and took the VRE downtown for work.

The regional engineer for VRE was there (Dallas Rogers), talking with people about to bring bikes on VRE, and many people who weren’t biking came over and took info.

**Capitol Hill Eastern Market:** The event was held at the Eastern Market Metro Plaza from 7am to 9am. There were 382 registrants for the pit stop.

**Capitol Hill at House Office Buildings:** The event was held at South and C Streets SE from 7am to 10am. There were 48 registrants for the pit stop.

**Capitol Riverfront:** The event from 7am to 9am. There were 173 registrants for the pit stop.

**Cathedral Heights:** The event was held from 7am to 9am. There were 126 registrants.

**Centreville/Clifton:** The event was held from 6:30am to 9am. There were 15 registrants for the pit stop.

**Chantilly Library:** The event was held at the Chantilly Regional Library from 6:30am to 9am. There were 43 registrants for the pit stop.

**Chantilly Sully:** The event was held from 6:30 am to 9:30am. There were 16 registrants for the pit stop.

**Coast Guard Headquarters:** The event was held at US Coast Guard Headquarters from 6am to 9am. There were 54 registrants for the pit stop.

**College Park City Hall:** The City of College Park hosted its morning pit stop at City Hall Plaza from 6:30 to 8:30 am. There were 134 registrants.

**Columbia Heights Plaza:** 125 cyclists enjoyed a bright, sunny, warm May afternoon at the Columbia Heights Plaza in Northwest DC, for the annual “Ride Home from Bike to Work Day ‘23”. We were assisted by 8 loyal volunteers (Debra, Graham, Karen, Laurel (and baby), Max, Nathan,

Phoebe, & Sarah), and joined by the “Book Bike” of DC Public Libraries (DCPL), WABA, the DC 3rd District community-service police officers, and the wildly-popular Leah Fantle of UpShiftDC for bike tune-ups. Councilwoman Brianna Nadeau brought her 2 daughters by bike early in the afternoon, and ANC-1A members Jeremy Sherman and Max Ewart (also a volunteer) stopped by later.

300 pre-registered, and 36 registered on-site, supplemented by 2 (the lowest quantity in years!) from previous pit-stops. Giant donated \$50 for food (bananas, apples, mandarins) and water. Plenty of maps (DC, Regional, and Fairfax County) were distributed, and WABA and DCPL signed up a few new members.

Thanks to Park Triangle (sign display), Giant, District Bridges and DCPL for loaned tables, DC DPR, & DC Police and public officials.

**Crystal City/National Landing:** With over 300 registrants, the Bike to Work Day Pit Stop in Crystal City/National Landing was filled with energy. Conte's Bike Shop offered bike safety checks, a raffle for National Landing branded bike jerseys and backpacks, and a smoothie food truck, all with a DJ providing the tunes for a festive vibe. Looking forward to surpassing to building on this success for 2024!

**Dumfries:** The event was held at the Dumfries Town Hall from 7:30am to 9:30am. There were 12 registrants for the pit stop.

**Dupont Circle:** This year's AGU pit stop for Bike to Work Day (at Dupont Circle) — now our third year hosting! — was another spectacular success! Highlights in no particular order included:

- More than 250 riders from the DMV registered for our stop, and about that many visited us on the day of (whether registered or not).
- Neighborhood businesses partnered with us: Conte's Bikes did countless tune-ups on-site, and critical refreshments came courtesy of Call Your Mother Deli on P St and Dawson's Market next door.
- Advisory Neighborhood Commissioner (ANC 2B01) Meg Roggensack joined us, chatting with constituents, calling out door prize drawings, and making plans to bring lots of fellow ANC 2B commissioners in for building tours, and to start up community bike rides in our part of Ward 2.
- Riders clamored for building tours and wanted to come back with friends and colleagues to see our NetZero headquarters.

- We gave out snazzy science door prizes every few minutes, in the form of Science is Society t-shirts, glossy NASA calendars (both of these thanks to Vicky Thompson!), and gift cards from Conte's Bikes.
- Young minds were corrupted with science— small people were enchanted by our planet plaza and crawled across orbits not just of the rocky worlds but way out to the gas giants, and they took crayons to our AGU coloring sheets to produce technicolor volcanoes and outcroppings.
- AGU alums Chris McEntee and Cristine Gibney rode to our pit stop to bask again in our building's energy-efficient glow and to take renewed pride in talking about their work on the NetZero renovation with other riders.
- Current AGU staff came out to celebrate too: we were glad to see Asha Pinkney-Gillus, Mark Shimamoto, and veteran BTWD pit stop supporter Liza Lester, who cycled all the way from Takoma Park!
- Amazing volunteers made it all happen! Hearty applause goes out to AGU staff Michelle Brown, Matt Boyd, Sebastian Gominho, Neil Washington, Jeffrey Nguyen, and Emille Beller. We even had two fabulous non-AGU volunteers, Alan from Georgetown University and Alissa from the Metropolitan Washington Council of Governments.

Spirits were high across the board on this cool and sunny morning, and first-time riders especially were surprised at the joyful and supportive atmosphere! The plaza probably hasn't seen this much traffic since last year's Bike to Work Day, and the event is a great opportunity for us to engage with our neighbors and the city.

Many thanks again go out to all who participated in this year's Bike to Work Day in any capacity, and we hope even more of you will join in next year! Our small but mighty team has lots of ideas to make our bikes-and-neighborhood-and-science carnival even better and grander!

**Edgewood at Metrobar:** The event was held from 4pm to 8pm. There were 199 registrants for the pit stop.

**Fairfax Government Center:** The event was held at the Fairfax County Government Center from 6:30am to 9am. There were 80 registrants for the pit stop.

**Fair Lakes:** The event was held Fair Lakes Center from 6am to 9am. There were 45 registrants for the pit stop

**Fairlington Center:** The event was held at Fairlington Center in front of Great Harvest Bread from 6:30am to 9:00am. There were 52 registrants.



**Falls Church:** The event was held from 6:30am to 9am. There were 15 registrants.

**Fort Belvoir:** The Fort Belvoir Bike to Work Day pit stop attracted about 30 participants. Food and refreshments were donated from the Fort Belvoir Commissary. While picking up the Bike to Work t-shirts participants also had their choice of swag provided by the Fort Belvoir Installation Safety Office. Swag included drawstring bags, stress balls, water bottles, first aid kits, bike safety coloring books, chapstick, and sunglasses.

**Franklin Park:** The event was held from 7am to 9am. There were 288 registrants.

**Frederick:** The pit stop at the Transit Center in Downtown Frederick was a great success! More than 240 participants registered for the event.

Some highlights from this year's event include:

- A new and improved Ceremonial Ride route
- ASL interpreter and Certified Deaf Interpreter, to ensure full inclusion of our Deaf and hard-of-hearing cyclists and community members.
- Local elected officials participated, including City of Frederick Mayor Michael O'Connor, County Executive Jessica Fitzwater, and Aldermen Kelly Russell.
- There was 25+ participants from the City of Frederick and Frederick County Government Divisions.
- Vendors included: BGCFC and TourDeFrederick, Pedego Frederick, Frederick Health, Bike Doctor Frederick, The Bicycle Escape, The Common Market, Key103, and MDOT/MTA

**Friendship Heights:** The 2023 Friendship Heights pit stop was at The Shops at Wisconsin Place, at the corner of Wisconsin Ave. & Western Ave. in Chevy Chase and ran from 6:30 – 9:00 AM. There were 207 riders at final registration. A total of 119 attended, including registrants and walk-ups. As in previous years, there were two new bike winners. This year, the bikes were from Happy Go Bikes. One winner had to be present to win, the other was selected from a randomized number listed on the registration:

Pit stop exhibitors and donors included:

- ☒ All-In-One Entertainment
- ☒ Happy Go Bikes
- ☒ Drink More Water
- ☒ Whole Foods
- ☒ Starbucks
- ☒ Wisconsin Place Recreation and Community Center

- ☒ GEICO – The Gecko was on hand to greet people
- ☒ District Taco
- ☒ Montgomery County Dept. of Environmental Protection
- ☒ Circle Yoga
- ☒ CorePower
- ☒ Haute Bodhi Yoga & Pilates
- ☒ WABA
- ☒ Parkinson’s Foundation Mobile Unit

**Gaithersburg Kentlands:** The event was held on the corner of Great Seneca Highway and Orchard Ridge Drive from 7am to 9am. There were 183 registrants for the pit stop.

**Gaithersburg Old Towne:** The event was held in Old Towne, Gaithersburg from 4pm to 6pm. There were 63 registrants for the pit stop.

**Georgetown – Meigs Park and Waterfront Park (DC):** the was held from 7am to 9am. There were 487 registrants.

**Golden Triangle – Farragut Square:** The event was held at Farragut Square from 7am to 9am. There were 196 registrants for the pit stop.

**Golden Triangle – L Street (DC):** The event was held on the corner of 19<sup>th</sup> and L Streets NW from 7:30am to 9am. There were 114 registrants for the pit stop.

**Greenbelt:** Bike to Work Day 2023 was Greenbelt’s 11th year. A committee of three City of Greenbelt employees organized the event in the City Hall parking lot. There were 143 bikers registered with 137 passing through. Jeff Lemieux led 15 bikers on a convoy to downtown Washington DC and a convoy of 29 passed through on their way to NASA in Greenbelt.

Our sponsors:

Anacostia Trails Heritage Area provided funding for breakfast snacks.

Heavenly Well led Stretching with Your Bicycle just prior to the convoy departure.

Proteus Bicycle mechanic provided light maintenance and safety checks.

Jersey Mike’s Subs and Old Greenbelt Theatre provided raffle prizes.

Swag bags were provided to registered riders with items donated by the Greenbelt COOP Supermarket & Pharmacy, McCarl Dental Group and Jersey Mike’s Subs.

Greenbelt Sunoco provided free coffee to bikers stopping at their shop.

Primo Water supplied a water dispenser which allowed the stop to improve sustainability.

**Herndon Innovation Center:** The event was held from 6:30am to 9am. There were 40 registrants for the pit stop.

**Herndon Town Hall Green:** Herndon Parks and Recreation Department staff planned and executed this year's pitstop Riders did gratefully grab bottled water, fruits, and a variety of different snacks. . All riders were very excited to get their T-shirts this year! We opened at our usually time at 5:30am but it was slow roll until later in the morning, Next year we will be looking at adjusting our start time. . With over 300 registered that were excited, grateful, and overjoyed to be a part of Bike to Work Day!

**Hyattsville Driskell Park:** The event was held at Driskell Park from 6:30am to 8:30am. There were 114 registrants for the pit stop.

**Indian Head:** The event was held from 6am to 11am. There were 53 registrants.

**Ivy City:** The event was held at BicycleSPACE from 7am to 9am. There were 50 registrants for the pit stop.

**Kelly Leadership Center:** The event was held from 6am to 9:30am. There were 22 registrants.

**Largo:** The Prince George's County Department of Public Works & Transportation in partnership with the M-NCPPC Department of Parks and Recreation, Prince George's County and the Prince George's County Bike and Pedestrian Safety Community Advisory Group co-hosted a Bike to Work Day Pit Stop at the Largo/Kettering/Perrywood Community Center in Upper Marlboro, MD on May 19th - Bike to Work Day. Vision Zero Prince George's and the Be Seen, Be Alert, Be Safe Campaign were proud Bronze Sponsors of Bike to Work Day!

There were 103 cyclists that registered for the Bike to Work Day pit stop in advance and 40 cyclists that signed up onsite to ride on Bike to Work Day. Cyclists from across Prince George's County, Maryland and around the Region were welcomed to the Largo/ Kettering/ Perrywood Community Center by Tiffany Jennings, Prince George Bike and Pedestrian Program Manager and Pit Stop Manager and Tedd Russell, Bike to Work Day Pit Stop Co-Manager. Special greetings were provided by Michael Johnson, Director of DPW&T; Bill Tyler, Director of M-NCPPC Department of Parks and Recreation; and by Wala Blegay, Prince George's County Council Vice-Chair and District 6 County Councilwoman. During the Bike to Work Day event, There were demonstrations for Cyclists on how to load and unload the bicycle on a bike rack on front of Prince George's County's TheBus. Additionally, Cyclists were provided information and giveaways by representatives from the following agencies, organizations, offices and businesses:

Prince George's County Department of Public Works & Transportation  
TheBus  
RideSmart  
M-NCPPC Department of Parks & Recreation, Prince George's County

Prince George's County Executive  
Prince George's County Council  
M-NCPPC Park Rangers  
Vison Zero Prince George's  
Prince George's County Be Seen, Be Alert, Be Safe Bicycle and Pedestrian Safety Campaign  
Prince George's County Bike and Pedestrian Safety Community Advisory Group  
Capital Bikeshare  
Prince George's County Office of Community Relations  
PGC311  
Maryland Highway Safety Office  
M-NCPPC Seniors Cycling Club  
Jafe Cycling  
Beech Tree Pedalers  
The Capital Market at Creative Suitland  
Prince George's County Bike and Pedestrian Program  
Capital Bikeshare  
Bowie State University – Bowie Metropolitan Alumni Chapter  
The Black Nurses Association of Southern Maryland

**Leesburg:** Staff from Loudoun County Transit and Commuter Services greeted more than 180 cyclists at Raflo Park in Leesburg on Bike to Work Day. After checking in and selecting their T-shirts, participants were able to refill their water bottles, enjoy coffee, Gatorade, bananas and an assortment of pre-packaged grab and go snacks.

