

Expanded Telecommuting Transportation Emission Reduction Measure (TERM) Program Draft Final Report

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Executive Summary

The goal of the Commuter Connections Telework Resource Center is to increase the number of employees working from home or at one of the area's local telework centers, for the purpose of reducing traffic congestion and improving air quality in the Washington metropolitan region.

Transportation Emission Reduction Measure M-92 (Expanded Telecommuting TERM) was adopted in fiscal year 02-08 Transportation Improvement Program (TIP) by the National Capital Region Transportation Planning Board (TPB). The Telecommuting Advantage Group, (TAG), was hired to conduct the Expanded Telecommuting TERM which ran from July 1st of 2003 through June 30th of 2005. This program was initiated as a coordinated outreach program through the Commuter Connections Telework Resource Center at the Metropolitan Washington Council of Governments (COG).

At the program onset, COG identified 123 private and public sector employers with 1,000 or more employees in northern Virginia and Maryland that would be targeted for the program. Federal organizations located as targets in Washington, DC were also included in this project. Additional organizations were identified through various methods including:

- **A CD-ROM promotion.** This activity included a CD-ROM mailer detailing the Expanded-TERM program and TAG's consulting services, workshops and tools that were funded through the program.
- Networking Events. TAG's participation in Networking events through the Maryland Work/Life Coalition, the Metropolitan-Washington Work/Life Coalition, the Greater Washington Board of Trade, the International Telework Association and Council and the Mid-Atlantic Telecommuting Advisory Council (MATAC). TAG representatives conducted a presentation at the annual ITAC conference and participated in the Independent Review Board of the Maryland Work/Life Coalition.
- Independent research. TAG conducted independent research using business contact databases including Nexus/Lexus and Hoover's databases. Through this research, additional organizations with over 300 employees located in the Washington metropolitan region were identified as potential targets.

The final Expanded Telecommuting TERM database consists of 816 private and public organizations. TAG contacted each of these organizations by phone and email to conduct an intake interview and gauge the potential for their telework program.

TAG's primary incentive for organizations was the identification of the beneficial outcomes that employers could realize if they participated in the Expanded Telecommuting TERM. An additional incentive was the development of metrics around those outcomes that would result in a bottom-line return-on-investment. TAG worked with organizations to achieve increased employee retention, reduced recruiting costs, increased productivity, reduced overhead costs, reduced real-estate costs, and a positive public image. TAG and Commuter Connections actively provided telework training, tools and consulting services for Arlington County Government, Arnold and Porter, ATF, Booz Allen & Hamilton, the City of Alexandria, HUD, DOJ Antitrust, the FBI, the ITC, KPMG, Marriott International, MITRE, NIH, and Northrop-Grumman.

In 2004 the telework training, tools and consulting services were expanded to include additional forms of alternative work arrangements including flexible scheduling, compressed work weeks and variations of combined programs. It was found that the inclusion of these programs increased the acceptance of telework as part of an overall flexwork program.

TAG's training included workshops for flexwork coordinators and three levels of manager training. The manager's workshops included an orientation workshop designed to create awareness around the new skill-sets managers need in a flexwork environment, and a tactical workshop that focuses on the utilization of new employee performance methods and communication models.

1. Program Approach and Strategies

The initial project approach consisted of five basic tenets:

- A. Identify the most significant outcomes and issues for each organization and develop metrics and measurements to assess the attainment of those outcomes. This method allows managers to have performance measures for teleworkers and fosters support among upper management for a broad range of flexwork initiatives.
- B. Transfer the skill sets, tools and knowledge that organizations need to the people within the organization who are responsible for the program. Typically, these are telework coordinators who were often HR employees, but occasionally managers or other types of employees fill these roles.
- C. Build on the program and tools organizations have already put into place.
- D. Ensure that a champion has been identified and the infrastructure is in place to sustain a long-term program.
- E. Develop or expand a program around the most relevant outcomes, metrics and bottomline measurements each organization is able to realize from its flexwork program.

TAG utilized a phone "script" with each organization that was called. (see Attachment A1). The first contact with an organization was not meant to last more than fifteen minutes. During this brief conversation, TAG identified the lead contact (who often wasn't the person in the database), the existing status of telework in the organization, who the champion might be, and an initial list of possible outcomes for the program. After this introduction, an intake meeting was set up, designed to be no more than an hour.

The intake meeting took place over the phone or in person, depending on the preference of TAG's contact. The goals of the intake meeting were to get a more thorough understanding of the current status of telework, what outcomes and motivations the organization had for telework, what issues may need to be addressed, and who the champion in the organization was. The intake report is listed in Attachment B.

Each organization was then given a "Gold", "Silver", "Bronze", or "Not Participating" status. The goal for each ranking was to motivate the organization to move up to the next participation level. For Gold level organizations, the goal was to move them into actively beginning or starting their telework program. The definitions for each level are as follows:

<u>Gold Level Employers</u> view telework as an integral part of their strategic planning, helping them to achieve multiple organizational goals and enjoy a competitive advantage. Telework is not only embraced by senior leadership, well-funded, and specifically staffed, it is, or is planned on being, an embedded cornerstone of the company's organizational culture. At these companies, telework cannot simply be stopped or removed from practice. Instead, telework is viewed as "business as usual." The next action step was to expand and sustain the telework program. <u>Silver Level Employers</u> have made, or are planning on making, a strong commitment to telework to achieve a particular organizational goal, perhaps to staff a call center or retain a certain type of employee. These organizations have embraced telework as an official organizational policy, managed by HR, Facilities, or some other traditional department. However, as telework is viewed as a solution to a specific issue, when that driver is eliminated, then telework is also jeopardized. Telework is not consistently viewed by all stakeholders as an overall business strategy with powerful ROI. The next action step for silver level organizations was to develop a stronger business case and link it to their organizational strategy.

<u>Bronze Level Employers</u> are unsure about the benefits and strategic advantages of a telework program. They are familiar with the concept and have a basic willingness to implement a program, but they are unsure of how to overcome the anticipated barriers and challenges. In these companies, although there may be a great deal of informal telework going on, there are no standardized policies, and no dedicated funding or staff to assist with program development or implementation. Resistance at various levels of management may be high and there is little acknowledgement of the ROI of telework. The next action step for bronze level organizations is to educate, inspire and develop a solid business case for telework.

Those organizations that informed TAG they had no intention of participating, or those that did not reply after five attempts to contact them, were listed as "Not Participating." In Organizations where TAG did not contact anyone, TAG attempted contact again after six months.

2a). Program Outcomes: Organizations that Required a Long-Term Investment

There were multiple reasons that some Expanded Telecommuting TERM participants made a significant investment in follow-up before they became active. These reasons included:

- A. The fact that many of the organizations were very large and required multiple levels of management approval and a high degree of coordination. As TAG worked with HR personnel, they discovered that it could take a long time to get approval from upper management to conduct workshops for telework coordinators and/or managers. Verizon Wireless is an example of this phenomenon. The two executive managers who were required to sign off on the telework program were located in states outside of Virginia and Maryland. Getting buy-in and approval was a process that TAG never completed as the coordination with their local liaison was extremely cumbersome.
- B. The person(s) that TAG were working with often had job or life changes that required organizations change contacts or wait until the changes had settled. Northrop-Grumman was one of the first organizations that TAG contacted. Though they had interest in the program, shortly after TAG began working with them one person left on maternity leave and the other received a promotion. It would be a year before TAG reengaged with Northrop-Grumman and included them in the program.

- C. Some organizations had business need changes that increased their motivation to develop or expand their telework program. Several organizations stated the need to include telework in their recruiting materials, as employees were beginning to ask for, and expect, telework options when joining an organization. Other organizations, such as MITRE, were experiencing significant growth and had real estate or other issues that could be partially addressed through telework.
- D. Some organizations had programs already developed. For these organizations TAG had to identify the piece, or pieces, that they were missing in order to receive more significant outcomes from their program. As with MITRE, it wasn't until TAG could identify metrics and measurements at a much higher level of specificity that they were willing to join the program and discuss expanding their program significantly.
- E. Federal agencies had already experienced the initiative that required them to develop telework options, but it took a more significant focus on COOP and upcoming retirement patterns to create a sense of urgency among organizations such as the Department of Justice.
- F. In January of 2005 TAG explained to employers that the Expanded Telecommuting TERM would be ending in less than five months. For several organizations, such as Booz Allen Hamilton, this was an added impetus for expanding their telework program.

2b) Program Outcomes: Organizations that Responded in a Short Timeframe.

Some organizations responded quickly to TAG's outreach efforts. The reasons for this are the following:

- A. Initially, organizations that were utilizing telework coordinators reacted positively to the TAG telework coordinators training (see Attachment C for outline). It was clear to participating organizations that this training created expertise within each organization around the strategic and tactical aspects of implementing, sustaining and growing a telework program.
- B. Utilizing a modular approach among TAG's various workshops, tools and consulting, TAG could focus on specific areas of a new or expanding program. ATF required supervisor training at two levels. One was a manager's orientation around the types of skill sets they would need in a "telework" world. Another was around the tactical applications of creating metrics, collaboratively designing programs with employees, and managing by productivity.
- C. In the second year of the Expanded-TERM program, TAG began including other types of flexwork, including compressed workweeks and flexible scheduling. The inclusion of these types of flexwork allowed organizations such as Marriott International and Booz Allen Hamilton address some equity issues.
- D. Organizations that were looking to implement by a directive from an executive manager typically moved through the process more quickly.

2c). Program Outcomes: Organizations that did not Respond at all.

