



LOCAL AND REGIONAL EMERGENCY FOOD ASSISTANCE RESOURCES IN GREATER WASHINGTON

Emergency food access information, including on applying for federal food assistance programs

Last update: October 5, 2020

Understanding and Applying for Ongoing Food Assistance				
Jurisdictions	Primary Resource Listing	Notes	Additional Resources 1	Notes
District of Columbia	DC Department of Human Services: https://dcbenefits.dhs.dc.gov/ Call Center: (202) 727-5355	To apply for Temporary Assistance for Needy Families (TANF, financial assistance) Supplemental Nutrition Assistance Program (SNAP, formerly known as food stamps) Medical Assistance (Medicaid, Alliance and other medical assistance programs available through DHS).	DC Hunger Solutions: https://www.dchunger.org/home/covid-19-food-resources/	Information for applying for SNAP, WIC, and links to organizations providing direct food assistance. DC Hunger Solutions can provide support to applicants.
Maryland	MD Department of Human Resources: https://mydhrbenefits.dhr.state.md.us/dashboardclient/#/home Call Center: 1 (800) 332-6347	Application portal for important assistance programs administered by the State of Maryland. Includes an eligibility screener.	MD Hunger Solutions: https://www.mdhungersolutions.org/get-help/	Information for applying for SNAP and WIC, including a direct link to Maryland Department of Human Resources. MD Hunger Solutions can provide support to applicants.
Virginia	Virginia Common Help: https://www.commonhelp.virginia.gov/	Resource to help individuals see if they are eligible for food, child care, energy, medical, and cash assistance in the Commonwealth of Virginia.	SNAP Benefits Calculator https://vplc.org/snap-calculator/	Online calculator to estimate SNAP eligibility and benefits
Finding School Meals, Food Banks, and Other Types of Direct Food Assistance				
Regional Organizations	Primary Resource Listing	Notes		
Capital Area Food Bank	https://www.capitalareafoodbank.org/covid19response/#get-help	Capital Area Food Bank Hunger Hotline: (202) 644-9807		
Maryland Food Bank (for Frederick and Charles counties)	https://mdfoodbank.maps.arcgis.com/apps/webappviewer/index.html?id=2fee6411f4bc488380742ffabb16291e	Maryland Food Bank's COVID-19 Find Food Map.		
Southern Maryland Food Bank (for Charles County)	https://southernmarylandfoodbank.com/pantry-resources/	Southern Maryland Food Bank's distribution sites in Charles, Calvert, and St Mary's counties.		
Blue Ridge Area Food Bank (for Loudoun County)	https://www.brafb.org/find-help/pantry-locator/	Blue Ridge Area Food Bank's Searchable Map.		
Jurisdictions	Primary Resource Listing	Notes	Additional Resources 1	Additional Resources 2
DISTRICT OF COLUMBIA (district-wide)	https://coronavirus.dc.gov/food	Free meals for children and youth under 18. See "Student Meal Sites and Grocery Distribution Sites" link.	https://dcfoodproject.org/emergency-food-access	

