



Metropolitan Washington Council of Governments

Housing Director's Advisory Committee

Aldea Douglas

AARP Livable Communities



LIVABLE COMMUNITIES
Great Places for All AgesSM



Livable Communities

“Affordable and appropriate housing, supportive community services, and adequate mobility options, which facilitate personal independence and the engagement of residents in civic and social life.”



Trends



We have entered a time of
profound and permanent change
to the demographic composition of the United States



Every day, **10,000**
boomers turn 65

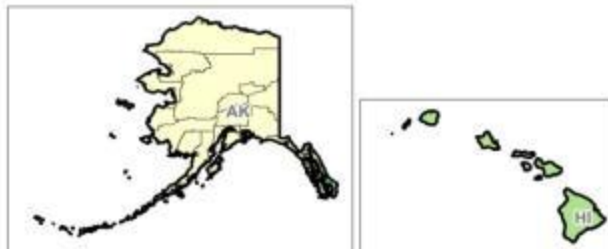
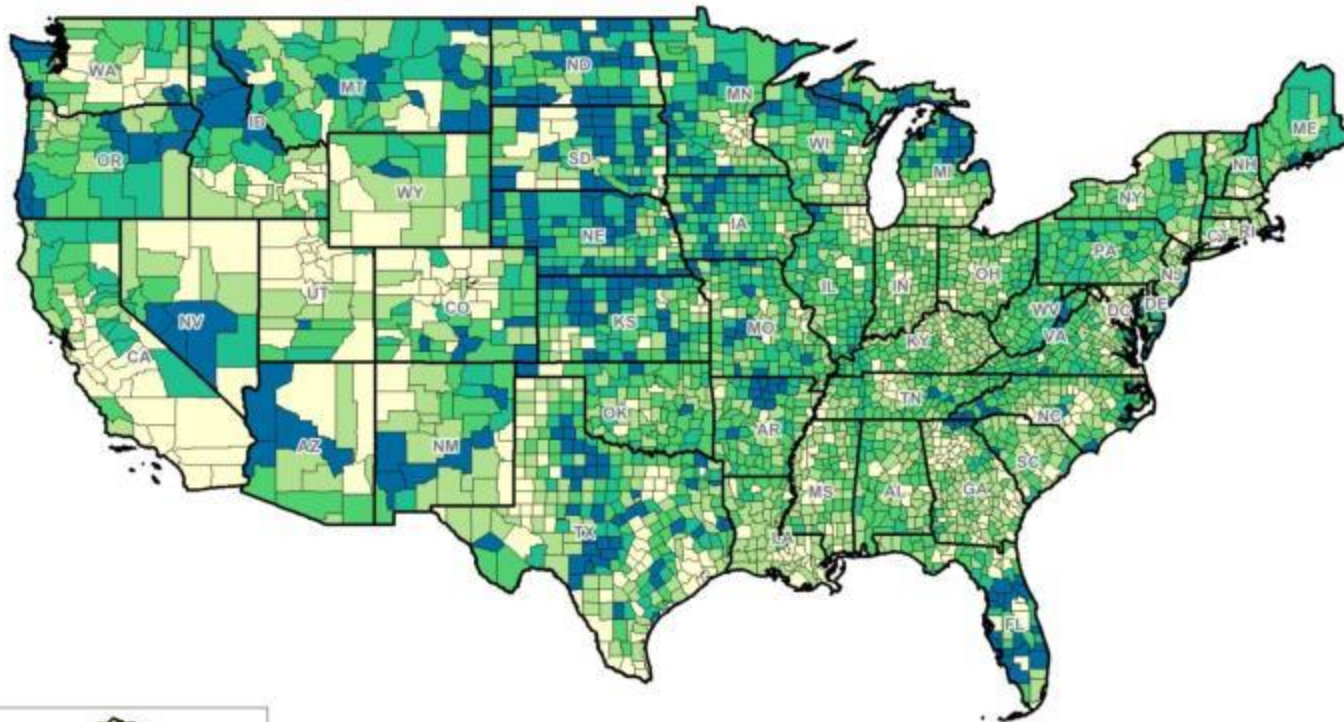


By 2030 the U.S. will have **twice as many**
people over the age of 65 as we have
today