Of the organizations that did not respond to any of TAG's outreach efforts, including phone, email or mail efforts, the following reasons are noted:

A. Most organizations, particularly government organizations, have telework coordinators who implement telework at their respective agency as a collateral duty. Often there are no other duties taken "off of their plate" and no incentives in terms of recognition. In agencies in which telework is given lip service it was very difficult to get any traction.

B. Many organizations did not see an immediate need for Telework, as none of the outcomes TAG stated (e.g. employee retention, productivity gains, real-estate savings, etc.), were deemed relevant or necessary to the success of their business plan.

C. Many of the federal agencies TAG contacted were not motivated by the mandate to implement telework. As the guidelines allowed specific steps to be taken without measuring the number of teleworkers, it was possible for federal agencies to avoid meeting the mandate without facing serious consequences.

D. TAG encountered several difficulties with the CD-Rom insofar as reaching the executive managers. These included:

- Administrative assistants who screened incoming mail and phone calls. In two cases TAG had executive managers who were interested in the program but hadn't even heard of it until TAG was able to bypass the administrative assistants.
- Top executives, who do receive their own mail, get copious amounts. A prepackaged CD-ROM can easily be thrown out as any typical marketing materials.
- The CD-ROM had a very basic message around telework. The Washington metropolitan area is very sophisticated insofar as understanding the telework concept is concerned.

3). Organizations starting vs. Organizations expanding telework programs

During the program, TAG further modified its approach to organizations *implementing* telework programs versus those *expanding* telework programs. In coordination with the implementation of TAG's modular approach, this allowed TAG to hone in to the needs of each organization. The following factors were taken into account:

- A. Some programs were already implemented on an informal basis. Technically, these organizations were expanding their programs, however in many respects they were implementing new programs. Often they had policies of some type in place. These organizations responded well to the need for metrics in order to realize any measurable gains. As this is not possible without formalizing the program it provided incentives to formalize the program.
- B. Most organizations with informal programs were experiencing some type of program implementation challenge. Identifying these challenges and assisting with the

implementation of a structured program helped provide incentives to formalize the program.

- C. Organizations that were totally new to telework received value from the Employer Telework workshops that the Commuter Connections Telework Resource Center conducts each year. TAG was able to provide the next level of training for these organizations.
- D. TAG's flexwork roadmap was effective with organizations that already had programs in place, including formal programs. The roadmap allowed TAG to identify specific areas in which TAG tools, workshops or consulting could help them. This allowed TAG to augment an organization's existing program and be as concise as possible with the most significant impact.

4). The beginning of the Expanded Telecomuting TERM.

TAG's outreach efforts began in early October of 2003. Details of the database and the initial outreach efforts are below:

- A. A list of the organizations in the original Commuter Connections ACT! Database identified for the project is included in Attachment D. These organizations each have a minimum of 1,000 employees. Many already had telework programs in place and the focus was to expand these programs.
- B. TAG's original schedule is included in Attachment E. The ACT! database was received in the beginning of October though the schedule reflects a date of September 1st. The three phase outreach plan is shown in Attachment F.
- C. Federal organizations included the telework directive in their outreach model. Though TAG would find that they had the most success with federal organizations that were targeting specific outcomes outside of meeting the federal mandate.

5) Workshops.

On March 9, 2004 a "dry-run" presentation was conducted by TAG for Commuter Connections stakeholders. The purpose of the "dry-run" was to get feedback on the workshop presentation and materials prior to them being used at any targeted worksites.

The organizations that TAG began to work with varied dramatically in their knowledge about telework, experiences with telework, (e.g. some organizations that had implemented informally had many inconsistencies in program continuity), and existing programs. As a result, TAG quickly expanded beyond their initial Foundation II Telework Coordinators workshop curriculum. This allowed TAG to hone in on the types of assistance that would motivate organizations to become involved.

The Foundation II Strategic workshop for telework coordinators focused on understanding how critical elements of a successful telework program supported the implementation and/or expansion of the program. An example is how metrics and measurements are used to gain management support, part of an effective communication model and how the most effective metrics can be identified. Attachment G is a partial list of some of the metrics TAG discusses.

The Foundation II Tactical workshop for telework coordinators focused on the methods of implementing the tactical aspects of a telework program in both the startup and sustaining/growing aspects of a telework program. Using the example of metrics, in the tactical workshop attendees focused on the development of their organizations metrics, now that they understood how they fit into their program's strategy. Attachment H is an overview of the modular components of the workshops.

<u>Management Training</u>. TAG began implementing two levels of management training. The *Managers Orientation*, (see Attachment I), was for supervisors and managers who were completely new to telework. The workshop focused on raising the awareness for managers around why flexwork was becoming more predominant, what skill sets and tools they would need for their workgroups, and how they could secure those skills sets and tools.

The *Managers Nuts and Bolts Workshop*, (see Attachment I), was focused on practicing these new skill sets and utilizing the tools. In this workshop managers also began the process of identifying the metrics that impacted their workgroups and how to evaluate performance through results rather than perceived effort.

During the second year of the program TAG began implementing one page evaluation forms after our workshops. Sample completed forms are included in Attachment J.

One-on-one workshops were held with some organizations as they had very specific areas that they needed to focus on as an organization. For these organizations, TAG conducted one-on-one workshops on any of the following topics:

- Metrics
- Overcoming management resistance
- Policy development
- Telework as a Business Continuity or COOP strategy

These workshops were often conducted prior to management training as it increased the level of interest in the flexwork program. They were also offered as the final step to implementing a flexwork program.

6). Initial Clientele

TAG's first round of outreach focused on the original ACT! database provided by COG as seen in Attachment D. Organizations that TAG did work with included Arlington County Government, Booz Allen & Hamilton, the City of Alexandria, KPMG Marriott International, MITRE, NIH, and Northrop-Grumman.

TAG made certain modifications to the approach taken with employers and how TAG subsequently worked with the organizations after these experiences, including:

A. TAG expanded its offerings from telework (e.g. working from home or a remote location) to include flexible schedules (e.g. arriving at work early and leaving early), compressed workweeks, (e.g. four ten-hour days in one week), and mixed models (e.g. working from home the first two hours of the day and then commuting to work).

As a result of this shift, some organizations that had originally been difficult to gain traction with became interested in the Expanded Telecommuting TERM program. An

example of this is Marriott International. Originally they were not interested in telework but implemented a flexible schedule program. As the flexible schedule program gained acceptance and the benefits were seen, Marriott expanded into telework next.

- B. TAG added a more sophisticated level of management training than when the program began. Organizations that had attended Commuter Connections' Employer Telework Workshop management training module, or who had more experience with telework and/or flexwork overall, were looking for more in-depth management training that focused on some of the issues that they were facing, or seeking help addressing the sources of resistance they were experiencing with managers. The addition of this training led to TAG's next two modifications in the program.
- C. TAG began focusing the workshops on single organizations rather than inviting multiple organizations to a single workshop. This allowed TAG's facilitators to focus the workshops on the outcomes and concerns of a specific organization. In addition, the culture and language of an organization could be included to make the workshops more meaningful and get the organizations closer to action when the workshop was complete. There were, on occasion, representatives from other employers that sat in on specific workshops.
- D. TAG created a modular approach to its Flexwork Coordinators, Management Training and consulting offerings. By surveying the organizations that TAG was working with, TAG's facilitators could select the modules that addressed a specific client's outcomes and concerns. This allowed TAG to shorten some workshops, increasing attendance and the level of focus of attendees, and to deliver the impact that the client was looking for. An example of this was the DEA. DEA's main area of concern was the resistance of middle managers. Also, while they understood the outcomes that they were seeking from the program, they did not know how to create the metrics around them. TAG utilized the modules from the managers training and flexwork coordinators training sessions that addressed those items. This allowed TAG in the door.
- E. TAG quickly learned that the Washington metropolitan region was relatively sophisticated in terms of the knowledge many organizations had about telework and flexwork in general. As a result, TAG began including more advanced materials in their workshops and added several modules to their offerings. Booz-Allen, for example, was one of the initial organizations TAG spoke with, but it wasn't until TAG could help them with some sophisticated issues that they were facing that they became involved in the program.
- F. Towards the final stages of the program (January 2005), TAG went back to the Bronze and Silver organizations that had not been contacted in at least six months. Normally, these organizations would have been moved down a tier at this point but the decision was made to conduct another round of outreach efforts. DOJ is a good example of the "patience pays off" theory. Due to some of the issues DOJ was facing, and expecting to face in the near future, the priority of flexwork had been moved up. This allowed their representative, who was responsible for the program, to give it much more attention. As a result, several DOJ entities became involved in the Expanded Telecommuting TERM.
- G. Federal agencies began receiving additional pressure to meet the federal mandate. Specific agencies were threatened with the withholding of five million dollars in discretionary funding if a telework program was not instituted at their agency. TAG

included this directive (along with statistics about upcoming retirement rates and how telework could address associated challenges) in the federal government strategy.

H. In the summer of 2004 TAG began using on-line survey tools to gain knowledge about organizations' commute patterns, personnel, and attitudes towards flexwork. MITRE, for example, was one of the first organizations contacted in the Expanded Telecommuting TERM program. It wasn't until TAG conducted a thorough survey about employee attitudes that executive management took the program seriously.

TAG also adjusted their approach into each organization based on the type of resource they were coordinating with, and the position that the flexwork champion held. As would be expected, HR executives were much more focused on retention and recruiting concerns than operational executives who were focused on productivity and overhead savings.

