

# Improving Freight System Performance in Metropolitan Areas

Johanna Amaya-Leal

Iowa State University

amayaj@iastate.edu



Copyright Materials 2017



# Acknowledgements

- ❖ Authors: J. Holguín-Veras, J. Amaya, J. Wojtowicz, M. Jaller, C. González, I. Sánchez, X. Wang, D.G. Haake, S.S. Rhodes, S.D. Hodge, R.J. Frazier, M.K. Nick, J. Dack, L. Casinelli, and M. Browne
- ❖ Funded by the National Cooperative Freight Research Program
- ❖ The team wants to thank the following individuals and groups:
  - ❖ Project Manager – Bill Rogers
  - ❖ NCFRP 38 Project Panel
  - ❖ Public and private sector participants of the project workshop
  - ❖ Capital District Transportation Committee (CDTC)
  - ❖ Multiple Metropolitan Planning Organizations, State Departments of Transportation, private companies, and individuals that contributed to the cases studies discussed in the Planning Guide.

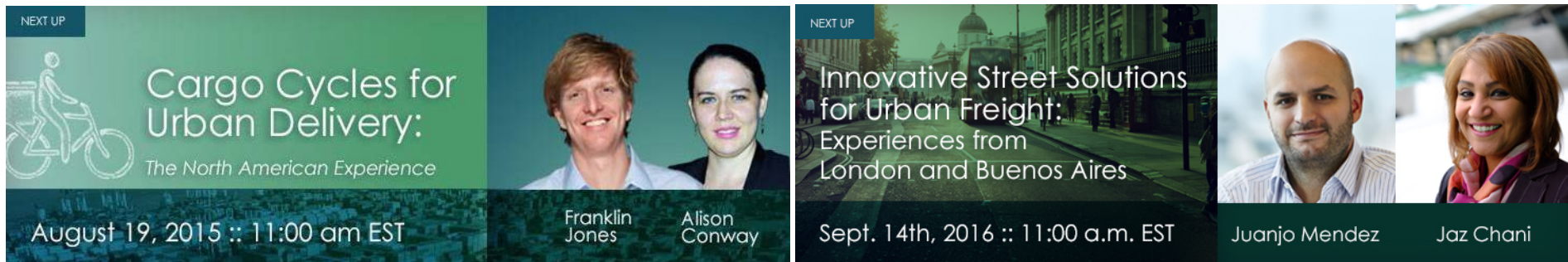


# Additional Support

- ❖ Volvo Research and Educational Foundations Center of Excellence for Sustainable Urban Freight Systems (VREF CoE-SUFS)
- ❖ To jumpstart an integrative process, involving cities, private sector, and researchers to develop new freight systems paradigms that:
  - ❖ Are sustainable
  - ❖ Increase quality of life
  - ❖ Foster economic competitiveness and efficiency
  - ❖ Enhance environmental justice
- ❖ To maximize the economic benefits of production and consumption of freight, and minimize the negative externalities produced by freight traffic

# Additional Resources

- ❖ **Peer-to-Peer (P2P) Exchange** to share global best practices and real world examples of sustainable urban freight systems



<https://coe-sufs.org/wordpress/peer-to-peer-exchange-program/>

- ❖ **Talking Freight Webinar** on NCFRP Report 33

<https://connectdot.connectsolutions.com/p90dojvhomm/>





# Background Considerations



Copyright Materials 2017





New York City





New York City





New York City





Copyright Materials 2017



# How Should We Tackle Freight Issues?



Copyright Materials 2017





# Improving Supply Chains





# We need to recognize that in complex cities...

- ❖ Simple approaches don't usually work...
- ❖ We need to use all policy weapons to reduce congestion and improve environmental conditions
- ❖ It is not enough to:
  - ❖ Build infrastructure (in some cases, it is not even possible)
  - ❖ Manage traffic (it has limits, cannot solve the root problem)
  - ❖ Use ITS (it has limits, cannot solve the root problem)
  - ❖ etc.
- ❖ It is better to:
  - ❖ Use comprehensive approaches
  - ❖ Manage demand (to reduce the number of deliveries made), in combination with other initiatives

# Tools Available NCFRP 33 Products



Copyright Materials 2017



# 1. Planning Guide



# Planning Guide: Versions

## ❖ Print ready version:

[http://onlinepubs.trb.org/onlinepubs/ncfrp/ncfrp\\_rpt\\_033.pdf](http://onlinepubs.trb.org/onlinepubs/ncfrp/ncfrp_rpt_033.pdf)

## ❖ Interactive version: <http://coe-sufs.org/wordpress/ncfrp33/>



Home > Improving Freight System Performance in Metropolitan Areas: Planning Guide

## Improving Freight System Performance in Metropolitan Areas: Planning Guide

- [Introduction](#)
- [Urban Freight Transportation Decision Making](#)
- [Public Sector Initiatives](#)
- [Case Studies](#)
- [References](#)
- [Appendix](#)
- [Download FTG Software](#)

**NCFRP – Report 33**

*Freight flows are physical manifestations of the manufacturing and consumer economies that are foundations of modern life. Transportation policy seeks to ensure that freight is moved as efficiently as possible, as hampering the flow of cargo is bound to have a negative effect on the*

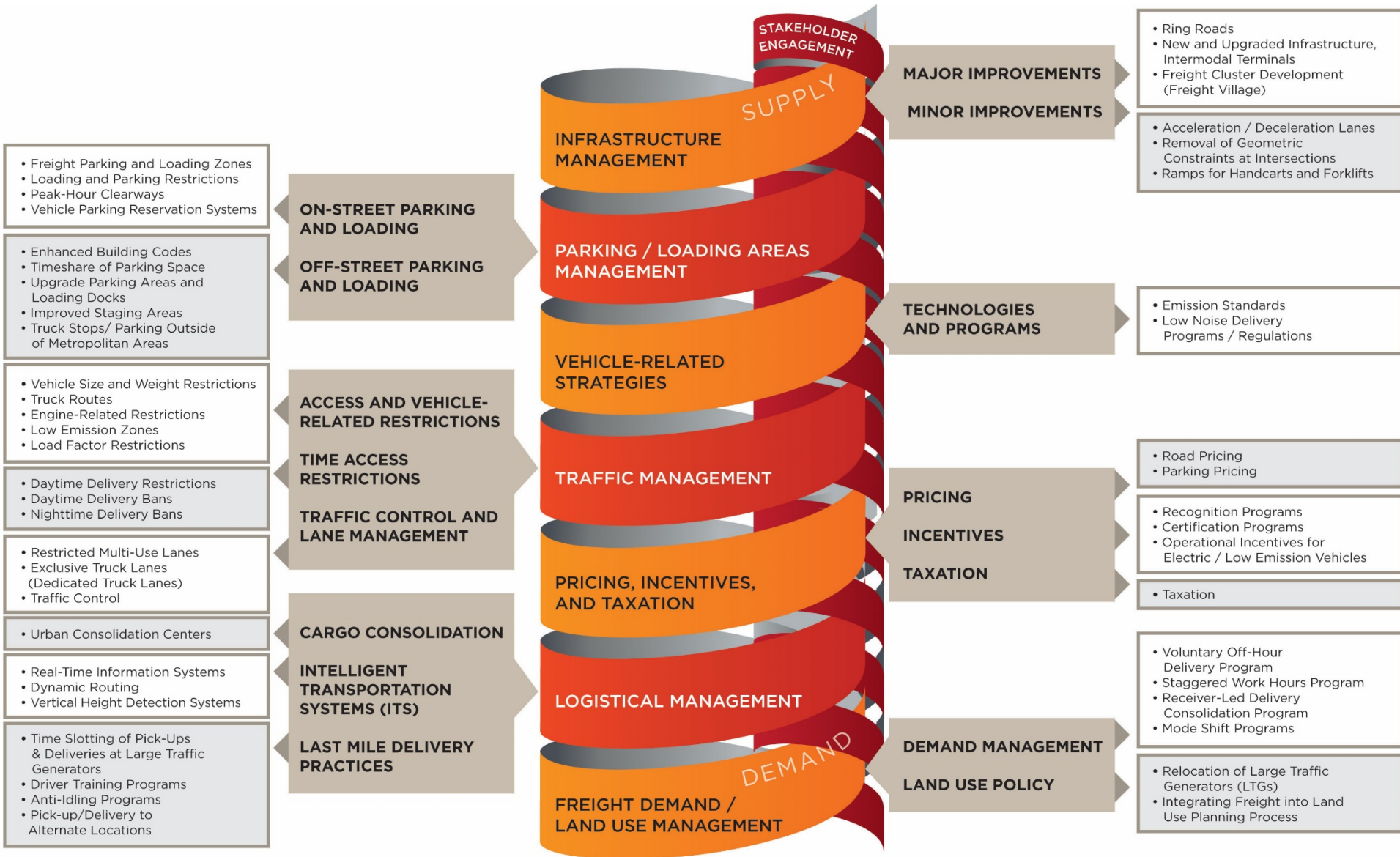
1. Introduction
2. Urban Freight Transportation Decision Making



## 3. Overview of Urban Freight Initiatives

- ❖ 8 main groups from supply to demand related
- ❖ 54 separate initiatives within the 8 groups
- ❖ For each initiative there is:
  - ❖ A summary
  - ❖ One page outline
  - ❖ Planning and design considerations







### Initiative 1: Ring Roads for Bypass Traffic

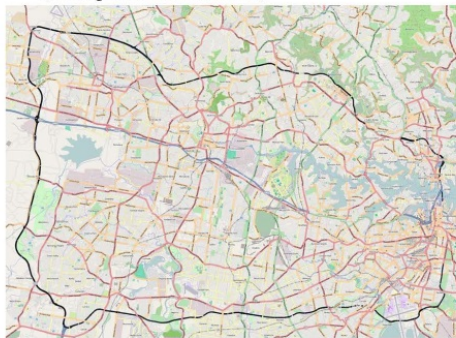
**Description:** The construction of bypasses (high speed ring roads, or beltways) to move through-trucks to the periphery of the urban area. Only viable if they lead to cost savings to carriers.

