



Livable Communities for All Ages: Housing an Aging Population

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National Association of Area Agencies on Aging



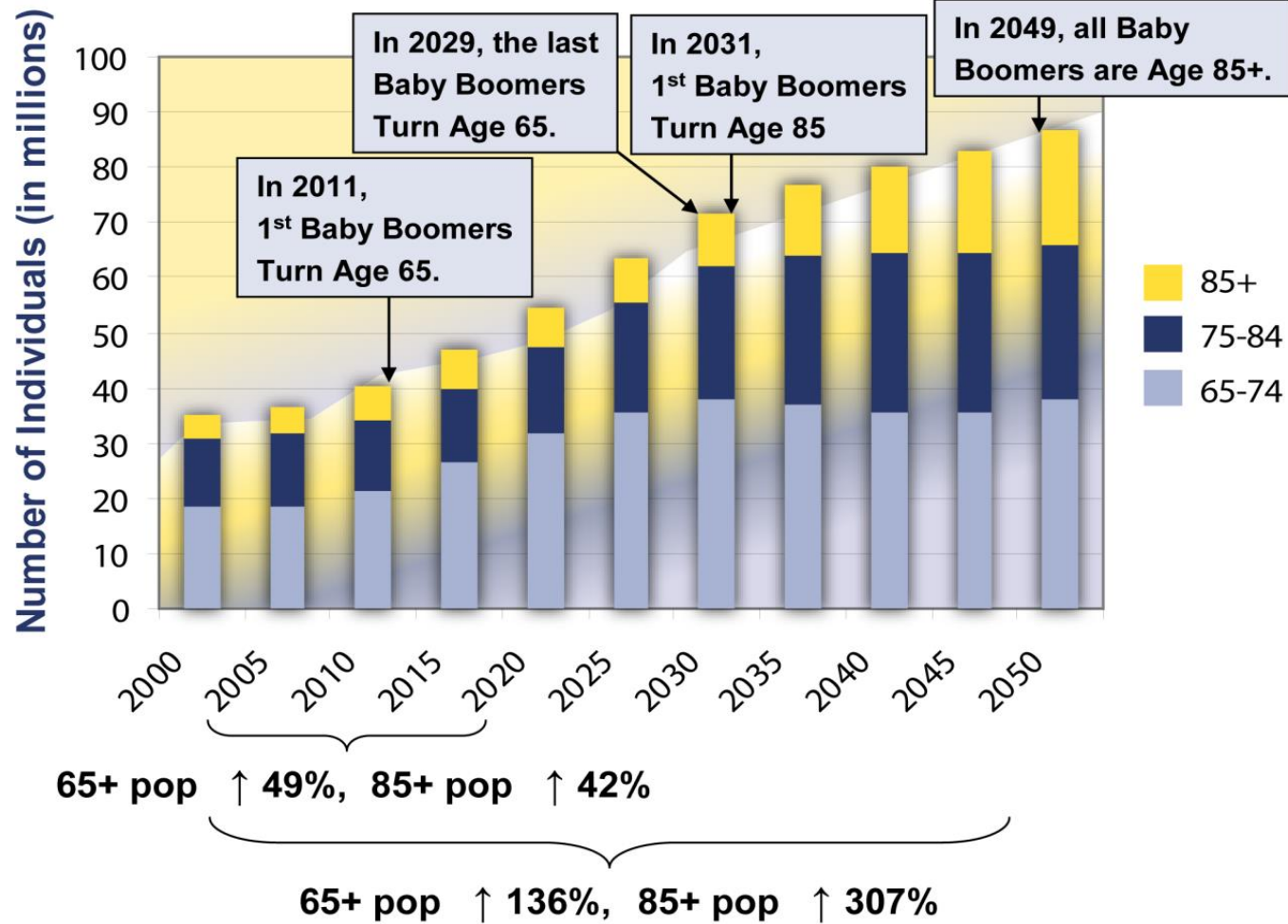
The world is comprised of two groups of people:

Those who are “old”.