AMERICA IS AGING

Percent of Population Age 65+ 2010

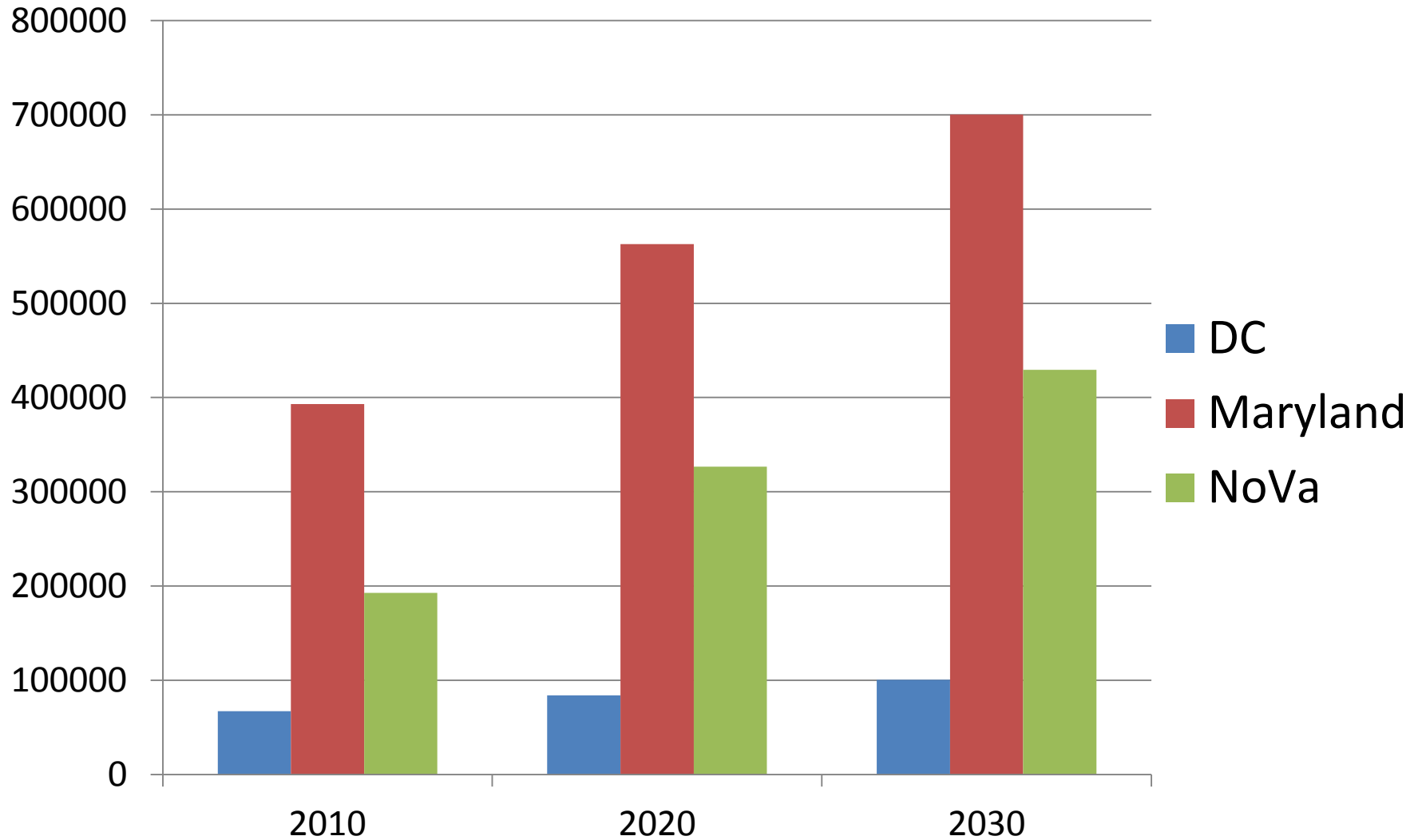


Percent Population Age 65+ 2010

21% or more	(349)
18% to 21%	(483)
15% to 18%	(917)
12% to 15%	(888)
12% or less	(506)

Source: U.S. Bureau of the Census, 2010 Census.

