# KEEP AMERICA BEAUTIFUL

# Research to Inform and Improve Recycling in the Workplace

COG Recycling Committee Meeting May 21, 2015















#### Who We Are



Keep America Beautiful **inspires and educates** people to take action every day to **improve and beautify** their community environment.

We envision a country where every community is a clean, green and beautiful place to live.

We provide the **expertise**, **programs** and **resources** to help people:

- Prevent litter;
- Reduce waste;
- Increase recycling; and
- Protect the natural beauty around us.

Our collective action champions environmentally healthy, socially connected and economically sound communities.



### America Recycles: National Recycling Initiatives

#### **Objective: Increase participation in recycling**







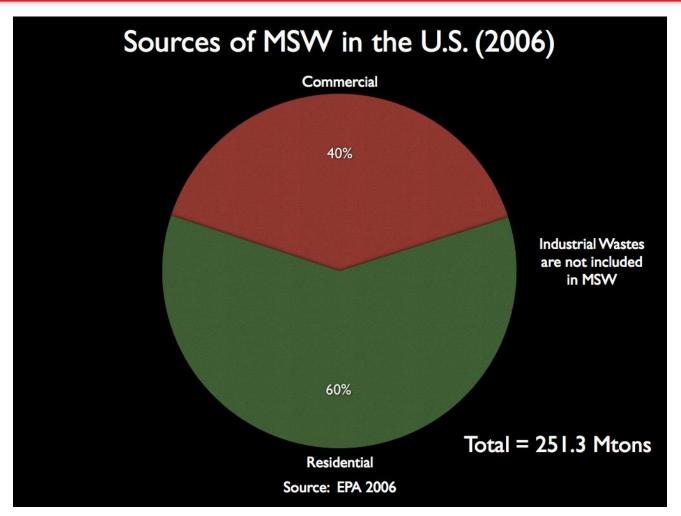








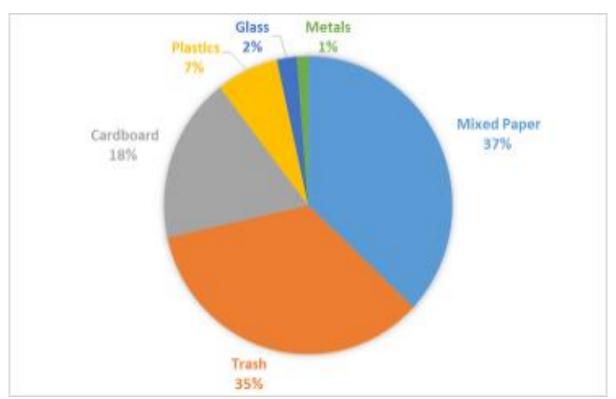
#### Where MSW is Generated





#### Workplace Waste by Type

 Breakdown of Waste Stream in a Typical Office Building by Type\*





#### Opportunity to Make a Difference

- •5.6 million commercial buildings in the U.S.
- Total over 87 billion square feet





Source: The Commercial Building Energy Consumption Survey (CBECS), EIA

#### **Project Goal**

• Test the impact of recycling and trash bin configurations on recycling at work.

- Metrics
  - Increase recycling
  - Reduce trash in the recycling bins

recycling

AT WORK

- Reduce recycling in the trash bins



#### **Partners**

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#### Poll

• Which desk-side bin set up do you think would be most successful at increasing accurate recycling?

A.





B.

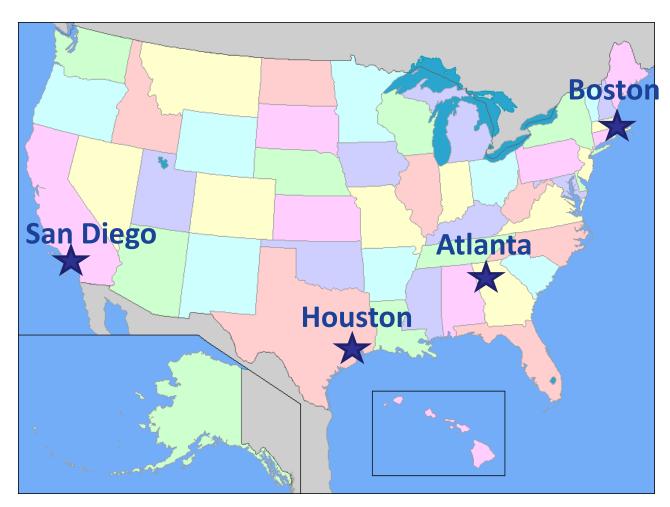


D.





