## **BIKE TO WORK DAY 2019**

Nicholas Ramfos TPB Operations Programs Director

TPB Technical Committee April 5, 2019







## Background

- Rolled out regionally in 2001 by Commuter Connections
- Friday May 17, 2019
- Celebrates bicycling as a clean, fun, and healthy way to get to work
- Participation goal set





## **Support for Cyclists**

- Cycling classes
- Bicycling to work guides (pamphlets)
- 115 pit stops throughout region
- Guaranteed Ride Home
- Commuter Convoys
- Bicycle Route Finder





#### **Event Freebies**

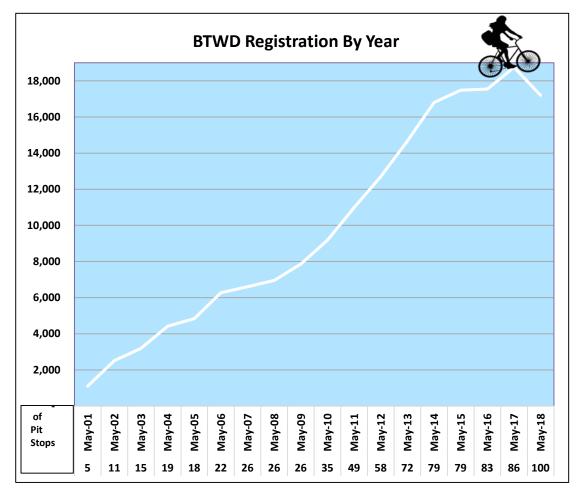
- Food & prizes
- Bike maps and literature
- Bicycle raffles
- Bicycle Tune-Ups
- Free T-Shirts







## **Event Growth by Year**





### **Bike to Work Day**

- Coincides with National Bike to Work week
- 17,200 registrants in 2018
- Goal for 2019 is 19,000
- Proclamation at April TPB meeting



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## **Employer Involvement**

- Business community support
- Reduced parking and improved employee health & fitness
- Employer sponsored pit stops
- Employer Challenge





## **Support for Bicyclists at Work**

- Bicycles racks
- Bike lockers and cages
- Showers
- Personal gym lockers
- Bike subsidy
- Capital Bikeshare memberships





- Conducted every three years (2016)
- Online survey to all event participants
- Response rate of 21 percent
- Measures impacts of bicycle commuting before and after event
- Survey results used in Regional TDM Program Analysis





Age Breakdown

| Age   | Percent |  |
|-------|---------|--|
| 18-24 | 2%      |  |
| 25-34 | 26%     |  |
| 35-44 | 20%     |  |
| 45-54 | 26%     |  |
| 55-64 | 20%     |  |
| 65 +  | 6%      |  |



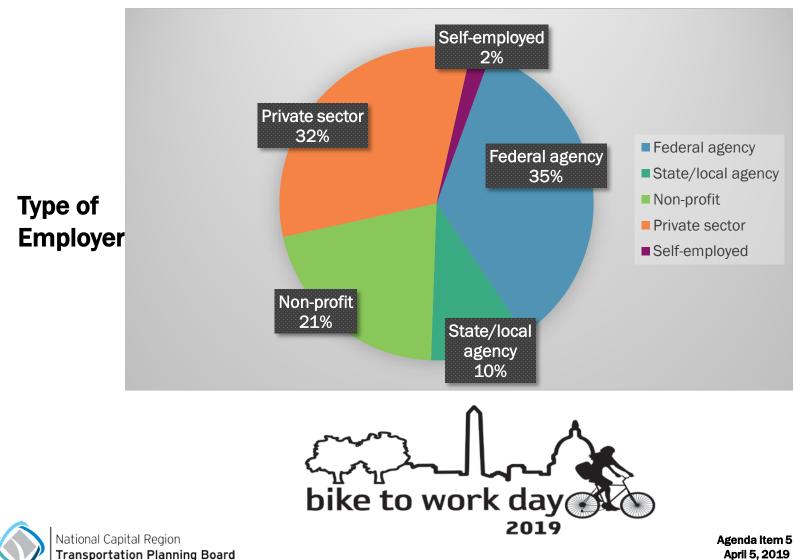


| State    | Home | Work |
|----------|------|------|
| District | 32%  | 52%  |
| Maryland | 26%  | 18%  |
| Virginia | 42%  | 30%  |

