

# Housing = Healthcare: Supportive Housing and Behavioral Health

Presented to the Metropolitan Washington Council of  
Governments Human Services Policy Committee

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# IMPROVING LIVES



CSH is a touchstone for new ideas and best practices, a collaborative and pragmatic community partner, and an influential advocate for supportive housing



**TRAINING AND  
EDUCATION**



**LENDING**



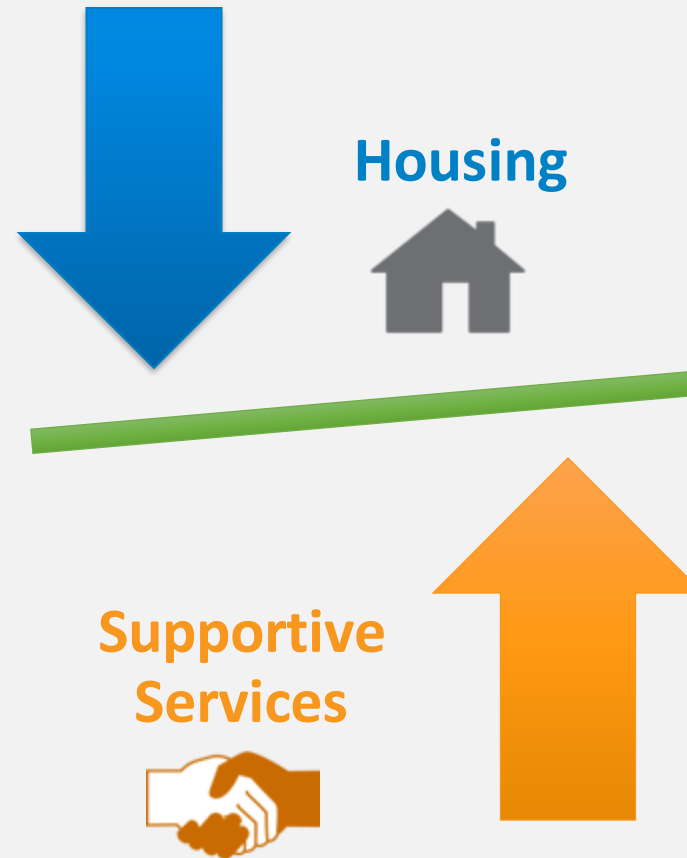
**POLICY REFORM**



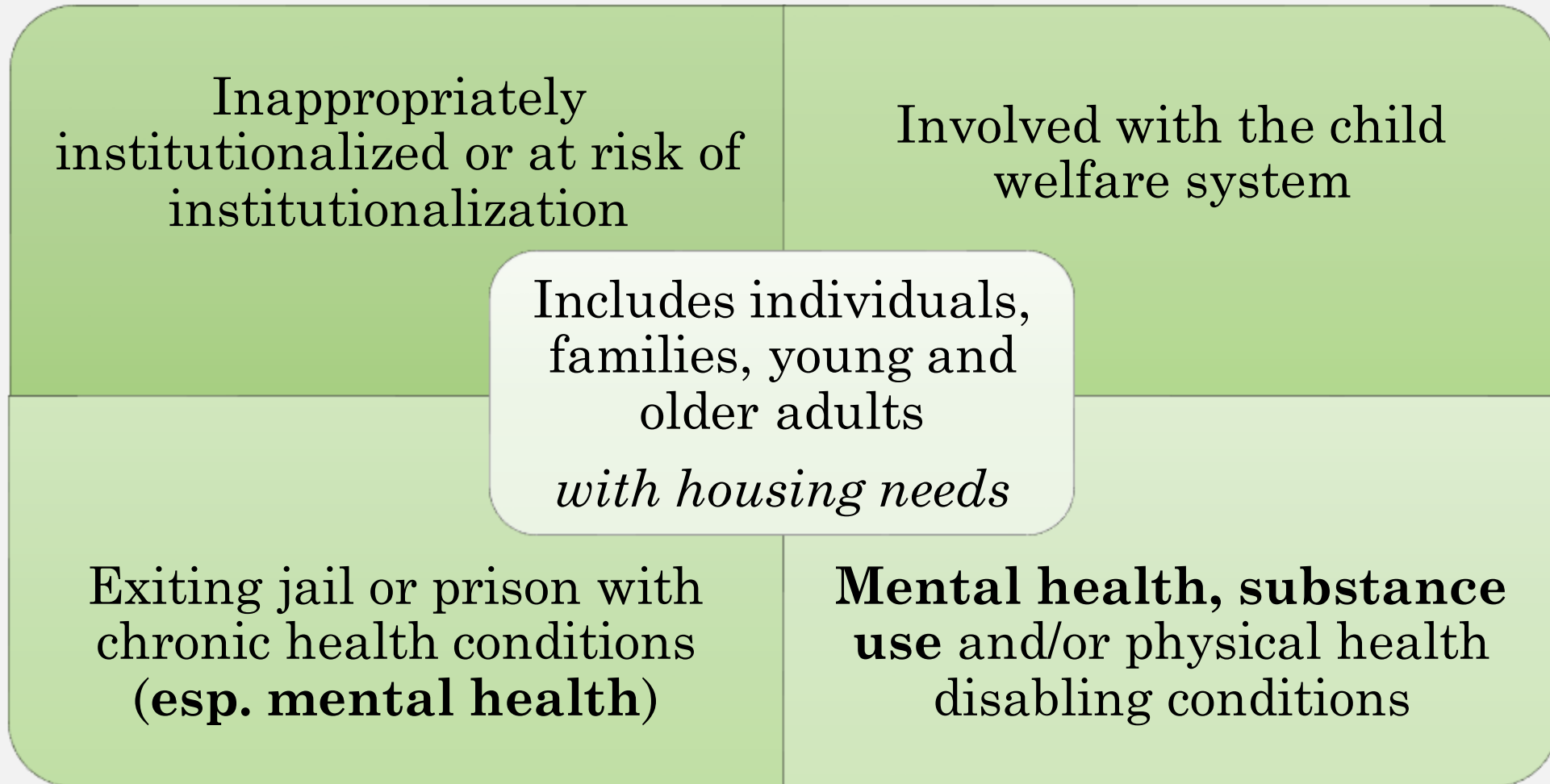
**CONSULTING &  
TECHNICAL  
ASSISTANCE**