7). Expanding the Database

TAG and Commuter Connections utilized several methods to expand the database to over 800 organizations in the metropolitan DC region. The final Telecommuting TERM ACT! database is included in Attachment L. The methods for expanding the database included:

- A. Both the Lexus/Nexus and Hoovers databases identified several private organizations in the region that were not in the original Commuter Connections Telecommuting TERM ACT! Database.
- B. The CD-ROM database was sent out to HR and Operational executives at 500 organizations. Most of these organizations were under the 1,000 employee minimum stated in the original criteria, but the smallest were still over 300 employees providing potential for the program.
- C. Networking events were attended by TAG personnel throughout the program. These events included meetings with the Maryland Work/Life Coalition, the Metropolitan-Washington Work/Life Coalition, the Greater Washington Board of Trade, the International Telework Association and Council and MATAC. While only a few new organizations were acquired through these efforts, several valuable contacts at the executive or telework coordinator level were made.
- D. Word of mouth also played a role in the expansion of the database. TAG's efforts were reported and resulted in new contacts, mainly in the federal sector. For example, after TAG's Metrics Workshop with DEA, TAG was introduced to the flexiplace representatives from FBI.

8). The CD-ROM Promotion

In April of 2004 Commuter Connections, TAG and Joint Venture Inc. developed a short, (approximately 3 minute), multimedia CD-ROM, linked to a web site and database, as a way to increase visibility and participation in the ExpandedTelecommutingTERM program.

The identification of a "champion" in an organization is key component in TAG's approach. The champion needs to be a high level executive in the organization in order to promote and support a telework program. Obtaining a discussion with the champion of an organization

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increases the likelihood of obtaining buy-in from that organization. At the same time, at the outset of this program TAG was aware that getting the attention of senior managers is often a challenge.

This short multimedia CD-ROM was designed to catch the attention of targeted senior managers at large organizations. It was also designed to lead them to sources for additional information about the Expanded Telecommuting TERM and telework in general.

A letter that accompanied the CD emphasized the need to establish telework programs in the Washington metropolitan area, the importance of "key" businesses to take the lead in advancing telework in the region, and the benefits of participation in the program. The letter emphasized the importance of viewing the short CD and the value-add to their organization.

The CD and mailer were sent to 584 senior level executives at companies that had between 300 to 1,000 employees. This package was sent during the third week of July 2004. After the package was sent, TAG began following up with each person on the mailing list. The mailing list and the text of the mailer are included in Attachment M.

The results of the CD-ROM promotion were mixed, at best. The "barriers" to accessing senior level executives were more considerable than TAG had anticipated. During the follow-up outreach calls TAG had administrative assistants who did not allow access to company executives. In those instances where TAG could speak with executives, many of those executives had never received the CD mailers. However, several of the executives that TAG did speak with were interested in the Expanded Telecommuting TERM and telework in general. These companies included Chevy Chase Bank, Geico Insurance, Ganette, Vastera, and the Washington Post. None of these organizations became active in the Expanded Telecommuting TERM but Ganette, Vastera and Geico all remain interested and remain viable leads for Commuter Connections.

9). Program Modifications

TAG modified the outreach process to match other program changes. The phone and e-mail scripts were revised to include the flexwork options. TAG also adjusted the follow-up process with Bronze and Silver ranked organizations. This adjustment included placing a phone call to notify the organization that a more detailed e-mail was forthcoming. TAG found that organizations that had some continued interest were more likely to respond if they knew that a detailed informational e-mail was being sent to them.

Management training, which previously had been one component of the TAG workshops, was added as a stand-alone offering because there was management training offered through another program. TAG found that organizations desired management training at a more advanced level that addressed new management skill-sets.

TAG also modularized all of the workshops. Each topic was put into a stand-alone module that could be added, deleted, reduced or expanded, depending on the client's need. A one-page on-line survey was created that was sent to workshop participants two weeks before each workshop. As TAG learned about the organizations' attitudes, experience, outcomes and concerns around flexwork they customized each workshop by adding the appropriate modules.

Modularizing the workshops allowed TAG to focus in on the specific needs of each organization. As a result, the workshops were shorter in length, typically four hours instead of six. This allowed TAG to conduct more workshops than were originally budgeted. As TAG customized workshops for organizations, they had more workshops with only one organization attending as opposed to open workshops with multiple organizations. TAG found that the organizations benefited from this focus and it allowed them to leave with a more specific action plan on how to move forward with their flexwork program. Another positive effect of having workshops with one organization in attendance was that they were much more comfortable having employees attend via videoconference. This enabled TAG to increase participation for those that physically couldn't attend their organization's workshop.

Alternate flexwork programs, including flexible-scheduling, compressed workweeks, and mixed model were added to TAG's outreach efforts and workshops. Several organizations responded well to this approach as it allowed them to include more employees in their alternative work program. Other organizations, such as Marriott International, were more comfortable starting with a program such as flexible-scheduling, and then moving into telework.

10). Succession Planning

TAG has provided Commuter Connections with a list of organizations to contact within the next six months. Some of these organizations had just begun engaging in TAG's efforts before the completion of the program and will most likely be open to continued support. Other organizations were interested but had short-term reasons for delaying their involvement with TAG's efforts to begin or expand their flexwork programs.

TAG's winning approaches for Commuter Connections are included in chapter nine, "Program Modifications" and in chapter eleven, "Recommendations." The following chapter details TAG's experiences with the Expanded Telecommuting TERM program.

11). Recommendations

TAG has several recommendations for moving forward in the Washington metropolitan area to expand the number of individuals flexworking.

A. Integrate and coordinate regional resources. Throughout the program TAG met with organizations that were not clear where the various workshops, resources and programs were coming from and how they worked together. Discovery Communications, for example, had participated in one regional telework program. It took two meetings to clarify how their participation in one telework incentive program affected their ability to participate in another. B. Eliminate the perception of "free" from the region's offerings. When an organization receives "free" workshops, consulting, or other resources, they have no investment or risk in participating. This results in last minute changes or cancellations to workshops, frequent modifications to policies and procedures and other tools TAG was collaborating on, and a lack of urgency. The financial investment does not have to be significant. Rather, the process of having employees sign up and pay, even a small amount, for a workshop changes the perception of the importance of them being there.

TAG believes, had the organizations been financially vested, these experiences would have been lessened. It is much easier to expend someone else's resources when there is no repercussion to one's own organization. For example, one company had under 100 flexworkers at the onset and their goal was to double the program. They cancelled attendance at three telework coordinator workshops in a row and TAG met with them every other month or so. It wasn't until over a year after the first meeting that a telework coordinator meeting was held specific to their site. This happened because TAG dug down to an issue that upper management wanted to resolve and a source of ROI for the program. In order to get the program rolling they had to invest in a serious on-line survey, which went out to over 1,500 employees, and they gave interview access to other managers, including at the executive level, fully understanding that after the survey and interviews there would be a financial investment they would have to make. From that point a commitment was made in terms of people, access to managers, (who never missed an appointment), a presentation to the executive level for the two pilot groups, and an understanding that they would have to develop a budget.

Finally, sharing the financial burden, between the regional and state agencies involved in these efforts, can create an environment of partnership between the organizations and the people working with them.

There are some organizations for which the perceived "free" resources are necessary in order to get them involved. The outreach process needs to be flexible enough to identify and react to organizations when this situation is observed. However, receiving the initial "free" services may still require a shared commitment of resources to move an organization into action.

12). Evaluation

In order to determine the impacts for air quality and congestion data were obtained from a survey of participating employers. Participating employers were surveyed by COG to determine the total employees at the worksites, the number of telecommuters before the assistance and the number of telecommuters after the assistance was provided. Additional calculation variables were used from the 2004 State of the Commute survey to estimate travel and emission impacts.

The results of the calculations for the Expanded Telecommuting TERM are shown below along with the established goals for the project.

Expanded Telework Goals and Estimated Impacts

| Exp TW | Exp TW |
|--------|--------|
| Goal | Impact |

| • | Number of telecommuters | N/A | 4,884 |
|---|-----------------------------|---------|---------|
| • | Daily vehicle trips reduced | 18,138 | 1,848 |
| • | Daily VMT reduced | 303,613 | 36,859 |
| • | Daily tons NOx reduced | 0.254 T | 0.030 T |
| • | Daily tons VOC reduced | 0.138 T | 0.016 T |

Impacts vs Goals

| Participation Benefit (net over or (under) goal): | Telecommuters: N/A |
|--|--|
| Transportation Benefit (net over or (under) goal): | Vehicle Trips: (16,290) VMT: (266,754) |
| Emission Benefit (net over or (under) goal): NOx: VOC: | (0.223 tons per day) (0.122 tons per day) |

Expanded Telework missed the goals by a sizeable margin, achieving approximately 10% of the goal for each impact measure. The goals for this TERM assumed a telecommute frequency higher than the 1.29 days per week observed in the 2004 State Of The Commute survey. Further, the goal assumed all telecommuters would eliminate trips on telecommute days, but only about 74% of the telecommuters drive alone on non-telecommute days, thus only these trips and VMT were counted in this evaluation as having been eliminated.

Another possible contributor to the Expanded Telework shortfall is the time it takes to establish a client relationship with an employer and the time it takes many employers, especially large employers, to develop telecommute programs. The start-up for this TERM required MWCOG and its consultants to identify and contact selected employers and persuade them to participate in the program. Then, the consultants worked individually with each employer to identify and implement site-specific recommendations. As previously mentioned, it is not uncommon for employers to spend more than a year to develop telecommute programs, prior to implementing a broad scale program. This period of performance for the TERM was two years.