Two Bike Loudoun volunteers were assisted at the pit stop. One remained busy making adjustments and simple repairs at his bike stand. Participants browsed literature and picked up water bottles from Equinix and Loudoun County Fire and Rescue. VDOT staff added flashing safety lights for cyclists to the assortment of available swag.

One month prior to the event, the Leesburg Pit Stop vinyl banner was displayed along the W&OD Trail, not far from the pit stop location. Posters and rack cards were shared with local bike shops, Bike Loudoun, and employers. Bike to Work Day registration was promoted at in-person events in late April and early May. The event was also publicized on Facebook, LinkedIn, through the employer newsletter and with a County-issued news release. For the first time ever, the Leesburg Town Council issued a separate Bike to Work Day proclamation.

During the event, staff from Loudoun County Public Affairs and Communication captured still photos and video. A highlight video was shared on social media and will be refreshed to help promote the 2024 event.

**Lorton:** The event was held 3pm - 7pm at the Workhouse Arts Center in Lorton, VA. There were 19 registered.

**Manassas VRE:** Bike to Work Day 2023 at the Manassas VRE Station pitstop was a great success! We had a total of 70 participants register for the event of which 39 attended. We were also able to engage multiple commuters who were interested in registering for the event the day of. Some key highlights include the City of Manassas bike convoy which included over a dozen city employees and community members and a visit from the City of Manassas Mayor Michelle Davis-Younger. For refreshments we offered snacks, coffee, and water. A special thanks to Dan Donohue of NoVA Cycleworks for providing bike repair services for free to participants, and to the team at Historic Manassas, Holly Morello, and Allen Muchnick for helping to make the event a success!

**Manassas Park VRE:** There were 19 registrants and 4 walk-up bikers who visited.

**Manassas GMU:** A group from Aurora Flight Sciences based over at Manassas Airport come every year and I think this is the biggest group so far. We had 33 registered this year and 23 showed up so a pretty good %! There were 2 families that stopped by. One was on their way to Pennington Traditional School in Manassas and another family was going back home since they both work from home. They were pulling a trailer with a tandem with their 2 year old. We gave away almost all of the t-shirts so that was great. I took the 3 we had left over to the shop for a few of our skinnier mechanics!

**McLean – MITRE:** The event was held from 6:30am to 9am. There were 142 registrants.

**Merrifield - Mosaic:** The event was held from 4pm to 6:30pm. There were 87 registrants for the pit stop.

**Mt. Rainier:** For the Prince George's County Mount Rainier Bike Co-op stop, our third year was a success! The Mount Rainier Bike Co-op was freshly remodeled and open for tours and showed off the new bike repair stand available in front of the shop. We had a total of 48 registrants and 36 people who biked by to pick up their shirts, snacks, drinks, patch kits and bike maps!

**Mt. Vernon – Belle View (VA):** The event was held at Mount Vernon Rec Center from 6:30am to 9:00am. There were 35 registrants for the pit stop.

**Mt. Vernon:** The event was held at VIDA Fitness from 6:30am to 9:00am. There were 119 registrants for the pit stop.

**Naval Support Activity:** The event was held from 6am to 9am. There were 101 registrants for the pit stop.

**National Geographic Society:** The event was held from 8am to 10am. There were 246 registrants.

**Newington:** The event was held at South and C Streets SE from 6:30am to 9am. There were 14 registrants for the pit stop.

**NIH:** The event was held from 7am to 9:30am. There were 347 registrants.

**NOMA:** The event was held at Wunder Garten from 7:30am to 9:30am. There were 466 registrants for the pit stop.

**North Bethesda:** On Bike to Work Day, the North Bethesda Pit Stop and the North Bethesda TMD staff eagerly welcomed cyclists and participants at our location at Pike & Rose. The pit stop was located in the parking lot next to Bark Social and behind Pinstripes. Each registered participant received a Bike to Work Day t-shirt, towel, bike maps, and other goodies. They were treated to a variety of breakfast foods, giveaways, and information provided by our great sponsors who attended – Bender JCC of Greater Washington, Call Your Mother Deli, Office of Home Energy Programs, Onelife Fitness, Orangetheory Fitness, PetWellClinic, Pike District Partnership, REI, Strathmore/AMP by Strathmore, and WABA. Additional prizes and giveaways were generously donated by Bibibop Asian Grill, Central Farm Markets, and Nada. A very special thank you to our host, Pike & Rose, for all the support!

Prizes, drawings, and “sponsor spotlights” were made every 15 minutes and music was provided throughout the event. Cyclists participated in various fun contests as well. Techs from REI performed checks on participants’ bicycles.

Councilmember Kate Stewart brought greetings from the Montgomery County council. She also spoke about the importance of bicycling in Montgomery County. Councilmember Laurie-Anne Sayles presented the Council’s Bike to Work Day proclamation, and spoke about the Council’s support of infrastructure projects.

The grand prize was a bicycle, from REI. REI staff helped with the drawing and congratulated the lucky winner. A second bicycle, also from REI, was awarded to another lucky winner after the event. Another successful year was enjoyed at the North Bethesda at Pike & Rose pit stop!

**Oakton:** The event was held at the Oak Mar RECenter from 6:30am to 9:00am. There were 15 registrants for the pit stop.

**Old City Market and Oven:** The event was held on the corner of 6<sup>th</sup> and K Streets NE from 7am to 9am. There were 119 registrants for the pit stop.

**Oxon Hill:** The event was held adjacent to Potomac Heritage Trail from 6:30am to 8:30am. There were 53 registrants for the pit stop.

**Penn Quarter:** The event was held from 7am to 9am. There were 74 registrants.

**Providence Community Center:** The event was held from 7am to 9am. There were 31 registrants for the pit stop.

**Reston:** The event was held at the Plaza from 6:30am to 9:30am. There were 271 registrants for the pit stop.

**Riverdale Park Station:** Bike to Work Day 2023 at Riverdale Park Station was a success and enjoyed by many! During our station time of 4pm – 6pm, we hosted about 75% of our registered participants. Lively music of all genres was paired with yummy snacks and great conversation. In addition to the Bike to Work t-shirts; we handed out hydration drinks and plenty of “The Station” merchandise. There were many passersby that inquired about obtaining information about the event and participating in next year’s Bike to Work Day.

**Rockville:** The event was held at TREK Bicycle from 8am to 11am and from 6pm to 7pm. There were 171 registrants.

**Rockville Falls Grove:** What a beautiful morning! Yes, the weather was perfect, and we had a terrific debut of our new pit stop location. Thomas Farm Community Center, nestled in Falls Grove Park and right on the Carl Henn Millennium Trail was such a welcoming venue for residents of the local community and commuters to the hundreds of businesses surrounding the Life Sciences Corridor. MCDOT Commuter Services and the City of Rockville co-sponsored the pit stop, as in years past and the MCDOT Greater Shady Grove TMD outreach team managed the event with the help of great volunteers. There were 257 participants registered for the early morning gathering to celebrate one of their favorite activities and means of commuting, general travel, and exercise. Casual bikers and cyclists, first-timers and seasoned commuters, even some little “future commuters,” sporting their training wheels, alongside mom and dad --all showed up to enjoy the camaraderie and our little party in the morning.

They arrived in waves throughout the morning, many hanging out for quite a while to enjoy the music, yummy snacks, and coffee from local businesses, and to check out the exhibitors with information, resources, and fun giveaways to share. All were greeted with smiles, Bike to Work Day t-shirts, towels, bicycle swag, and a chance to win some really cool raffle items. Bike Werks performed bike safety checks and simple maintenance repairs, while County and City agencies hosted information tables. Chris Conklin, MCDOT Director, started us off with a heartfelt greeting and the reading of a short version of the Bike To Work Day Proclamation, followed by the raffle kick-off and our first of two new bicycle giveaways provided by MCDOT. Our DJ rocked the

morning, while our emcees engaged the crowd. and OneLife Fitness trainers led multiple mini stretching sessions to get everyone in motion, and ready to continue their ride. There were gatherings of friends, groups of work colleagues, and lots of individual riders, who likely met a few new like-minded commuters or even close neighbors. Tents were up, tables were full. Our wonderful food supporters included: Krispy Kreme, Dunkin Doughnuts, Giant, Safeway, Harris Teeter, Pasion Bakery, Drink More Water, Smoothie King, Starbucks, and Chick-fil-A.

We ran the raffle throughout the morning, with winner after winner receiving great prizes from our super-generous local business sponsors. We concluded with the second grand prize bike drawing for a lucky winner. There were big cheers all around and special thanks to our location host the City of Rockville's Thomas Farm Community Center --and for our volunteers, raffle donors, and information exhibitors who contributed to making the event a great success: AT&T, Verizon, Art and Frame Depot, CAVA, Chipotle, Cooper's Hawk Winery & Restaurant, Copper Canyon Grill, Dick's Sporting Goods, REI, Mamma Lucia, MOM's Organic Market, MCDOT-Commuter Services and Capital Bikeshare, Montgomery County Department of Parks and Planning, Montgomery County Department of Environmental Protection: Division of Solid Waste Services, MyEyeDr., Nando's Per-Peri, Panera, PNC, Police Department Community Engagement Division, Potomac Pizza, Sandy Spring Bank, Ski and Bike Center LTD, Target, T-Mobile, Visit Montgomery, and WABA.

**Shaw:** The event was held from 7am to 9am. There were 130 registrants for the pit stop.

**Silver Spring:** The 2023 Bike to Work Day Silver Spring pit stop was held at Veterans Plaza and 394 individuals registered online. There were 269 individuals that attended the event to enjoy music, raffles, and to get a BTWD t-shirt and other giveaways.

The Veterans Plaza pit stop was managed by Commuter Services. Contractor support was provided by Fovndry who secured donors, sponsors and exhibitors. Two additional volunteers helped at the registration and giveaway tables The Silver Spring Civic Building staff helped with event layout and rental equipment delivery logistics. The indispensable Silver Spring Urban District's Clean and Safe Team was on hand bright and early to assist with set up and with break down at the end of the event.

This year, State Delegate Lorig Charkoudian addressed the crowd and chose the winning ticket for the bike raffle.

**Raffles, Exhibitors and Grand Prize Winners**

Commuter Services purchased two bicycles from Silver Cycles for the raffle. This year's winners were Lee Goldberg (pictured below with Sande Brecher (MCDOT) and Del. Lorig Charkoudian) and Teresa Locke.

**Bike, Health and Fitness Participants and Exhibitors**

Silver Cycles performed bike checks. Planet Fitness demonstrated a pre-ride stretch. WABA, Friends of the Metropolitan Branch Trail and CCI Health attended.



### Strong Business Participation and Support

We had a lot of donated raffle items and refreshments that provided prizes for multiple raffles throughout the morning. Breakfast treats including bagels, fruit, muffins and coffee. Downtown Silver Spring businesses, merchants and non-profits who supported the event included: The Blairs, Chik-fil-A, Einstein Bagels, Giant Food, Nando's Peri-Peri, Peet's Coffee and Tea, Safeway, Starbucks, Silver Cycles, Whole Foods. All in One Entertainment was the DJ again this year for the event. In addition, other County and City agencies hosted information tables, along with other exhibitors.

**Southwest Business Improvement District:** The event was held at the BID from 8am to 10am. There were 51 registrants for the pit stop.

**Springfield Metro:** The event was held at the Springfield Metro Park from 6:30am to 8:30am. There were 48 registrants for the pit stop.

**Springfield – South Run:** The event was held at the South Run RECenter from 6:30am to 9:00am. There were 30 registrants for the pit stop.

**Sterling:** More than 160 cyclists visited the Sterling Pit Stop overlooking the W&OD Trail at the Sterling Ruritan Club. It was a festive setting with five tents hosted by Loudoun County Transit and Commuter Services, Bike Loudoun, Friends of the W&OD Trail, Loudoun Water, and Trek Bikes.

Participants were offered water, coffee, Gatorade, bananas, and a variety of pre-packaged snacks. Bike Loudoun shared literature, including a new flyer detailing how to incorporate biking and transit in Loudoun County. A proclamation from the Loudoun County Board of Supervisors was read and presented by Loudoun County Supervisor Juli Briskman (Algonkian District).

A mechanic from Trek Bicycle of Leesburg served a steady stream of visitors requesting minor adjustments and repairs. Loudoun County staff and volunteers served refreshments and distributed T-shirts to participants.

To encourage participation, Bike to Work Day was publicized in variety of ways: a news releases, social media posts, newsletter article, communication with employers, posters, and rack cards. A large vinyl banner was installed near the pit stop site along the W&OD. Loudoun County Public Affairs and Communications staff captured photos and video, including Supervisor Briskman at the Sterling pit stop. A highlight video and assortment of photos will be incorporated into next year's promotional efforts.

**Takoma Park – Downtown/Old Takoma:** The event was held at Takoma Urban Park from 6am to 9am. Participants received bike safety swag, bicycle maps and resources, and breakfast snacks.

There were 159 registrants for the event and at least 91 riders stopped by the pit stop, including 13 ride-ups.

**Takoma Park – Sligo Creek Trail:** The Sligo Creek Pit stop held the event from 6:30am to 9:30am. Participants received bike safety swag, bicycle maps and resources, and breakfast snacks. There were 64 registrants for the event and at least 36 riders stopped by the pit stop, including 6 ride-ups.

**Takoma Park – Takoma Bicycle:** The event was held from 7am to 9am. There were 52 registrants for the pit stop.

**The Wharf/Southwest Waterfront:** The event was held at 7<sup>th</sup> Street Park from 7am to 9am. There were 166 registrants for the pit stop.