# Targets households with multiple barriers

Supportive housing is designed for individuals who **BUT FOR HOUSING** cannot access and make effective use of treatment and supportive services in the community, and **BUT FOR SUPPORTIVE SERVICES** cannot access and sustain stable housing in the community.



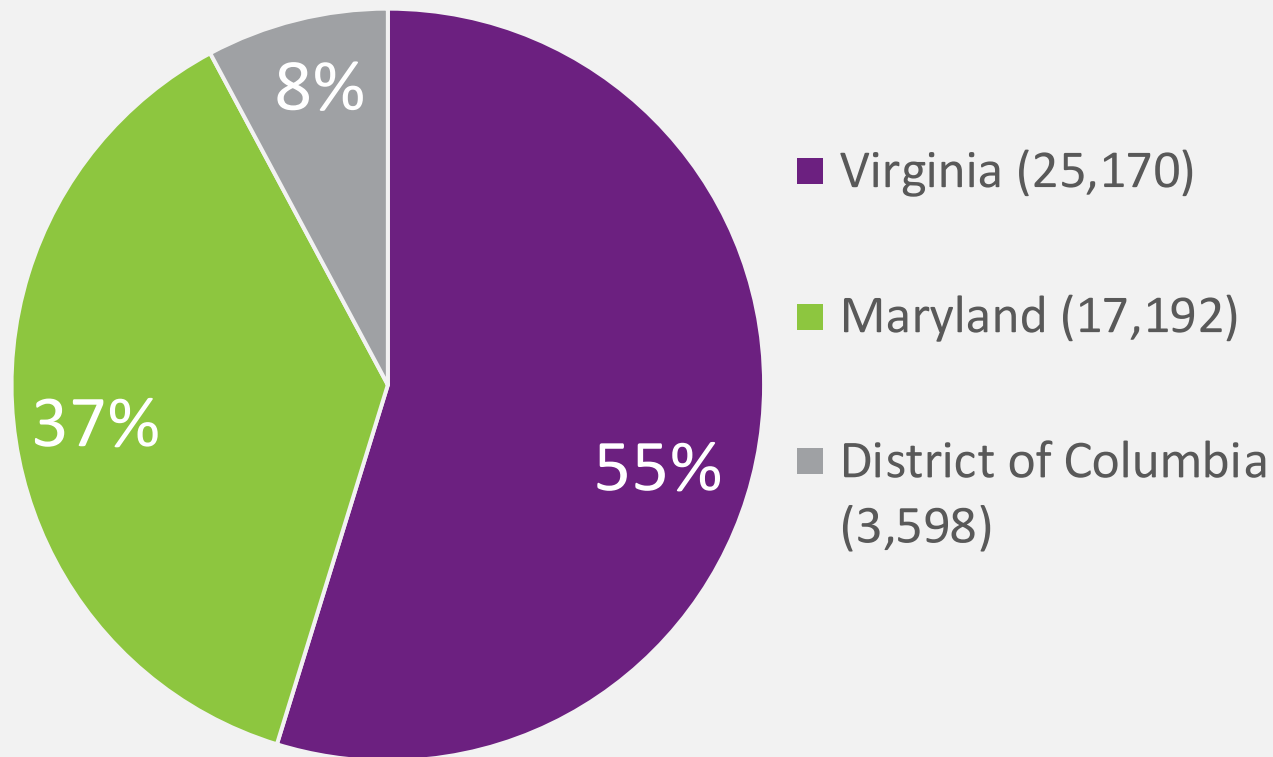
# Supportive Housing Target Populations



# Supportive Housing Need

Explore more: [www.csh.org/data](http://www.csh.org/data)