Attachment A: TAG Script

TAG Script October 14, 2003



Hello, _____. My name is Regina Perata and I am calling from the Telecommuting Advantage Group. Do you have just a moment?

Have you heard of us? Were you expecting our call based on any recent conversations with Dennis McElligott from MW-COG?

IF Yes, we received your name from MW- COG and have been asked to get in touch with you regarding your interest in telecommuting.

IF NO: The Telecommuting Advantage Group has been hired by MW-COG to encourage telecommuting in your area- enhancing programs that exist or helping to develop them from scratch if they don't exist. TAG has a unique approach that proactively addresses potential risks of a telework program, provides a measurable, bottom line return to the organization- just as if you had introduced a new product to the market in terms of ROI.

IF YES: Great. Well then, as you know, I am calling to speak with you in a bit more detail about the ways that we have been brought in to support your company in it's telecommuting efforts. TAG has a unique approach that proactively addresses potential risks of a telework program, provides a measurable, bottom line return to the organization- just as if you had introduced a new product to the market in terms of ROI. We actually help companies go beyond policy for policy-sake and help them get the benefits out of TW.

Yes, pretty amazing. This is all we specialize in and we LOVE seeing the way companies and people have benefited from the work we are committed to.

The best part for you is that MW- COG is funding your involvement with us so it's totally free to you!

Are you free to speak with me for about ten minutes just to get an initial sense of you, your company and your potential interest in taking advantage of our support?

Wonderful!

 \rightarrow Start in with FIRST TWO OUTREACH QUESTIONS.

Things to remember:

Goal is to have 50 companies involved in programs by end of June 2005- companies with more than 1000 people in them.

GSA and OPM are federal agencies setting fed requirements.

Attachment B1: Organizational Tiering Criteria Intake

(Page breaks removed)

TAG Outreach Tiering Criteria

- 1. Quality of the organization's contact
 - a. Were they appointed or self-selected?
 - b. Who in the organization is the "champion" of the program?
 - c. What is their number one concern about telework?
- 2a. Organizations with existing telework programs
 - a. When was the telework program started?
 - b. How many employees are teleworking?
 - c. On average, how many days per week do employees telework?
 - d. What criteria are used to select teleworkers?
 - e. Are any other types of alternative work arrangements used?
- 2b. Program structure and level of formality
 - a. What types of metrics are collected?
 - b. Policies and guidelines in place
 - o Teleworker behavior guidelines
 - Contract between teleworker and manager
 - o Home office ergonomic and workspace environment guidelines
 - o Communication guidelines for teleworker, manager and workgroup
 - c. Assessments
 - o Job types
 - o Employee
 - o Manager
 - Technical
 - o Workgroup
 - d. Training
 - o Teleworker
 - o Managers
 - Workgroup

- e. Metrics
 - Private organizations
 - Productivity gains
 - Employee retention
 - Real-estate savings
 - Direct cost reductions
 - Teleworker savings
 - Positive PR and community relations
 - o Government organizations
 - Reduction in automobiles commuting
 - Reduction in reactive and non-reactive air pollution from mobile sources
 - Increased employment opportunities for specific communities and the physically disabled
- f. Technical
 - 1. Training for users and tweakers
 - 2. Support
- 3. Canceled telework program
 - a. When was the program started?
 - b. Specific information about the program
 - c. Issues that caused the program to be canceled.
- 4. Telework strategy and organizational culture
 - a. Is telework viewed as an overhead cost or as an investment with a return?
 - b. Has telework been incorporated into the way the organization does business?
 - c. What's the organizational view of telework?
 - Upper management
 - o Teleworker managers
 - o Teleworkers
 - Non-teleworking peers

5. Opportunities of telework for the organization

- o Productivity gains
- o Cost savings
- Employee attraction/retention
- Emergency preparedness
- Real-estate savings
- Societal, good PR, environmental

6. Hurdles and areas of resistance

- o Upper management
- Teleworker managers
- Human resources
- o Information technologies

7. Information technology

- o Organization
 - Bandwidth
 - Security
 - Access
 - Static IPs
 - Mobile IPs
- o Teleworker
 - Hardware needs
 - Standardized software
 - Communication hardware/software
- o Training
- o Support

Attachment B2: Org. Ranking Sheet

TAG/MWCOG Organizational Ranking

| 2. Organization's Contact | | | | |
|--|-------------------|--|--|--|
| 2a. Existing Telework Programs | | | | |
| 2b. Program Structure and Level of Formality | | | | |
| 3. Canceled Telework Program Experience | | | | |
| 4. Telework Strategy and Organ | izational Culture | | | |
| 5. Opportunities of Telework for | the Organization | | | |
| 6. Hurdles and Areas of Resista | nce | | | |
| 7. Information Technology | | | | |
| Overall Benking Cold Silver | Pronzo | | | |
| Overall Ranking – Gold, Silver, B | Bronze | | | |
| Name of Organization: | | | | |
| Organizational Contact Name: | | | | |
| TAG Liaison: | | | | |
| Date of Ranking: | | | | |
| Approval/Date: | | | | |

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Attachment C: Telework Coordinator Workshop Outline

Telecommuting Advantage Group and the Metro-Washington

Council of Governments Present

Flexwork Implementation Skills Training Flexwork Strategies Part I & Part II



The Purpose: To provide telework coordinator(s) new skills and tools for the implementation of flexwork programs, allow the design and rollout of a telework program (or any human resources initiative) to be more successful, and to create the skill sets within organizations that will allow them to sustain and grow their own programs.

Overview: Two workshops are offered, each covering different aspects of implementing a sustainable telework program that accomplishes business objectives. Both sessions are packed with information, assessment tools, activities and tables packed with concrete suggestions. Workbooks are included.

- Part I, the "strategic" elements, includes information on what is going on in the "world of work" that is requiring organizations to learn new ways of conducting business, what the impact is on the managers/supervisors in that organization, how the development of metrics and measurements broaden the focus from the reduction of congestion and traffic to the "business" benefits of telework, the critical roles that specific tools such as policies and procedures play, and how a strategic communication plan fits into a well implemented program.
- Part II, the "tactical" elements, includes information and tools around all of the various aspects of implementing a flexwork program, increased detail on developing and capturing metrics, and how to utilize the key pieces needed for the specific organization involved.

Part I Objectives:

- View why flexwork is happening now and the impact to your organization.
- Recognize the new expectations, required skill sets and potential benefits are for your managers.
- To identify your organization's strengths and barriers to telework
- To create Return-on-Investment Based Metrics for your telework program
- To understand how to achieve buy-in from key organizational stakeholders

Part I Content Outline:

- *Introduction: Why Flexwork Now?* What are the recent business, social and technological events that are impacting how you do business?
- *Defining Your Program Vision:* What are the options? What is the right mix for your department? What is the difference between a formal and informal program and how they impact success?
- What about the managers? The most common area of resistance to flexwork, or any new way of doing business, is from management. These concerns are valid, we identify and address them and create awareness around what they'll need to flourish.
- *Creating Specific & Relevant Metrics:* What are useful indicators to measure that will impact the program? How can the metrics be used to change the conversation about telework programs? How can they be used to increase the effectiveness of implementation?
- Leveraging Metrics to Get Buy-In: Who are the stakeholders? How can they influence the successful rollout? How do use metrics to secure their support?
- Developing Your Influence for Implementation: What are the telework coordinators' "Power Points?" How can they be utilized to help the rollout of the program?

Part II Objectives:

- To identify how marketplace trends compel your organization to be successful in remote work
- To develop guidelines for communication and collaboration that maintain high productivity
- To create policies and procedures that mitigate concerns
- Discuss ALL aspects of a successful rollout
- Increase the level of detail for your organization's metrics and capturing data.
- To sketch a robust communication plan that guides program roll-out

Part II Content Outline:

- Introduction: The Telework Imperative Revisited
- Moving Towards the 21st Century Workplace
- Developing Communication and Collaboration Guidelines: How must your work groups interact to share information and collaborate to produce a competitive product/service? What are useful components of communication and collaboration norms?
- Aspects of a full rollout: Creating a program that is simple and effective for employees and managers to follow.
- *Creating Policies & Procedures to Mitigate Concerns:* What are the main telework concerns voiced in your organization? What elements do you need to include in your policy/procedures to address those concerns?
- Using a Communication Plan to Steer Program Roll-Out: Who are your various audiences and what are they interested in? What key messages can you offer to excite people? What events can you leverage to ensure your audiences are receiving the "right" messages? How can you ensure your program implementation has momentum?