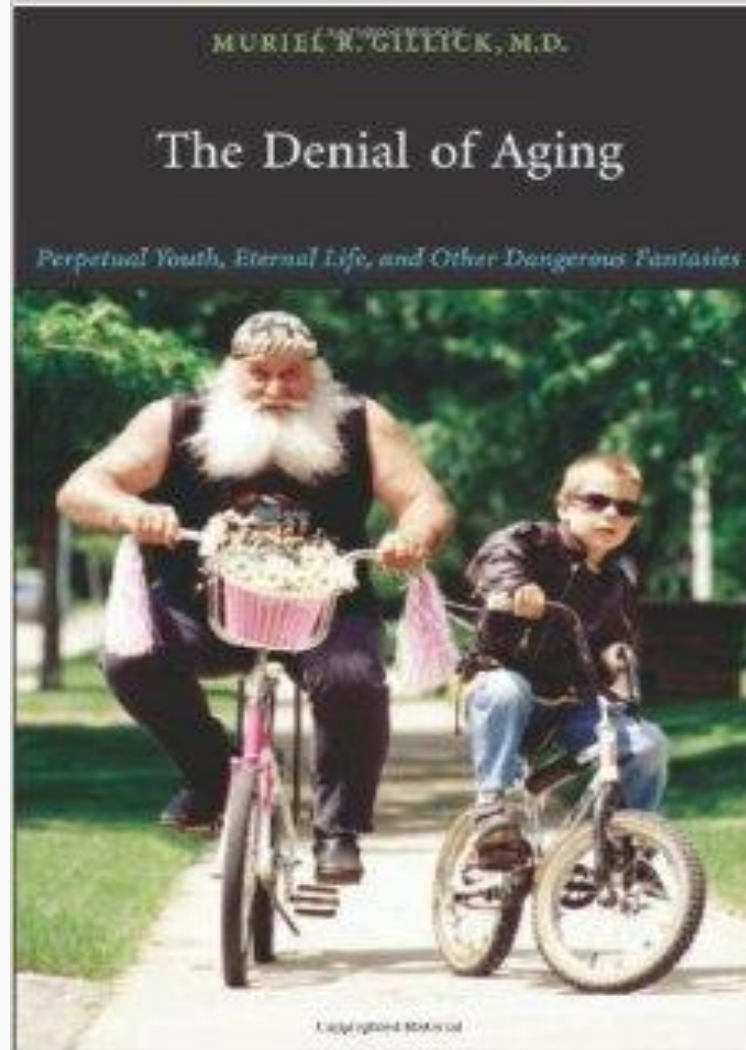
Those who will be if they are lucky enough.





Source: US Census Bureau (2004), Population Projections to 2050
<http://www.census.gov/population/www/projections/projectionsagesex.html>

Tackling the Peter Pan Syndrome



Formula for Successful Aging

Planning Ahead

Have you made a plan?

It's about how you **LIVE.**



- Individuals Need to Plan for Their Own Aging
- Families Need to Plan to Support Their Loved Ones
- Communities Need to Plan to Support Citizens Across Their Lifespan