Total Estimated Need Across Sectors  
**= 48,178**

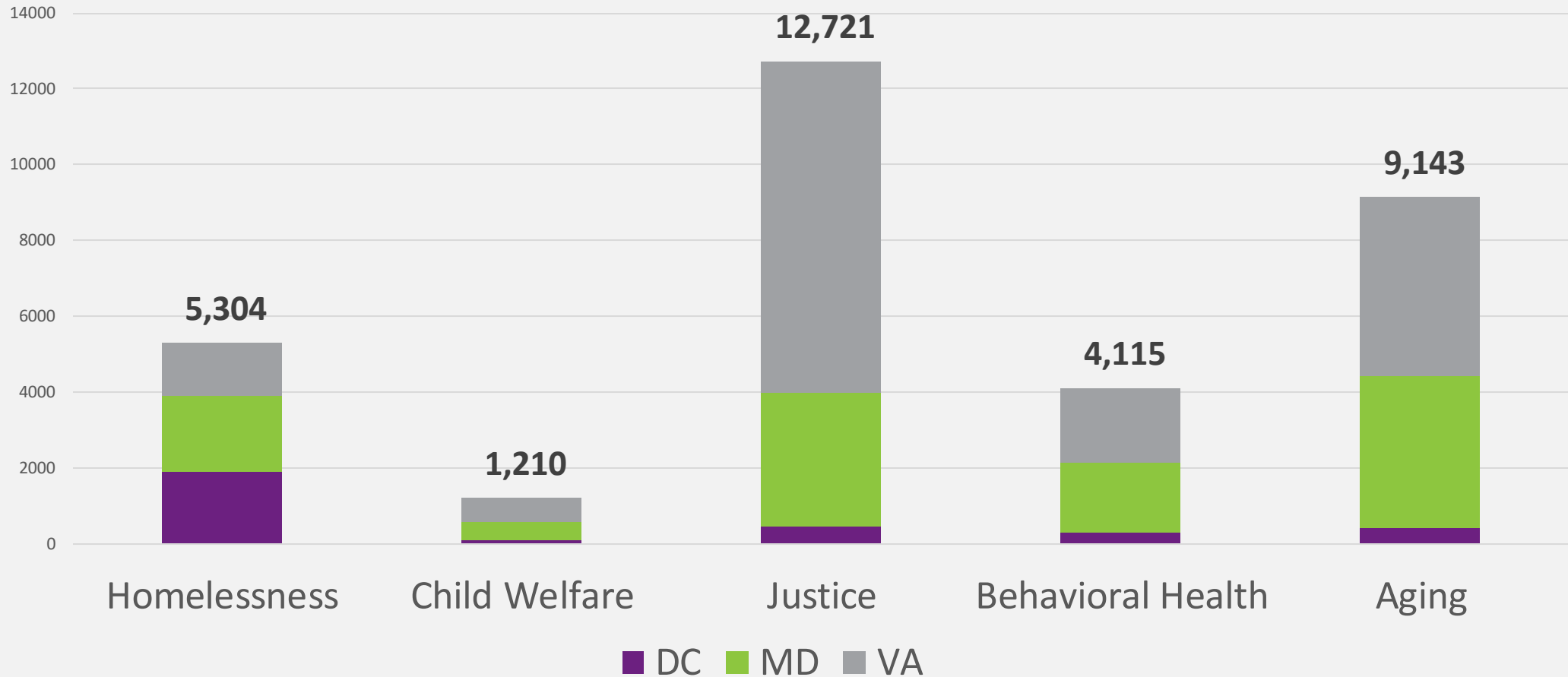


→ Virginia ranks #10 in total estimated SH need, MD #20

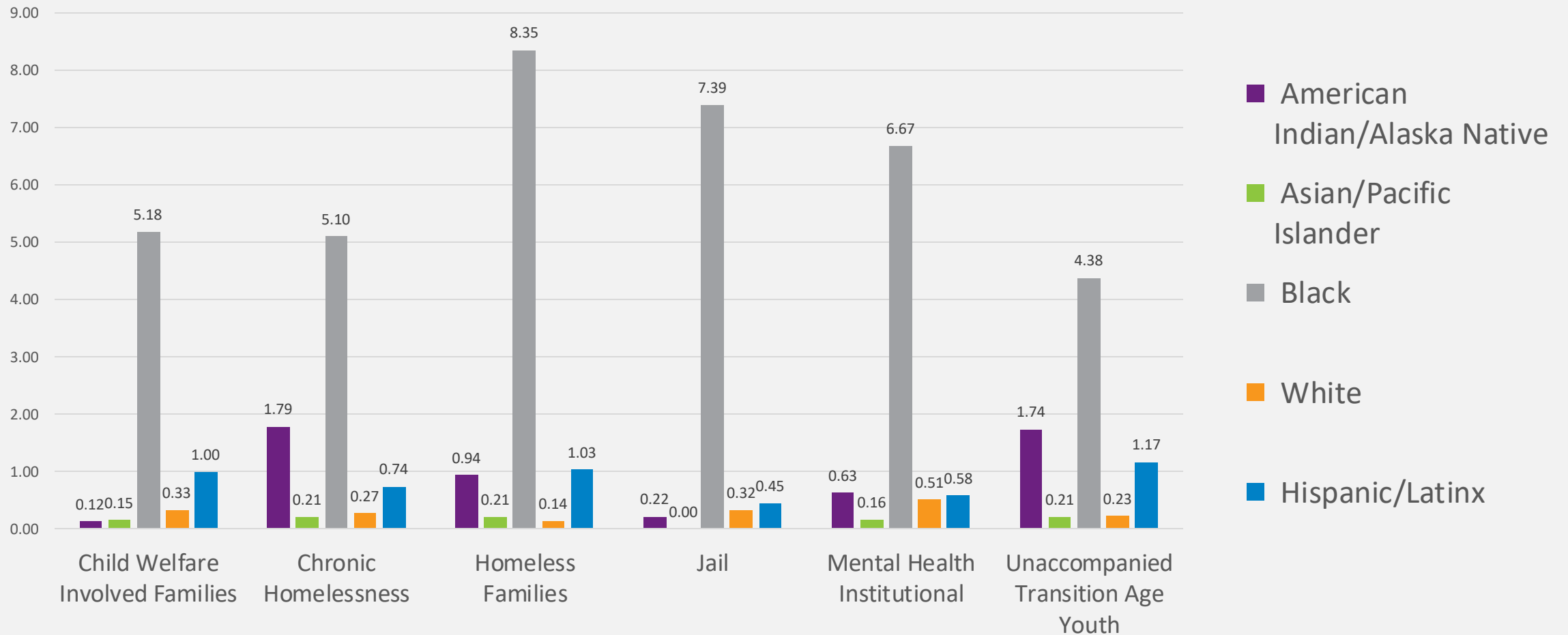
→ DC has highest per capita need in the country

# Supportive Housing Need By System

Explore more: [www.csh.org/data](http://www.csh.org/data)



# Racial Disparity Index: Average Across Systems in DC, MD, & VA



Explore more: [www.csh.org/data](http://www.csh.org/data)



# Supportive Housing and Behavioral Health: The Evidence

## Reduces

- Homelessness
- Inpatient psychiatric hospitalizations
- Psychiatric symptoms
- Expensive crisis care
- Substance Use
- Reincarceration

## Improves

- Mental health
- Overall quality of life
- Access and utilization of non-crisis mental health and substance use treatment services
- Social networks and supports
- Financial security



**THANK YOU**