**Tysons Corner:** Tysons Corner Center operated our annual pitstop for Bike to Work Day 2023 on Friday May 19th. Participation in this national initiative supports our Development and ESG Goals, in addition to being a way for TCC to connect with the local community.

☑ Participating Retailers/Sponsors: Fabletics, Lush, Nordstrom, Therabody, Shotted.

☑ Collaboration with Access Tysons, FABB (Fairfax Alliance for Better Bicycling), Hines, and Tysons Community Alliance.

☑ Activities included: A deejay, branded TCC giveaways, Shotted coffee and assorted pastries, Nordstrom wellness beverages, Therabody treatments, snacks, and partner giveaways.

#### **MARKETING**

☑ Campus-wide event promotion to retailers, employees, VITA residents, Tysons Tower and 1861 tenants

☑ Instagram/Facebook posts and eblast inclusion including a link to register; total reach approximately 150K.

☑ Printed signage at Concierge and TCC event page

☑ Access Tysons social media and email communication

#### **RESULTS**

☑ Approximately 70 bikers visited our pit stop between 6:30 -10AM

☑ Over \$400 in giveaways donated by TCC sponsors and partners

☑ Positive feedback from attendees and appreciation for the recent opening of the Tysons/Old Meadow pedestrian bridge over 495

**USDA Farmers Market:** The event was held from 7:00am to 9:00am. There were 35 registrants for the event.

**University of Maryland:** The event was held in front of the Regent's Drive Parking Garage from 3pm to 6pm. There were 66 registrants for the pit stop.

**Vienna:** The event was held at the Town Green from 6:30am to 8:30am. There were 259 registrants for the pit stop.

**West End at ACoC:** On Friday, May 19th the ACC hosted its 6th Bike to Work Day pitstop, and out front of Heart House was a bustling and popular place to be! 58 bicyclists had officially registered for the pitstop, with an additional 26 people signing up in-person that afternoon. Visitors enjoyed free snacks, swag, music, & more to punctuate the work day and kickoff the weekend.

ACC continued to receive very positive feedback on hosting an afternoon pitstop, with cyclists feeling not as rushed and having more time to socialize, without the morning's pressure of getting to work on time. A company convoy of 9 bicyclists even stopped by! Special thanks to ACC's 6 staff volunteers for managing and coordinating the successful event.

**Wheaton:** The event was held from 7am to 9am. There were 79 registrants for the pit stop.

**White Oak/FDA:** The Office of Facilities Engineering and Mission Support Services' (OFEMS) Logistics and Transportation Management Branch (LTMB) sponsored a Pit Stop from 7:30 a.m. to 9:30 a.m. for any bicyclist commuting that day. This was held in front of the historic FDA Building 1. LTMB had 6 volunteers that provided refreshments to include water, coffee, juice, doughnuts, muffins, fruit, and each bicyclist registered for our pit stop received a 2023 BTWD T-Shirt. The first bicyclist arrived around 7:15 a.m. and eventually had 47 bicyclists used the pit stop. The final number of registered bicyclists for the White Oak/FDA pit stop was 99. The day started off sunny and warm and a great time was had by all.

**Woodbridge Chinn Center:** The event was held at the Chinn Aquatics & Fitness Center from 6am to 9am. There were 43 registrants for the pit stop.

**Woodbridge - Rippon VRE Station:** There were 19 registrants for the Rippon pit stop, and they signed up two more on-site, for a total of 21. Fourteen total riders actually showed up. I sent Doug some pictures of the downtown Manassas pit stop, and will send some from Rippon before the end of the day tomorrow.

**Woodbridge – Tackett's Mill:** The event was held from 6am to 9am. There were 7 registrants for the pit stop.

**Woodbridge VRE Station:** The event was held at the Woodbridge VRE station from 6:00am to 9:00am. There were 7 registrants for the pit stop.

## EMPLOYER PARTICIPATION

There were 391 Employers that had 5 or more employees registered for the event:

The winner of the Employer Challenge for the free luncheon was the National Institutes of Health.



### Federal Employers

Administration for Children of Families  
Architect of the Capitol  
Bureau of Labor Statistics  
CFTC  
Defense Logistics Agency  
FDIC  
Federal Communications Commission  
Federal Highway Administration  
Federal Reserve  
Federal Energy Regulatory Commission  
Foreign Service Institute  
Goddard Space Flight Center  
Government Publishing Office  
Fish and Wildlife Service  
NASA  
National Capitol Planning Commission  
National Labor Relations Board  
National Zoological Park  
NOAA

Administrative Office for the U.S. Courts  
Army National Guard  
Bureau of Land Management  
Consumer Financial Protection Bureau  
EEOC  
Federal Aviation Administration  
Federal Election Commission  
FEMA  
Federal Trade Commission  
Food and Drug Administration  
General Services Administration  
Government Accountability Office  
Internal Revenue Service  
Library of Congress  
National Archives  
National Institutes of Health  
National Park Service  
Naval Research Lab  
Office of Management and Budget

Securities and Exchange Commission	Smithsonian Institution
US Air Force	US Army
US Census Bureau	US Coast Guard
US Department of Treasury	US Department of Agriculture
US Department of Commerce	US Department of Customs
US Department of Defense	US Department of Education
US Department of Energy	US Geologic Survey
US Department of Health and Human Services	
US Department of Homeland Security	US Department of Housing and Urban Dev.
US Department of Justice	US Department of Labor
US Department of the Interior	US Department of State
US Department of Transportation	US Environmental Protection Agency
US Government Printing Office	US House of Representatives
US Housing and Urban Development	US Navy
US Nuclear Regulatory Commission	US Patent and Trademark Office
US Peace Corps	US Postal Service
US Senate	USAID
Veterans Affairs	FERC

**State and Local Governments**

Arlington County	Charles County
City of Alexandria	City of Bowie
City of College Park	City of Fairfax
City of Falls Church	City of Frederick
City of Gaithersburg	City of Greenbelt
City of Hyattsville	City of Manassas
City of Rockville	City of Vienna
DC Council	District of Columbia
Fairfax County	Frederick County
Loudoun County	Maryland- NCPPC
Montgomery County	Prince George's County
Prince William County	State of Maryland (including MDOT and MTA)
Commonwealth of Virginia (including VDOT and VDRPT)	
Town of Herndon	Town of Leesburg

**Private/Non-Profit Sector Employers**

10Pearls	10 <sup>th</sup> Street LLC
10xPrinciples	1200 Architectural Engineers
1450 Air Force Way	1Prospect Technologies LLC

3points Cycle	4 Ideal Design
5 Paws	5W Research
A Howard Real Estate	A neighbor, I walk the dog
A Tech	A. Morton Thomas & Associates
A/V	A+F Engineers
A1 Transportation	A2LA
A2Z Latino Services LLC	AAAS
AACOM	AAHIVM
AAMC	AARDA
AARP	AASHTO
ABC News	Abigail Rome
ABL, Inc	ABOD and Associates
ACDI	AECOM
Airbus Americas	ACHRI
Alarm.com	Amazon
American Airlines	
American Association for Laboratory Accreditation	
American Association for the Advancement of Science	
American Bankers Associations	American Chemical Society
American College of Cardiology	
American Council for an Energy-Efficient Economy	
American Council for International Education	American Geophysical Union
American Institute of Architects	American Institutes for Research
American Psychological Association	American Public Health Association
American Red Cross	American Society of Civil Engineers
Amtrak	Appian
Apple	Applied Predictive Technologies
Arnold & Porter	Association of American Medical
Association of Schools and Programs of Public Health	
AstraZeneca	AT&T
Atlantic Council	Atlantic Media
BAE Systems	Beacon Health Options
Bechtel	BICYCLE ESCAPE
BicycleSpace	Blackboard
Bloomberg BNA	Boeing
Booz Allen	British Embassy
CACI	Cambridge Associates
Capital One	Carlyle Group
CBRE	Center for American Progress
Center for Science in the Public Interest	Center on Budget and Policy Priorities
CGI Federal	Chemonics International

Children's National Medical Center  
College Board  
Conservation International  
CoStar Group  
CSRA  
DAI  
Deloitte Consulting LLP  
Dewbury  
Discovery Communications  
Dun & Bradstreet  
Eastbanc Technologies  
Education Advisory Board  
Embassy of Canada  
Engility  
Environmental Defense Fund  
EVERFI  
Fannie Mae  
FHI 360  
FiscalNote  
Fox Architects  
Frederick Memorial Hospital  
Gdit  
General Dynamics  
Georgetown BID  
Global Communities  
Google  
Greenpeace  
Henry M. Jackson Foundation  
Howard Hughes Medical Institute  
IBM  
Inova Fairfax Hospital  
Intelsat  
International Finance Corporation  
International Foundation for Electoral Sys.  
International Republican Institute  
JBG Smith  
Kaiser Permanete  
LeadingAge  
Leidos  
Management Sciences for Health  
Mantech International

Clark construction  
Comcast  
Consumer Financial Pro  
Costco  
CustomInk  
Defenders of Wildlife  
Destination Sales & Marketing Group  
Dexis Consulting Group  
DLR Group  
Earthjustice  
Economic Policy Institute  
Embassy of Belgium  
Embassy of Japan  
Entheos  
Esri  
Evolut Health  
Federal Realty Investment Trust  
FINRA  
Food & Water Watch  
Freddie Mac  
Gartner  
Geico  
Gensler  
GlaxoSmithKline  
GlobalGiving  
Grant Thornton  
Hannover Research  
Hogan Levells  
Hughes Network Systems  
ICF International  
Institute for Defense Analysis  
InterAmerican Development Bank  
International Food Policy Research  
International Monetary Fund  
Jacobs  
Jones Lange Lasalle  
KPMG  
League of Conservation Voters  
Lockheed Martin  
Management Systems International  
Mapbox

Marriott  
Mayer Brown LLP  
Medstar  
Merrill Lynch  
Metropolitan Washington COG  
Microsoft  
Microvest  
Monumental Sports and Entertainment  
National Academy of Sciences  
National Association of Broadcasters  
National Democratic Institute  
National Endowment for Democracy  
National Gallery of Art  
National Geographic Society  
National Institute of Mental Health  
National Institute of Standards and Technology  
National Science Foundation  
Natural Resources Defense Council  
Navanti  
Neustar  
Northrop Grumman  
Nuance  
Ocean Conservancy  
Orbital Sciences  
Overseas Private Investment Corporation  
Partnership for Public Service  
Pension Benefit Guaranty Corporation  
Physicians Committee for Responsible Medicine  
PNC Bank  
PricewaterhouseCoopers  
Quinn Evans Architects  
Rally Health  
RAND Corporation  
Raytheon  
Reston Association  
Rose Physical Therapy Group  
SAIC  
SAP  
ScienceLogic  
SCS Engineers  
Sharp & Company  
Mathematica Policy Research  
Medimmune  
Meridian  
Metropolitan Wash Airports Authority  
MetroStar Systems  
Microstrategy  
MITRE  
Morgan Stanley  
National Alliance for Hispanic Health  
National Cancer Institute  
National Education Association  
National Fish and Wildlife Foundation  
National Geographic  
National Industries for the Blind  
NRECA  
National League of Cities  
National Wildlife Federation  
Navy Federal Credit Union  
NeoNiche Strategies  
Noblis  
NPR  
Oath  
Oracle  
Organization of American States  
Pan American Health Organization  
Peace Corps  
Pew Charitable Trust  
POLITICO  
Public Broadcasting Service  
Rails-to-Trails Conservancy  
Ramboll  
Rare  
REI  
Rockwell Collins  
RTI  
Salesforce  
Save the Children  
Scout & Molly's Boutique  
Shalom Baranes Associates  
Sierra Club



Silman  
Smithsonian Institution  
Sprint  
Steptoe & Johnson LLP  
Take your Lane  
Tetra Tech  
The Nature Conservancy  
Thomson Reuters  
Transaction Network Services  
Union of Concerned Scientists  
United Educators  
Urban Land Institute  
Verisign  
Virginia Hospital Center  
Vox Media  
Walter P Moore  
WeddingWire  
Wells Fargo  
Western Union  
Wiley/Wilson  
WMATA  
World Learning  
World Wildlife Fund

SmithgroupJJR  
Software AG  
Squire Patton Boggs  
Studios Architecture  
Takoma Bicycle  
The Atlantic  
Thermo Fisher Scientific  
Toole Design Group  
Uber  
UNISYS  
Unity Health Care  
Vencore  
Verizon  
Volkswagen of America  
WABA  
Washington Post  
Wells + Associates  
Westat  
Wiley Rein  
Williams & Conolly LLP  
World Bank  
World Resources Institute  
WSP Parsons Brinckerhoff

**Universities and Colleges**

American University  
Frederick Community College  
George Mason University  
Georgetown University  
Johns Hopkins University  
Montgomery College  
NOVA Community College  
Uniformed Services University  
University of Virginia  
Hood College

Catholic University  
Galludet University  
George Washington University  
Gonzaga College High School  
Marymount University  
National Defense University  
Strayer University  
University of Maryland  
Virginia Tech University