Connecting You to Community Services

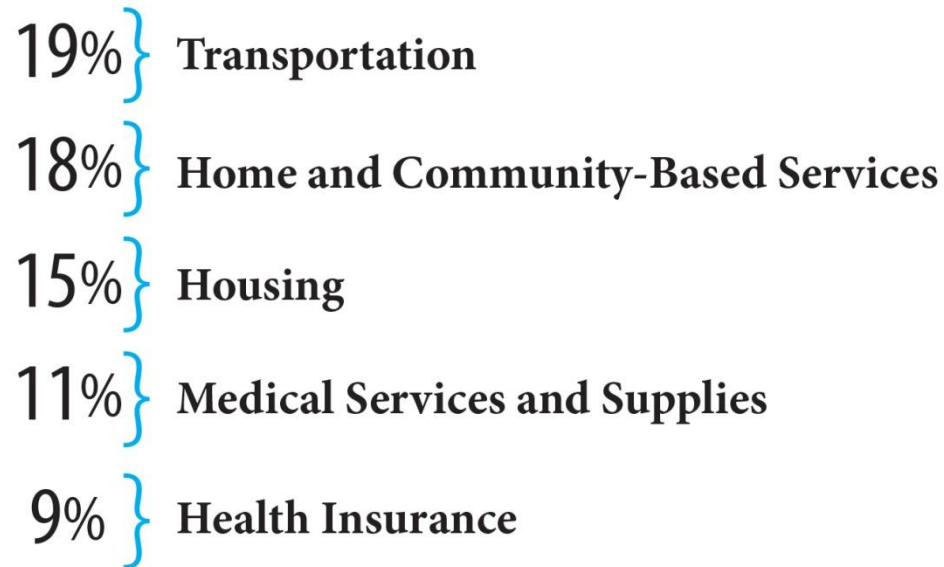
2014 Eldercare Locator Data Report

A Snapshot of Older Adult Issues & Needs in America



advocacy | action | answers on aging

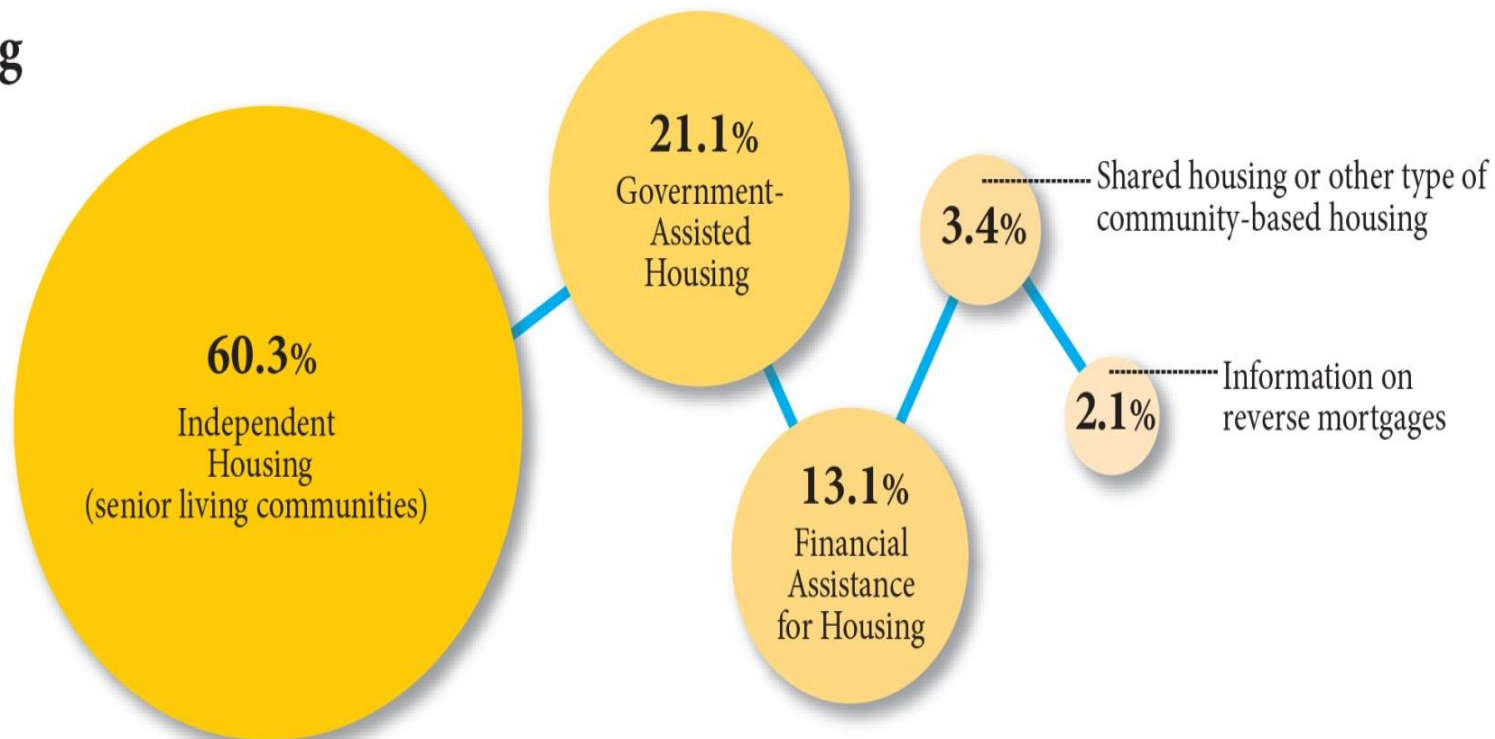
Top 5 Issues People Call the Eldercare Locator Seeking Help



