



### **Behavioral Health is Essential To Health**

## **Prevention Works**





## **Treatment is Effective**





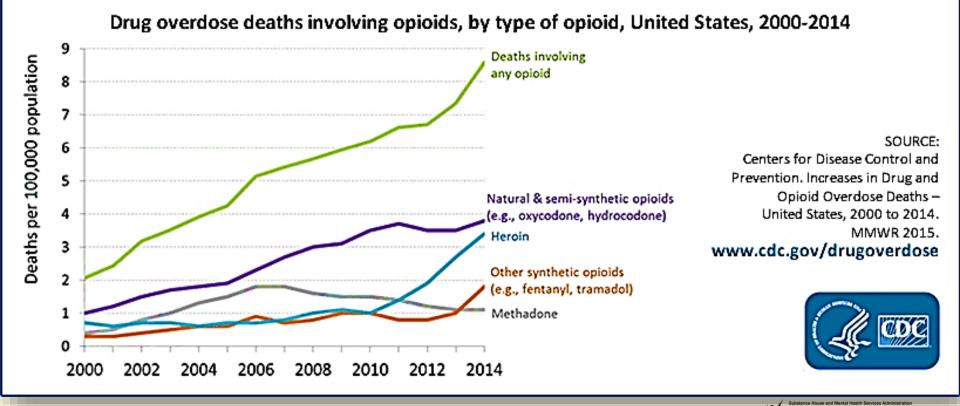
## Clinical Strategies: Innovative Models in Treatment Regional Opioid & Substance Abuse Summit: Collaboration Across Borders and Disciplines

Kris A. McLoughlin, DNP, APRN, PMH-CNS, BC, CDAC-II, FAAN Senior Nursing Advisor, SAMHSA May 9, 2017





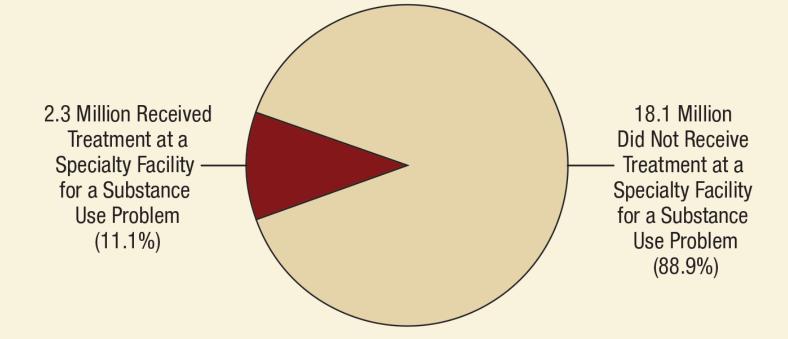
### **Opioid overdoses driving increase in drug overdoses overall**



https://www.cdc.gov/drugoverdose/data/statedeaths.html

Receipt of Specialty Treatment in the Past Year among Adults Aged 18 or Older Who Needed Substance Use Treatment in the Past Year: 2015 NSDUH

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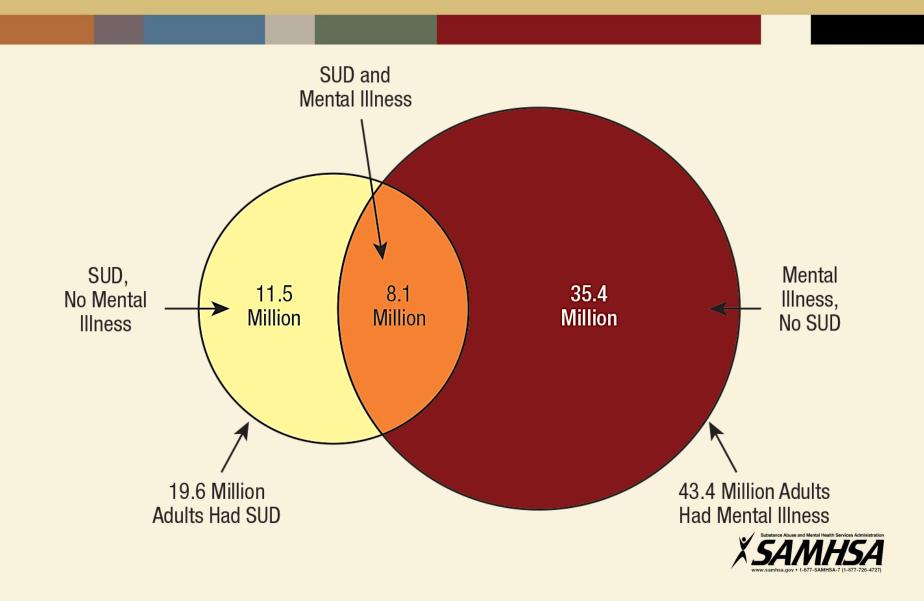