MARYLAND <i>(statewide)</i>	http://mdsummermeals.org/	COVID-19 School Closure Meal Sites in Maryland from MD Department of Education. Searchable by Zip Code.	Parents and caregivers can text the word "FOOD" (or "COMIDA") to 877-877 to find the nearest emergency food distribution sites in their neighborhoods.	
Charles County	https://www.charlescountymd.gov/services/health-and-human-services/covid-19/resident-resources	See "Food Resource."	Free Meals for children and youth 2 to 18 years old: https://www.ccboe.com/pr/ccps-program-offering-additional-meals-starting-oct-5/	End Hunger in Charles County: https://endhungerincharles.org/ Tel: 301-383-3686 Lifestyles https://www.lifestylesofmd.org/ United Way: https://www.unitedwaycharles.org/
Frederick County	https://www.fcpsnutrition.com/	Free meals for children and youth 18 and under.	https://www.therescuemission.org/	
City of Frederick	https://www.cityoffrederickmd.gov/covid19	See Frederick Community Action Agency "Food Supports"	https://www.cityoffrederickmd.gov/462/Food-Bank-Program	
Montgomery County	https://www.montgomerycountymd.gov/HHS/RightNav/Coronavirus-food.html		https://mocofoodcouncil.org/food-assistance-resource-map/	Free Meals for children and youth under 18: https://www.montgomeryschoolsmd.org/reopening/meals/
City of Gaithersburg	https://www.gaithersburgmd.gov/services/community-services/community-support-during-coronavirus	See "Food Resources."	Also see Montgomery County Resources.	
City of Rockville	See Montgomery County Resources.			
Prince George's County	www.pgcfec.org http://www.pgcfec.org/resources/covid-19-resources.html		https://www.princegeorgescountymd.gov/3424/Food-Pantry-Locations	Free Meals for children and youth under 18: https://www.pgcps.org/reopen/distance-learning/#Meals
City of Hyattsville	See Prince George's County Resources.			
City of Laurel	See Prince George's County Resources.			
City of Takoma Park	https://takomaparkmd.gov/initiatives/project-directory/information-and-resources-covid-19/	Scroll down to "Food"		
City of College Park	https://www.collegeparkmd.gov/312/COVID-19-City-Updates	Scroll down to see "Local Resources" sidebar on right.	Also see Prince George's County Resources.	
Town of Bladensburg	See Prince George's County Resources			
City of Greenbelt	See Prince George's County Resources			
City of Bowie	See Prince George's County Resources			
VIRGINIA <i>(statewide)</i>	Parents and caregivers can text the word "FOOD" (or "COMIDA") to 877-877 to find the nearest sites emergency food distribution sites in their neighborhoods.			
City of Alexandria	https://www.alexandriava.gov/dchs/economicssupport/default.aspx?id=114166	See "Food Assistance"	Free meals for all children and students over the age of 2: https://www.acps.k12.va.us/schoolclosurefood	
Arlington County	https://health.arlingtonva.us/covid-19-coronavirus-updates/food-financial-and-medical-assistance/	Food, Financial and Medical Assistance for Neighbors in Need. Includes Food Resources Map. Residents needing assistance getting groceries or meals, can call 703-228-1300.	Free meals for all children and youth under 18: https://www.apsva.us/post/food-service-to-begin-tue-sept-8-at-21-school-locations-across-arlington/	Arlington Food Assistance Center: www.afac.org Free groceries for families in need in Arlington. Referrals may be received by contacting the Arlington County Department of Human Services at 703 228-1300, an Arlington Public School Social worker, or by calling AFAC for additional information at 703 845-8486.

Fairfax County	https://www.fairfaxcounty.gov/neighborhood-community-services/basic-needs-assistance	Residents facing difficulties, including with food, shelter, employment, financial assistance, healthcare and other needs, can also call 703-222-0880.	Free meals for all children and youth under 18: https://www.fcps.edu/news/coronavirus-update-food-resources	http://fairfaxcountygis.maps.arcgis.com/apps/webappviewer/index.html?id=4dbbe9b950e14017938fd77ee0d973a4
City of Fairfax	See Fairfax County Resources.			
City of Falls Church	https://www.fallschurchva.gov/CivicAlerts.aspx?AID=1035		Also see Fairfax County Resources.	
Loudoun County	https://www.loudoun.gov/5327/COVID-19-Needs-Assistance	Information and Referral for basic needs ((703) 777-0420 - translation services available) during business hours	Free meals for all children and youth under 18 and any Loudoun County Public School students who may be over 18: https://lcshealthycafe.org/	http://loudounhumanservicesnetwork.org/services/
Prince William County	https://pwcgov.maps.arcgis.com/apps/webappviewer/index.html?id=97081f40e1b2480c8167f9e2b8dac339	https://www.pwcs.edu/news/what_s_new/to-go-meals-available-free-during-closure	Free meal kits for all children and youth under 18	
City of Manassas Park	See Prince William County Resources			
City of Manassas	https://cityofmanassas.maps.arcgis.com/apps/webappviewer/index.html?id=92f9dd6eef2b4013b8a5be16f2390a2d	Food Donation Resources Map. Also see Prince William County Resources		