## Earned and Social Media

### Bike to Work Day 2023 Earned Media Placements

Bike to Work Day 2023 Media Coverage		
Television Interviews		
05/19/23	WUSA9	<a href="https://www.wusa9.com">Cycling surges worldwide thanks to pandemic   wusa9.com</a>
Additional Radio/Television Coverage		
05/19/23	WUSA9	<a href="#">(Bike to Work Day: How you can celebrate the environmentally friendly way to commute -</a>
05/18/23	WUSA9	<a href="#">Yes, protected bicycle lanes make streets safer for cyclists   wusa9.com</a>
05/19/23	Key 103 Radio	<a href="#">Bike to Work Day - Live Remote - WAFY - Myersville, MD</a>
05/19/23	Fox 5 DC	-
Print/Online Coverage		
03/21/23	ActionNet	<a href="#">Join Us for Bike to Work Day 2023 - ActionNet</a>
03/03/23	Active Rain	<a href="#">Bike to Work Day, Friday, May 19, 2023</a>
05/02/23	Anacostia BID	<a href="#">Registration open for Bike To Work Day Anacostia Pitstop on May 19 – ANACOSTIA BID</a>
05/02/23	Anacostia BID	<a href="#">DDOT Releases 2023 DC Bike Map in Celebration of National Bike Month – ANACOSTIA BID</a>
04/07/23	Arlington Transportation Partners	<a href="#">Bike to Work Day 2023   Arlington Transportation Partners</a>
03/31/23	Arlington VA	<a href="#">Earth Day 2023: Spring E-CARE, Sustainability Programs and More - Official Website of Arlington County Virginia Government</a>
04/24/23	Axios	<a href="#">Bike to Work Day is back in D.C. - Axios Washington D.C.</a>
05/11/23	Bell Ringer	<a href="#">Bike to Work Day 101 · BellRinger</a>
05/09/23	Bristow Beat	<a href="#">OmniRide Encourages Residents to Bike to Work on May 19 - Bristow Beat</a>
05/02/23	City of Alexandria	<a href="#">Bike to Work Day is Friday, May 19   City of Alexandria, VA</a>

05/02/23	City of College Park	<a href="http://collegeparkmd.gov">  City of College Park, Maryland (collegeparkmd.gov)</a>
05/02/23	City of Takoma Park	<a href="#">Biking to Work on Friday, May 19 - TKPK Staff Will Be At Two Pit Stops - Starting at 6:30 am.   City of Takoma Park</a>
05/18/23	DCist	<a href="#">16 Things To Do Around DC This Festival-tastic Weekend   DCist</a>
05/02/23	District Department of Transportation	<a href="#">DDOT Releases 2023 DC Bike Map in Celebration of National Bike Month   ddot</a>
05/12/23	DMV Climate Partners	<a href="#">Resource for Residents: Bike to Work Day   DMV Climate Partners</a>
05/02/23	Downtown DC	<a href="#">DowntownDC   Bike to Work Day 2023</a>
04/04/23	Extra Space	<a href="#">Moving to Arlington? Here Are 11 Things to Know   Extra Space Storage</a>
05/02/23	Fairfax County VA	<a href="#">Bike to Work Day 2023   Transportation</a>
05/08/23	Fair Lakes	<a href="#">Bike To Work Day   Fair Lakes</a>
05/15/23	Greater Greater Washington	<a href="#">Events: Celebrate the annual Anacostia River Festival - Greater Greater Washington</a>
05/23/23	Loudoun County Transit and Commuter Services	<a href="#">Bike to Work Day   Loudoun County, VA - Official Website</a>
04/18/23	Loudoun Now	<a href="#">Loudoun to Host Pit Stops for Bike to Work Day   Local News   loudounnow.com</a>
05/02/23	MCDOT	<a href="#">Maryland Marks Bike to Work Day - MDOT</a>
05/02/23	Meet up - NoVA CBG	<a href="#">[FYI - NON CBG] Bike To Work Day - 2023</a>
05/02/23	Meet up - Rockville Bike Hub	<a href="#">National Bike to Work Day, Fri, May 19, 2023,</a>
05/02/23	Meet up - Vélocity	<a href="#">Volunteer at Velocity's Bike to Work Day Pit Stop, Fri, May 19, 2023</a>
04/27/23	MidCityDC	<a href="#">Register for Bike to Work Day - MidCity DC News</a>
03/29/23	Montgomery County Updates	<a href="#">Montgomery County Updates: County to Sponsor Seven Pit Stops During Washington Region's Annual 'Bike to Work Day' on Friday, May 19</a>

05/04/23	Montgomery Parks	<a href="#">Montgomery Parks welcoming cyclists to a pit stop in downtown Wheaton on Bike to Work Day - Montgomery Parks</a>
05/12/23	MSN	<a href="#">Bike To Work Day 2023 Includes 10 Arlington Stops</a>
05/17/23	My MCM	<a href="#">Friday's Bike to Work Day Features Raffles - Montgomery Community Media</a>
03/27/23	My MCM	<a href="#">Registration Open for Bike to Work Day; County Home to 13 Pit Stops - Montgomery Community Media</a>
05/09/23	Northern Virginia	<a href="#">Bike to Work Day – What You Need to Know</a>
05/11/23	Patch - Alexandria	<a href="#">Bike To Work Day 2023 Includes City Of Alexandria Stops   Old Town Alexandria, VA Patch</a>
05/12/23	Patch - Bethesda-Chevy Chase	<a href="#">Bike To Work Day 2023 Includes Stops In And Around Bethesda   Bethesda, MD Patch</a>
05/11/23	Patch - Falls Church	<a href="#">Bike To Work Day 2023 Includes Falls Church Area Stops   Falls Church, VA Patch</a>
05/12/23	Patch - Gaithersburg	<a href="#">Bike To Work Day 2023 Includes Stops In, Near Gaithersburg   Gaithersburg, MD Patch</a>
05/11/23	Patch - Greater Alexandria	<a href="#">Bike To Work Day 2023 Includes Greater Alexandria Stops   Greater Alexandria, VA Patch</a>
05/12/23	Patch - Herndon	<a href="#">Bike To Work Day 2023 Includes Stops In And Around Herndon   Herndon, VA Patch</a>
05/12/23	Patch - Kingstowne-Rose Hill	<a href="#">Bike To Work Day 2023 Includes Springfield Stops   Kingstowne, VA Patch</a>
05/11/23	Patch - Ashburn	<a href="#">Bike To Work Day 2023 Includes Loudoun County Stops   Leesburg, VA Patch</a>
05/11/23	Patch - Manassas	<a href="#">Bike To Work Day 2023 Includes Prince William, Manassas Stops   Manassas, VA Patch</a>
05/12/23	Patch - McLean	<a href="#">Bike To Work Day 2023 Includes Stops In And Around McLean   McLean, VA Patch</a>
05/12/23	Patch - Prince George's County	<a href="#">Bike To Work Day 2023 Includes Stops In Prince George's County   Bowie, MD Patch</a>
05/12/23	Patch - Reston	<a href="#">Bike To Work Day 2023 Includes Stops In And Around Reston   Reston, VA Patch</a>

05/12/23	Patch - Rockville	<a href="#">Bike To Work Day 2023 Includes Stops In And Around Rockville   Rockville, MD Patch</a>
05/11/23	Patch - Vienna	<a href="#">Bike To Work Day 2023 Includes Vienna Area Stops   Vienna, VA Patch</a>
05/12/23	Potomac Local News	<a href="#">OmniRide says ditch your car and ride your bike to work (potomaclocal.com)</a>
05/02/23	Prince George's County, MD	<a href="#">Bike to Work Day   Prince George's County, MD</a>
05/17/23	Prince William Virginia	<a href="#">Celebrating Bike to Work Day on May 19</a>
05/02/23	Stay Happening	<a href="#">Bike to Work Day, Alexandria City Hall, 19 May 2023</a>
03/29/23	The Connection	<a href="#">'Bike to Work Day', Friday, May 19</a>
04/12/23	The Connection	<a href="#">Montgomery County to Sponsor 7 Pit Stops During Bike to Work Day</a>
05/18/23	The Georgetown Dish	<a href="#">Weekend Roundup, May 18 - 21   The Georgetowner</a>
04/12/23	The Hill is Home	<a href="#">The Hill is Home   The To Do List, Week of April 28, 2023   The Hill is Home</a>
04/26/23	The Moco Show	<a href="#">Montgomery County to Sponsor Seven Pit Stops During Washington Region's Annual 'Bike to Work Day' on Friday, May 19 - The MoCo Show</a>
05/08/23	The Zebra Press	<a href="#">Alexandria Registration and Information About Bike to Work Day, Friday, May 19</a>
05/25/23	Thrillist	<a href="#">Things to Do in DC This Weekend: May 19-21, 2023 - Thrillist</a>
-	Town of Herndon	<a href="#">Bike to Work Day   Town of Herndon, VA</a>
05/17/23	Washingtonian	<a href="#">Nervous About Biking in DC? These Tips From an Expert Cyclist Can Help. - Washingtonian</a>
05/18/23	Washington Post	<a href="#">The 28 best things to do in D.C. this weekend and next week - The Washington Post</a>
05/03/2023	WTOP	<a href="#">Get in gear for bike to work day 2023 - WTOP News</a>
05/19/23	WUSA 9	<a href="#">Cycling surges worldwide thanks to pandemic   wusa9.com</a>
05/19/23	WTOP	<a href="#">Millions ditched cars for bikes during the pandemic. These cities want the habit to stick - WTOP News</a>

Social Media		
05/10/23	Facebook - Adams Morgan	<a href="#">Adams Morgan Facebook</a>
05/15/23	Facebook - All About Burger	<a href="#">All About Burger Facebook</a>
05/11/23	Facebook - Ashburn Patch	<a href="#">Ashburn   Facebook</a>
05/18/23	Facebook - Arlington Transportation Partners	<a href="#">Arlington Transportation Partners Facebook</a>
05/09/23	Facebook - Arch Street Communications	<a href="#">Arch Street Communications Facebook</a>
05/19/23	Facebook - BicycleSPACE	<a href="#">BicycleSPACE - Facebook</a>
05/11/23	Facebook - Bike Arlington	<a href="#">Bike Arlington Facebook</a>
04/26/23	Facebook - Bike Arlington	<a href="#">Bike Arlington Facebook</a>
04/03/23	Facebook - Bike Arlington	<a href="#">Bike Arlington Facebook</a>
03/24/23	Facebook - Bike Arlington	<a href="#">Bike Arlington Facebook</a>
-	Facebook - Bike to Work Day	<a href="#">Bike to Work Day Facebook</a>
03/04/23	Facebook - Bikes@Vienna	<a href="#">Bikes@Vienna Facebook</a>
04/03/23	Facebook - Capitol Hill BID	<a href="#">Capitol Hill BID   Facebook</a>
05/01/23	Facebook - Carlyle Council	<a href="#">Carlyle Council Facebook</a>
05/03/23	Facebook - City of College Park	<a href="#">City of College Park Facebook</a>
04/28/23	Facebook - Council Member Christopher Vigliotti	<a href="#">Council Member Christopher Vigliotti   Facebook</a>

05/02/23	Facebook - Department of Public Works and Transportation	<a href="#">Department of Public Works and Transportation Facebook</a>
-	Facebook - DowntownDC	<a href="#">DowntownDC Facebook.com</a>
05/10/23	Facebook - City of Greenbelt	<a href="#">City of Greenbelt Facebook</a>
05/16/23	Facebook - goDCgo	<a href="#">goDCgo Facebook</a>
05/05/23	Facebook - Langston Boulevard Alliance	<a href="#">Langston Boulevard Alliance Facebook</a>
05/03/23	Facebook - Loudoun County Commuter Services	<a href="#">Loudoun County Commuter Services Facebook</a>
05/18/23	Facebook - MDOT, State Highway Administration	<a href="#">MDOT, State Highway Administration Facebook</a>
05/09/23	Facebook - MidCityDC	<a href="#">MidCityDC Facebook</a>
05/16/23	Facebook - Pedego Alexandria	<a href="#">Pedego Alexandria Facebook</a>
05/01/23	Facebook - Pedego Alexandria	<a href="#">Pedego Alexandria Facebook</a>
05/18/23	Facebook - Pedego Bethesda	<a href="#">Pedego Bethesda Facebook</a>
05/03/23	Facebook - Pedego Bethesda	<a href="#">Pedego Bethesda Facebook</a>
05/02/23	Facebook - Pedego Bethesda	<a href="#">Pedego Bethesda Facebook</a>
05/17/23	Facebook - Phoenix Bikes	<a href="#">Phoenix Bikes Facebook</a>

04/24/23	Facebook - Prince George Vision Zero	<a href="#">Prince George Vision Zero Facebook</a>
05/19/23	Facebook - Prince George Vision Zero	<a href="#">Prince George Vision Zero Facebook</a>
05/19/23	Facebook - Prince George Vision Zero	<a href="#">Prince George Vision Zero Facebook</a>
05/15/23	Facebook - Prince George Vision Zero	<a href="#">Prince George Vision Zero Facebook</a>
05/12/23	Facebook - Prince George Vision Zero	<a href="#">Prince George Vision Zero Facebook</a>
05/02/23	Facebook - Prince George Vision Zero	<a href="#">Prince George Vision Zero Facebook</a>
05/16/23	Facebook - RideSmart	<a href="#">RideSmart Facebook</a>
05/17/23	Facebook - The Neighborhoods of EYA	<a href="#">The Neighborhoods of EYA   Facebook</a>
05/10/23	Facebook - Virginia Department of Transportation, Northern VA	<a href="#">Virginia Department of Transportation, Northern VA Facebook</a>
05/09/23	Facebook Group - DC Bike Talk	<a href="#">DC Bike Talk   Facebook</a>
05/09/23	Facebook Group - Bike to the Beach	<a href="#">Bike to the Beach DC   Facebook</a>
05/09/23	Facebook Group - Bike More Bmore	<a href="#">Bike More Bmore   Facebook</a>
05/08/23	Instagram - All About Burger	<a href="#">All About Burger Instagram/</a>
04/12/23	Instagram - Adams Morgan	<a href="#">Adams Morgan Partnership /BID on Instagram</a>
03/02/23	Instagram - A1 Cycling	<a href="#">A1 Cycling   Instagram</a>
04/24/23	Instagram - APTA	<a href="#">APTA   Instagram</a>