<b>Targeted mode:</b> Through traffic	<b>Geographic scope:</b> Corridor
<b>Type of Initiative:</b> Infrastructure management: major improvements	<b>Primary objective:</b> Reduce congestion

**Expected costs and level of effort to implement:** The cost and effort to construct a new ring road can be very high, involving construction of a new roadway, roadway crossings, and interchanges. Such a construction project will involve long-term planning and implementation, elaborate needs assessments, and impact analyses.

<p><b>Advantages:</b></p> <ul style="list-style-type: none"> <li>• Reduce congestion</li> <li>• Enhance safety</li> <li>• Environmental sustainability</li> <li>• Reduce infrastructure damage</li> </ul>	<p><b>Disadvantages:</b></p> <ul style="list-style-type: none"> <li>• High probability for unintended consequences                             <ul style="list-style-type: none"> <li>– May lead to new development outside urban core</li> <li>– Environmental impacts on the communities affected by the new road</li> </ul> </li> <li>• Environmental impacts associated with new construction</li> <li>• Require very high capital investments</li> <li>• Require private-sector acceptance</li> </ul>
---	--

- Typical example:**
- Sydney Orbital Network, Australia (Transport for NSW 2012)
  - “Through” Corridors in Atlanta, Georgia, United States (Georgia Department of Transportation 2011b)



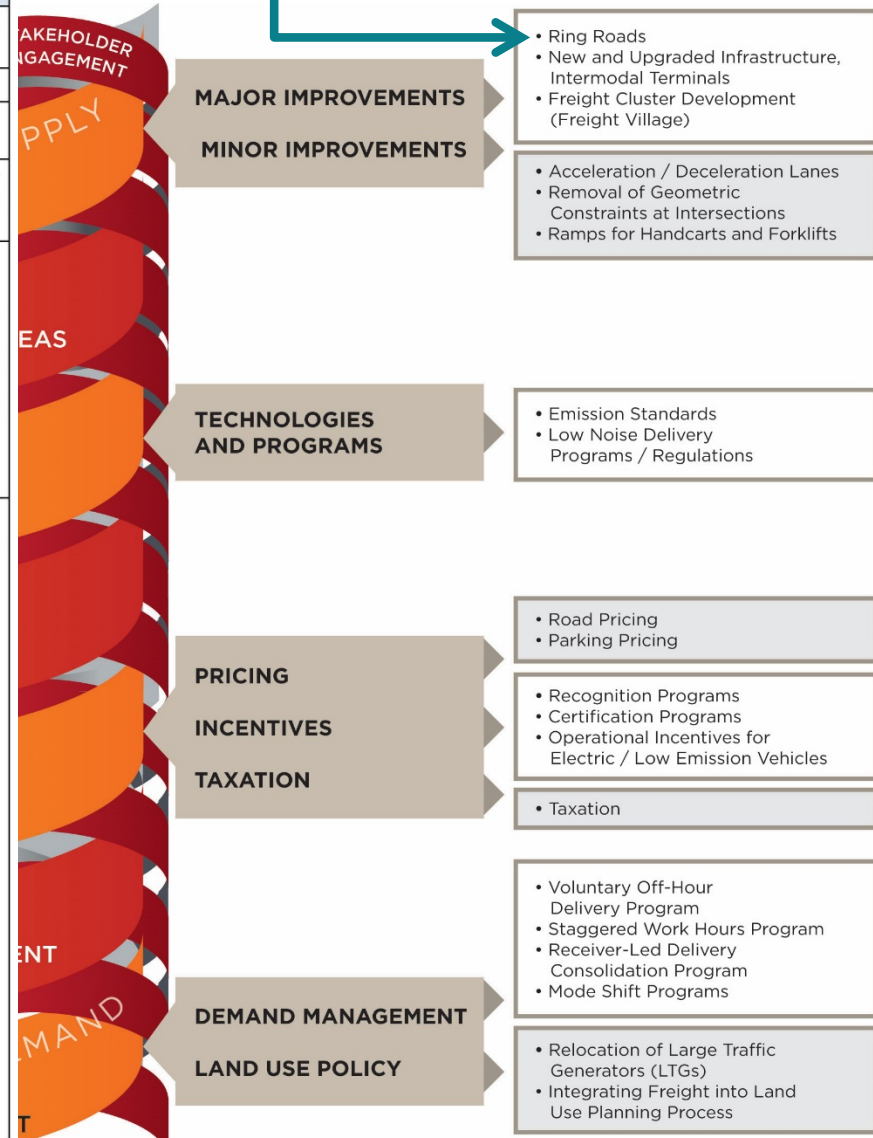
Source: OpenStreetMap Contributors 2010



Source: Georgia Department of Transportation 2011b

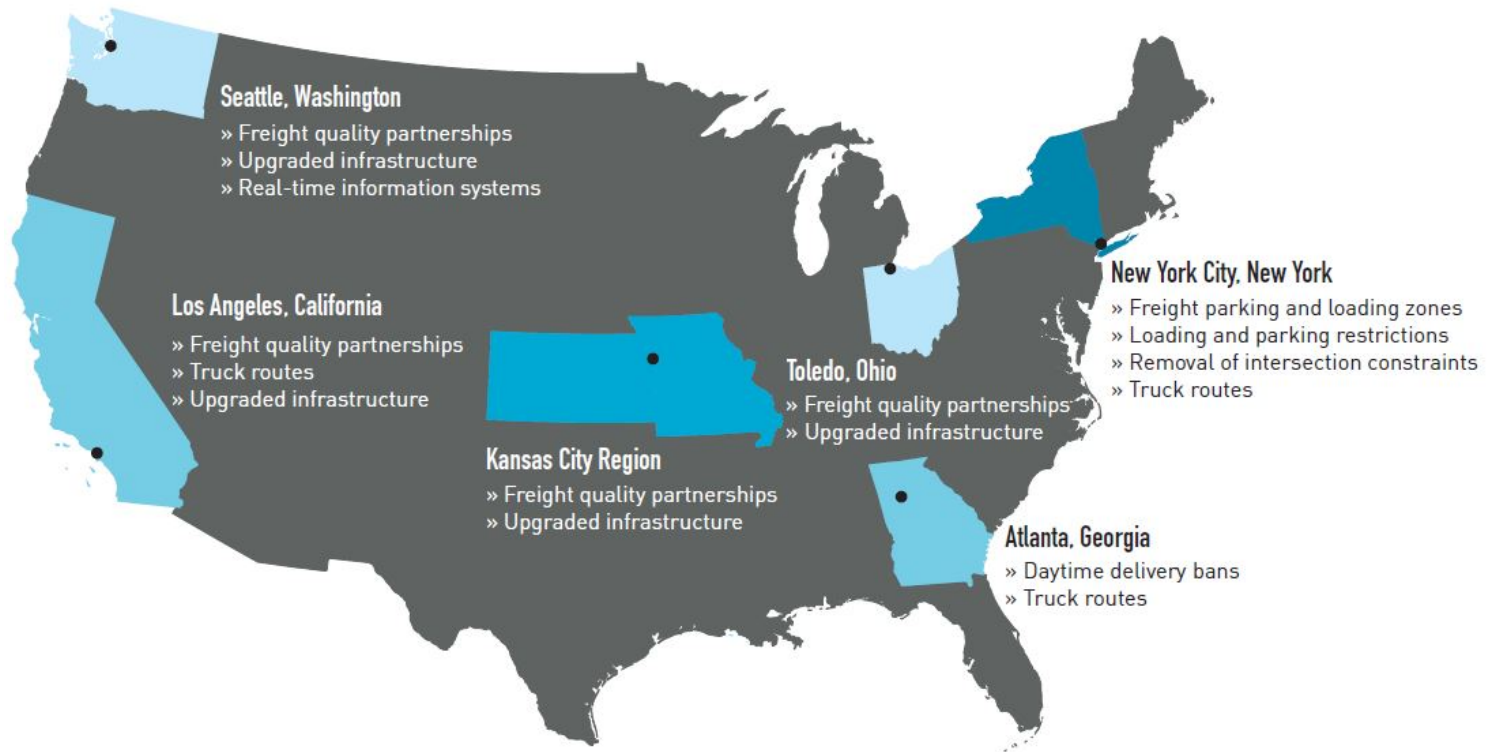
**Related alternatives:** 1. [New and Upgraded Infrastructure, Intermodal Terminals](#); 2. [Truck Routes](#); 3. [Exclusive Truck Lanes \(Dedicated Truck Lanes\)](#)

**References:** Marquez et al. 2004; PIARC 2011



# Planning Guide: Structure

## 4. Case Studies



## 2. Initiative Selector



# Initiative Selector: Rationale

## ❖ Objectives:

- ❖ To provide suggestions about initiatives to consider
- ❖ To provide a dynamic mechanism to explore the guide
- ❖ To provide a tool that could be expanded over time

## ❖ Limitations:

- ❖ The Initiative Selector is not a replacement for proper transportation decision making and planning
- ❖ Due to the lack of a database of documented experiences the search criteria are very general
- ❖ Suggestions may not necessarily apply to local conditions...