### **Participating Office Buildings**





### **CBRE Office Buildings**

- All single stream (mixed recycling)
- Single buildings
  - ATL: Three building office park
- Desk-side recycling and trash
  - ATL: Desk-side recycling only
  - All faced implementation issues





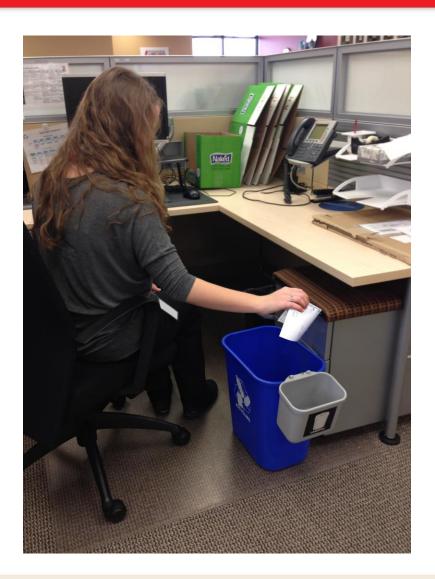
#### **Offices**

- 34 offices
  - Between 2 and 70 employees (average of 15)
  - One or two office contacts

	EQUAL-SIZE	RECYCLING ONLY	LITTLE TRASH	INFO ONLY	EXCLUDED (REFUSED)
ATLANTA	2	2	2	2	0
BOSTON	2	0	2	2	1
HOUSTON	1	0	0	1	1
SAN DIEGO	3	2	4	4	3



### **Little Trash**





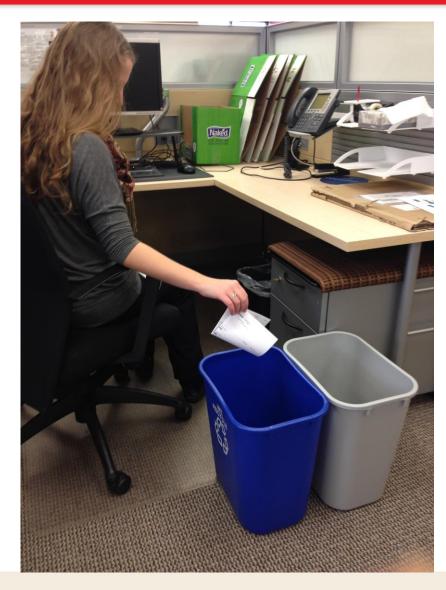
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# **Equal-size**









# **Recycling Only**





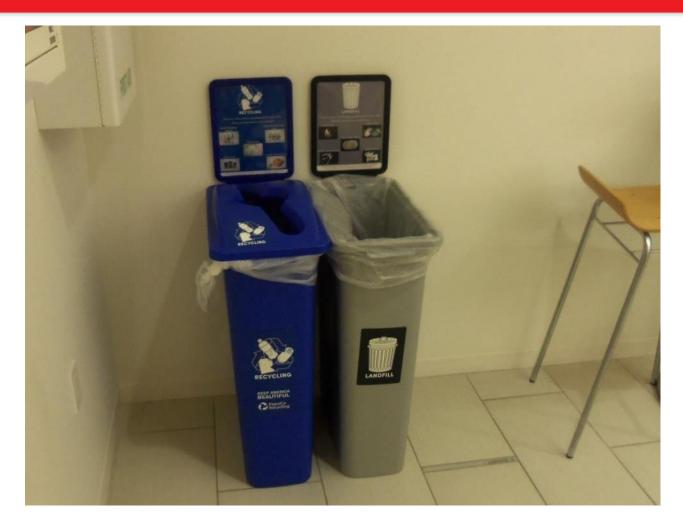


# **Information Only**





#### **Common Area**





#### Informational flyer

Color and logo consistent with bins

- Common office items
  - Realistic photos over stock images
  - Focus on priorities instead of messaging on everything





\*\*Please note that these are some common items. For a more comprehensive list of recyclable and non-recyclable items see your building manager, or your waste hauler's website.

