

# Mind over Matter: Strategies for Equity at Intercept 0

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Marriage and Family Therapy Solutions, LLC has been awarded grant through the Virginia Department of Behavioral Health and Developmental Services (DBHDS) to assist in implementing the Equity at Intercept 0 project and the Marcus Alert System.

# Marcus David Peters Act

- ❖ The Marcus-David Peters Act also known as Marcus Alert is named after Marcus-David Peters, a young, Black biology teacher who was shot and killed by Richmond police in 2018 amid a mental health crisis.
- ❖ Signed into law November 2020 by Governor Northam
- ❖ Virginia is implementing a new system for responding to behavioral health crisis situations
- ❖ The goal of Marcus Alert is to provide a behavioral health response to behavioral emergencies.

# Six components of State Plan

1. Four-level urgency triage framework for assessing risk
2. Mobile crisis teams employed by regional crisis hubs
3. Federal 988 and regional call center implementation
- 4. Statewide Equity at Intercept 0 Initiative**
5. Statewide training standards across behavioral health, law enforcement and other participants in crisis response
6. Statewide public service campaign to raise community awareness of how to use 988 as a way to access behavioral health support

# What is Equity at Intercept 0?

- ❖ Equity at Intercept 0, also referred to as “Intercept 0”, was developed as a part of the Virginia state plan for the implementation of the Marcus-David Peters Act.
- ❖ The goal is to move people away from the criminal justice system and instead connect them with the support and services they need in the community.
- ❖ “Intercept 0” is a reference to the Sequential Intercept Model that shows five points where people with mental health or substance use needs connect with the criminal justice system.

# **Five Connection Points: People with Mental Health and Substance Issues with Criminal Justice System**

1. 911/Law Enforcement
2. Arrest/Initial Detention/Initial Court Hearings
3. Jails and court systems
4. Prison reentry/Jail reentry
5. Parole/Probation

# Equity at Intercept 0 Initiative

- ❖ This initiative will develop an infrastructure for training and development to ensure small, community focused providers with a focus on Black-led, BIPOC-led and peer led providers are integrated into the crisis services system through training and academic partnerships, language access and other critical projects to ensure equitable access to community based services. (DBHDS)

# Equity at Intercept 0 Initiative

- ❖ Research shows that 96% of individuals who receive a direct referral to crisis services do not require an emergency room visit
- ❖ Focuses on building supports for public-private collaboration in Virginia's publicly funded crisis services
- ❖ Focuses on effective diversion from 911 and law enforcement into community crisis care



# Primary Objectives of Grant Initiative

1. Establish and assess a network of BIPOC Providers to engage in the Crisis Continuum within the Greater Prince William Area.
2. Develop a statewide Historically Black Colleges and Universities (HBCU) Behavioral Health engagement/assessment project.
3. Create a plan for “Pathways into the Public Behavioral Health System” for HBCU students.
4. Provide mentoring and career coaching services to BIPOC behavioral health students interested in pursuing counseling careers.
5. Provide Clinical Supervision services to BIPOC behavioral health residents interested in pursuing counseling careers.

# Establish and assess a network of BIPOC Providers

- ❖ Identify BIPOC crisis providers
- ❖ Determine the needs of BIPOC providers ability to participate in crisis continuum
- ❖ Set up communication channel with BIPOC Providers
- ❖ Assess baseline training

## **Develop a statewide Historically Black Colleges and Universities (HBCU) Behavioral Health engagement/assessment project.**

- ❖ Conduct strategic analysis of curriculums/courses
- ❖ Analyze career-counseling opportunities at universities
- ❖ Learn from students about their needs as social work, counseling and psychology students

## **Create a plan for “Pathways into the Public Behavioral Health System” for HBCU students.**

- ❖ Assess current internship opportunities available at behavioral health facilities in Greater Prince William Area.
- ❖ Conduct strategic analysis of internship programs
- ❖ Identify strategies for effective student recruitment
- ❖ Identify internship opportunities at the state and local levels
- ❖ Research cost-saving and workforce benefits of an internship program

## **Provide mentoring and career coaching services to BIPOC behavioral health students interested in pursuing counseling careers**

- ❖ Target population shall be BIPOC students attending one of Virginia's HBCUs or other Virginia Universities and who are interested in becoming a Licensed Professional Counselor, Licensed Marriage and Family Therapist or Licensed Clinical Social Worker in Virginia.
- ❖ Each student will receive 6, 90-minute mentoring/coaching group session and two 60-minute individual sessions.

## **Provide Clinical Supervision services to BIPOC behavioral health residents interested in pursuing counseling careers**

- ❖ Target population shall be BIPOC post-graduate students who are interested in becoming a Licensed Professional Counselor, Licensed Marriage and Family Therapist or Licensed Clinical Social Worker in Virginia.
- ❖ Clinical Supervision will be provided for up to 12 post graduate students. Clinical supervision will be provided in combination of group and individual supervision format for a 40-week period.

# We need your help to:

- Identify Black, Indigenous People of Color (BIPOC) who provide crisis mental health services in the Greater Prince William Area (Prince William County, City of Manassas and Manassas Park).
- Identify BIPOC counseling and social work residents who need clinical supervision hours towards getting their Licensed Professional Counselor License, Licensed Marriage and Family Therapy License or Licensed Clinical Social Worker License because we are offering free clinical supervision for 12 residents.
- Identify BIPOC Behavioral Health students at a Virginia HBCU who is interested in becoming a licensed counselor or licensed social worker to take part in our free mentor/coaching program for 10 students.
- Like and follow us on our social media pages - Facebook - Instagram - Twitter
- Visit our website - <http://www.marriageandfamilytherapysolutions.com>

## Help spread the word about Smart 911 and Rapid SOS

- Smart 911 and Rapid SOS - allows you to provide 9-1-1 call takers and first responders critical information you want them to know should you experience an emergency. When you call 9-1-1, call takers can view your addresses, medical information, home information, description of pets and vehicles, and emergency contacts. You can provide as much or as little information as you like.
- Find out more at [www.Smart911.com](http://www.Smart911.com) and [www.RapidSOS.com](http://www.RapidSOS.com)
- Smart 911 is used in PWC and the City of Manassas Park
- Rapid SOS is used in the City of Manassas
- Sign up for both systems to ensure that your critical information is available should you have to call 911 in an emergency.



# Community Engagement

- We would like to partner with you to inform our community about changes that are coming to how our community responds to behavioral health emergencies.
- Go to [www.marriageandfamilytherapysolutions.com](http://www.marriageandfamilytherapysolutions.com) to learn more. Sign up for our distribution list today!

# Social Media Links

Facebook: <https://www.facebook.com/Marriage-and-Family-Therapy-Solutions-109341348323821>

LinkedIn: <https://www.linkedin.com/in/laurie-wilson-7834951b7/>

Instagram: <https://www.instagram.com/mftsva/saved/>

Twitter: Marriage and Family Therapy Solutions

Website: <https://www.marriageandfamilytherapysolutions.com/>

BIPOC Behavioral Health Provide Survey: <https://www.surveymonkey.com/r/HGPBXRZ>