#### Home and Work States



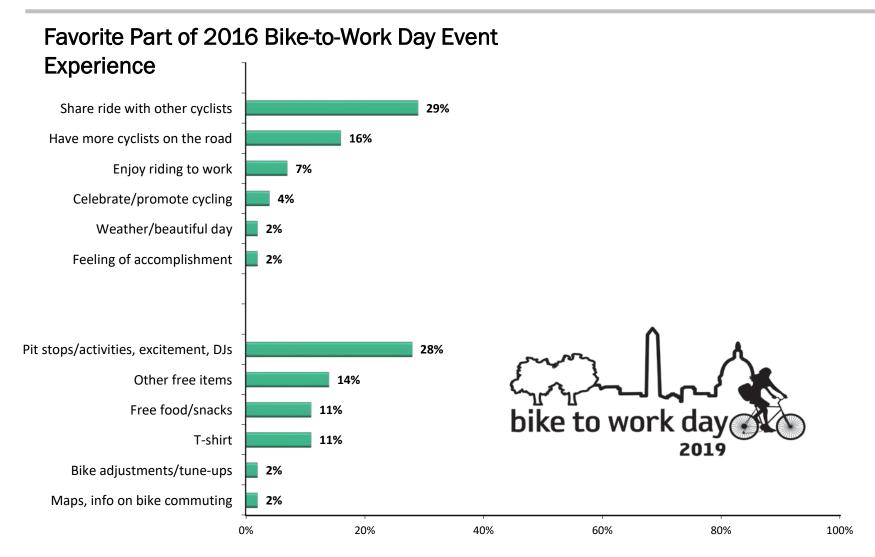




- Prior to Bike to Work Day 14% of respondents never commuted by bicycle
- After Bike to Work Day
  - 28% of respondents start bicycling to work 2.9 days/week









## **Rain Date Policy**

- Bike to Work Day is a rain or shine regional event
- Pit stops are encouraged to have a contingency plan ready
- Pit stops however may determine to cancel their local pit stop event based on severe weather conditions.





## **Rain Date Policy Reasoning**

- The ambiguity what's enough rain to postpone the event?
- What if it rains in one area of the region and not another?
- No guarantee it wouldn't rain on rain date
- May send the wrong message that one cannot bike in the rain





## **VIP Invitations**

- WABA to formally invite elected officials
- All TPB members on the list
- Officials asked to RSVP to the pit stop of their choice.





#### Website – biketoworkmetrodc.org

#### BIKE TO WORK DAY FRIDAY MAY 17 2019

HOME EMPLOYER RESOURCES

EVENT INFO

FIRST TIME RIDER INFO

SPONSORS

REGISTER

#### **Bike to Work Day**

On Friday, May 17, 2019 Commuter Connections and the Washington Area Bicyclist Association invite you to celebrate bicycling as a clean, fun, and healthy way to get to work. Be one of the first 20,000 to register and attend this FREE EVENT, then bike to your choice of 115 pit stops in DC, MD, and VA and receive a free T-shirt, refreshments, and be entered into a raffle for a new bicycle.

Free Registration Now Open



#### **Pit Stops**

115 Bike to Work Day pit stop events will be held throughout D.C., Maryland, and Virginia. Take a break at a pit stop on your way to work for food, beverages, fun, and prizes. Register now, it's free! There are also a few pit stops open for your afternoon commute back. Read More...

#### **Commuter Convoys**

All bicyclists are welcome to join one of the free Bike to Work Day convoys, led by experienced bicycle commuters. Convoys routes travel through popular employment centers and pit stops throughout the region. Check out the convoy map to see if there's one traveling by your area. Read More...







#### **Social Media**

#### facebook.



Tweets 425 285

Followers 2,296 Lists 1

Likes 715



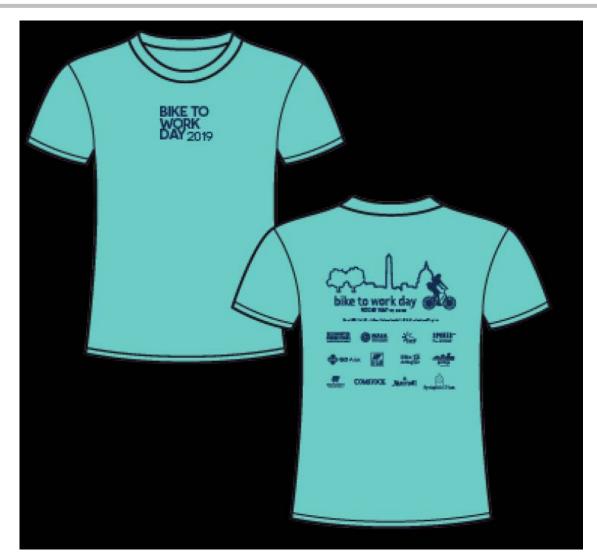
National Capital Region Transportation Planning Board Following

#### **Posters and Rack Cards**





#### **T-Shirts**





#### **Banners**

bike to work day( 2019

# Register at **BIKETOWORKMETRODC.ORG**or call 800.745.7433



#### WEST END AT AMERICAN COLLEGE OF CARDIOLOGY 2400 N St, NW Corner of N & 24th Sts

**BIKE TO** 

WORK

**DAY** 2019

**FRIDAY MAY 17** 



National Capital Region Transportation Planning Board 3:00 pm to 6:00 pm

#### **Nicholas Ramfos**

**TPB Operations Programs Director** 

(202) 962-3313 nramfos@mwcog.org



#### mwcog.org/tpb

Metropolitan Washington Council of Governments 777 North Capitol Street NE, Suite 300 Washington, DC 20002