- ❖ Produced in collaboration with the CoE-SUFS, see:  
<http://coe-sufs.org/wordpress/InitiativeSelector/>

1. Characterize the various initiatives in terms of:
  1. Nature of the Problem: Congestion, Pollution, Noise, Safety
  2. Geographic Scope: Nation, State, City, Area, Corridor, Point
  3. Problem Source: Through Traffic, Urban Deliveries, Large Traffic Generators, Large Trucks...
  4. Investment required: Very High, High, Moderate, Low...
  5. Implementation time: Long, Medium, Short...
  6. Potential for unintended consequences: Very High, High, Moderate, Low, None...
2. It finds initiatives that match the search parameters



# How it works



## Initiative Selector Tool



This application has been co-funded by the Transportation Research Board's (TRB) National Cooperative Freight Research Program. Page supports Google Chrome, Internet Explorer 11, Safari, and Mozilla browsers.

### How to use this application:

Select aspects of the traffic problems you seek solutions to on the left. The results will contain links to all the

### Nature of the Problem

- Congestion
- Inadequate Infrastructure
- Pollution
- Noise
- Safety
- Stakeholder Engagement
- Land Use

### Geographic Scope

- Nation
- City
- Area
- Corridor
- Point

### Problem Source

- Through Traffic
- All Traffic
- Large Trucks
- Urban Deliveries
- Large Traffic Generators

Unique Solutions: 18

Show Selected Initiatives		Clear Selected
Initiative	Investment	
<input checked="" type="checkbox"/> <a href="#">Enhanced building codes</a>	Low	
<input type="checkbox"/> <a href="#">Vehicle size and weight restrictions</a>	Low	
<input type="checkbox"/> <a href="#">Load factor restrictions</a>	Low	
<input type="checkbox"/> <a href="#">Time access restrictions</a>	Low	
<input type="checkbox"/> <a href="#">Truck stops/Parking outside metropolitan areas</a>	High	
<input checked="" type="checkbox"/> <a href="#">Restricted multi-use lanes</a>	Low	
<input type="checkbox"/> <a href="#">Road pricing/ incentives</a>	Moderate	
<input type="checkbox"/> <a href="#">Parking pricing</a>	None / Low	
<input type="checkbox"/> <a href="#">Certification programs</a>	None / Low	
<input checked="" type="checkbox"/> <a href="#">Urban consolidation centers</a>	High	
<input type="checkbox"/> <a href="#">Real-time information systems</a>	High / Very High	
<input type="checkbox"/> <a href="#">Vertical height detection systems</a>	High / Very High	
<input type="checkbox"/> <a href="#">Dynamic routing</a>	High / Very High	
<input type="checkbox"/> <a href="#">Time slotting of deliveries/ Pick-ups for large traffic generators</a>	Low	
<input checked="" type="checkbox"/> <a href="#">Pick-up/delivery to alternate locations</a>	Low	
<input checked="" type="checkbox"/> <a href="#">Voluntary off-hour delivery program</a>	Moderate / High	
<input type="checkbox"/> <a href="#">Staggered work hours program</a>	Low / High	
<input checked="" type="checkbox"/> <a href="#">Mode shift program</a>	Low / High	

## Initiative 26: Restricted Multi-Use Lanes

**Description:** These initiatives promote the use of available road capacity by allocating restricted lane right-of-way to trucks, buses, and occasionally high-occupancy vehicles. The lane usage can be allocated to different users using time windows, shared among designated users all day, or restricted to special use for certain users. Restrictions can be by vehicle type, or they can allow mixed traffic during the restriction interval.

<b>Targeted mode:</b> All traffic/large trucks	<b>Geographic scope:</b> Area
<b>Type of initiative:</b> Traffic management: lane management	<b>Primary objective:</b> Optimize road capacity

**Expected costs and level of effort to implement:** Lane management strategies and restrictions to multi-use lanes require thorough planning to consider the characteristics of the network and the needs of different users. Planning should involve extensive stakeholder engagement, and weigh both the positive and negative impacts to all agents that are part of the system. The costs are mainly associated with the installation of variable message signs or changeable message signs, and enforcement resources.

<b>Advantages:</b> <ul style="list-style-type: none"> <li>• Reduce congestion</li> <li>• Enhance safety</li> <li>• Increase efficiency</li> <li>• Enhance livability</li> <li>• Can be used as incentive to foster other strategies</li> </ul>	<b>Disadvantages:</b> <ul style="list-style-type: none"> <li>• May confuse drivers</li> <li>• May conflict with other traffic users</li> <li>• May not be adequate for sensitive locations</li> <li>• Hard to enforce</li> <li>• Lane geometry may not be adequate for large trucks</li> </ul>
--	--

### Examples:

- Multifunctional lanes in its commercial center: Barcelona, Spain (City Ports 2005)
- Clean vehicles are allowed to use public transport lanes: Göteborg, Sweden (START 2009)
- Consolidation vehicles are allowed to use bus lanes: Bristol, England (START 2009)
- Truck lane restricted to right lane: New York City, New York, United States (The City of New York 2012), North Carolina, United States (Federal Highway Administration 2011; North Carolina Department of Transportation 2013)
- Ban on through-trucks on Interstate inside the perimeter freeway: Georgia, United States (Georgia Dept. of Public Safety 2010)



Source: Federal Highway Administration 2011

**Related alternatives:** 1. [Acceleration/Deceleration Lanes](#); 2. [Traffic Control](#); 3. [Dynamic Routing](#)

**References:** Ogden 1992; City Ports 2005; BESTUFS 2007; START 2009; Georgia Department of Public Safety 2010; Federal Highway Administration 2011; SUGAR 2011; The City of New York 2012; North Carolina Department of Transportation 2013

# Urban Freight Initiatives



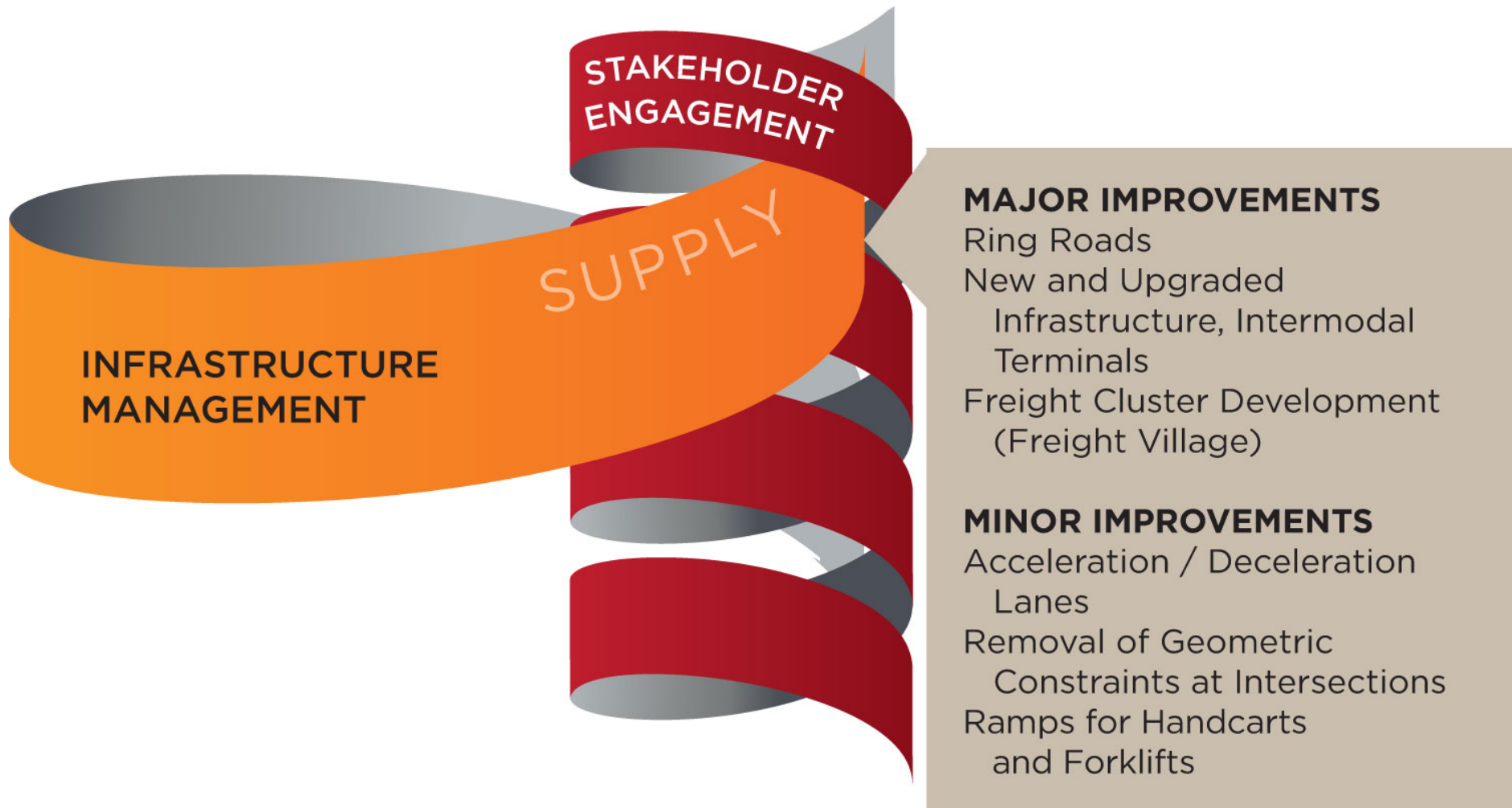
Copyright Materials 2017





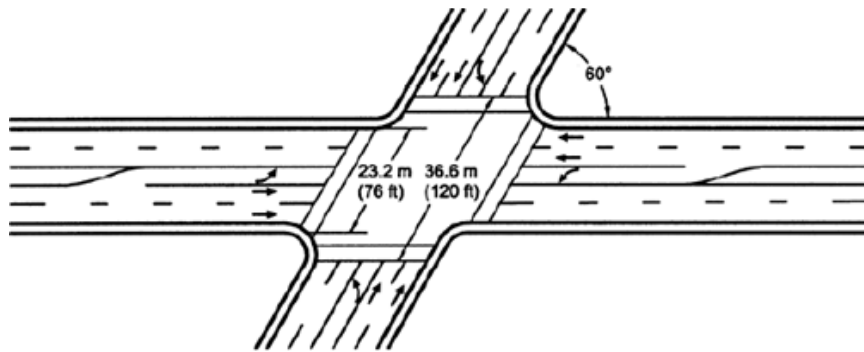
# 1. Infrastructure Management





Use infrastructure improvements to enhance freight, often necessary due to increases in truck size and traffic