DMV Region PROJECTED 65+ POPULATION



Survey after survey finds that **today's older adults want to remain in their homes**

78%

.....
of adults ages 45+ agree or strongly agree with the statement: "What I'd really like to do is stay in my current residence for as long as possible."

Source: AARP Home and Community Preferences of the 45+ Population, 2014



But most houses haven't been designed to adapt. In fact, American homes have traditionally been designed and built for **able-bodied 35 year olds**



Survey after survey finds that
**today's older adults
want to stay in their
community**

80%

.....
of adults ages 45+ agree
or strongly agree with the
statement: "What I'd
really like to do is stay in
my current community for
as long as possible."

Source: AARP Home and Community
Preferences of the 45+ Population, 2014



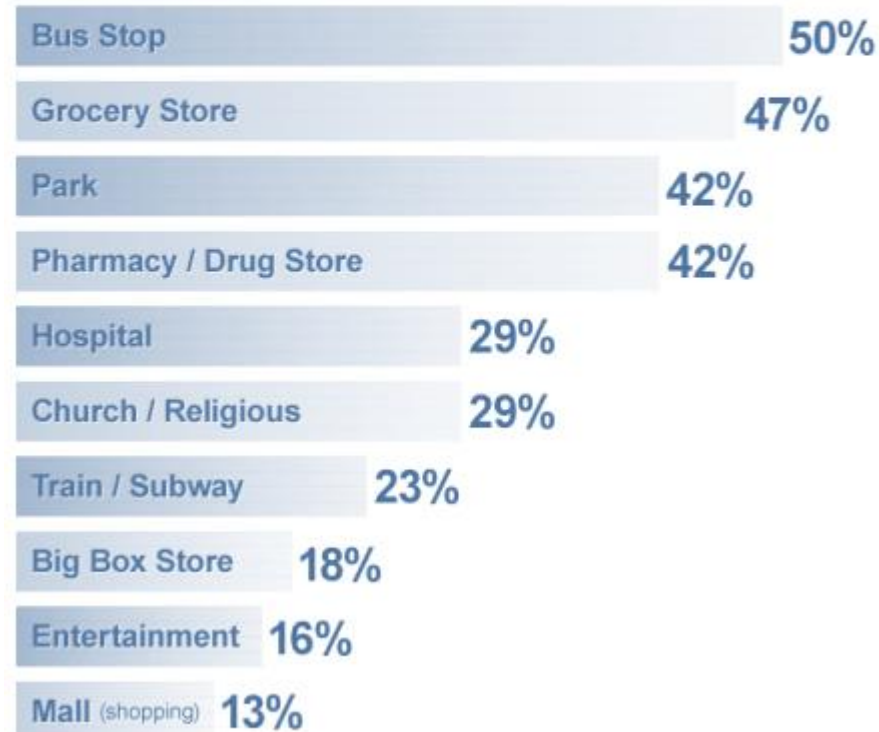
For the past 50 years, communities have developed around cars and other motor vehicles as our principal form of transportation



What Community Amenities Do Older Adults Want Close to Home?

We asked older adults what amenities they want close to home. Access to transportation, food, and green space top the list. These are among the many community indicators that we are measuring as part of the Livability Index project. Find out more about our livability research and the development of our index here: www.aarp.org/ppi/liv-com/