05/17/23	Instagram - Arlington Transportation Partners	<a href="#">Arlington Transportation Partners   Instagram</a>
05/16/23	Instagram - Arlington Transportation Partners	<a href="#">Arlington Transportation Partners   Instagram</a>
05/19/23	Instagram - Arlington Transportation Partners	<a href="#">Arlington Transportation Partners   Instagram</a>
05/19/23	Instagram - Bikes@Vienna	<a href="#">Bikes@Vienna   Instagram</a>
05/11/23	Instagram - Bike Arlington	<a href="#">Bike Arlington   Instagram</a>
05/05/23	Instagram - Bike Arlington	<a href="#">BikeArlington Instagram</a>
05/08/23	Instagram - Bike Arlington	<a href="#">BikeArlington   Instagram</a>
05/01/23	Instagram - Bike Arlington	<a href="#">BikeArlington   Instagram</a>
04/26/23	Instagram - Bike Arlington	<a href="#">BikeArlington   Instagram</a>
04/10/23	Instagram - Carlyle Council	<a href="#">Carlyle Council   Instagram</a>
05/05/23	Instagram - City of College Park	<a href="#">City of College Park   Instagram</a>
03/22/23	Instagram - DowntownDC BID	<a href="#">Downtown DC BID   Instagram</a>
03/22/23	Instagram - Franklin Park DC	<a href="#">Franklin Park DC   Instagram</a>
05/16/23	Instagram - goDCgo	<a href="#">GoDCgo   Instagram</a>
05/05/23	Instagram - Langston Boulevard Alliance	<a href="#">Langston Boulevard Alliance   Instagram</a>
02/16/23	Instagram - MCDOT	<a href="#">MCDOT   Instagram</a>

05/01/23	Instagram - Pedego Alexandria	<a href="#">Pedego Alexandria   Instagram</a>
05/04/23	Instagram - Pedego Bethesda	<a href="#">Pedego Bethesda   Instagram</a>
05/03/23	Instagram - Pedego Bethesda	<a href="#">Pedego Bethesda   Instagram</a>
05/02/23	Instagram - Prince George Vision Zero	<a href="#">Prince George Vision Zero   Instagram</a>
05/19/23	Instagram - Prince George Vision Zero	<a href="#">Prince George Vision Zero   Instagram</a>
05/19/23	Instagram - Prince George Vision Zero	<a href="#">Prince George Vision Zero   Instagram</a>
05/12/23	Instagram - Prince George Vision Zero	<a href="#">Prince George Vision Zero   Instagram</a>
05/18/23	LinkedIn - Arlington Transportation Partners	<a href="#">Arlington Transportation Partners   LinkedIn</a>
05/17/23	LinkedIn - Arlington Transportation Partners	<a href="#">Arlington Transportation Partners   LinkedIn</a>
05/19/23	LinkedIn - Foursquare Integrated Transportation Planning	<a href="#">Foursquare Integrated Transportation Planning   LinkedIn</a>
05/16/23	LinkedIn - goDCgo	<a href="#">goDCgo   LinkedIn</a>
05/19/23	LinkedIn - Jarred Toups	<a href="#">Jarred Toups   LinkedIn</a>
05/16/23	LinkedIn - Monica Reyes	<a href="#">Monia Reyes   LinkedIn</a>
05/19/23	LinkedIn - Trish Alatorre-Ridings	<a href="#">Trish Alatorre-Ridings   LinkedIn</a>

06/01/23	TikTok - vikonthemove	<a href="#">Vikonthemove   TikTok</a>
05/15/23	TikTok - Your DC Bestie	<a href="#">Your DC Bestie   TikTok</a>
05/21/23	TikTok - webbiefoot	<a href="#">Fwebbiefoot   TikTok</a>
05/17/23	TikTok - Arch Street Communications	<a href="#">Arch Street Communications   TikTok</a>
05/19/23	TikTok - defendourfuture	<a href="#">Defendourfuture  TikTok</a>
05/19/23	TikTok - goldsgym_dcmetro	<a href="#">Golds Gym   TikTok</a>
05/19/23	TikTok - The City of Frederick	<a href="#">The City of Frederick   TikTok</a>
05/11/23	Twitter - Alexandria Patch	<a href="#">Alexandria Patch @AlexandriaPatch</a>
04/27/23	Twitter - Alexandria Transportation & Environmental Services	<a href="#">Alexandria Transportation &amp; Environmental Services @AlexandriaVATES</a>
05/03/23	Twitter - Arlington Department of Environmental Services	<a href="#">Arlington Department of Environmental Services @ArlingtonDES</a>
05/04/23	Twitter - Arlington Transportation Partners	<a href="#">Arlington Transportation Partners @ATPcommutes</a>
05/01/23	Twitter - Bike Arlington	<a href="#">Bike Arlington @BikeArlington</a>
05/19/23	Twitter - Bike Arlington	<a href="#">Bike Arlington @BikeArlington</a>
05/19/23	Twitter - Bike Arlington	<a href="#">Bike Arlington @BikeArlington</a>
05/09/23	Twitter - Brian Mitchell	<a href="#">Brian Mitchell @BMitchliveNBCS</a>
05/09/23	Twitter - Capital Community News	<a href="#">Capital Community News @capitalcommnews</a>

05/11/23	Twitter - Carlyle Council	<a href="#">Carlyle Council @carlylecouncil</a>
05/03/23	Twitter - City of College Park	<a href="#">City of College Park @CollegePark_MD</a>
05/10/23	Twitter - City of Greenbelt	<a href="#">City of Greenbelt @CityofGreenbelt</a>
05/19/23	Twitter - Commuter Connections	<a href="#">Commuter Connections @BikeToWorkDay</a>
05/10/23	Twitter - Council Vice-Chair Wala Blegay	<a href="#">Council Vice-Chair Wala Blegay @CMWalaBlegayD6</a>
05/19/23	Twitter - DDOTDC	<a href="#">DDOT DC @DDOTDC</a>
05/11/23	Twitter - Falls Church Patch	<a href="#">Falls Church Patch @FCPatch</a>
05/04/23	Twitter - Franklin Park DC	<a href="#">Franklin Park DC @FranklinPrkDC</a>
05/16/23	Twitter - GoDCGo	<a href="#">GoDCgo @goDCgo</a>
05/19/23	Twitter - Joe_McAndrew	<a href="#">Joe McAndrew @Joe_McAndrew</a>
03/24/23	Twitter - MCDOT	<a href="#">MCDOT @MCDOTNow</a>
05/18/23	Twitter - MDOT, State Highway Administration	<a href="#">MD State Highway Adm @MDSHA</a>
05/19/23	Twitter - MD_MVA	<a href="#">MD_MVA @MD_MVA</a>
05/19/23	Twitter - MDOTMTAHolly	<a href="#">Holly Arnold @MDOTMTAHolly</a>
05/19/23	Twitter - MDOTMTAHolly	<a href="#">Holly Arnold @MDOTMTAHolly</a>
05/20/23	Twitter - MDOTNews	<a href="#">MDTransportationDept @MDOTNews</a>
05/19/23	Twitter - MDOTNews	<a href="#">MDTransportationDept @MDOTNews</a>
05/19/23	Twitter - MDOTNews	<a href="#">MDTransportationDept @MDOTNews</a>
05/19/23	Twitter - MDSHA	<a href="#">MD State Highway Adm @MDSHA</a>
05/19/23	Twitter - MDSHA	<a href="#">MD State Highway Adm @MDSHA</a>

04/13/23	Twitter - Metro Forward	<a href="#">Metro Forward @wmata</a>
05/09/23	Twitter - MidCityDC	<a href="#">MidCityDC News @MidCityNews</a>
05/19/23	Twitter - MTA Maryland	<a href="#">MTA Maryland @mtamaryland</a>
04/12/23	Twitter - MWCOG	<a href="#">COG @MWCOG</a>
05/02/23	Twitter - Prince George Vision Zero	<a href="#">PGCountyDPWT @PGCountyDPWT</a>
05/19/23	Twitter - Prince George Vision Zero	<a href="#">PGCountyDPWT @PGCountyDPWT</a>
05/19/23	Twitter - Prince George Vision Zero	<a href="#">PGCountyDPWT @PGCountyDPWT</a>
05/09/23	Twitter - Prince William County Green Business Council	<a href="#">Prince William County Green Business Council @pwcgbc</a>
05/03/23	Twitter - Sarah for Alexandria	<a href="#">Sarah for Alexandria @SarahforALX</a>
05/09/23	Twitter - South Fairfax Chamber of Commerce	<a href="#">South Fairfax Chamber of Commerce - SFCC @SouthFairfax</a>
04/15/23	Twitter - SR 244	<a href="#">SRtwofourfour @SRtwofourfour</a>
05/11/23	Twitter - TakomaParkMD	<a href="#">TakomaParkMD @TakomaParkMD</a>
05/19/23	Twitter - VDOT Northern VA	<a href="#">VDOT Northern VA @VaDOTNOVA</a>
05/19/23	Twitter - VDOT Northern VA	<a href="#">VDOT Northern VA @VaDOTNOVA</a>
05/16/23	Twitter - VDOT Northern VA	<a href="#">VDOT Northern VA @VaDOTNOVA</a>
05/03/23	Twitter - Vélocity	<a href="#">Vélocity Bicycle Co-op @velocitycoop</a>
05/11/23	Twitter - Vienna Patch	<a href="#">Vienna Patch @ViennaPatch</a>

05/20/23	Twitter - WalkCycleMD	<a href="#">WalkCycleMD @WalkCycleMD</a>
05/05/23	Twitter - WHS Transportation	<a href="#">WHS Transportation @WHS_Transport</a>
05/19/23	Twitter - Zach Wild Places Print	<a href="#">(2) Zach Wild Places Prints @ZZZZach89</a>
05/01/23	YouTube - Commuter Connections	<a href="#">YouTube - Commuter Connections</a>
04/04/23	YouTube - City of Fairfax	<a href="#">YouTube - City of Fairfax</a>
05/19/23	YouTube - DDOT	<a href="#">YouTube - DDOT</a>
05/19/23	YouTube - Downtown DC BID	<a href="#">YouTube - Downtown DC BID</a>
05/18/23	YouTube - WUSA9	<a href="#">YouTube - WUSA9</a>

### Calendar Listings

A-1 Cycling	DC News Now	Patch - Arlington
Adams Morgan Partnership BID	District of Columbia Public Service Commission	Patch - DC
Afro American Newspaper	District Wharf	Petworth News
Alexandria Times	Dulles Moms	PoPville
Alexandria Living	Eventbrite - BikeArlington	Southern Maryland News
All Events - Arlington	Eventbrite - Metrobar	The Frederick News Post
All Events - Metrobar	Eventbrite - National Landing Business Improvement District	Southern Maryland Chamber of Commerce
AllEvents - Greenbelt	Events.com	The Zebra Press
ALX Now	Fairfax Alliance for Better Bicycling	Town of Leesburg
Arlington's Car-Free Diet	Friendship Heights	DC Military
ARL Now	Georgetown BID	Patch - Old Town Alexandria
Baltimore Sun	Georgetowner	DC Inno

Bethesda Transport Solutions	goDCgo	One Montgomery Green
Bike Arlington	Greater Greater Washington	National Landing
Capital Gazette	Greenbelt MD	City of Rockville
Capital Hill BID	Keep Prince Williams Beautiful	City of Hyattsville
Carlyle Council	Key 103 Radio	Mount Vernon Triangle DC
Central Fairfax Chamber of Commerce	Langston Boulevard Alliance	Mommy Poppins
Charles County Chamber of Commerce	Launch Workplaces	City of Fairfax
WARK	Greater Washington Women's Network	

# Social Media Highlights Earned Media Highlights

## Major/Local Media

**WUSA 9 News** | News | Weather | Sports | VERIFY | WUSA 9

ENVIRONMENT

### Here's how cycling improved worldwide thanks to the pandemic, eco-friendly thinking

During the worst of the pandemic, outdoor recreation surged as people took up pursuits to escape isolation. For many, that meant getting on a bicycle.

