



















	***** Air Quality Forecast valid through sunset, May 1, 2004 *****				
Sample Washington Press Release	Air Quality Forecast Metropolitan Washington Council of Governments 777 N. Capitol Street, NE Suite 300 Washington, DC 20002 MEDIA INQUIRIES: (202) 962-3787 Air Quality Forecast for May 1, 2004				
		Washington Metropolitan Area	Ozone	151	Red
	Air Quality Reports:	Air quality reports use the Air Quality Index (AQI), which represents the pollutants – ground level ozone and particles. Ground level ozone values are based upon a R-bort running varrage, Particles with a diameter less time 2.5 micross (PMe), are based upon a 24-hour dai) warenge that is expected to reach the highest concentration. People with heart or lung disease, older adults, children, and even healthy adults may experience health efficits when air pollution levels and high (Code Conge or worse). Should air quality exceed the federal health standard; an Air Quality Code Red Health Advisory will be issued advising the following process.			
	Health Warning:				
		 Children and older adults should reduce outdoor activities. Healthy individuals should limit strenuous work or exercise, especially outdoors. Individuals with respiratory and heart aliments, emptysema, asthma, or chronic brunchits should limit their activity level. 			
	Prevention Tips:	Prevention Tips: Much of the air politicin in our region is created from vehicles. Much of the air polition in our region is created from vehicles. In order to prevent high levels of air polition from forming, residents are strongly urged to. Image: I			
	For More Information:				
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	www.mwcog.org/dep/air/index.htm	www.cleanairpartners.net			