20.4 Million Adults Needed Substance Use Treatment

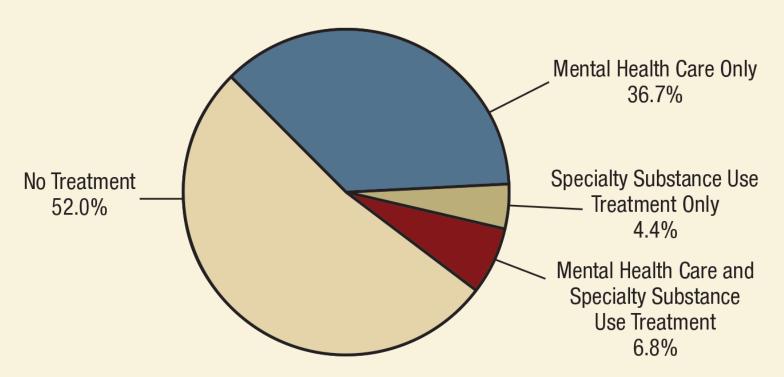


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# Past Year Substance Use Disorder (SUD) and Mental Illness among Adults Aged 18 or Older: 2015 NSDUH



Receipt of Mental Health Care and Specialty Substance Use Treatment in the Past Year among Adults Aged 18 or Older Who Had Past Year MI & SUD: Percentages, 2015 NSDUH



8.1 Million Adults with Co-Occurring Mental Illness and Substance Use Disorders

Note: Mental health care is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Specialty substance use treatment refers to treatment at a hospital (inpatient only), rehabilitation facility (inpatient or outpatient), or mental health center in order to reduce or stop drug or alcohol use, or for medical problems associated with drug or alcohol use.



Note: The percentages do not add to 100 percent due to rounding.

# Comprehensive Addiction and Recovery Act

On July 22, 2016 the Comprehensive Addiction and Recovery Act (CARA) became Public Law 114-198.

One of CARA's important provisions expands access to substance use treatment services extending the privilege of prescribing buprenorphine in office-based settings to qualifying nurse practitioners (NPs) and physician assistants (PAs) until Oct. 1, 2021. *SAMHSA* 

## **NP/PA Qualification: Training**

- Total of 24 hours of training required
- 8 hours from DATA 2000 waiver training
- Training providers:

-American Nurses Credentialing Center,

-American Association of Nurse Practitioners,

-American Academy of Physician Assistants

- American Society of Addiction Medicine,
- American Academy of Addiction Psychiatry,
- American Medical Association,
- American Osteopathic Association,
- American Psychiatric
  Association



# NP/PA Qualification: Licensing and Waiver

- Must have licensing authority to prescribe schedule III substances
- May treat up to 30 patients in the first year
- After 1 year may request to treat up to 100 patients
- Online waiver request form: <u>http://buprenorphine.samhsa.gov/forms/sele</u> <u>ct-practitioner-type.php</u>



## Nurse Practitioner and Physician Assistant Waivers to Date

Туре	In	Pending	Certified
	Progress	DEA	
NP	162	84	560
PA	38	22	184
Total	200	106	744

https//www.samhsa.gov/medication-assisted-treatment/qualify-nps-pas-waivers



# Samhsa.gov/medicationassisted-treatment

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### MEDICATION-ASSISTED TREATMENT (MAT)

#### Medication-Assisted Treatment (MAT)

Medication-assisted treatment (MAT), including opioid treatment programs (OTPs), combines behavioral therapy and medications to treat substance use disorders.

#### Certifications of OTPs

Find directions to:

- » Apply for OTP certification
- » Notify SAMHSA of program changes
- » Submit an opioid treatment exception request

Regional OTP Compliance Officers within SAMHSA's Division of Pharmacologic Therapies (DPT) determine whether an OTP is qualified to

#### **Buprenorphine Waiver Management**

To prescribe or dispense buprenorphine, physicians must gualify and apply for a waiver under the Drug Addiction Treatment Act of 2000 (DATA 2000).

Physicians can complete the Online Request for Patient Limit Increase.

Physicians are also required to complete buprenorphine training.

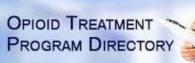


Medication for OPIOID OVERDOSE Naloxone



Naltrexone

BUPRENORPHINE TREATMENT PHYSICIAN LOCATOR



BUPRENDRPHINE

PHYSICIAN VERIFICATION



## **Pcssmat.org**

S MAT TRAINING

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### Providers' Clinical Support System

**For Medication Assisted Treatment** 

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#### What We Do

We are a national training and mentoring project developed in response to the prescription opioid misuse epidemic and the availability of pharmacotherapies to address opioid use disorder. The overarching goal of PCSS-MAT is to make available the most effective medication-assisted treatments to serve patients in a variety of settings, including primary care, psychiatric care, substance use disorder treatment, and pain management settings.

#### NP and PA Information on MAT Waiver Training

If you are a Nurse Practitioner or Physician Assistant interested in completing the required 24 hours of training for your MAT waiver training, you may take the

# **Free MAT APP**

- Information on medications
- A buprenorphine prescribing guide, which includes information on the waiver process and patient limits
- Clinical support tools such as treatment guidelines, ICD-10 coding, and more
- Access to critical helplines and SAMHSA's treatment locators

http://store.samhsa.gov/apps/mat/

### INTEGRATION TRAINING, PUBLICATIONS, TA, AND MORE...





Substance Use Training

#### ABOUT CIHS

### SAMHSA-HRSA Center for Integrated Health Solutions

*CIHS* promotes the development of integrated primary and behavioral health services to better address the needs of individuals with mental health and substance use conditions, whether seen in behavioral health or primary care provider settings.

#### LEARN MORE



http://www.integration.samhsa.gov/





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