Attachment D: Original ACT! Database

Phone List

Company

Accenture Adventist Healthcare Agency for International Development America On Line, Inc. American Management Systems (AMS) American Red Cross American University Arlington County Government Arlington Public Schools Arnold & Porter AT&T Government Solutions Atlantic Coast Airline/United Express **BAE Systems** Booz Allen & Hamilton **Boston Properties** BTG **C-Cubed Corporation** Care First BCBS Catholic University of America Central Intelligence Agency Charles E. Smith Co. **Chevy Chase Bank Childrens Hospital** Cintas City of Alexandria City of Alexandria Public Schools **Clark Construction Group Inc Commodity Futures Trading Commission Computer Sciences Corp** DDD Company Department of Commerce Department of Defense Department of Energy Department of Housing and Urban Develop... Department of Justice Department of Labor Department of State Department of the Interior Department of Transportation Dewberry & Davis **Dimensions Health Corporation** Discovery Communications, Inc. **District Photo Inc Doctors Community Hospital Inc**

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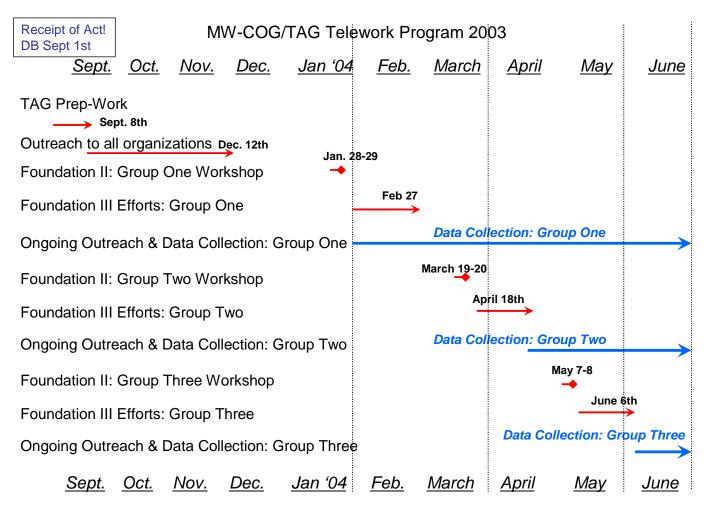
1

Environmental Protection Agency Export Import Bank Exxon Mobil Corporation Federal Deposit Insurance Corp Federal Emergency Management Agency Federal Labor Relations Agency Freddie Mac **Gallaudet University** Gannett Company **GEICO** Direct George Mason University George Washington University George Washington University Hospital Georgetown University Georgetown University Hospital **Guest Services** Howard University Howard University Hospital ICF Kaiser International Inc **INOVA Alexandria Hospital INOVA Fair Oaks Hospital** Institute for Defense Analyses International Trade Commission Kpmg Peat Marwick Llp Lockheed Martin Loudoun Healthcare, Inc Manugistics Group, Inc. Marriott International MCI Communications Corp MD National Cap. Park and Planning Com. Metropolitan Washington Airports Authority Microstrategy Mitre Montgomery College Montgomery General Hospital MVM, Inc. NASA National Credit Union Administration National Geographic Society National Institute of Standards & Technology National Labor Relations Board National Reconnaissance Office National Science Foundation Navy Federal Credit Union NCI Information Systems, Inc. Nextel Northern Virginia Community College (NVCC) Northrop Grumman IT Nuclear Regulatory Commission Office of Personnel Management **Orbital Sciences Corp**

Overseas Private Investment Corporation PEPCO PG Hospital Center PricewaterhouseCoopers Primus Telecommunications Group **Providence Hospital Qwest Communications** Raytheon **Red Cross Biomedical Services Reston Hospital Center** Safeway - Eastern Division Sallie Mae Science Applications International Corp Shady Grove Adv. Hosp. Sibley Memorial Hospital Small Business Administration Smithsonian Institution Software AG Sprint **SRA** International Suburban Hospital Tetra Tech Inc. The Washington Post Co. **UNICCO** Government Services University of Maryland US Airways USDA Verisign Verizon Virginia Hospital Center Arlington Washington Adventist Hospital Washington Gas Washington Hospital Center Washington Metropolitan Area Transit Autho... Westat, Inc. William A. Hazel, Inc **XO** Communications

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Attachment E: Original Schedule



Attachment F: TAG Outreach Plan

TAG Prep-Work

- Team selection, analysis and roles
- TAG/MWCOG coordination and collaboration.
- ➤Team training
- Define TAG team's outcomes/concerns
- Define MWCOG's outcomes/concerns
- Design client contact conversation
- Develop budget plan
- Receipt/Review Of Act! Database
- August/September

Foundation I Outreach

- Identify any Foundation I add-on training needed
- Modify FII materials to fit MWCOG audience
 - Three Months

Foundation II Program

- Sign up organizations to like groups to increase collaboration
 Gold/Bronze/Silver Tier
 Government or private
 - Type of industry
- Develop metrics according to organizational goals
- Develop skill-sets, org. models and tools for individual programs
- Track workshop participation and other administrative metrics
- Focus on leverageble tools and metrics across groups
- Design implementation, growth, and sustainability plans

One Month

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Foundation III Efforts

- Provide support to Foundation II participants for program implementation
- Ensure metric and data collection methods are implemented, maintained, and that the data is collected.
- Begin collection of data
 MW-COG metrics and data
 Additional TAG metrics
 Organizational specific metrics
- Identify and deliver, or find other vendors to provide additional training or tools, (ex:)
 - Job assessments
 - Technical assessments
 - Management training
 - Bottom-line metric and measurement tools and techniques.
 - In-house training tools.
 - Etc.

_ One Month

Ongoing Outreach Efforts

- ➤Continued follow-up:
 - Identify early barriers and potential breakdowns
 - Identify successes
 - Ensure skill-sets and tools are being used
- Promote the growth programs

Ongoing -

- Growth of existing program
- New job types and/or regions
- Ongoing TAG Program Evaluations
 - TAG's FI and FII programs
 - Organizational metrics and data types and collection techniques

Additional

Outreach Efforts

 Communication and collaboration between TAG and MW-COG

Attachment G: Sample Metrics

Sample Metrics

Customers

- Support Centers
 - o Number of calls answered
 - o Customers average time on hold
 - o Number of escalations
- Numbers or percentage of repeat customers
- Number of customers referred to you by other customers
- Customer satisfaction survey

Employee Retention and Recruiting

- Turnover percentage
- Reasons for departure, by type
- Number of applicants for vacancies
- Number of open positions
- Readership of an advertisement

Operations and Manufacturing

- Overall production
- Number of new product/idea generation
- Overhead savings
 - Office support
 - o Parking (available space, location, time to get to office)

Output Measures

- Number of units produced
- Number of items sold
- Dollar volume of sales / amount of commission
- Number of letters typed /documents written

Quality Measures

- Number of errors / number of errors detected
- Number of policy renewals
- Number of complaints
- Rate of scrap, reworks or breakage
- Cost of spoiled or rejected work

Real-Estate

- A. Reduced need for office space (leases, utilities, maintenance, security)
- B. Office space flexibility

Banks

- 1. Cycle time, loan applications to approval
- 2. Rejection rate, by type, personal loan

Healthcare, Hospital

2a) Patient care service levels

2a) Data entry productivity and error levels

Adapted, in part, from Cascio (1987).

Formulas for Metrics

These formulas are approximate and based on national averages and accepted practice (Hewitt Associates, Harris Roth berg International).

It is always better to use numbers specific to your organization.

Number of Work Days per Year: 250 (50 weeks X 5 days per week) (This number assumes a 2-week vacation, and excludes holidays, personal time off.)

Overhead per Employee = 110% of salary

Value of Benefits per Employee = 25% to 35% of salary

Turnover per Employee = 100% (or more!)

Daily Loss if Employee Not Working = Salary + Benefits + Overhead / Work Days per Year (This is also the cost of "presentism".)

Absenteeism: # Absences x Daily Loss

Other Numbers You Might Need:

- Levels/grades of employees (e.g., administration, management, sales)
- Average salary for an employee or group of employees
- Current cost of telework program
- Current utilization of your telework program (how many people are teleworking)

Other Metrics Calculations

- Compare cost of telework program to related initiatives
- Compare utilization of telework program to related initiatives
- · Benchmark or compare your program's cost/utilization to that of other companies

Some Creative Metrics from Other Types of Work/Life Programs

- Spikes in intranet usage on the web page describing the program, after an education or communication campaign
- 88% of the women who participated in a lactation program at Wells Fargo returned to work after having a baby
- One company calculated how an employee weight loss program saved them money. (This is a stretch...but it does quantify the ROI.) They asked the Weight Watchers counselor to provide them with the amount of weight lost by a group of employees, and then calculated the average weight lost per person (weight lost by group/# of people in group). Next, they estimated about what percentage of body weight that was for an "average" person (they assumed about 5 to 10% because that amount significantly reduces the risk for diabetes, high blood pressure, and heart disease). Then multiplied the body weight lost percentage by the monetary value of their health benefit to arrive at the amount of money the company saved by that person losing weight.

Percentage of body weight lost x annual cost of health benefit = \$ saved EX: 5% X \$17,500 (35% of \$50,000) = \$875 saved in health related costs.

Sources for National & Industry Data

- U.S. Bureau of Labor Statistics Household Data, Annual Average and more
- CCH Commercial Clearing House Unscheduled Absence Survey
- Society of Human Resource Management Survey Retention Practices Survey
- The MetLife Study of Employer Costs for Working Caregivers
- Nobscott Corporation: Retention Management and Metrics

Attachment H: TAG Foundation II Training Modules

Concept:

F2 training encompasses 6 discrete modules (aka courses) covering a variety of topic areas related to implementing effective telework programs. Modules are stand alone and interactive, designed to enable participants to develop a feasible action plan pertaining to the topic at hand. A participant may take only those modules relevant to his/her needs, or for a comprehensive program, s/he may take all 6 modules.

Target Audience:

The F2 courses appeal to and are relevant for a broad audience. In all cases, the modules are targeted to individuals who will be responsible for implementing or expanding all or some aspect of a telework program. However, the modules are developed to be useful regardless of the participant's job title or background. Thus, the modules are appropriate for all types of professionals, whether a CEO, HR Director, Senior Manager, or Telework Coordinator.

Target Industry:

F2 courses are relevant to companies from all types of industries and sectors. Federal agencies, private sector companies, and non-profits alike will find the courses informative. When possible, participants from similar backgrounds will be grouped together to facilitate learning outcomes. This assimilation can occur in two main ways: 1) F2 courses can be delivered to a group of participants from a particular company, industry, or background; or 2) within a particular course, the facilitator will group participants from similar backgrounds for inclass activities and discussions.