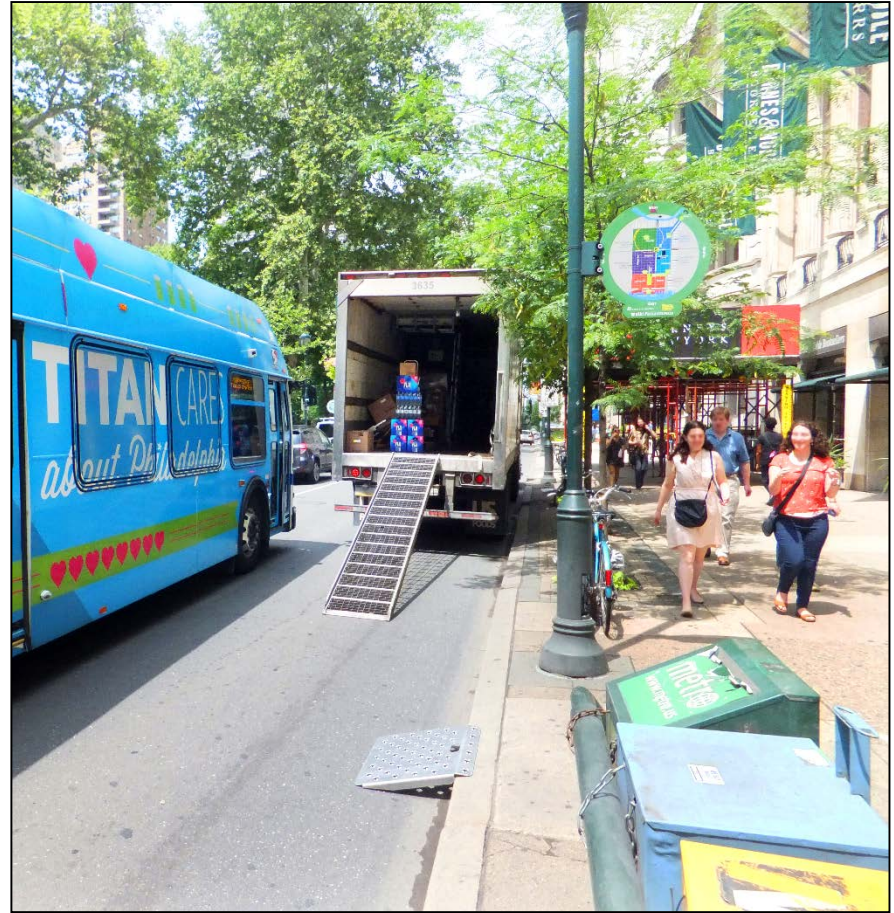
# Removal of Geometric Constraints



# Ramps for Handcarts



Source: (www.osha.gov)



Source: Delaware Valley Regional Planning Commission

## 2. Parking/Loading Areas Management





## **ON-STREET PARKING AND LOADING**

Freight Parking and  
Loading Zones  
Loading and Parking  
Restrictions  
Peak-Hour Clearways  
Vehicle Parking  
Reservation Systems

## **OFF-STREET PARKING AND LOADING**

Enhanced Building Codes  
Timeshare of Parking Space  
Upgrade Parking Areas  
and Loading Docks  
Improved Staging Areas  
Truck Stops/ Parking Outside  
of Metropolitan Areas

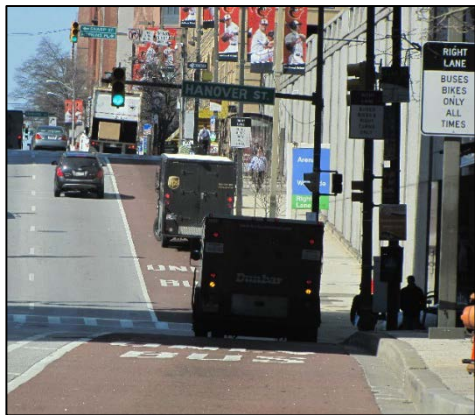


**PARKING / LOADING AREAS  
MANAGEMENT**

**STAKEHOLDER  
ENGAGEMENT**

Improve the way parking is used to reduce: double parking, delivery time, conflicts with other users, etc.

# Parking Issues





# Key Parking Principles

- ❖ Curbside space is a public good that must be allocated to all users in proportion to their needs
- ❖ Sufficient parking for FSA must be provided, otherwise
  - ❖ Commercial vehicles circle around → Increasing traffic
  - ❖ Commercial vehicles double park → Reducing capacity
  - ❖ If curb allocation is insufficient → Not possible to conduct the activity within the law → Unjust law/ordinances



## **ON-STREET PARKING AND LOADING**

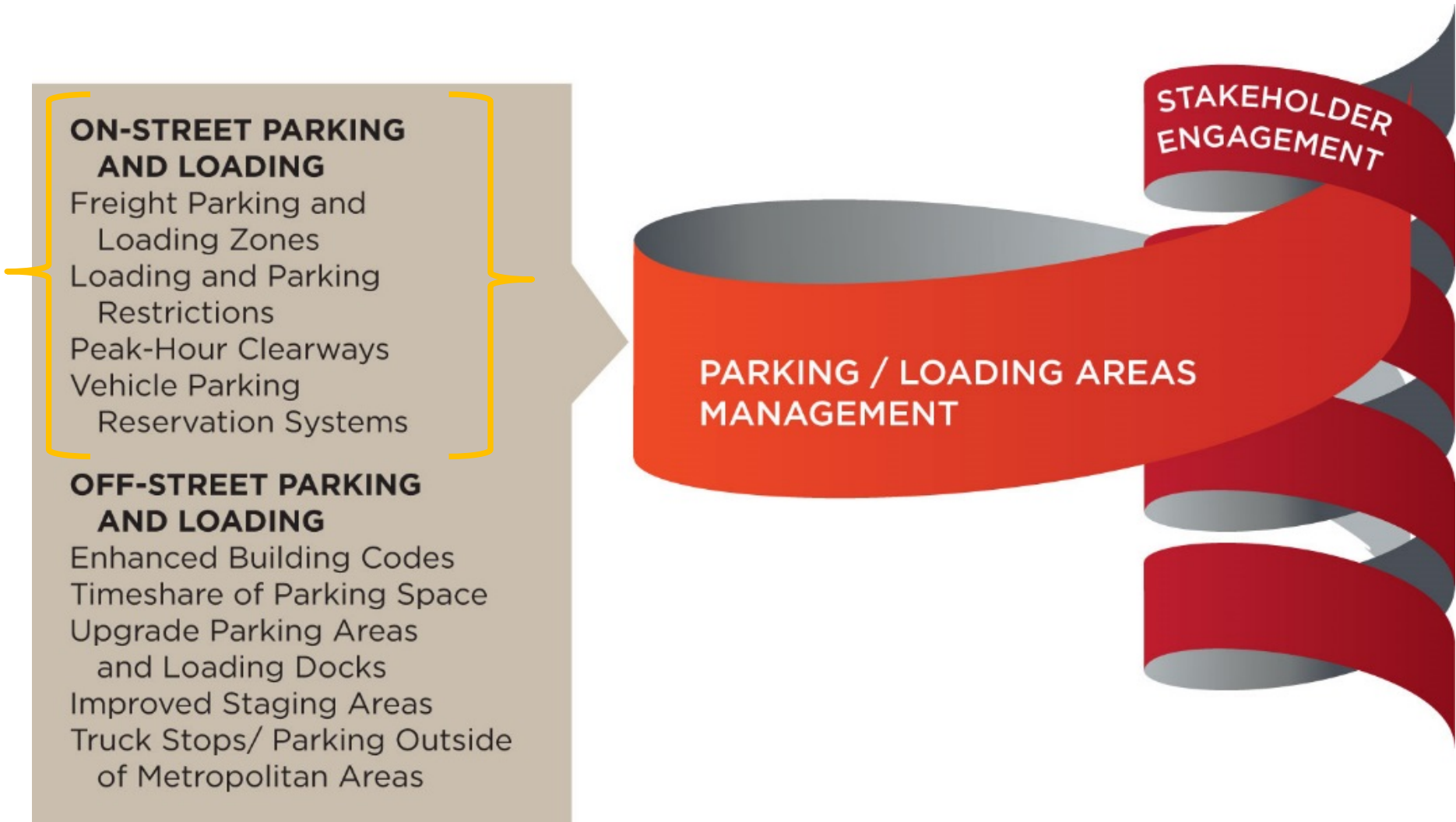
- Freight Parking and Loading Zones
- Loading and Parking Restrictions
- Peak-Hour Clearways
- Vehicle Parking Reservation Systems

## **OFF-STREET PARKING AND LOADING**

- Enhanced Building Codes
- Timeshare of Parking Space
- Upgrade Parking Areas and Loading Docks
- Improved Staging Areas
- Truck Stops/ Parking Outside of Metropolitan Areas

**PARKING / LOADING AREAS MANAGEMENT**

**STAKEHOLDER ENGAGEMENT**



# On-Street Parking and Loading

## Freight Parking and Loading Zones

See P2P Webinars 15 and 16



## Peak-Hour Clearways

### CLEARWAYS



6.30-9.30am  
Mon-Fri except  
Public Holidays  
3.30-6.30pm  
Sunday and  
Public Holidays

Southbound clearway hours

### CLEARWAYS



3.30-6.30pm  
Mon-Fri except  
Public Holidays  
11.30am-2.30pm  
Saturday

Northbound clearway hours



Source: TfL, Kerbside Loading Guidance (2009)

Are we allocating enough parking space for freight activities?

