# Slide 1:

# Presentation Title: Transportation Needs and Assessment - Survey of Older Adults, People with Disabilities, and Caregivers

# Photo of man on a bus holding a white cane

# National Aging & Disability Transportation Center (NADTC) logo

KRC Research logo

Slide 2: Research Objectives

Objectives

The goals of the research were to:

* Gather reliable data on experiences and perceptions of public and private transportation options.
* Gain insights into transportation behaviors, patterns, and the needs of older adults, younger adults with disabilities, and caregivers.
* Update and expand the current body of research to assist NADTC and other agencies to be better equipped to foster public policies that help meet current and future transportation needs.

Slide 3: Summary

Photo of a travel trainer holding a clipboard sitting with a trainee in a bus shelter

Slide 4: Finding #1

Most older adults and younger adults with disabilities drive their own vehicles or ride with family or friends. Across age and disability, most anticipate a time when they will no longer be able to drive, and they believe finding alternative transportation will be difficult.

Slide 5: Finding #2

Caregivers play a pivotal role in helping older adults and individuals with disabilities meet their transportation needs—and most are happy to help but find providing for or arranging rides to be extremely time consuming.

Slide 6: Safety and concern for a loved one is top-of-mind for caregivers.

In Their Words: Caregivers of Older Adults with Disabilities:

* “Starting to forget to turn headlights on, or look for oncoming traffic at intersections.”
* “He cannot see clearly during the day and almost not at all if it gets dark suddenly. Overly cautious and poor reaction time.”
* “She's not confident of her reaction time. She does not like to drive in bad weather or on busy streets.”
* “My biggest concern is that this person doesn't realize how compromised their driving has become.”

Q43: What are your biggest concerns about [CARE RECIPIENT]’s driving? (Caregivers who have concerns about 6

recipient’s driving, n=269)

Slide 7: More public transportation and affordable options are frequently mentioned as ways to help caregivers.

Caregivers:

“I do not live all that close so I would love to see a service that would transfer her without my help since taking time from work is stressful.” – Caregiver of older adult with a disability

Q66: What would you like to see in the community where [FIRST NAME] lives that would help you as a caregiver?

Slide 8: Finding #3

Those who give up driving face big barriers to getting around. They can no longer do the things they need and want to do. They face physical isolation, frustration, and feel dependent and trapped.

Slide 9: What it is like not to drive: People with disabilities in their own words

“I can't go to social events unless the person giving me a ride wants to go. I am stuck places until whoever drove me wants to leave. I don't get to pick where we go most times.”

–34-year-old with a disability

“I’m unable to go anywhere by myself, such as doctor appointment, hair appointment, dentist, grocery shopping or personal shopping. It takes your independence away.”

–59-year-old with a disability

Q57: Can you give a specific example of how not driving has impacted you? (Non-drivers prevented from doing

activities: Older adults, n=50; Younger adults with disabilities, n=107)

Slide 10: What it is like not to drive: People with disabilities in their own words

“I have had a few quick job chances come along that I was not able to secure because I could not get there right away. Having a car means freedom.” –47-year-old with a disability

“I was not able to go to my grandson’s high school baseball and football games and school plays.” –63-year-old with a disability

Q57: Can you give a specific example of how not driving has impacted you? (Non-drivers prevented from doing

activities: Older adults, n=50; Younger adults with disabilities, n=107)

Slide 11: Finding #4

Most older adults and younger adults with disabilities who do not drive are not using public transportation.

Slide 12: Photo of 2 older adults smiling and looking out the window of a bus

Slide 13: Finding #5

Fewer people living in rural areas or small towns say their transportation alternatives are good.

Slide 14: More public transportation is frequently mentioned as a need in communities.

Older adults:

“I live in a very small town. We only have 1 company with 2 vans that pick people up. I live in the country and they don't come out this far. We need help in rural areas.”

–49-year-old with a disability

“Buses that run on the weekends. There are no buses that go between local towns on the weekend, and the buses that do run in the town don't run on Sundays.”

–51-year-old with a disability

Younger adults with disabilities:

“An affordable transportation service for senior citizens and the handicapped that live in the rural communities.”

–60-year-old without a disability

“An effective public transportation system that runs frequently rather than occasionally.”

–60-year-old without a disability

Q70: What would you like to see in your community that would help you get around better?

Slide 15: Finding #6

Older adults and younger adults with disabilities who do not drive face many barriers, including access to affordable transportation alternatives.

Slide 16: Those who give up driving report feelings of isolation, dependence and loss of enjoyment.

Younger adult with disability, age 33:

“I have lost independence, spontaneity, pride, sense of accomplishment. I have to prearrange everything and rely on others to get me places, wait for me, drive me home.”

Older adult with disability, age 75:

“I have to depend on my wife to get us around. It can sometimes be a very helpless feeling.”

Q57: Can you give a specific example of how not driving has impacted you?

Slide 17: Finding #7

There is no single “go-to” information resource for alternative transportation options. Most turn to family and friends for help.

Slide 18: More information about public transportation is needed.

Older adult, aged 60:

“…If I get to where I am unable to drive myself, reckon I would have to think about moving closer to town. That is not an option at this time in my life nor would I want to.”

Younger adult with disabilities, aged 32:

“There should be more public transportation. Maybe more information should be given to the public through social media or news.”

Caregiver of an older adult with a disability:

“A list of transportation services would be handy along with any other information for the elderly.”

Q70: What would you like to see in your community that would help you get around better?

Slide 19: Finding #8

The majority of older adults and younger adults with disabilities expect transportation options to stay the same or get worse. Many would be comfortable with various transportation options, including public transit, if it was readily available.

Slide 20: Photo of a group of older adults on a bus, smiling and some with thumbs up

Slide 21: Photo of young adult male in a wheelchair entering a bus via a ramp

family and friends for