Delivery Format

Because each of the F2 modules is a discrete course covering a specific topic area, the modules are of varying lengths. A facilitator leads each course.

Common Themes

Some of the challenges that must be faced when implementing a telework program are unrelated to a particular topic. Instead, these sorts of "themes" arise within many different aspects of telework implementation. These themes include:

- The Politics of Telework
- Overcoming Management Resistance
- Embracing Change

In addition to the unique content covered in the F2 modules, each F2 course addresses these themes within the context of the course's specific topic area.

The F2 modules will be created in the following order:

| Module | Content | Learning Objective | Take Away Action Plan |
|-----------------------------------|--|--|---|
| 1. Program Strategy & Outcomes | Organizational readiness Hurdles Communication Plan Metrics Measurements | How to craft the organization's "message" around teleworking How to determine the cost model for telework How to determine organization's strengths and barriers to telework | Strategic plan for implementing or expanding a telework program Tactics for dealing with resistance to change and "selling" your program |
| 2. Preparation of Participants | Job, teleworker, and management assessments Teleworker, management, and workgroup training Ongoing communication plan | How to identify telework appropriate jobs and tasks How to identify gaps in workforce knowledge and skills | Step by step process for assessing job and employee suitability for telework Action plan to address skill and knowledge gaps |
| 3. Performance Measurements | Common concerns and challenges of telework managers New performance criteria for teleworkers, managers, and workgroups Link individual and team performance to bottom line metrics | How to overcome managers' resistance tot telework How to move from "eye spy" supervision to results oriented performance management How to align individual and team goals with organizational goals | Script for overcoming managers' resistance Standardized process for establishing fair and effective performance criteria Standardized process for linking individual and team goals with bottom-line ROI |
| 4. Preparation of Technology | Organization needs Teleworker needs Workgroup needs | How to assess technical readiness for telework How to define technology requirements How to establish equipment standards | Guidelines addressing technology issues Plan for deploying technology to teleworkers Statement of security assurance |
| 5. Policy Development | Teleworker guidelines and contracts Remote worksite guidelines Organizational policies | Understanding of the issues telework policies should cover How to create telework agreements and work protocols Understanding of legal and compliance issues surrounding telework | Identification of relevant policy components and verbiage Develop templates for telework policy and employee telework agreement Develop guidelines for work protocols and workplace health & safety |
| 6. Program Evaluation | Assessment of existing program New job types New organizations | How to measure telework program outcomes How to identify problems with the program and make adjustments How to expand a program with new jobs, new locations, etc. | Develop formulas for measuring program goals Develop a tracking system for ongoing measurement of program outcomes Create plan for expanding telework program |

Attachment I: Managers' Product Lines

Telecommuting Advantage Group - Products for Managers

The workplace has shifted from the 20th century post-industrial focus on "doing what you're told and do it right" to the mobile, knowledge-based world of the 21st century, where the mantra could very well be "figure out the right thing to do and do it wherever you are, now!" Organizations with the culture, infrastructure and skill sets to match this reality will lead their industries and thrill their customers. Those that do not will find themselves forever catching up.

TAG offers three products to assist managers in fulfilling their unique role in this equation:

- A Remote Manager's Orientation
- FlexWork Nuts & Bolts for Remote Managers
- Manager's Productivity Tool-Kit

A Remote Manager's Orientation

This 2-hour session will make managers aware that remote work is a practical opportunity to enhance productivity and customer satisfaction. Managers' participation in this experience will cultivate their appetites for the benefits available from remote work – and for the learning required. We will discuss how metrics and productivity measures are created and tracked in today's work environment, and will unveil a simple yet powerful method for creating practical, traceable productivity measures. This method can be used regardless of the physical location of employees, colleagues and customers. We will also educate managers on what tools and processes will be in place to support their efforts.

*Client's program details presented by the client, with content design guided by TAG.

FlexWork Nuts & Bolts for Mangers

This 4-hour session will help managers understand their organization's particular flexwork program, and how to apply the various flexible options available. It will inform participants how to set-up work agreements and processes to effectively maintain a remote workgroup arrangement. Managers will understand how to create FlexWork Agreements with employees that are built on task suitability, effective methods for measuring performance, specific productivity metrics, and identify and address remote team breakdowns. Managers will also be able to guide employees as they "build their case" for participating in the Flexwork program in a way that benefits both the employee and the organization.

Attachment J: Sample Survey Feedback

Productivity Any

v Did We Serve You Today?

What was the most valuable point we made for you today? The ways to track producting was halfful What was the least valuable part of our presentation?

What was the least valuable part of our presentation? I believe that I could will benefit from everything that was covered today.

What will you take away and apply to your work?

That telework is a growing option for loyed.

On a scale of 1 - 10, 10 being optimal, how well did we use your time today? (Please circle answer.)

1 2 3 4 5 6 7 8 9 10

Is there anything we covered today that you want to hear more about?

Are there other subjects that would benefit you? Please specify.

What else can you tell us that will help us add more value?

Would you recommend this session to a colleague? (Please circle your answer.)

Nes

No

hanks so much for aiving us the honofit of your foodback!

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Productivity Anywhere How Did We Serve You Today? O Helping me to assess how i and some members of my state can make a case to participate. Coming of whith alternatives to meet technology nieds. NIA Delerving molayees to help make case for their point What will you take away and apply to your work? On a scale of 1 10, 10 being optimal, how well did we use your time today? (Please circle your answer.) 3 4 5 6 7 8 10 1 2 Is there anything we covered today that you want to hear more about Mitiging technology to optimize tilework for the agenes customers & our employees. Are there other subjects that would benefit you? Please specify. NIA Levelop some hands on modules that individu What else can you tell us that will help us add more value? help not use actual hundson scendrus the training to Would you recommend this session to a colleague? (Please circle your answer.) Auring a worka Nome/ Adwask No assangemen Thanks as much for giving us the benefit of your feedback!

Attachment K: Final ACT! Database

Company

A T & T Government Solutions AAA Mid-Atlantic AAI Corp ABS Capital Management Acacia Life Insurance Co Accenture Accenture Consulting ACS Government Solutions, Inc. Acterna Corp Advance Auto Parts Inc Adventist Healthcare Aegon Insurance Aerojet AES Corp Agency for International Development Agilent Technologies AHL Svc Inc Ahold USA Inc Airline Tariff Airpax Corporation Ajilon Services Inc Alban Tractor Co Albemarle Corp Alfa Laval Inc Allegheny Energy Inc Allegis Group Inc Allied Defense Group Inc Alston & Bird LLP America On Line, Inc. America Online Inc American Diabetes Assn American Institute Of Physics American Management Systems (AMS) American Management Systs Inc American Of Martinsville American Red Cross of the National Capital American Safety Razor Co American University American Woodmark Corp Amerigroup Corp Ameritel AMF Bowling Worldwide Inc

Ammar's Inc AMSEC Corp Analex Corp Ander Commercial Photography Angus I Hines Inc Anne Arundel Medical Ctr Anteon Corp Anteon International Corp Anthem Southeast Inc Antietam Health Svc Inc AOL Time Warner Applied Creative Technologies, Inc ARC Of The United States Arinc Inc Arlington County Government Arlington Public Schools Arnold & Porter Asbury Methodist Village Ascend One Corporation Associated General Contractors Association-Retarded Citizens AT&T Government Solutions AT&T Telecommunications Public Relations Atlantic Coast Airline/United Express Atlantic Coast Airlines Hldngs AUGUSTA Medical Ctr Automatic Data Processing (ADP) Avalon Bay Communities Inc BB&T B Frank Joy LLC Bacova Guild LTD **BAE Systems** BAE Systems North America, Inc. Baltimore Aircoil Co Banner Aerospace Inc Barcelo Crestline Corp **Basell NORTH America** Bassett Furniture Industries **Bearing Point Inc Bechtel Corp Bechtel Infrastructure Corporation** Bell South Communication Systs **Berryville Graphics Bio Reliance Corp** Birdsong Corp Black & Decker Corp Blaine Convention Svc Inc **Boardwalk Fries** Boat Us Bon Secours Health System Inc

Bon Secours Hospital Booz Allen & Hamilton **Boston Properties Bowl America Inc** Bp Solar Intl LLC Branch Group Inc Brenco Inc Brink's Co Bristol Compressors Inc BTG **Buffalo Air Handling BWX** Technologies Inc **C-Cubed Corporation** CACI International Inc Cadmus Communications Corp Cadmus Specialty Publications Cafritz Company Cambridge Inc Camellia Food Stores Inc Canon Virginia Inc **Capital One Financial** Capital One Financial Corp Car Max Inc Care First BCBS Carefirst Blue Cross Blue Shld Carilion Health Systems Carilton Roanoke Community Carpenter Co Carter Machinery Co Inc **Catholic Charities** Catholic University of America Catonsville Community College Cavalier Telephone Co Celera Genomics Group Centennial One Inc Centra Health Central Intelligence Agency Charles E Smith Rsdntl Realty Chesapeake Bay Restaurant Grp Chesapeake Corp Chevy Chase Bank Chevy Chase Bank Chevy Chase Bank FSB Chevy Chase Bank CHI Ctr **Childrens Hospital** Chimes Inc Chindex International Inc **Chippenham Hospital Choice Hotels**