## ON-STREET PARKING AND LOADING

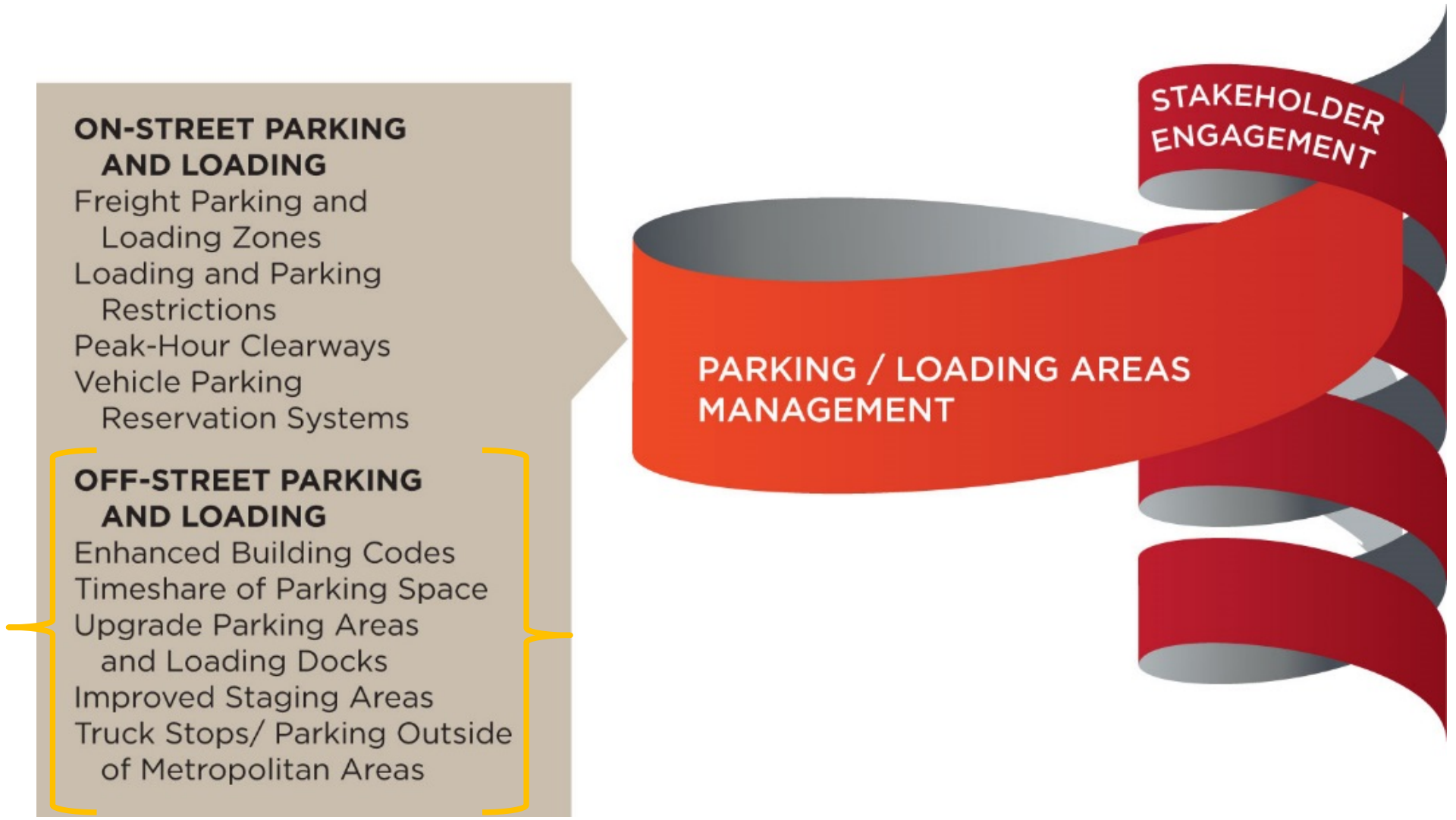
- Freight Parking and Loading Zones
- Loading and Parking Restrictions
- Peak-Hour Clearways
- Vehicle Parking
- Reservation Systems

## OFF-STREET PARKING AND LOADING

- Enhanced Building Codes
- Timeshare of Parking Space
- Upgrade Parking Areas and Loading Docks
- Improved Staging Areas
- Truck Stops/ Parking Outside of Metropolitan Areas

PARKING / LOADING AREAS MANAGEMENT

STAKEHOLDER ENGAGEMENT





# Off-Street Parking and Loading

## Enhanced Building Codes

Land use	Floor area	Minimum number of bays	Land use	Floor area	Minimum number of bays
Office	General	1/5000 m <sup>2</sup>	Dept Store	General	1/1000 m <sup>2</sup>
	Minimum	1 LR		Minimum	1 HR
	e.g., 5000 m <sup>2</sup>	1 HR		e.g., 2000 m <sup>2</sup>	2 HR or 1A+1HR
	e.g., 20000 m <sup>2</sup>	4 HR		e.g., 4000 m <sup>2</sup>	1 A + 3HR
Shop	General	1/2000 m <sup>2</sup>	Showrooms	General	1/2000 m <sup>2</sup>
	Minimum	1 LR		Minimum	1 HR
	e.g., 2000 m <sup>2</sup>	1 HR		e.g., 5000 m <sup>2</sup>	3 HR
	e.g., 10000 m <sup>2</sup>	2 HR + 3 LR		e.g., 10000 m <sup>2</sup>	4 HR + 1A
Supermarket	General	1/1000 m <sup>2</sup>	Warehouse and Industry	General	1/1000 m <sup>2</sup>
	Minimum	1 HR		Minimum	1A
	e.g., 1000 m <sup>2</sup>	1 HR	e.g., 5000 m <sup>2</sup>	1 A + 1 HR	
	e.g., 2000 m <sup>2</sup>	1 A + 1 HR	e.g., 10000 m <sup>2</sup>	2 A + 1 HR	
	e.g., 4000 m <sup>2</sup>	2 A + 2 HR	Others	General	1/2000 m <sup>2</sup>
		Minimum		1HR	

## Upgrade Parking Areas and Loading Docks



## Improved Staging Areas



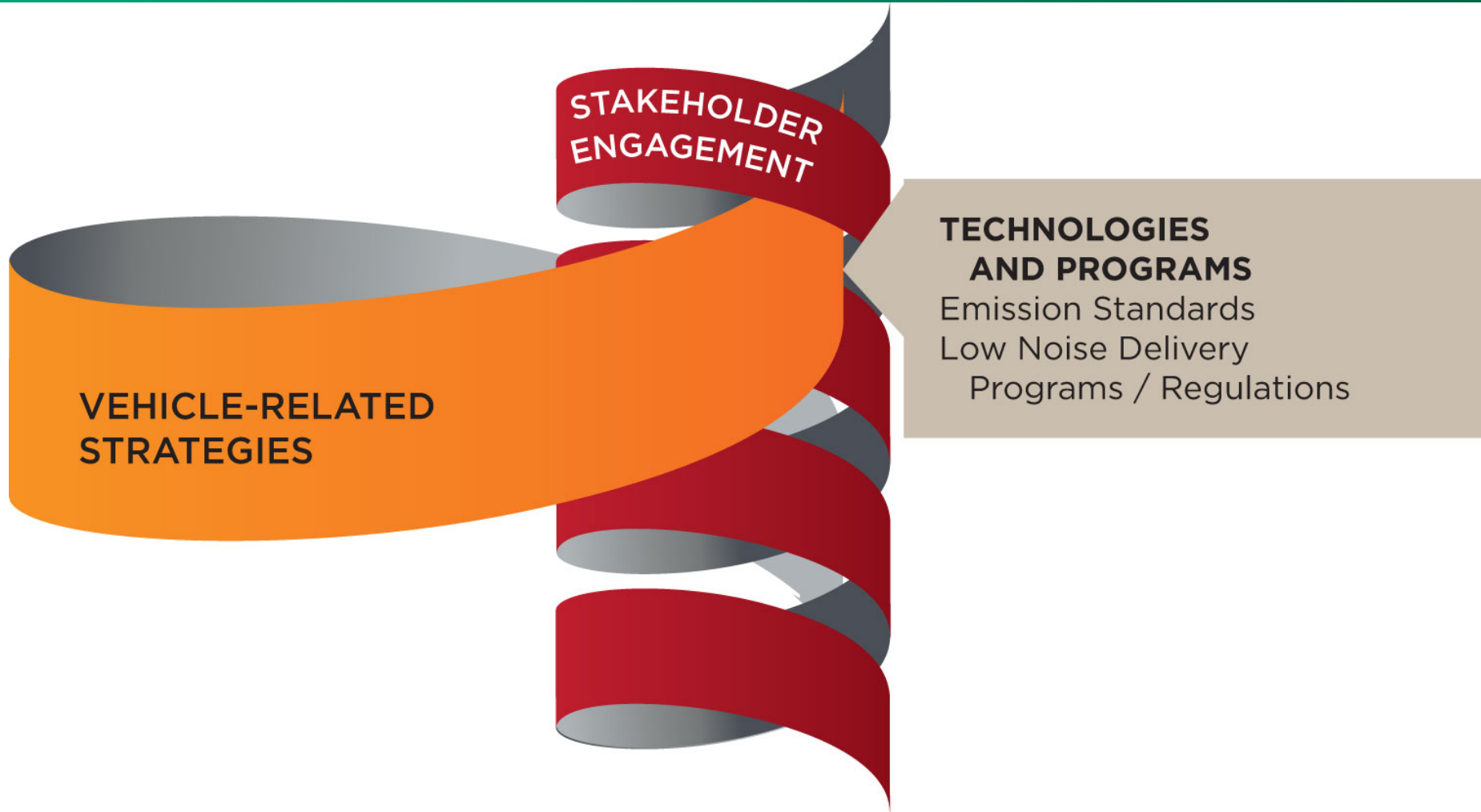
## Timeshare of Parking Space

Free Spaces	
105	Floor 4
54	Floor 3
17	Floor 2
FULL	Floor 1

## 3. Vehicle Related Initiatives







Seek to improve environmental conditions by fostering use of technologies and practices that reduce the negative impacts related to freight vehicles