% endorsed within 1 mile or less



Source: AARP Public Policy Institute

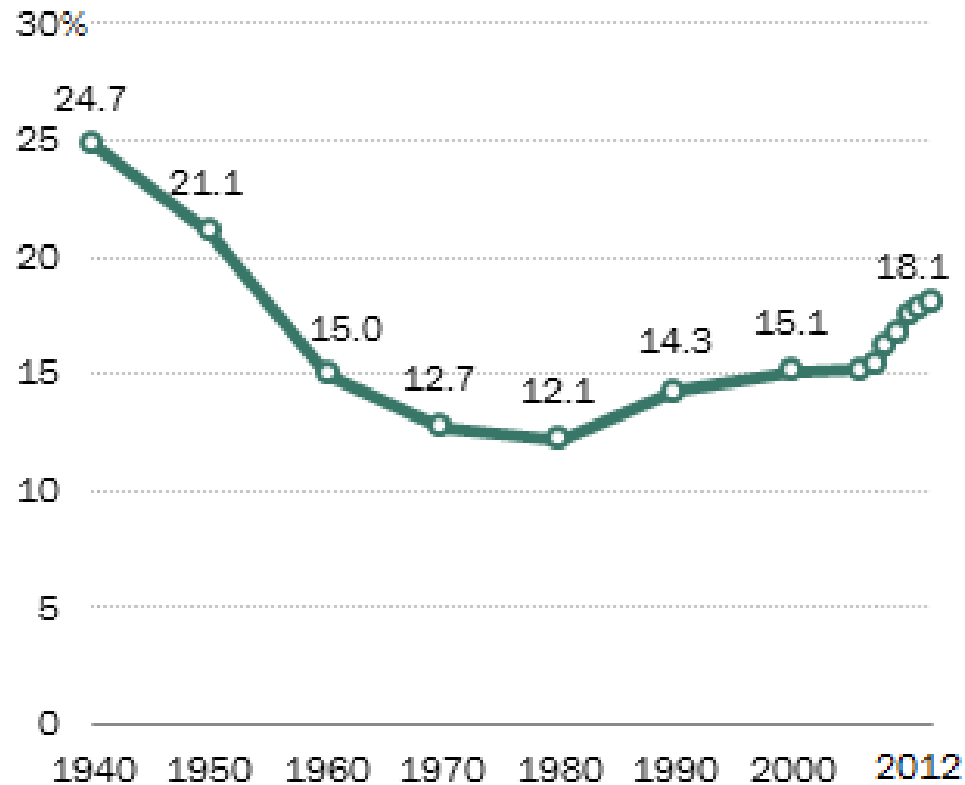


BOOMERS PREFERENCES



MULTIGENERATIONAL HOUSEHOLDS

Share Living in Multi-generational Households Continues to Rise



Source: Pew Research Center analysis of U.S. Decennial Census data, 1940-2000, and 2006-12 revised weight American Community Surveys (IPUMS)