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Choice Hotels Intl Inc CHRISTIAN Broadcasting Network **CIENA Corp** Cintas **Circuit City Stores Inc Cisco Systems** Citi Financial City of Alexandria City of Alexandria Public Schools Clark Construction Group Clark Construction Group Inc **Clark Enterprises Inc Clear Channel Communications** Clinch Valley Medical Ctr **CNA** Insurance Co Star Group Inc Coastal Coal Co LLC Coca-Cola Enterprises Inc. College Of Southern MD **Colonial Mechanical Corp Colonial Williamsburg** Columbia Gas Transmission Corp Comcast Comdial Corp Commerce One / Aquilent Commodity Futures Trading Commission Commonwealth Of Virginia Compu Dyne Corp **Computer Sciences Corp** Constellation Energy Group Inc Cornerstone Realty Income Trst Country Cookin' Coventry Health Care Inc CP Films Inc Crosby Corp Crown Central Petroleum Corp Crownsville Hospital Ctr Cruise INTERNATIONAL-Ci Ctr **Crutchfield Corp** Culpeper Regional Hospital Cushman Wakefield (Downtown) Daily Press Inc Dan River Inc Danville Regional Health SYST DDD Co DDD Company Deloitte & Touche Deltek Systems Inc Department of Transportation Department of Commerce

Department of Defense Department of Energy Department of Housing and Urban Develop... Department of Justice Department of Labor Department of State Department of the Interior Department of the Interior Dewberry & Davis **Dewberry Companies Diamond Comic Distributors Inc Digex Inc** Digital Net Holdings Inc **Dimensions Health Corporation** Dimon Inc **Discovery Communications Inc District Photo Inc DOCTORS** Community Hospital Dollar Tree Stores Inc Dominion Resources Inc Dominion Virginia Power **Dunbar Companies DURATEK Inc** Duron Inc E G & G Technical Svc Inc E Plus Inc Earl Industries LLC Eastern State Hospital Eastern Va Medical School Electronic Warfare Assoc Inc **Environmental Protection Agency Environmental Protection Agency** Equals Three Communications, Inc. Ernst and Young Essex Community College Estes Express Lines Ethyl Corp Export Import Bank Exxon Mobil Corporation Exxon Mobil Fuels Marketing Co F & I Inc F & M Bancorp F Edward Hebert School Of Med Fairfax Hospital Fannie Mae Farm Fresh Inc Fas Mart Convenience Stores Fauquier Hospital Federal Deposit Insurance Corp Federal Emergency Management Agency

Federal Labor Relations Agency Federal Mogul Federal Reserve Bank Ferguson Enterprises Inc FHC Health Systems First Colony Life Insurance Co First Community Bancshares Inc First Health Svc Corp Food Country USA Framatome Anp Inc Freddie Mac Frederick Community College Frederick Memorial Hospital Freestate Electrical Constr Co Fti Consulting Inc Gallaudet University Gannett Co Inc **GE Fanuc Automation** GE Financial Assurance Hldgs **GE** Insurance **GEICO** Direct General Dynamics Advanced Info General Dynamics Corp **General Foam Plastics** General Physics Corp **General Services Administration** General Services Administration GenVec, Inc. George Mason University George Mason University George Washington University Hospital Georgetown University Georgetown University Hospital Giant Food Inc Gilford Corp GLOBAL Exchange Svc Inc Good Samaritan Hospital Goodwill Industries Intl Inc Goucher College Governor's Office Grand Home Furnishings Great Atlantic Management Co Greater Baltimore Medical Ctr Greater Washington Urban League Greenway Crane Svc Gtsi Corp **Guest Services** Guest Services Inc Hamilton Beach Proctor-Silex Hanger Orthopedic Group Inc

Hanover Direct Inc Harbor Hospital Ctr Haynes Furniture Co Hebrew Home Of Greater WA Hecht's & Strawbridge's Hedwin Corp Henrico Doctor's Hospital Henrico Doctor's Hospital Hilb Rogal & Hamilton Co Hill Phoenix Inc HMS Host Corp Holy Cross Hospital Holy Cross Hospital Holy Cross Hospital Home Call Inc Homestead Honeywell Performance Fibers Honeywell Technology Solutions Hooker Furniture Corp Howard County General Hospital Howard Hughes Medical Inst Howard Shocky & Sons Inc Howard University Howard University Hospital HUD Hughes Network Systems Hughes Network Systems Human Genome Sciences Inc Human Genome Sciences, Inc. Hunton & Williams IBM **ICF** Consulting Kaiser International Inc **IKEA NA Services** IMO Industries Inc **INOVA Alexandria Hospital** INOVA Fair Oaks Hospital **INOVA Fairfax Hospital** Inova Health System **INSTITUTE** For Defense Analyses Institute for Defense Analysis Interbake Foods Inc International Paper Co International Trade Commission Interstate Hotels & Resorts ITT Defense & Electronics Inc Jewell Smokeless Coal John J Wasilewski Inc John Randolph Medical Ctr Johns Hopkins Bayview Med Ctr

Johns Hopkins Medicine Johnston Memorial Hospital Jos A Bank Clothiers Inc K-Va-T Food Stores Inc Kaiser Foundation Health Plan Kaiser Permanente Kernan Hospital Klein's Super Markets Klockner Capital Corp Kpmg Peat Marwick Llp Lafarge North America Inc Lafarge Redland Genstar Land America Financial Group Landmark Communications Inc Lankford Sysco Food Svc LLC Laurel Regional Hospital LCC International Inc Legg Mason Inc Levindale Hebrew Geriatric Ctr Lewis-Gale Medical Ctr Lexis-Nexis Liebherr Mining Equipment Co LifeWork Strategies Lockheed Martin Logistics Management Loiederman Soltesz Associates Long & Foster Real Estate Inc Longwood Unversity Loudoun Healthcare, Inc Loudoun Hospital Ctr M & T Bank M C Dean Inc **MACRO** Internationa Magellan Health Svc Inc Magruder's Inc Man Tech Intl Corp Manugistics Group Inc Marley Mouldings Inc Marquip Ward United Marriott International Mars Super Markets Inc Martha Jefferson Hospital Maryland General Hospital Maryland-National Capital Park and Planning... Marymount University Masters Inc Mattress Discounters Corp Maximus Inc Mc McCormick & Co Inc Mc Guire Woods LLP

Mc Kesson Corp MCI Communications Corp MCI Inc MD National Cap. Park and Planning Com Med Immune Inc Medical Temporaries Inc Memorial Hospital Memorial Hospital Mental Health Association of Montgomery C... Merant Mercantile Bankshares Corp Merchant's Tire & Auto Ctr Mercy Medical Ctr Metrocall Holdings Inc Metropolitan Washington Airports Authority Micro Strategy Inc Micros Systems Inc Microstrategy Mid Atlantic Medical Svc Inc Mid-Mountain Foods Inc Middle River Aircraft Systems Millennium Inorganic Chemicals Mills Corp Mitre Mitre Corp Library Mitretek Systems Mona Electric Group Inc Montgomery College Montgomery General Hospital Moog Components Group Т Moore's Lumber & Bldg Supl Inc Murry's Inc MVM, Inc. MW Manufacturers Inc NASA NASD National Credit Union Administration National Fruit Product Co National Geographic Society National Institute of Standards & Technology National Institutes of Health National Labor Relations Board National Naval Medical Ctr National Reconnaissance Office National Rifle Assn National Rural Electric Co-Op National Science Foundation Nationwide Homes Nature Conservancy Navy Federal Credit Union

NCI Information Systems Inc Neighbor Care Inc Nevamar Nextel Communications Inc **NII Holdings Inc** Noland Co Norfolk Southern Corp North Arundel Hospital Northern Virginia CENTER-Mri Northern Virginia Comm Hospital Northern Virginia Community College (NVCC) Northrop Grumman Elect Systems Northrop Grumman Info Tech Northrop Grumman Mission Systs Northrop Grumman Oceanic Div Northrop Grumman IT Norton Community Hospital **NTELOS Inc** Nuclear Regulatory Commission NVR Inc OAO Technology Solutions Inc **Obici Hospital Obisi Health System** Octagon Worldwide Inc Office of Personnel Management Old Dominion University Omega World Travel Inc **On-Site Sourcing Inc Orbital Sciences Corp** Organization **Overseas Private Investment Corporation Owens & Minor Inc** Parts Depot Inc **PEC Solutions Inc** Pentagon Federal Credit Union PEPCO Performance Food Group Co Perkin Elmer Fluid Sciences PG Hospital Center PHH Arval Phillips Crab House Phoenix Color Corp Poole & Kent Organization Portfolio Recovery Assoc Inc Potomac Hospital PricewaterhouseCoopers Prime Retail Inc Primus Telecommunications Grp Prince George's Hospital Ctr Prince William Hospital

Providence Hospital Prudential Carruthers Realtors Public Broadcasting Svc **Publishers Circulation Inc** Quest Diagnostics Inc **Qwest Communications** Radford University Radio One Inc Ranstad North America Raytheon Raytheon Technical Svc Co LLC **RBX** Corp Red Coats Inc Red Cross Biomedical Services Resource Consultants Inc **Reston Hospital Center Retreat Hospital Rexel Branch Electric Supply Richfield Retirement Community Richfield Retirement Community** Richmond Times Dispatch Ritz Camera Ctr Ritz-Carlton Hotel Co Roanoke Electric Steel Corp **Roanoke Times** Rockingham Memorial Hospital Rouse Co **Rowe Companies RWD** Technologies Inc S&K Famous Brands Inc Safeway - Eastern Division SAIC Sallie Mae