# 4. Traffic Management



## **ACCESS AND VEHICLE-RELATED RESTRICTIONS**

Vehicle Size and  
Weight Restrictions

Truck Routes

Engine-Related Restrictions

Low Emission Zones

Load Factor Restrictions

## **TIME ACCESS RESTRICTIONS**

Daytime Delivery Restrictions

Daytime Delivery Bans

Nighttime Delivery Bans

## **TRAFFIC CONTROL AND LANE MANAGEMENT**

Restricted Multi-Use Lanes

Exclusive Truck Lanes

(Dedicated Truck Lanes)

Traffic Control



**TRAFFIC MANAGEMENT**

**STAKEHOLDER  
ENGAGEMENT**

Define the conditions under which freight vehicles can circulate in the network

# Traffic Management: Access & Vehicle-Related Restrictions

## **ACCESS AND VEHICLE-RELATED RESTRICTIONS**

Vehicle Size and Weight Restrictions  
Truck Routes  
Engine-Related Restrictions  
Low Emission Zones  
Load Factor Restrictions

## **TIME ACCESS RESTRICTIONS**

Daytime Delivery Restrictions  
Daytime Delivery Bans  
Nighttime Delivery Bans

## **TRAFFIC CONTROL AND LANE MANAGEMENT**

Restricted Multi-Use Lanes  
Exclusive Truck Lanes  
(Dedicated Truck Lanes)  
Traffic Control

**TRAFFIC MANAGEMENT**

**STAKEHOLDER ENGAGEMENT**

# Vehicle Size and Weight Restrictions



Source: (11foot8 videos)





# Effect of Large Trucks Ban in Sao Paulo



Courtesy of Professor Hugo Yoshizaki, University of Sao Paulo

# Traffic Management: Time Access Restrictions

## **ACCESS AND VEHICLE-RELATED RESTRICTIONS**

Vehicle Size and Weight Restrictions  
Truck Routes  
Engine-Related Restrictions  
Low Emission Zones  
Load Factor Restrictions

## **TIME ACCESS RESTRICTIONS**

Daytime Delivery Restrictions  
Daytime Delivery Bans  
Nighttime Delivery Bans

## **TRAFFIC CONTROL AND LANE MANAGEMENT**

Restricted Multi-Use Lanes  
Exclusive Truck Lanes  
(Dedicated Truck Lanes)  
Traffic Control

**TRAFFIC MANAGEMENT**

**STAKEHOLDER ENGAGEMENT**



# Time Access Restrictions

- ❖ Daytime Delivery Restrictions
- ❖ Daytime Delivery Bans
- ❖ Nighttime Delivery Bans

If you are having trouble viewing this email, [click here](#) to display it in your web browser

5-6 July 2017 COLOGNE, GERMANY

**the FUTURE of TRANSPORTATION**  
World Conference

CALL FOR PAPERS

**Could Banning Trucks From Daytime Use On Highways Be An Answer?**

HOURS FOR CONTRACTORS AND MOVERS  
8:30 AM - 5:00 PM  
MONDAY - FRIDAY  
NO HOLIDAYS  
NOTE ALL CONTRACTORS ETC...  
MUST HAVE PROPER INSURANCE



**FREIGHT ELEVATOR HOURS:**  
MON. - FRI.  
8 AM - 5 PM  
CLOSED FOR LUNCH  
12 NOON - 1 PM

Examples:  
Beijing, Shenzhen, and Changsha in China, Rome, Bogota, etc.





# Effect of Daytime Delivery Van in Beijing



Courtesy of Professor WY, Beijing University of Technology

# 5. Pricing, Incentives, and Taxation



# Pricing, Incentives, and Taxation

Use monetary/market/social signals to achieve public goals



# 6. Logistical Management







## **CARGO CONSOLIDATION**

Urban Consolidation Centers

## **INTELLIGENT TRANSPORTATION SYSTEMS (ITS)**

Real-Time Information Systems  
Dynamic Routing  
Vertical Height  
Detection Systems

## **LAST MILE DELIVERY PRACTICES**

Time Slotting of Pick-Ups &  
Deliveries at Large Traffic  
Generators  
Driver Training Programs  
Anti-Idling Programs  
Pick-up/Delivery to  
Alternate Locations

Focuses on altering the way deliveries are made, from the logistical point of view

# Urban Consolidation Centers

- ❖ Seek to reduce freight traffic by consolidating cargo
  - ❖ Overall costs higher than direct deliveries
  - ❖ Difficulty to find enough suitable space in urban areas
  - ❖ Shippers opposed because they lose facetime with customers
  - ❖ First tried in Manhattan (1940s-50s)
- ❖ Track record: More than 120 tried... 10 in operation



# Typical UCC: CUDE in Málaga, Spain



**CUDE: Centro Urbano de Distribution Ecológica**



# Last Mile Delivery Practices



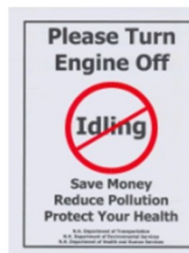
**CARGO CONSOLIDATION**  
Urban Consolidation Centers

**INTELLIGENT TRANSPORTATION SYSTEMS (ITS)**  
Real-Time Information Systems  
Dynamic Routing  
Vertical Height  
Detection Systems

**LAST MILE DELIVERY PRACTICES**  
Time Slotting of Pick-Ups & Deliveries at Large Traffic Generators  
Driver Training Programs  
Anti-Idling Programs  
Pick-up/Delivery to Alternate Locations