PEW RESEARCH CENTER





OUR PROGRAMS

**AARP's
Network of Age Friendly
Communities**

Active Living Workshops

Community Walk Audits

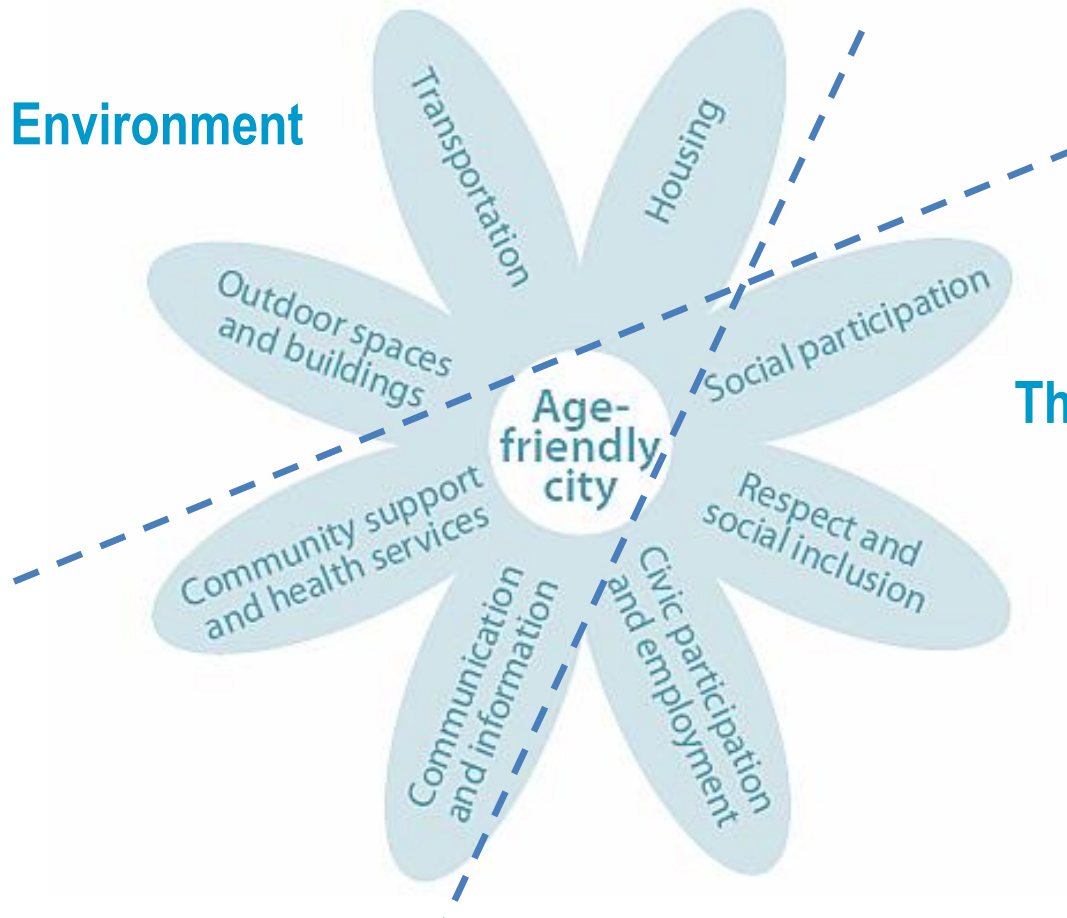
HomeFit Workshops

The **AARP**® Network of Age-Friendly Communities

Real Possibilities

Our Vision and the “8 Domains of Livability”

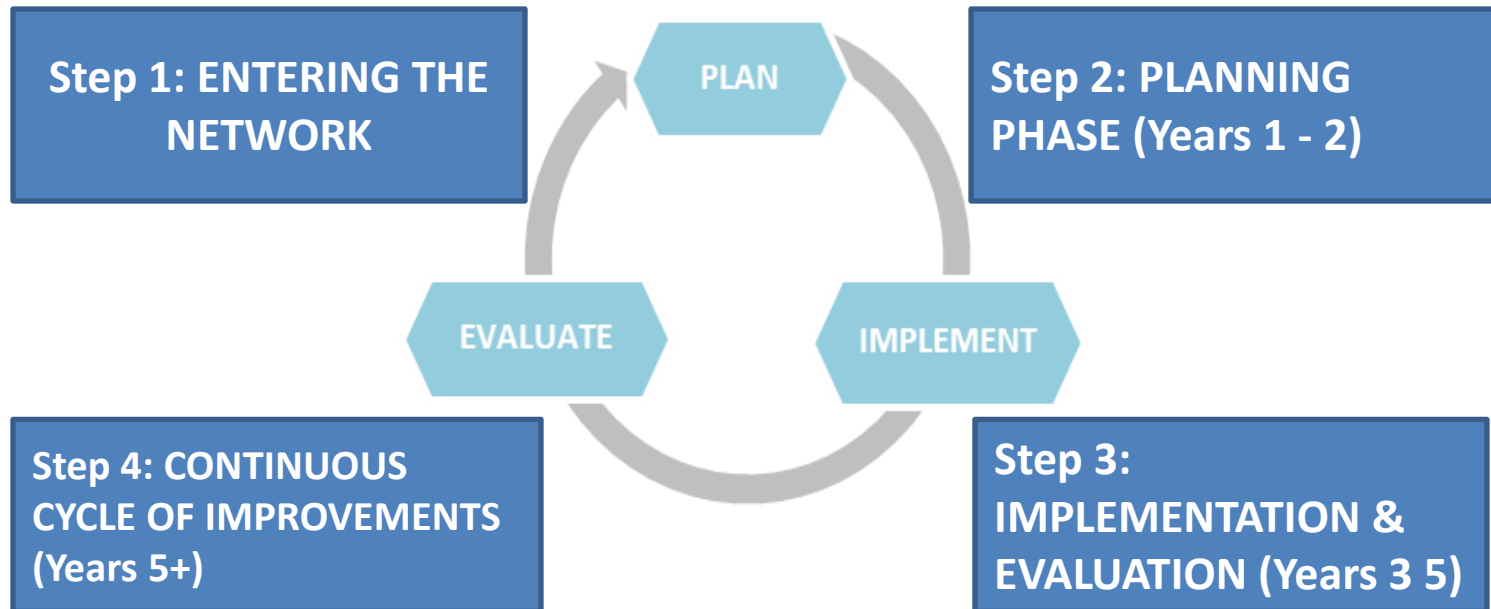
The Built Environment



The Social Environment



AGE FRIENDLY PROCESS





ACTION PLAN REVIEW PROCESS

Content

- Links with Community Assessment
- Measurability
- Accountability
- Overall Strength of Plan