#### **Recycling Bin Signage**

Color and logo on bins

- Same items
  - Realistic photos over stock images
  - Focus on priorities instead of messaging on everything





\*\*Please note that these are some common items. For a more comprehensive list of recyclable and non-recyclable items see your building manager, or your waste hauler's website.

#### Trash Bin Signage

Color and logo on bins

- Same items
  - Realistic photos over stock images
  - Focus on priorities instead of messaging on everything





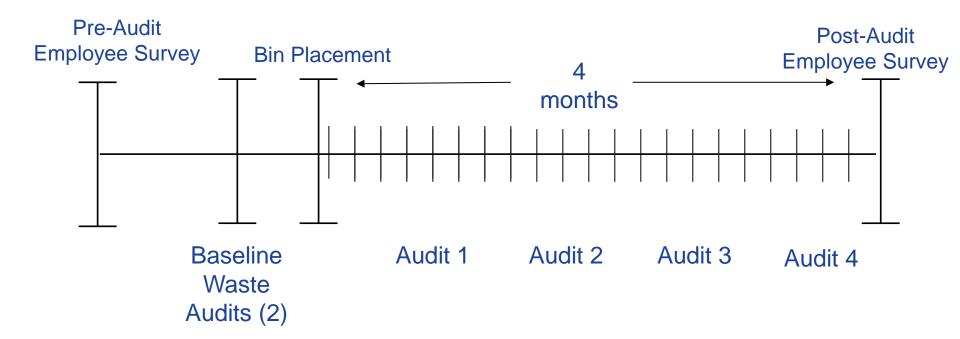
\*\*Please note that these are some common items. For a more comprehensive list of recyclable and non-recyclable items see your building manager, or your waste hauler's website.

### **Data Collection**





#### **Timeline of Major Activities**





#### **Employee Survey**

*Pre-Audit* Web Survey

Pre-Notification Email

Survey Link Email

Reminder Email, Note, and Coupon *Post-Audit* Web Survey

Pre-Notification Email

Survey Link Email

Reminder Email, Note, and Coupon



#### **Employee Survey Topics**

- Office Recycling
  - General Knowledge, Behavior, and Beliefs
  - Knowledge, Behavior, and Beliefs about Flyer Items
- Spillover to home and public
- Evaluation of the Project (post-survey only)
- Classification Questions





### **Monthly Waste Audit**

- Total Weight
- Weight of Flyer Items
- Count of Cans and Bottles

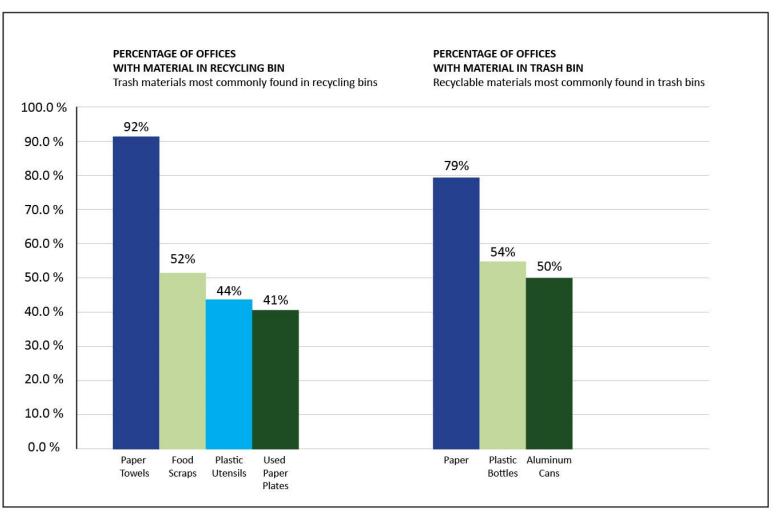


#### Results





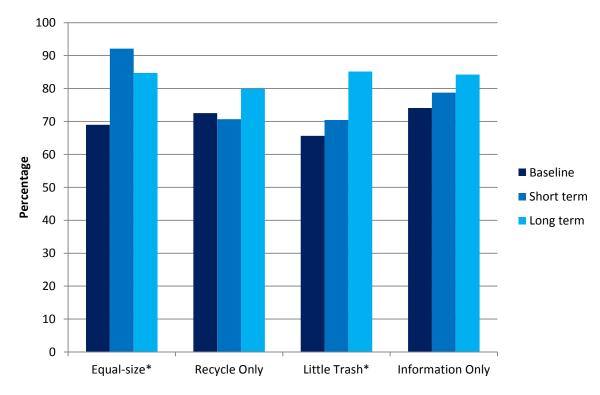
#### **Frequency of Incorrect Disposal**





### Percentage of Recyclables in Recycling

More recyclables were in the recycling for the "Little trash" and "Equal Size" conditions.