LOGISTICAL MANAGEMENT

STAKEHOLDER ENGAGEMENT



Source: Hong Kong Environmental Protection Department, 2011

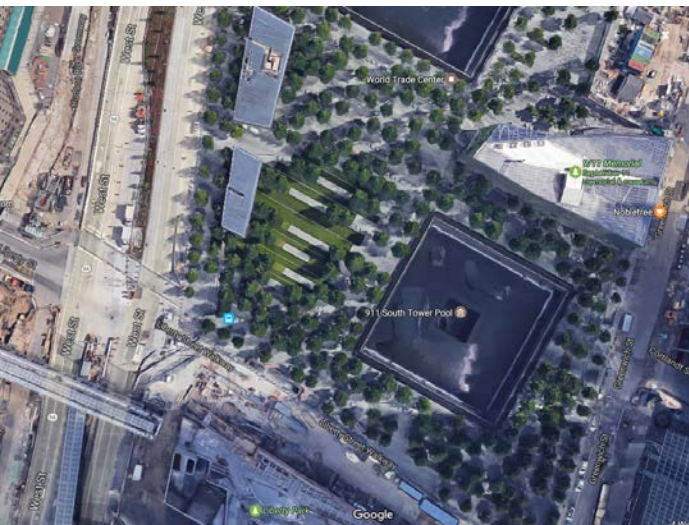


Source: FREILOT, 2010

# Time Slotting of Pick-Up/Deliveries

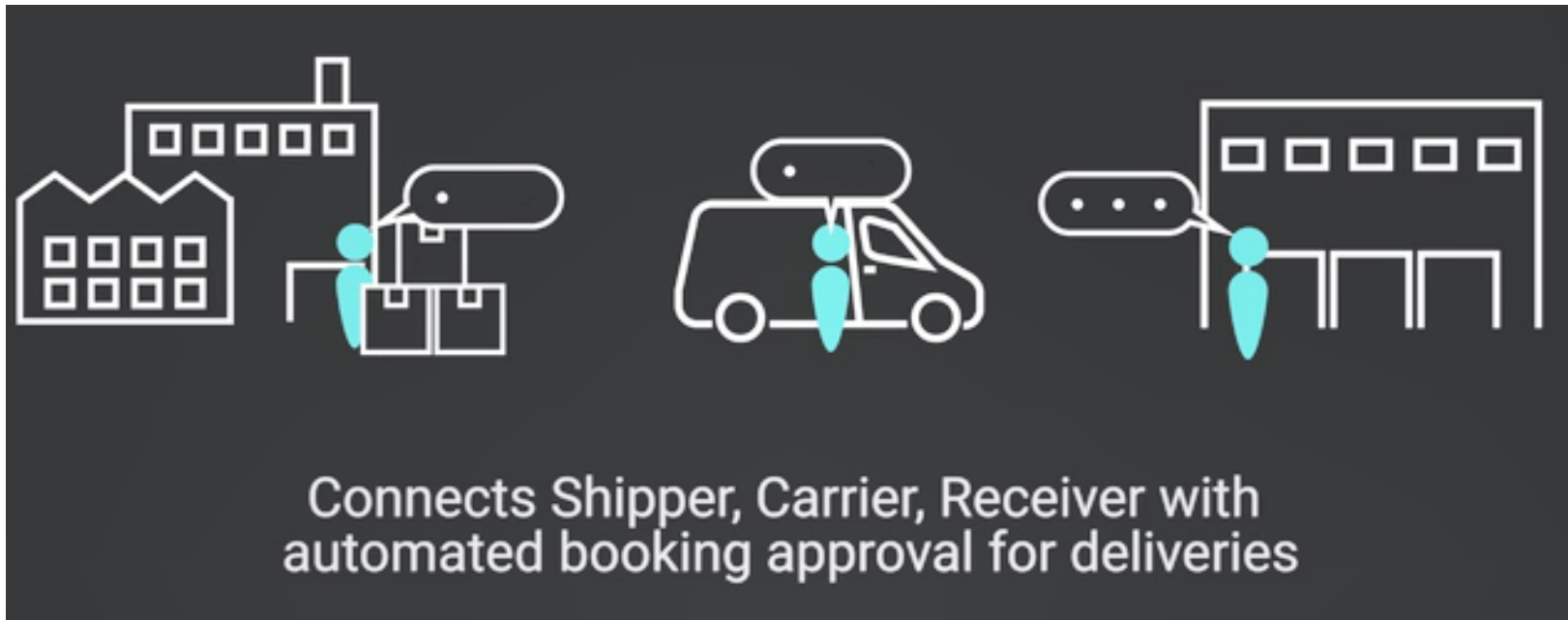
## Example: World Trade Center Complex

- ❖ Complex receives hundreds of deliveries per day
- ❖ Entrance to complex located on West Side Highway
- ❖ Implemented system to reduce congestion and improve security



# Large-scale Implementation

- ❖ Booking system (mandatory reservations for loading docks) is piloted in Australia
- ❖ MobileDOCK technology provides a secure, efficient location for carriers to book and execute deliveries.



Source: MobileDock



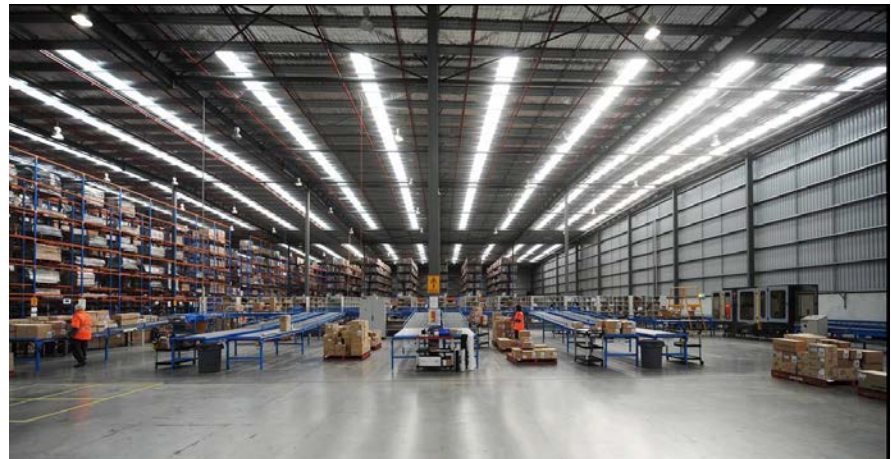
# Pick-Up/Deliveries to Alternate Locations

- ❖ Delivery Lockers (Amazon, DHL, UPS, USPS)
  - ❖ Major carriers are responding to e-commerce demand
  - ❖ Lockers typically located less than 2 miles away from average urban customer
- ❖ Drop Boxes
  - ❖ Allow customers to drop off at a more convenient location
  - ❖ UPS has 38,200 drop boxes in the U.S.
  - ❖ Packages picked up on set posted schedule



# Collaborative Logistics

- ❖ “An emerging trend in transportation...” (The Wall Street Journal, 2015)
- ❖ Firms share trucks to reduce fuel costs and reduce delivery times in urban areas
- ❖ Same concept with sharing storage space
  - ❖ Airbnb of Warehousing
- ❖ Applications:
  - ❖ Tenjin Joint Distribution System in Fukuoka, Japan
  - ❖ Urban Logistics in Singapore: The Jurong Gateway Precinct



*Source: The Wall Street Journal, 2015*

# 7. Freight Demand/ Land Use Management



Copyright Materials 2017





# Demand/Land Use Management

Focuses on modifying the demand, instead of modifying the logistical activities or the traffic



STAKEHOLDER  
ENGAGEMENT

DEMAND

FREIGHT DEMAND /  
LAND USE MANAGEMENT

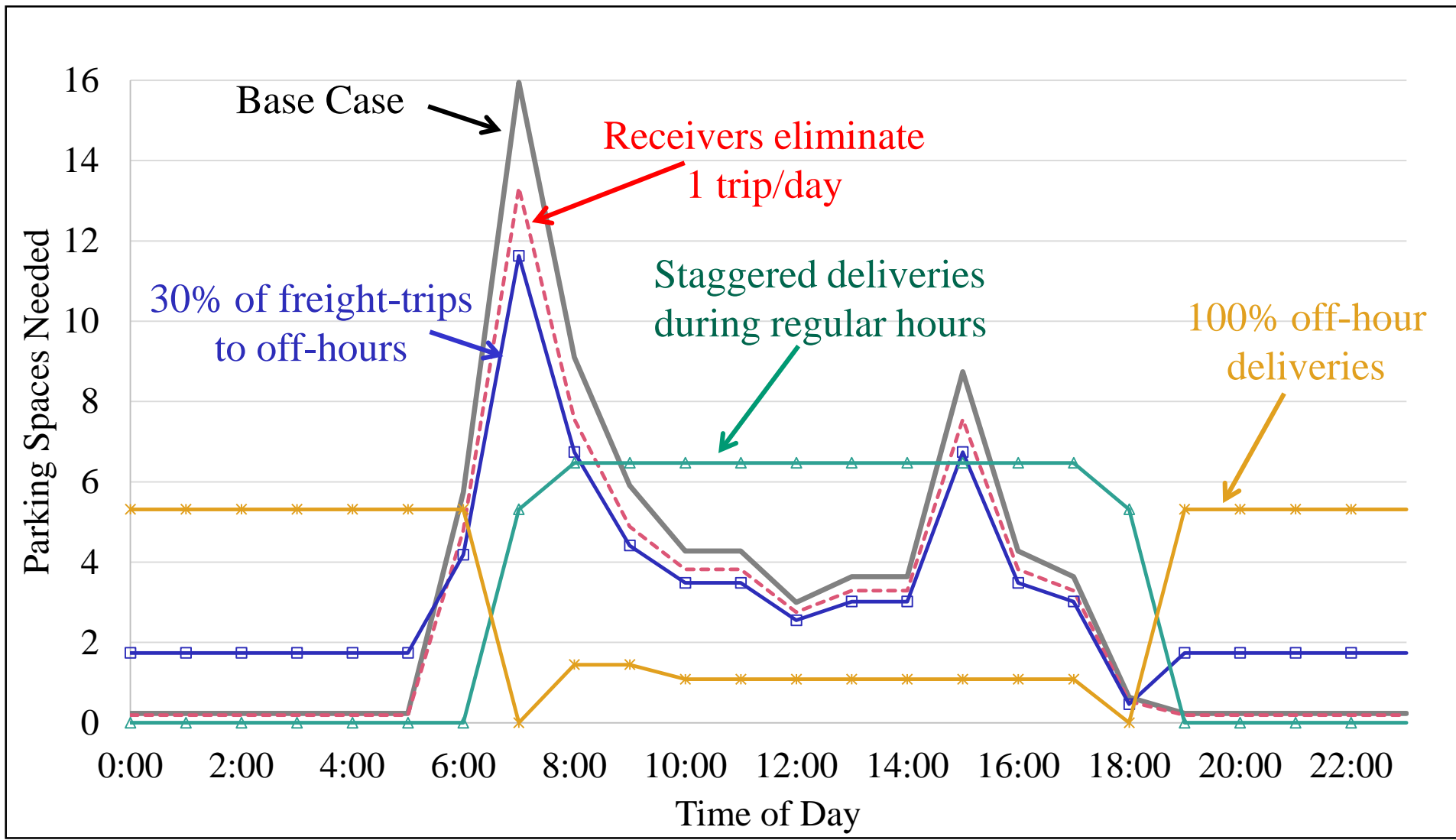
## **DEMAND MANAGEMENT**

Voluntary Off-Hour  
Delivery Program  
Staggered Work Hours Program  
Receiver-Led Delivery  
Consolidation Program  
Mode Shift Programs

## **LAND USE POLICY**

Relocation of Large Traffic  
Generators (LTGs)  
Integrating Freight into Land  
Use Planning Process

# Impacts of Freight Demand Management



See P2P Webinars 1, 13, and 14

# Voluntary Off-Hour Delivery Programs



Copyright Materials 2017





# Voluntary Off-Hour Delivery Program

- ❖ To induce a shift to deliveries made during the off-hours (7PM to 6AM), by providing incentives to receivers for their commitment to accept off-hours deliveries (OHD)
- ❖ Purpose: reduce congestion and pollution during daytime hours

## Examples:

- ❖ PierPass Program, California
- ❖ OHD, New York City



# Regular vs. Off-Hour Deliveries



# Why Do We Need to Foster OHD?

- ❖ Markets find efficient outcomes, if they do not, there is a market failure → public sector intervention
- ❖ The market failure is the result of the unwillingness of receivers to accept OHD
- ❖ Increasing off-hour deliveries is beneficial to Society
- ❖ The solution is to either:
  - ❖ Compensate the receivers for additional costs, or
  - ❖ Develop technologies/systems to allow receivers to do OHD at lower costs (so that compensation could work)
- ❖ If there are night delivery bans, there is a chance of a government failure being created...