**AXIOS D.C.** | News | Things to Do | Politics | Development | Food and Drink

Apr 24, 2023 - News

### Bike to Work Day is back in D.C.

Cuneyt Dil

Bicyclists on the Key Bridge. Photo: Amanda Volzard/The Washington Post

**The Washington Post** | Subscribe

Going Out Guide | Movies | Museums | Music | Theater & Dance | Tim Carman | Fritz Huhn | The Guide

### The 28 best things to do in D.C. this weekend and next week

By Fritz Hahn, Sophia Solano, Adele Chapin, Haben Kelasi and Chris Richards  
May 18, 2023 at 9:30 a.m. EDT

**GREATER GREATER WASHINGTON** | ABOUT US | COLLECTIONS | GET INVOLVED | ADVERTISE | SUPPORT US

TRANSPORTATION | HOUSING | PUBLIC POLICY | DC | MARYLAND | VIRGINIA

### Events: Celebrate the annual Anacostia River Festival

EVENTS | By [Kerly Meyer](#) (Engagement Fellow) | May 15, 2023

*Anacostia River, SE DC by the Waterfront under Creative Commons*

ALSO OF INTEREST

- DEVELOPMENT OPINION: How Cleveland Park's getting its groove back
- PUBLIC SPACES OPINION: Downtown DC's recovery hinges on one word
- PLANNING SQUASH POLICY: A plan to make this Montgomery County neighborhood less boring
- PUBLIC SPACES OPINION: The fate of two trail projects in southeast DC is too uncertain

**Northern Virginia** | Subscribe Magazine | Newsletter

FOOD | NEWS | CULTURE | STYLE | HOME | FAMILY | HEALTH | THINGS TO DO | TRAVEL

BEST OF NOVA | BEST RESTAURANTS | TASTE OF NOVA | IN THIS ISSUE

**dcist** | MENU | SEARCH | DONATE

MAY 18, 2023

### 16 Things To Do Around D.C. This Festival-tastic Weekend

Elle Feldman

**TRENDING**

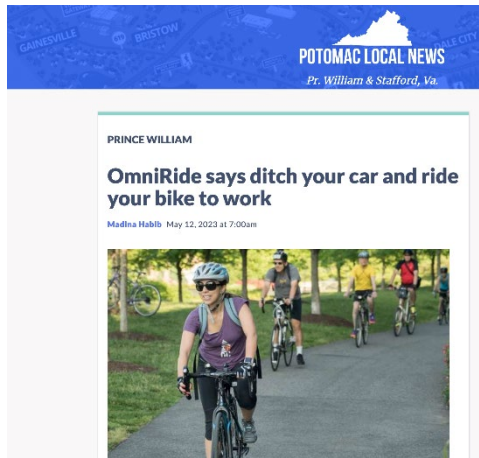
- ARE YOU A CAT? A First Look At The New Metro Music Featuring Silver Line Extensions And Name Changes
- WHAT TO KNOW: 26 Festivals To Add To Your Summer Agenda Around DC

HOME / FITNESS FEATURES / MUST-OFF-YOUR-HELMETS: BIKE TO WORK DAY IS MAY 19

**TRENDING IN NOVA**

- What's Happening at Ocean City, Bethany, and Rehoboth Beaches in 2023
- 8 Rooftop Bars Where You Can Enjoy Cocktails and Sunsets
- Fairfax Corner Announces IKEA Location, New Retail Building
- Have Fun in the Sun at NoVA's Water Parks





## Media Calendar Listings

### The Frederick News-Post

ePages Classifieds Jobs Member Center Subscribe

News Opinion Sports Hot Topics Calendar Classifieds Specials Voters Guide

This event has passed

FOR KIDS ALL AGES FAMILY FRIENDLY FOR TEENS RSVP REQUIRED CONTRIBUTED FREE

## Bike to Work Day 2023

This event occurred on Friday, May 19th, 2023 — all day

Over 100 Pit Stops Located Across the Metropolitan DC Area (777 North Capitol St NE)

Free

<http://bit.ly/BTWD-2023>

Facebook Twitter Email Print



demilitary.com All Case Box River Press Pentagram APC Proof Dive Guides Welcome Guides Contact Us Military Services Directory Jobs

Support Local Journalism Newsletters

MAY 19



Facebook Twitter Email Print

Bike to Work Day 2023—Join thousands of area commuters for the free 22nd annual celebration of bicycling as a fun, low-cost, healthy, and environmentally friendly way to get around!

Bike to Work Day 2023—Join thousands of area commuters for the free 22nd annual event

### Bike to Work Day 2023

Fri at 12:00AM - 11:58PM

777 North Capitol St NE

777 North Capitol St NE, Washington, DC 20002

MORE DETAILS



## Bike to Work Day 2023

Fri May 19th

Over 100 Pit Stops Located Across the Metropolitan DC Area, 777 North Capitol St NE [map](#)



Bike to Work Day 2023—Join thousands of area commuters for the free 22nd annual event celebrating bicycling as a fun, low-cost, healthy, and environmentally friendly way to get around!

Riders can find Bike to Work Day pit stops around the metropolitan region in DC, Suburban Maryland, and Northern Virginia. The first 15,000 to register and attend one of the pit stops will receive a free Bike to Work Day T-shirt. Pit Stop information is available at [bit.ly/BTWD-2023](http://bit.ly/BTWD-2023)

15,000 to register and attend one of the pit stops will receive a free Bike to Work Day T-shirt. Pit Stop information is available at [bit.ly/BTWD-2023](http://bit.ly/BTWD-2023)

This year's Bike to Work Day event provides an opportunity for DC-area commuters to be part of the growing trend of bicycling, all while participating in a fun and free event that helps save commuters money, reduces traffic congestion, and improves regional air quality. Commuter Connections, hosting the event with the Washington Area Bicyclist Association (WABA), and a variety of local pit stop organizers and sponsors, hope to reconnect residents with bicycling as a form of commuting, exercise, and a way to encourage mental well-being.

Join a free bike convoy, find a ride buddy, or ride solo this Bike to Work Day, and stop by one of our over 100 pit stops for free giveaways, food, and beverages, while supplies last, plus a chance to win raffle prizes. For free registration and event updates, please visit [bit.ly/BTWD-2023](http://bit.ly/BTWD-2023). Follow Commuter Connections on Twitter at [@BikeToWorkDay](https://twitter.com/BikeToWorkDay) and use #BTWD2023 or #BTWD.

## Welcome to our Baltimore-area event calendar

[Click or tap here](#) to submit an event. Powered by CitySpark, our event listings are a free service for finding and sharing virtual and in-person events. How do I list or promote an event? What if it's virtual? [View answers to frequently asked questions.](#)

The screenshot shows a mobile event listing for "Bike to Work Day 2023". The event is scheduled for Friday, May 19, 2023, from 12:00am to 11:58pm. The location is the Washington Metropolitan Area, specifically 777 N. Capitol St NE, Washington, DC. The price is listed as "Free". The description repeats the event details: "Bike to Work Day 2023—Join thousands of area commuters for the free 22nd annual event celebrating bicycling as a fun, low-cost, healthy, and environmentally friendly way to get around!". A map shows the event location in Washington, DC. The listing includes options to "Promote" and "Bookmark" the event.

Home

All Events

This event has passed.

BIKE TO WORK DAY 2023

May 19, 2023

Join thousands of area commuters for the free 22nd annual event celebrating bicycling as a fun, low-cost, healthy, and environmentally friendly way to get around!

Riders can find Bike to Work Day pit stops around the metropolitan region in DC, Suburban Maryland, and Northern Virginia. The first 15,000 to register (link below) and attend one of the pit stops will receive a free Bike to Work Day T-shirt. Pit Stop



Bike to Work Day 2023

Bike to Work Day 2023—Join thousands of area commuters for the free 22nd annual event celebrating bicycling as a fun, low-cost, healthy, and environmentally friendly way to get around!

Riders can find Bike to Work Day pit stops around the metropolitan region in DC, Suburban Maryland, and Northern Virginia. The first 15,000 to register and attend one of the pit stops will receive a free Bike to Work Day T-shirt. Pit Stop information is available at bit.ly/BTWD-2023

This year's Bike to Work Day event provides an opportunity for DC-area commuters to be part of the growing trend of

Bike to Work Day 2023

Moses Rifkin, Neighbor

MAY 19



Event Details

- Fri, May 19, 2023 at 12:00 AM [Add to calendar](#)
- Metropolitan DC Area
- [More info here](#)

Bike to Work Day 2023—Join thousands of area commuters for the free 22nd annual event celebrating bicycling as a fun, low-cost, healthy, and environmentally friendly way to get around!

Riders can find Bike to Work Day pit stops around the metropolitan region in DC, Suburban Maryland, and Northern Virginia. The first 15,000 to register and attend one of the pit stops will receive a free Bike to Work Day T-shirt. Pit Stop information

Support Local Journalism Newsletters

MAY 19



Bike to Work Day 2023

Fri at 12:00AM - 11:59PM

777 North Capitol St NE #2  
777 North Capitol St, NE, Washington, DC 20002

MORE DETAILS

Bike to Work Day 2023—Join thousands of area commuters for the free 22nd annual celebration of bicycling as a fun, low-cost, healthy, and environmentally friendly way to get around!

Bike to Work Day 2023—Join thousands of area commuters for the free 22nd annual event



Social Media Highlights Public Official Social Posts

Council Member Christopher Vigliotti

April 28 · 🌐

Register for a chance to win a thing, and (my favorite part) ride down to the train station and say hi to the folks working the bike to work tent (usually includes a gift bag).



Tweet



Holly Arnold @MDOTMTHolly

It was great to join @LtGovMiller, @MayorBMScott, @BmoreCityDOT, @MDOTNews, @Joe\_McAndrew, my councilman @ElectRyanDorsey & many more for #BikeToWorkDay this morning! Biking and transit go great together! 🚲🚇🗺️



10:22 AM · May 19, 2023 · 2,454 Views

← Tweet

Council Vice-Chair Wala Blegay  
@CMWalaBlegayD6

May 19 is Bike to Work Day! Make sure you register at:  
[biketoworkmetrodc.org](http://biketoworkmetrodc.org)



**BIKE TO WORK DAY**  
Friday, May 19, 2023  
7:00 AM - 10:00 AM

**BIKE TO WORK DAY PIT STOP:**  
Largo/Kettering/Perrywood  
Community Center (parking lot)  
431 Watkins Park Drive  
Upper Marlboro, MD 20774

**Co-Hosts**  
Prince George's County Department of Public Works & Transportation  
M-NCPPC Department of Parks & Recreation, Prince George's County  
Prince George's County Bicycle & Pedestrian Safety Community Advisory Group

REGISTER IN ADVANCE FOR BIKE TO WORK DAY AT:  
[www.biketoworkmetrodc.org](http://www.biketoworkmetrodc.org)

Council Member Christopher Vigliotti  
May 5

Even if you "ahem" work from home you should register, ride down and say hi. See you there



**BIKE TO WORK DAY**  
FRI. MAY 19  
6:30 - 10:30 AM  
Register at  
[www.biketoworkmetrodc.org/](http://www.biketoworkmetrodc.org/)

← Tweet

Holly Arnold  
@MDOTMTAHolly

Happy #BikeToWorkDay! Team @mtamaryland and @MDSHA are at the SHA pit stop this morning with some fun giveaways.



8:17 AM · May 19, 2023 · 1,860 Views

5 Retweets 17 Likes

← Tweet

Sarah for Alexandria  
@SarahforALX

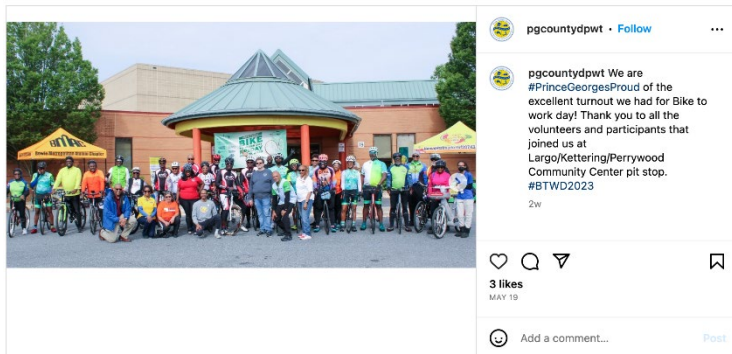
Spotted on my way across town today! Join these great sponsors like @carlylecouncil @LostBoyCider @AlexandriaRenew @WABADC @ALXDogWalk and @AlexandriaVATES for #BikeToWorkDay on May 19! Say hi if you see me at Carlyle or Market Square events! #AlexandriaVa



10:39 AM · May 3, 2023 · 330 Views

3 Retweets 11 Likes

## Organization/Government Social Posts



pgcountypwt · Follow

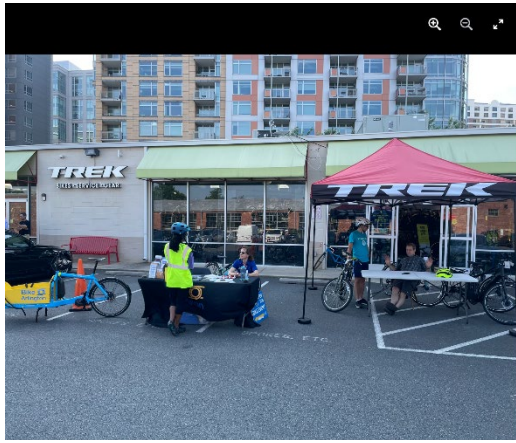
pgcountypwt We are #PrinceGeorgesProud of the excellent turnout we had for Bike to work day! Thank you to all the volunteers and participants that joined us at Largo/Kettering/Perrywood Community Center pit stop. #BTWD2023

2w

3 likes  
MAY 19

Add a comment... Post





**BikeArlington**  
 May 11 at 5:18 PM

Swing by Trek Bikes Ballston. We have free safety checks and answering all of your Bike to Work Day questions. We will be here til 7 PM.

5 likes

Like Comment Share

Write a comment...



**atpcommutes** · Follow

atpcommutes Bike to Work Day is in TWO days - time to gear up! 🚲👉 Join us and BikeArlington as we celebrate the highly anticipated event. 🚲 Are you ready for it? #BTWD2023

2w

2 likes  
 MAY 17

Add a comment... Post

**Arlington Transportation Partners** + Follow

326 followers  
 2w

Just ONE more day until Bike to Work Day! Can't tell you how excited we are to see you and your team there.