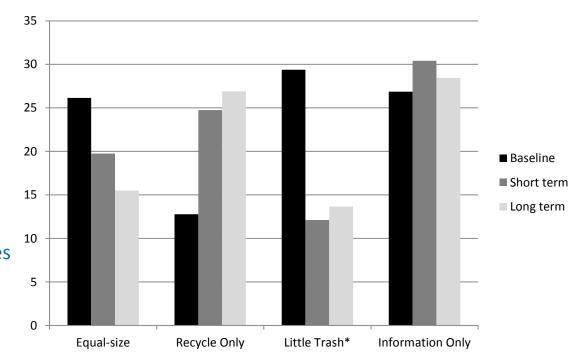


Note: Weight of Recyclables divided by Total Weight of Material Collected in Recycling bin



#### Percentage of Recyclables in Trash

Fewer recyclables were in the trash for the "Little trash" condition. Same trend for Equal Size. Trend for increase in recycling only.

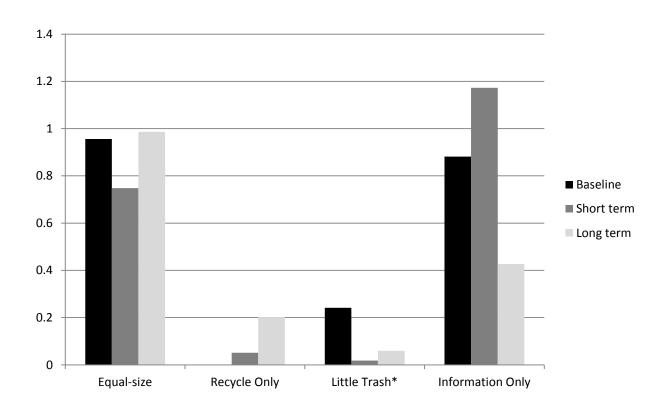


Note: Weight of Recyclables divided by Total Weight of Material Collected in Trash bin



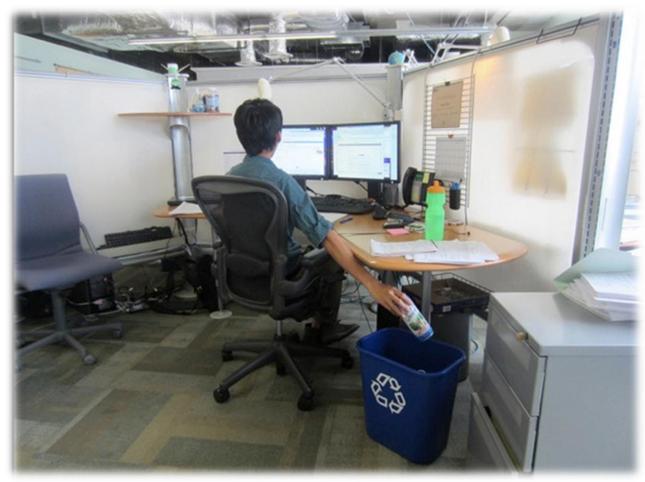
### **Average Office Paper Weight in Trash**

Less office paper was in the trash bin for the "Little trash" condition.





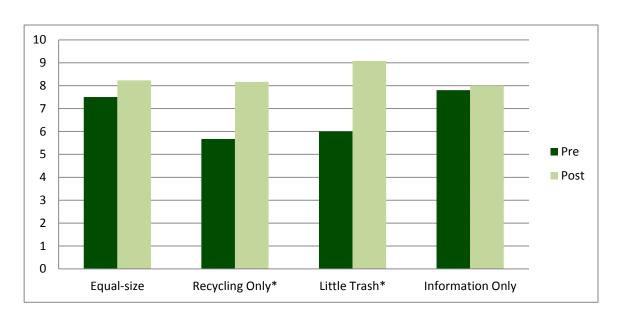
## **Employee Survey Results**





### **General Office Recycling Knowledge**

Participants reported how knowledgeable they were about recycling in their office on a scale from "0" (not at all knowledgeable) to "10" (very knowledgeable).