# Staggered Work Hours



Copyright Materials 2017



# Staggered Work Hours Program

- ❖ Programs to diminish truck demand during peak periods by distributing receiving hours during the day
- ❖ Targets receivers and seeks to convince them to spread out the reception of deliveries
- ❖ This idea has not been pilot tested yet, though there are reasons to believe it could work



# Receiver-Led Consolidation Program



Copyright Materials 2017





# The London Experience

- ❖ DSPs are required for new developments that are not consistent with London's strategic goals
- ❖ DSPs encourage managers of large buildings to quantify and reduce delivery traffic
  - ❖ Palestra Building: 20% reduction
  - ❖ Almo: 67% reduction
  - ❖ Emirates Stadium: major reduction
- ❖ However, implementation of DSPs are only "encouraged"



# Receiver-Led Consolidation Program

- ❖ The receivers are encouraged to reduce the number of deliveries that they receive by:
  - ❖ Consolidating purchases
  - ❖ Asking a vendor to deliver the products of other vendors, etc
- ❖ The lower the number of deliveries received, the more productive the business becomes
- ❖ Helps save time spent receiving goods, and minimizes interruptions to business

## Example:

- ❖ Transport for London - Delivery and Servicing Plans



# Mode Shift Programs



Copyright Materials 2017



# Mode Shift Programs

See P2P Webinars 11, 12

- ❖ Aim: to encourage use of alternative modes to reduce the number of trucks in the city center
- ❖ Major obstacle: finding modal alternatives competing with trucks is not often possible
- ❖ Small scale implementations: it is possible to induce small changes to mode shifts in niche markets
  - ❖ The Petite Reine UCC in Rouen, France
  - ❖ MOVEBYBike in Gothenburg, Sweden
  - ❖ UPS freight bikes / B-line in Portland, Oregon





# Land Use Management



Copyright Materials 2017



- ❖ Regulates spatial concentration and distribution of economic activities related to freight
- ❖ The bulk of urban truck traffic is produced by small establishments in the food and retail sectors
- 1. Relocation of Large Traffic Generators
  - ❖ It has high risk for unintended consequences
- 2. Integration of Freight into Land Use Planning:

Include freight in urban land use planning process.

  - ❖ First: understand the sources of conflict between freight and other land uses
  - ❖ Second: Develop strategies enabling compatible development

# 8. Stakeholder Engagement



Successful implementation requires active involvement and participation of key stakeholders



## **STAKEHOLDER ENGAGEMENT**

Designate a 'Freight-Person'  
at Key Agencies

Create a Freight Advisory  
Committee (FAC)

Educate Elected Officials

Create a Technical Advisory  
Committee (TAC)

Create a Freight Quality  
Partnership (FQP)



What is known about these initiatives?



Copyright Materials 2017



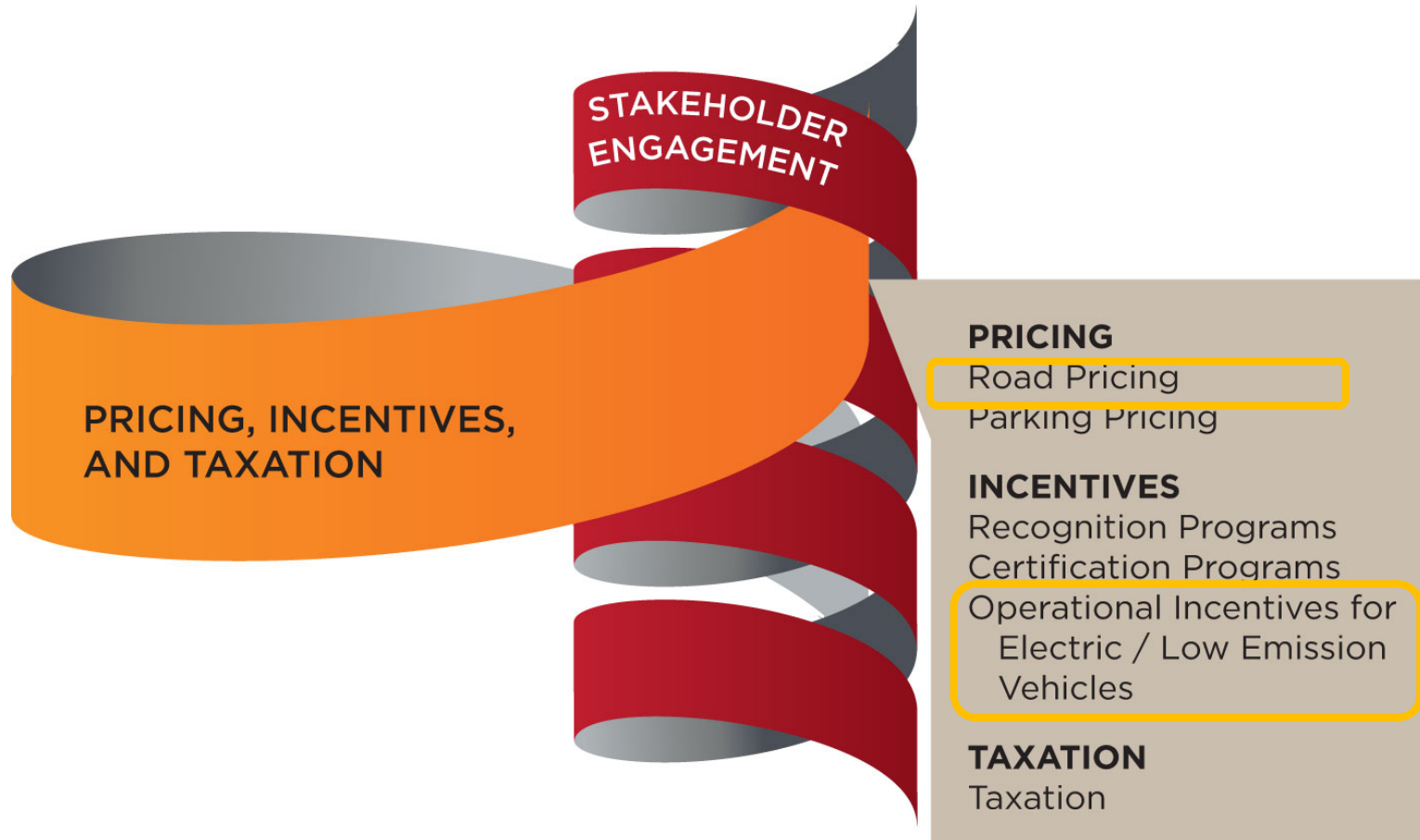
# Familiarity and Implementation (1)

- ❖ Most Familiar: Daytime Delivery Restrictions (93%)
- ❖ Most Implemented: Vehicle Size and Weight Restrictions (84%)



# Familiarity and Implementation (2)

- ❖ Least Familiar: Operational Incentives for Electric / Low Emission Vehicles (45%)
- ❖ Least Implemented: Road Pricing (27%)



# What about the impacts?





# Analysis of Impacts (1/2)

## ❖ Positive Impacts of Initiatives

- ❖ 63% → Improve Congestion – Significantly or Slightly
- ❖ 18% → Reduce Emissions – Significantly or Slightly
- ❖ 18% → Improve Livability – Mostly Slightly

## ❖ Negative Impacts of Initiatives

- ❖ 63% → Increase Delivery Costs – Significantly or Slightly
- ❖ 27% → No negative effect
- ❖ 9% → Detriment in Livability – Slightly



# Analysis of Impacts (2/2)

- ❖ No Positive Effect → Nighttime Delivery Bans (32%)
- ❖ No Negative Effect
  - ❖ Real Time Information Systems (94%)
  - ❖ Recognition Programs (90%)
- ❖ No Negative Effect (Stakeholder Engagement)
  - ❖ Educate Elected Officials (100%)
  - ❖ Develop Material and Hold Events to Raise Awareness about Freight (100%)
  - ❖ Provide Information about Urban Policies to the Private Sector (100%)
  - ❖ Designate a Freight-Person at Key Agencies (94%)
  - ❖ Provide a Platform for Stakeholders to Identify Problems and Solutions (94%)

# Closing Remarks



Copyright Materials 2017



- ❖ Freight should be integrated into the planning process
- ❖ There is a wide range of initiatives
  - ❖ There are no magic bullets, multi-prong approaches are key
  - ❖ The history is clear, traditional approaches have not reduced congestion, why do we keep using them?
  - ❖ Every situation is different, local conditions matter
- ❖ Some underutilized initiatives have great transformative potential, e.g., freight demand management
- ❖ The NCFRP 33 materials are an entry point
  - ❖ Planners can use these tools to address freight issues within their jurisdiction
  - ❖ Planners expertise is important in choosing best alternatives



# Questions?

## Reference Materials:

Planning Guide: PDF version

[http://onlinepubs.trb.org/onlinepubs/ncfrp/ncfrp\\_rpt\\_033.pdf](http://onlinepubs.trb.org/onlinepubs/ncfrp/ncfrp_rpt_033.pdf)

Planning Guide: Interactive version

<http://coe-sufs.org/wordpress/ncfrp33/>

Peer-to-Peer Exchange Program (P2P)

<https://coe-sufs.org/wordpress/peer-to-peer-exchange-program/>

Johanna Amaya  
amayaj@iastate.edu

Jeff Wojtowicz  
wojtoj@rpi.edu