Sallie Mae Salvation Army Sandler Systems Inc Sandy Spring Bancorp Inc Saxon Capital Inc Schewel Furniture Co Inc Science Applications International Corp Scotsman Holdings Inc Scott & Stringfellow Inc Sentara Bayside Hospital Sentara Health Plans Sentara Norfolk General Hosp Sentara Va Beach General Hosp Service Partners LLC Shady Grove Adv. Hosp. Shady Grove Adventist Hospital Sheridan Group Inc Sherwood Brands Inc Shoppers Food Warehouse Shore Memorial Hospital SI International Inc Sibley Memorial Hospital Silver Diner Inc Sinai Physician Referral Sinclair Broadcast Group Inc SLM Corp Small Business Administration Smithfield Foods Inc Smithfield Packing Co Inc Smithsonian Institution Sodexho Inc Software AG Software AG Inc Southampton Memorial Hosp Southern Maryland Hospital Ctr Southern States Co-Op Inc Southside Regional Medical Ctr Southwestern Va Mental Inst Spectera Inc Sperry Marine

Spring Grove Hospital Ctr Sprint SRA Intl Inc St Agnes Healthcare St Joseph Medical Ctr Startec Global Communications Sternheimer Brothers Inc Stihl Inc Strayer Education Inc Suburban Hospital Sunrise Senior Living Inc Supervalu Sutton Place Gourmet Swedish Match North America Sweetheart Holdings Inc Sylvan Learning Systems Inc Sysco Food Svc Of Baltimore T Rowe Price Group Inc Talk America Holdings Inc TASC Inc Tel Ac Teleservices Group **Teligent Inc TESSCO** Technologies Inc Tetra Tech Inc. The Acacia Group The Calvert Group The Catholic University of America The Chevy Chase Bank The Container Store The Gazette The Humane Society of the United States The Washington Post Co. Trader Publishing Company Trans Healthcare Inc Tredegar Corp Tri Tech Laboratories TRW Environmental Safety Systs

Twin County Regional Hospital Ukrop's Super Markets Inc UNICCO Government Services Union Bankshares Corp Union Hospital-Cecil County Unisys Public Sector United Defense Industries Inc United States Marine Repair United WAY Of America Universal Corp University Of Baltimore University of Maryland **US** Airways US Central Intelligence Agency US Defense Commissary Agency US Defense Contract Audit Agcy US Drug Enforcement Adm US Food & Drug Adm US Foodservice US Marshals Svc US Nuclear Regulatory Comm US Social Security Adm US Veterans Medical Ctr US Veterans Medical Ctr USDA USDA Usec Inc UVA Health Systems Value Options Inc Vance International Vastera Inc Vaughan-Bassett Furniture Co VCU Health System Verisign Verizon Vertis Inc Vie De France Yamazaki Inc

Virginia Hospital Center Arlington Visiting Nurse Assn W R Grace & Co Wachovia Securities Inc Washington Adventist Hospital Washington County Hospital Washington Gas Co Washington Hospital Center Washington Metropolitan Area Transit Autho... Washington Post Wayn-Tex Web Methods Inc WEBB Furniture Enterprise Corp Westab Industries Westat, Inc. Westminster Canterbury Whiting-Turner Contracting Co William A. Hazel, Inc WKI Holding Co Inc Wolf Trap Foundation X O Communications Inc Zurich North America

Attachment L: CD-ROM Letter

DRAFT 5 - 5/24/04

Dear_____

Growing traffic congestion in the Washington DC metropolitan area impacts your business on a daily basis. This congestion affects employee commute times, business productivity, public health, and even homeland security.

With your help, The Commuter Connections Telework program at the Metropolitan Washington Council of Governments is seeking to remove more than 100,000 cars from the daily rush hour by 2005.

This is an ambitious goal, but with your support, and the support of other business leaders in organizations such as the Greater Washington Board of Trade, KPMG, Northrop Grumman, Verizon Wireless, the City of Alexandria, and the National Institutes of Health, we can make a difference for our region.

Infrastructure for the near future may not be built, but Telework is available today. Commuter Connections is offering free and comprehensive **professional consulting services** for your organization in conjunction with our local jurisdiction to explore and institute Telework, or expand your current Telework program.

This is a great opportunity to gain valuable services while helping the region reduce congestion, pollution and provide a safer, more productive place to work.

The enclosed CD gives you all of the details in a brief, two-minute overview. Please watch it and call us at **1-800-745-RIDE** to schedule a 30-minute introductory meeting and begin to harness the power of telework for the success of your business and our region today.

Thank you,

Attachment M: CD Mailer

Project: Telework CD Mailer

| | keting and Communication 0/03 FINAL Draft 4 |
|--|---|
| | OPEN. MUSIC UNDER THROUGHOUT |
| | VO: |
| Beauty shot of highway with hills, grass, blue sky. Text over: <i>Commuter Connections has</i> <i>assistance for</i> your <i>telework</i> <i>program.</i> | Commuter Connections at The Metropolitan Washington Council of Governments is providing free support to help business leaders like you create effective telecommuting programs in their companies. |
| Text over: Benefits for your organization, your employees, your community. | Telecommuting—or telework—delivers amazing benefits to your organization, your staff and the greater business community. |
| Text over: <i>The time is now.</i> | And with Commuter Connections free support, there's never been a better time to put these benefits to work for you. |
| | BENEFITS FOR YOU |
| Text on screen: <i>Benefits for your business</i> | Telecommuting delivers: |
| Shot of employee with stack of reports. Text over: <i>Higher productivity</i> | Higher productivity—Telecommuters' productivity doesn't fall. It actually rises—even doubles in some cases. |
| Shot of office space, equipment. Text over: <i>Lower costs</i> | • Lower operating costs—You'll cut your outlays for office space, overhead and more. |
| Shot of recruiter and new hire shaking hands. Text over: | • More success in hiring and keeping great staff. You'll broaden your talent base—and keep your employees |

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| Better recruiting and retention | satisfied. |
|---|---|
| Shot of employees laughing in meeting. Text over: | Increased loyalty and enthusiasm. Your people will have more time to be creative and happy on the job. |
| More loyalty and enthusiasm | • Less absenteeism and tardiness. Your employees will have the flexibility they need to work more effectively. |
| Shot of employee entering front door of office. Text over: Less absenteeism and tardiness | |
| Shot of big group of employees smiling. Text over: <i>Image boost</i> | A better public image. You'll position your company as innovative and in touch with today's challenges JOIN THE LEADERS |
| Shot of man at computer working from home. | Telecommuting isn't a fringe idea. Thousands of leading companies, and more than 400,000 employees in our area alone are already reaping the benefits of telecommuting. |
| Logos or names over: AMEX AT&T, Ciscom Discovery Channel, IBM, Kaiser Permanente, Nortel, Washington | Join business leaders like AMEX, AT&T, Cisco, the Discovery Channel, Kaiser Permanente, Washington Mutual, KPMG, NIH and thousands more. |
| Mutual, KPMG, NIH Text on screen: | And because telecommuting programs don't require big investments, it's right for smaller companies too. |
| Large, small and in- between | BENEFITS FOR YOUR EMPLOYEES Telecommuting actually helps your employees be more productive and content—and that's a benefit you can take to the bottom-line. |
| Quick montage of headshots of five or six diverse employees | Woman in VO: |
| | I telecommute from home two days a week. That's four hours of driving I can devote to my family. I save money, too—on gas, dry-cleaning—even lunches. |
| Shot of 40-something African | My stress level is down. My health and family life are more in |

| American woman Text over: Benefits for your employees Less stress Better home/work balance Lower costs Customized work environment | balance—and I actually get more work done! VO: We're all part of a community. And telecommuting is a win- win-win that reaches far beyond you and your employees to the entire community. | |
|---|--|--|
| Shot of Washington DC skyline Text over: <i>Benefits for your community</i> | Everyone gets a boost with less traffic, | |
| Shot of traffic helicopter. Text over: Less traffic | Cleaner air, | |
| Shot of air quality rating from newspaper. Text over: <i>Cleaner air</i> | and citizens with more time and energy to get involved. | |
| | MEET THE CHALLENGE TODAY | |
| Shot of group building Habitat for Humanity house. Text over: | The goal for our area is to add 100,000 telecommuters in the | |
| More community involvement | REGION. And we're inviting business leaders like you to help meet the challenge. | |
| Logo of Commuter Connections Text over: 100,000 employees | Commuter Connections will provide free professional consulting and training services to each participating company. | |
| TAG logo | Commuter Connections will work with you to build a customized telecommuting program that fits your organization. They'll look closely at your culture, employees, managers and job descriptions to help you set priorities and guide implementation. | |
| Beauty shot of highway with hills, grass, blue sky. Text over: | They'll help you create policies and processes, implement | |
| Customized program | performance measures and train your staff—at no cost to | |
| Comprehensive analysis | you. | |
| Implementation support | | |
| Policies and processesPerformance measures | We're here to help you harness the power of telecommuting. | |
| Staff training | To get started, call us today at 1-800-745-RIDE and schedule a 30-minute presentation. | |
| Results! | There's no obligation—just free consulting services that will | |
| Expanded Telecommuting Transportation Emissions Reduction Measure (TERM) Program Draft Final Report 54 | | |

Expanded Telecommuting Transportation Emissions Reduction Measure (TERM) Program Draft Final Report 54

| Text over: <i>Call us today at 1-</i> 800-745-RIDE | help you turn telework into a competitive advantage for your business. MUSIC UP AND OUT |
|---|---|
| | MUSIC UP AND OUT |