This year's giveaway item is a BikeArlington rally towel! Only available at the 5 BikeArlington pitstops.

There's still time to register! #BTWD2023  
<https://bit.ly/3pDbAGL>

3 likes  
 1 repost

**Foursquare Integrated Transportation Planning** + Follow

2,109 followers  
 2w · Edited

What a #FunFriday we're having! It's #BikeToWorkDay and the grand opening of Washington Metropolitan Area Transit Authority (WMATA) Potomac Yard station! Foursquare ITP staff loves multi-modal travel.

with David Miller and 11 others

41 likes  
 1 comment · 11 reposts



atpcommutes · Follow

atpcommutes Bike to Work Day is this Friday, May 19! 🚲🌞 Celebrate the annual event with us - sign up for a pit stop, enjoy fun giveaways, and make sure you pick up your Bike to Work Day t-shirt on the big day. There's still time to register, link in our bio.

2w

1 like  
MAY 16

Add a comment... Post

← Tweet

DDOT DC @DDOTDC

Get on two wheels for #BikeToWorkDay & meet us at the #FranklinPark pit stop today until 9 AM. Guaranteed to boost your energy 🌱! #bikeDC #BTWD2023 🚲🌞



bikesatvienna · Follow

bikesatvienna Bike to Work Day is off to a good start. Stop by the Vienna Town Green and say hi.

2w

17 likes  
MAY 19

Add a comment... Post



langstonblvdalliance · Follow

langstonblvdalliance Bike to Work Day is Friday, May 19, 2023. Join us at a pit stop on Langston Boulevard! Hop on a bike and ride with us and our partners at BikeArlington this Bike to Work Day (BTWD). Whether you're working from home or commuting to the office, join people all over the region in celebrating this fun, healthy, and sustainable activity.

This free event is open to everyone. Pre-register for a convenient pit stop and be sure to pick up your Bike to Work Day t-shirt on the big day.

The Langston Boulevard Pit Stop is:  
Lyon Village Shopping Center  
3123 Langston Blvd  
9:00 – 6:00 a.m.

1 like  
MAY 5

Add a comment... Post

## Participant Social Posts/Video

Following For You

For You Northern Virginia with me for Bike to Work Day.

1:47

For You

**Bike To Work Day**

Bike to work day (5/19)

Bike to Work Day is Friday, May 19, 2023. Join us at over 100 pit stops in DC, MD, and VA for this FREE event, a fun and healthy way to start your day. The first 15,000 who register and attend at a pit stop receive a FREE T-shirt. Free giveaways, food, beverages at participating pit stops. While supplies last.

Sam | Your DC Base Friday is Part 4 | Things happening in DC! (5/15-5/21) #washingtondc #dct... more

Tweet

Joe McAndrew @JoeMcAndrew

Congratulations to all celebrating @Bike2WorkMD @BikeToWorkDay this day, and every day. Big thanks to @mtmaryland and @MDOTMTAHolly for the great lift these days

LinkedIn

Trieh Alatorre-Ridings - 3rd | Customer of Legal Solutions | Connector | Mentor | Exec... 2w ·

Celebrating Bike to Work Day today, even though I rode my bike around my area, it beats the commute.

4 comments

Jarred Toups - 3rd | Enthusiast for Trainer, Data, and Design 2w · Listed ·

Today was a two-fer for transportation in DC - National Bike to Work Day AND the opening of the new Potomac Yard Metrorail Station! Blessed to have coworkers at FourSquare Integrated Transportation Planning who are passionate/nerdy enough to celebrate both on a Friday morning!

1 with Paul Vigeland, ACP and 10 others



## Proclamation



# *Proclamation*

WHEREAS, the National Capital Region Transportation Planning Board through its Commuter Connections program promotes bicycling and organizes Bike to Work Day together with the Washington Area Bicyclist Association; and

WHEREAS, bicycle commuting is an effective means to support the region's air quality goals, improve mobility, and conserve energy; and

WHEREAS, bicycle commuting benefits both employees and employers through better health and fitness, and reduced commuting and parking costs; and

WHEREAS, many employers have embraced bicycling and provide secure parking and shower facilities to help encourage bicycle commuting; and

WHEREAS, Capital Bikeshare's regional system has 700+ stations across seven jurisdictions; and

WHEREAS, 108 Bike to Work Day pit stops will be located within 22 COG member jurisdictions; and

WHEREAS, the week of May 15<sup>th</sup> is National Bike to Work Week, which promotes bicycling as a viable means of transportation to and from work;

NOW, THEREFORE, BE IT RESOLVED THAT THE  
NATIONAL CAPITAL REGION TRANSPORTATION PLANNING BOARD:

1. Proclaims Friday, May 19, 2023 as Bike to Work Day throughout the Washington, DC metropolitan region; and
2. Encourages TPB member jurisdictions to adopt similar proclamations in support of the event; and
3. Reminds all members of the importance of bicycle safety as advocated by the Street Smart campaign.

---

Chair, National Capital Region Transportation Planning Board



National Capital Region  
Transportation Planning Board

## Proclamation Signing





## MARKETING MATERIALS

Rack cards 3¼ x 8½" (40,000)

Flyers 8½" x 11" (24,300) plus 1,000 Spanish

Posters 22" x 28" (300)

T-Shirts (14,800)

The marketing materials used for the 2022 BTWD campaign all carried the same uniform look and feel and were targeted to employers and cyclists throughout the region. The posters were mailed to employers along with a cover letter. Employers were also emailed an html version of the poster with a link to the event web site. An e-mail blast was also sent to the previous year's registrants.

### Flyer English

**FREE EVENT**  
**BIKE TO WORK DAY**  
**FRIDAY**  
**MAY 19, 2023**

Pre-Register by May 12 for  
**FREE T-SHIRT\* & BIKE RAFFLE**  
**REGISTER TODAY AT**  
**BikeToWorkMetroDC.org**  
Free refreshments & giveaways at  
participating locations, while supplies last.

**COMMUTER CONNECTIONS.**  
A SMARTER WAY TO WORK.

**WABA**  
WASHINGTON AREA  
BIKEWAY ASSOCIATION

**GO Alex**

**PEDEGO**  
ELECTRIC BICYCLES  
ALZAMORA & BROTHERS

**ICF**

**ALL ABOUT**  
ARLINGTON

**Bike Arlington**

**VERRA**  
Standards for a  
Sustainable Future

**BICYCLE SPACE**

**City Dental DC**  
serving over 30 years

**AASHIO**

**FAIR LAKES**

**goDCgo**  
powered by

**VDOT**

**MDDOT**  
MARYLAND DEPARTMENT  
OF TRANSPORTATION

**Giant**

**VISION ZERO**  
ZERO DEATHS ZERO INJURIES

**BIKES@VIENNA**

Register for free at  
**BIKETOWORKMETRODC.ORG**  
800.745.7433

Visit: [biketoworkmetrodc.org](https://biketoworkmetrodc.org) for pit stop locations and times.  
\*T-Shirts available at pit stops to first 15,000 registrants.  
Pit stops in D.C., Maryland, and Virginia!

Bike to Work Day is funded by DDOT, MDOT, VDOT, and USDOT.

**bike to work day**  
2023

Rack Card

Pre-Register by May 12 for  
**FREE T-SHIRT\* & BIKE RAFFLE**

**REGISTER TODAY AT**  
**BikeToWorkMetroDC.org**

**FREE EVENT**  
**BIKE**  
**TO WORK DAY**  
**FRIDAY**  
**MAY 19, 2023**

**Free refreshments  
& giveaways at  
participating  
locations, while  
supplies last.**



Visit [biketoworkmetrodc.org](http://biketoworkmetrodc.org) for pit stop locations and times.

\*T-Shirts available at pit stops to first 15,000 registrants.

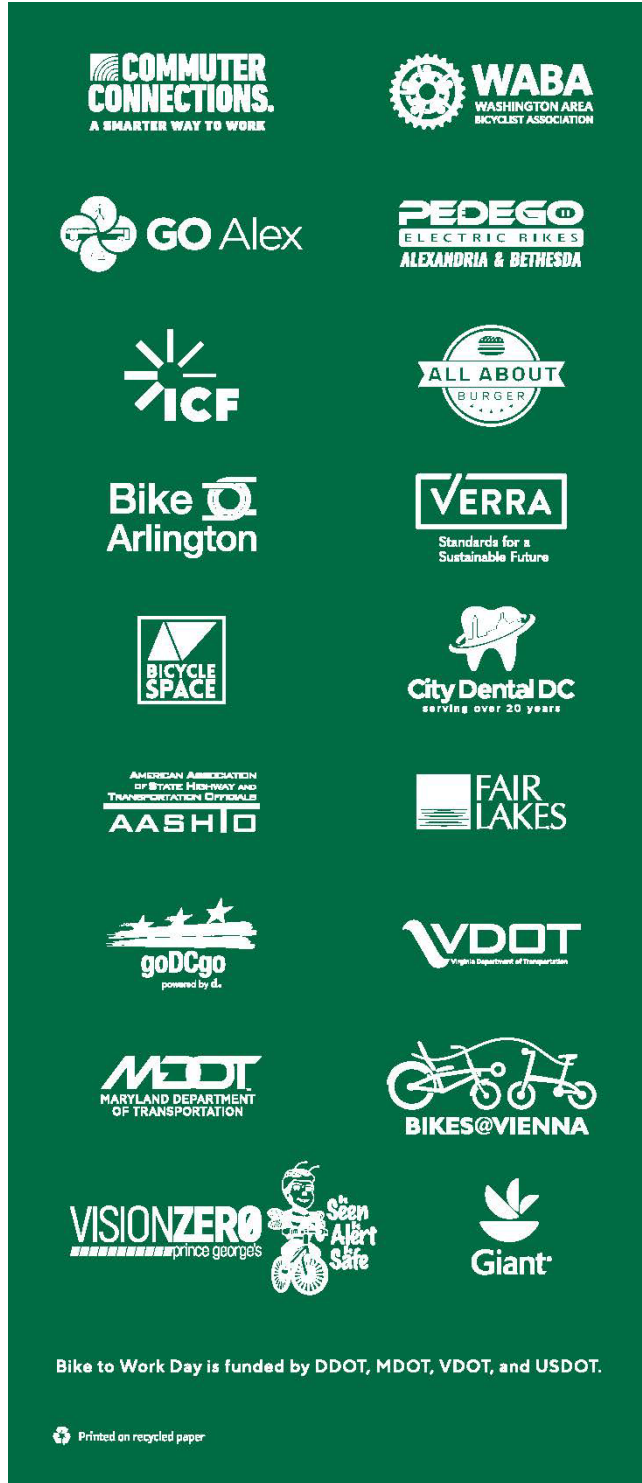
Pit stops in D.C., Maryland, and Virginia!

**BIKETOWORKMETRODC.ORG**  
800.745.7433

  #BTWD2023



Rack Card Back



# T-Shirt







NEWS RELEASE

## Ready to Roll: Bike to Work Day 2023 Registration Now Open

Apr 13, 2023



Bike to Work Day participants.

Bike to Work Day (BTWD) is rolling full speed ahead, as warm weather, a sense of community, and a chance to win a free bicycle will attract thousands of commuters to participate in metropolitan Washington's regional event on Friday, May 19. Registration for the free, fun, and eco-friendly event is now open.

Commuter Connections and the Washington Area Bicyclist Association (WABA) co-organize the celebration of bicycling as a green, low-cost commuting option. This year's event features 108 pit stops in Washington DC, Suburban Maryland, and Northern Virginia offering raffles, food, and giveaways—and a free Bike to Work Day T-shirt for the first 15,000 registrants to attend.

It's fast, free, and easy to register at [www.biketoworkmetrodc.org](http://www.biketoworkmetrodc.org). To find your local participating pit stops and plan your route, check out our [Find Your Pit Stop](#) map.

"Bicycling makes the daily commute more sustainable, whether you go to an office one day a week or five," said Nicholas Ramfos, Director of Commuter Connections, a regional network of transportation organizations coordinated by the Metropolitan Washington Council of

The generosity of regional sponsors makes this year's Bike to Work Day event possible, with Gold Sponsors ICF, All About Burger, GO Alex, Pedego Electric Bikes Alexandria & Bethesda; Silver Sponsors BikeArlington, BicycleSPACE, Verra, City Dental DC.

MORE: Free registration for Bike to Work Day is available at [www.biketoworkmetrodc.org](http://www.biketoworkmetrodc.org) or by calling (800) 745-RIDE. Follow Commuter Connections on Twitter at [@BikeToWorkDay](https://twitter.com/BikeToWorkDay) and Facebook at [@BikeToWorkDayMetroDC](https://www.facebook.com/BikeToWorkDayMetroDC) and use #BTWD2023 or #BTWDC.