Process

- Equity
- Inclusion

Results in
Recommendation





Network of Age-Friendly Communities



Updated June 2015

The Benefits of Membership in the AARP Network of Age-Friendly Communities

- Encourage local residents, businesses and other nonprofit groups to play an active role
- Connect to global and national networks of participating communities
- Access to news, information and guidance about best practices, models, results and challenges in the age-friendly movement
- Opportunities for partnership with other communities, both domestic and international
- Mentoring, assessments and peer review evaluation by experts and member cities and towns
- Recognition by AARP and the World Health Organization of the community's commitment to become more age-friendly



AGE- FRIENDLY WASHINGTON, DC



Outdoor Spaces
and Buildings



Transportation



Housing



Social Participation



Respect and Social
Inclusion



Civic Participation
and Employment



Communication
and Information



Community Support
and Health Services



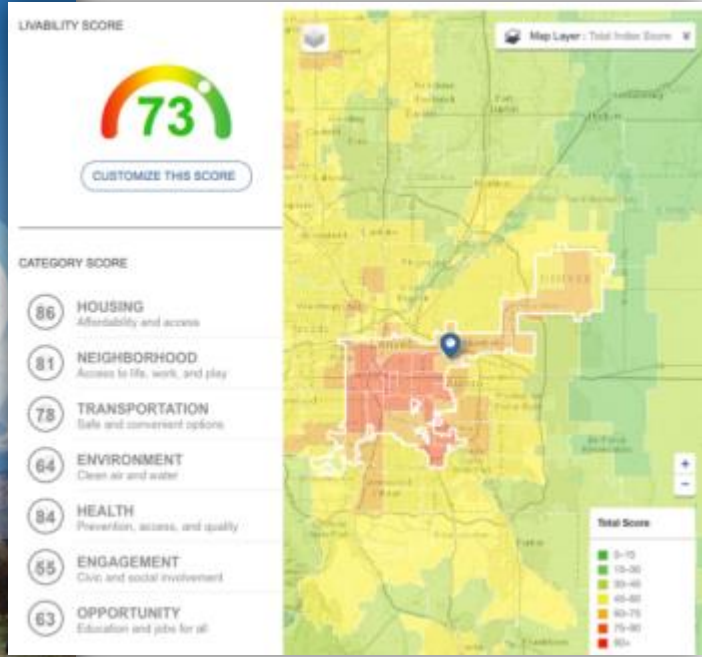
Emergency Preparedness
and Resilience



Elder Abuse,
Neglect and Fraud

THE LIVABILITY INDEX: GREAT NEIGHBORHOODS FOR ALL AGES

This is Big.





Public Policy Institute

Inquiry. Analysis. Solutions.

[PUBLICATIONS](#) | [ISSUES](#) | [INITIATIVES](#) | [EXPERTS](#) | [EVENTS](#) | [DATA](#) | [ABOUT PPI](#)

[MORE FROM AARP ▾](#)

[AARP Home](#) » [AARP Public Policy Ins...](#) »

Livability Index | Great Neighborhoods for All Ages

[LIVABILITY DEFINED](#) | [FEATURED COMMUNITIES](#) | [ABOUT US](#)



personal safety

quality of health care

access to destinations

How livable is your community?

enter your address, city, state or zip code

air quality

water quality

housing affordability

[LEARN MORE](#)

The Livability Index scores cities and communities across the U.S. for the services and amenities that impact your life the most.

[Search for your city or learn more about how we define livability.](#)



Our Website and More!

Please bookmark

AARP.org/Livable

Articles

Toolkits to download

Fact Sheets

Source for nationwide
best planning practices

AARP.org/LivabilityIndex

Aldea Douglas

Adouglas@aarp.org

Twitter @AldeaDC

202.434.3737