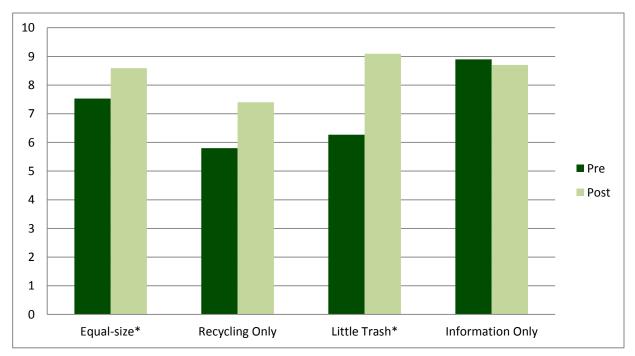




\* indicates statistically significant change

### **General Office Recycling Behavior**

Participants reported how often they properly dispose of recyclable items while in the office on a scale from "0" (never) to "10" (always).





\* indicates statistically significant change

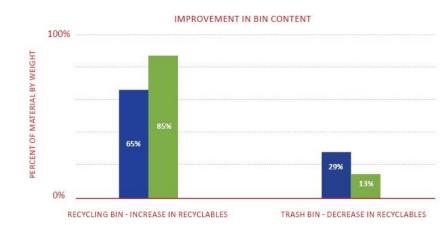
#### **Conclusions and Recommendations**





#### Little Trash - Most Successful

- Desirable significant changes
  - Increased correct disposals
  - Decreased recyclables in the trash from 29% to 13%
  - Office paper in trash reduced to practically nothing
  - Decreased recycling bin contamination 20%



#### Positive experience

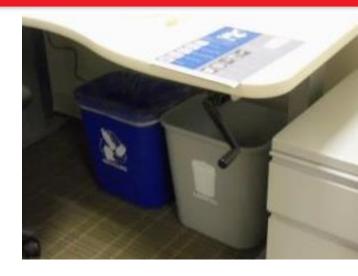
- "[The thing I did differently because of Recycling at Work was...] I pay more attention when disposing of anything."
- "[One thing I particularly liked about the Recycling at Work project was the...] different sized bins really helped."



### **Equal Size - Fairly Successful**

#### Some desirable changes

- Kept trash out of the recycling
- No significant decrease in recyclables in the trash
- No significant change in the weight of paper in trash
- Decreased recycling bin contamination 17%



- Positive experience, shown through employee survey ratings and comments:
  - "[The thing I did differently because of Recycling at Work was...] I recycled more often and with more confidence since I now have a better understanding of what to recycle and what not to [recycle]."



### Recycling Only-Least Successful

#### Poor results

- Undesirable or neutral audit results
- 14% increase in recyclables in the trash
- No change in weight of office paper in the trash
- No change in recyclables in the recycling

#### Neutral to Negative experience

— "[One thing I would change about Recycling at Work is...] [I] need to have both trash cans in my office, not just a recycle bin. For example, I eat a banana every day and having to walk the peel to the kitchen room is a nuisance."





### Information only

- No behavioral changes
- Some changes in knowledge
- Insufficient to change behavior
  - Necessary to go beyond



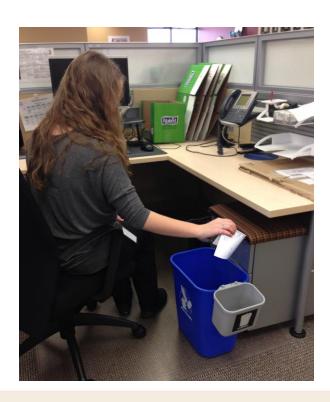
#### Recommendations

#### 1. Make recycling easy

- Include paired bins in the common areas
- Keep signage simple
- Message on, or near, the recycling bin about common items

#### 2. Use effective placement

- Co-locate recycling and trash at the workstation
- Use the Little Trash set-up
  - If not feasible, use Equal Sized set-up





#### Recommendations

#### 3. Be consistent

- One program throughout the building
- Same colors, images, messages, placement
  - Decreases confusion for cleaning staff
  - Decreases confusion for employees







#### Resources

• See <a href="http://recyclingatwork.org">http://recyclingatwork.org</a> for more information, tools, report and fact sheet

Contact local solid waste facility for locally

relevant information





#### **TV Commercials**



**Superhero:30** 



**Smile :30** 



# Questions?

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