Contact: **Lindsey Martin**  
Phone: **(202) 962-3209**  
Email: [lmartin@mwkog.org](mailto:lmartin@mwkog.org)

Photos and other promotional items

Capitol Riverfront





Ft. Belvoir





The Town of  
**Leesburg,**  
**Virginia**

# PROCLAMATION

## *Bike to Work Day*

**WHEREAS**, this year Friday, May 19 is Bike to Work Day; and

**WHEREAS**, Bike to Work Day is an event open to riders of all levels, from first-time riders to the most experienced cyclists; and

**WHEREAS**, the event's goal is to bring attention to the numerous cycling benefits for riders and for the environment; and

**WHEREAS**, cycling helps with stress reduction, cardiovascular health, and weight management; and

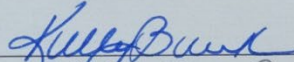
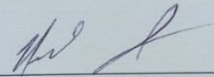
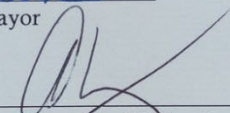

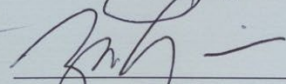
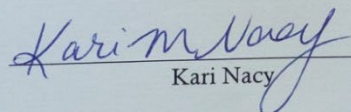
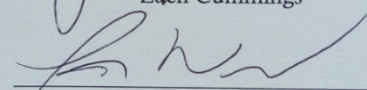
**WHEREAS**, bicycling to work contributes to air pollution reduction and decreases automobile traffic congestion; and

**WHEREAS**, there will be over 100 pit stops located throughout the Washington Metropolitan Area; and

**WHEREAS**, Leesburg residents can join the event at the Raflo Park pit stop by the W&OD Trail.

**THEREFORE, PROCLAIMED**, that the Mayor and Council of the Town of Leesburg in Virginia recognize May 19, 2023, as Bike to Work Day and encourage residents to join one of the convoys, bike alone or find a riding partner to participate in this fun event.

**PROCLAIMED** this 9<sup>th</sup> of May 2023.

  
\_\_\_\_\_  
Kelly Burk, Mayor  
\_\_\_\_\_  
Neil Steinberg, Vice Mayor  
\_\_\_\_\_  
Ara H. Bagdasarian  
\_\_\_\_\_  
Todd Cimino-Johnson  
\_\_\_\_\_  
Zach Cummings  
\_\_\_\_\_  
Kari Nancy  
\_\_\_\_\_  
Patrick Wilt

**Loudoun Proclamation**

LOUDOUN COUNTY, VIRGINIA

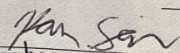
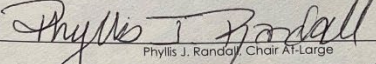
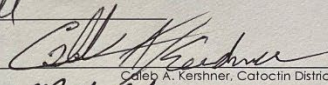
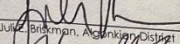
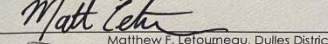
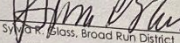
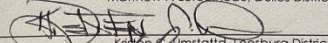
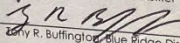
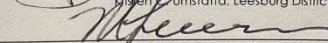
# PROCLAMATION

- WHEREAS** Bicycle travel is an alternative to automotive travel that improves air quality, reduces traffic congestion, and conserves energy; and
- WHEREAS** Bike commuting encourages an active lifestyle that benefits public health; and
- WHEREAS** Encouraging bicycle commuting brings benefits to employers and employees alike, through reduced healthcare costs, decreased absenteeism, increased productivity, reduced parking costs, and increased corporate social responsibility; and
- WHEREAS** Multi-modal transportation options like bicycling are an essential strategy to reduce greenhouse gas emissions; and
- WHEREAS** Bike to Work Day is organized at the regional level by Commuter Connections at the Metropolitan Washington Council of Governments and the Washington Area Bicyclist Association (WABA); and
- WHEREAS** Loudoun County Commuter Services is hosting two Bike to Work Day pit stops, in partnership with Bike Loudoun and Friends of the W&OD Trail, along the Washington and Old Dominion Trail in Sterling at the Sterling Ruritan Club and in Leesburg at Raflo Park;

**In NOW THEREFORE BE IT RESOLVED** that the Loudoun County Board of Supervisors does hereby proclaim May 19, 2023, as

## Bike to Work Day

in Loudoun County and encourages residents to bike to work.

 Karan T. Salnes, Vice Chairman, Sterling District	 Phyllis J. Randall, Chair At-Large	 Caleb A. Kershner, Catactin District
 Julie Birkman, Aquinquin District	 Matthew F. Letourneau, Dulles District	
 Sylvia K. Glass, Broad Run District	 Kristen C. Umstatta, Leesburg District	
 Cary R. Buffington, Blue Ridge District	 Michael R. Turner, Ashburn District	

Loudoun County Board of Supervisors  
May 16, 2023





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The paper, published by the Greenbelt Cooperative Publishing Association, Inc., was established in 1937 shortly after the construction of Greenbelt, one of The New Deal Green Towns. It has been published weekly without interruption since that time and is delivered free to most Greenbelt residents.

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# Greenbelt a Premier Pit Stop For Bike to Work Day 2023 25 MAY 2023

by Jerril Pompi

Greenbelt was bustling with bicycles on Friday, May 19, as local riders of all ages converged at Roosevelt Center for Bike to Work Day, which expected to see around 14,000 commuters participating across the region this year at 107 pit stops.

This is the 11th year the city has hosted a pit stop, and more than 140 people signed up to stop by, according to Di Quynn Reno, the Community Center supervisor. Greenbelt's pit stop is fully sponsored – participants received a free T-shirt and were treated to muffins, fruit and a free coffee as well as raffle prizes. The city also set up a water station for those passing through could refill. "Greenbelt is one of our premier pit stops," said Nicholas Ramfos, director of Commuter Connections at the Metropolitan Washington Council of Governments, which organizes the regional event in the Washington Area Bicyclist Association.

The first convoy of about 15 bikes left Greenbelt for D.C. at 7 a.m. after a series of stretches led by Sage Garretson. The convoy was led by Proteus Bicycles' Jeff Lemieux, and Paul and Priya Lemieux, also from Proteus Bicycles, were on hand performing free tune-ups and checks for anyone interested.

Residents and local officials expressed a variety of reasons for using bicycles as transportation, but most agreed that the best benefits were cost savings, reduced traffic congestion and improved health.

"Bike to Work Day is such an important regional event where we can take time out and enjoy the outdoors. It also relieves congestion, is good for the environment and has many health benefits," said Greenbelt Mayor and cyclist Emmett Jordan, who left with the 7 a.m. convoy.

Jan-Michael Archer, who had his bike tuned up at the pit stop, commutes by bike to College Park most days because of its sustainability, and for the exercise.

Archer's sentiment was echoed by Jackson Tan, a member of the GHI Bicycle Committee, who bikes to work from Greenbelt to the Goddard campus two or three times a week. "It's a friendly way to commute and also saves money and keeps me healthy," said Tan.

Aileen Kroll, who moved to the D.C. metro area in 2008 because she wanted to live a car-free lifestyle, said, "I bike everywhere because my bike is my car!"

District 22 Delegate Ashanti Martinez, himself an avid cyclist, stopped by to encourage bike commuters and support alternative forms of transportation. "Bike to Work Day is a great opportunity to speak about the importance of multimodal transportation and investments in infrastructure that all people can feel safe using," Martinez said.

Safety was also on the mind of Kiara Thomas, who commutes most days from the area near Eleanor Roosevelt High School to her job in Beltway Plaza on her Jetson e-bike. She usually uses Spellman Overpass and cuts through Old Greenbelt to avoid as much of Greenbelt Road as she can, because even with the bike lane, "It's a little scary," she says. When asked what she'd like motorists to know about sharing the road with cyclists, she said, "Don't speed up when you pass us because the gust of wind from the car can throw you off balance. Slow down, and then speed up once you pass us."

But, overall, Thomas loves commuting by bike. "My commute is more relaxed, and you get to see more of your neighborhood," she said.

Manassas VRE



# Montgomery County Proclamation



# Proclamation

## Montgomery County Maryland

**WHEREAS,** bicycle commuting is an effective means to improve air quality, reduce traffic congestion and noise, conserve energy, and promote sustainability; and

**WHEREAS,** bicycle commuting benefits both employees and employers through reduced transportation, parking and health care costs; lower employee absenteeism and turnover; increased employee productivity; and better employee health and fitness; and

**WHEREAS,** increasing numbers of businesses have installed bicycle parking and other facilities to help employees and customers commute by bicycle; and

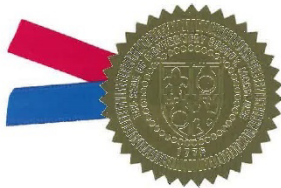
**WHEREAS,** Montgomery County has installed bikeshare stations in many areas of the county to facilitate biking for short trips and as a way to connect home and work with transit; and

**WHEREAS,** the month of May is "Clean Air Month" promoting air quality, and May is also "National Bike Month" which promotes bicycling as a means of transportation and recreation.

**NOW, THEREFORE, DO I,** Marc Elrich as County Executive hereby proclaim Friday, May 19, 2023, as

### BIKE TO WORK DAY

in Montgomery County. I urge all our residents to examine transportation choices available in the county and to choose, whenever possible, alternatives to the single occupant auto. I commend our residents who bicycle and use commuting alternatives for their contributions to reduce traffic congestion and improving the health and welfare of the community.



Signed this 19<sup>th</sup> day of May in the year 2023

MARC ELRICH  
County Executive



# The Maryland General Assembly



## Official Citation

Be it hereby known to all that  
sincerest congratulations  
are offered to

*Tri-County Council for Southern MD in Partnership  
with the Commuter Connections Program*

in recognition of

*Bike to Work Day as an effective and convenient means of  
transportation that lowers carbon emissions, conserves energy,  
reduces traffic congestion and provides immediate mental and physical benefits.*

Presented on this 19th day of May 2023

on behalf of the Southern Maryland House Delegation



*Edith Patterson*  
Delegate Edith J. Patterson, Ed.D.  
Chair

**Charles County Proclamation**



**County Commissioners of Charles County**

**PROCLAMATION 2023-45**

**National Bike to Work Day**

**WHEREAS**, bicycle commuting is an effective means to improve air quality, reduce traffic congestion, and conserve energy; and

**WHEREAS**, bicycle commuting benefits both employees and employers through better health and fitness, reduced parking and health care costs; and

**WHEREAS**, increasing numbers of Transportation Planning Board (TPB) member jurisdictions have added or improved bicycle paths and trails; and

**WHEREAS**, increasing numbers of businesses have installed bicycle parking and shower facilities to encourage employees to commute by bicycle; and

**WHEREAS**, the federal bicycle commuter benefit can be used by employers to assist employees with bicycle purchases, improvements, repair and storage; and


**WHEREAS**, biking to work or to school can help develop good exercise habits, lessen car traffic, reduce pollution and make a difference for your health and our community; and

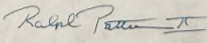
**WHEREAS**, the Transportation Planning Board (TPB) through its Commuter Connections program promotes and organizes the annual Bike to Work Day event along with the Washington Area Bicyclist Association and supports bicycling through its Employer Outreach program.

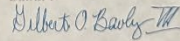
**NOW, THEREFORE, BE IT RESOLVED THAT THE COUNTY COMMISSIONERS OF CHARLES COUNTY, MARYLAND**, do hereby proclaim May 19, 2023 as **National Bike to Work Day** in Charles County, Maryland, and encourage residents to participate and support this environmentally friendly, healthy and fun event.

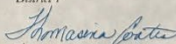


COUNTY COMMISSIONERS OF  
CHARLES COUNTY, MARYLAND

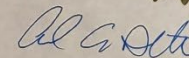
  
Reuben B. Collins, II, Esq., *President*


  
Ralph E. Patterson, II, M.A., *Vice President*  
District 4

  
Gilbert O. Bowling, III  
District 1

  
Thomasina O. Coates, M.S.  
District 2

Attest:

  
Carol A. DeSoto, Clerk to the Commissioners

  
Amanda M. Stewart, M.Ed.  
District 3





## County of Fairfax, Virginia

To protect and enrich the quality of life for the people, neighborhoods and diverse communities of Fairfax County

**Joint Board Matter**  
**Chairman Jeff McKay**  
**Hunter Mill District Supervisor Walter Alcorn**  
**Providence District Supervisor Dalia Palchik**  
**April 11, 2023**

### **Bike to Work Day is Friday, May 19**

**Background:**

Mr. Chairman, less than two weeks after the upcoming Tour de Hunter Mill is another great cycling event, Bike To Work Day, which takes place on Friday, May 19. Fairfax County, the Fairfax County Department of Transportation, Commuter Connections, the Washington Area Bicyclist Association (WABA) and neighboring governments are hosting the 22nd annual event. It is a great opportunity to enjoy a healthy and environmentally friendly commute to work and enjoy some of our scenic roads and trails. Even if a resident is working from home, they can participate by biking to one of the many pit stops across the county to get out of the house and enjoy the fun. And residents with longer commutes should consider biking as a first and last mile to a bus or train stop. The Fairfax County Department of Transportation has great resources including maps and how to register on their web page at [fairfaxcounty.gov/transportation/bike-work-day-2023](http://fairfaxcounty.gov/transportation/bike-work-day-2023).

**Motion:**

Therefore, Mr. Chairman, I move that the Board of Supervisors proclaim Friday, May 19, 2023 as Bike to Work Day. In addition, I ask that the Fairfax County Department of Transportation and the Office of Public Affairs promote Bike to Work Day to our residents and businesses.

###

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**Walter L. Alcorn, Supervisor**  
Hunter Mill District  
Fairfax County Board of Supervisors  
1801 Cameron Glen Drive, Reston, VA 20190  
703-478-0283, FAX: 703-471-6847  
17 HUNTERMILL@fairfaxcounty.gov





Dupont Circle



Frederick





College Park





Alexandria - Carlyle





Capitol Hill BID





Tyson's Corner



Largo





Silver Spring