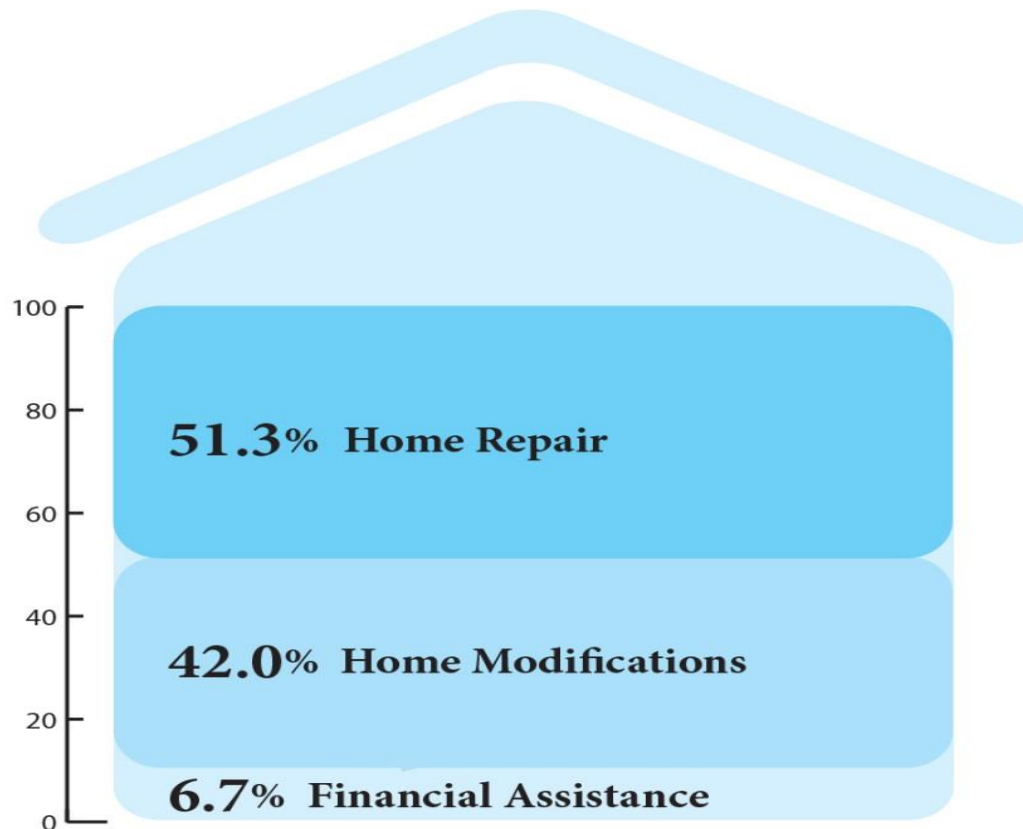
Other Areas of Interest:

- Legal and Tax Assistance
- Elder Abuse
- Long-Term Care
- Caregiver Resources
- Employment Services

Housing



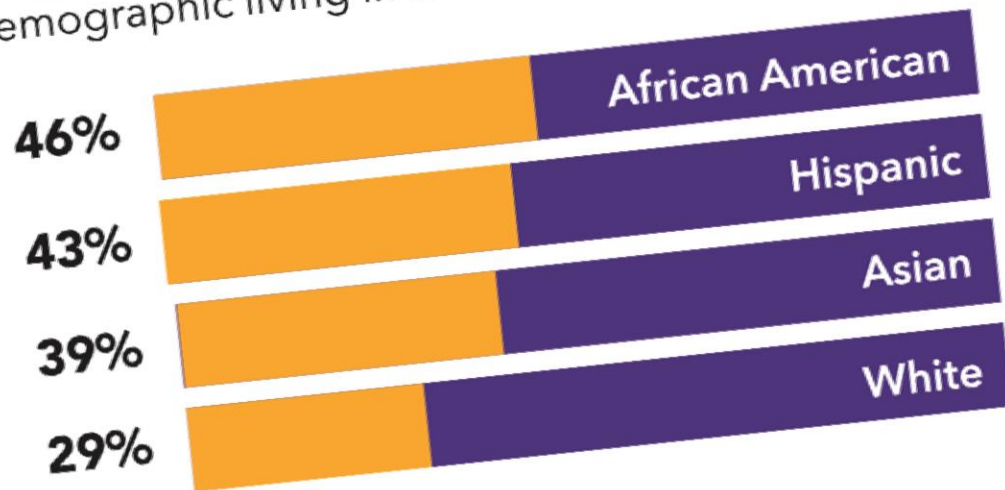
Home Improvements

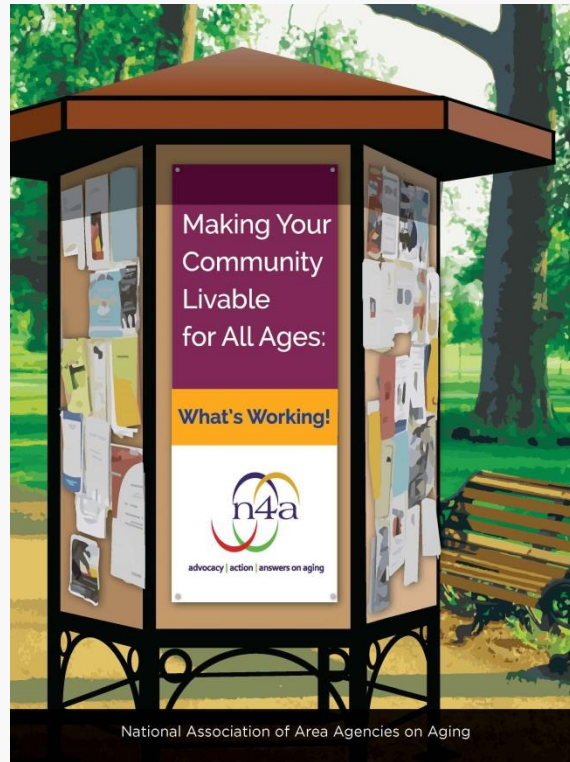


- **51.3%** Home repair services
- **42.0%** Home modifications (grab bars, ramps, etc.)
- **6.7%** Financial assistance for home improvements

Cost Burdened Older Households

Severely housing cost-burdened households **age 50 and over** in the bottom bracket spend **43 percent less on food** and those **age 80 and over** spend **59 percent less on health care** than the same demographic living in affordable housing.





Making Your Community Livable for All Ages: What's Working!



The Maturing of America

Communities Moving
Forward for an
Aging Population

Think About Aging in Your Community



So What is a Livable Community?

- Social supports
- Affordable and appropriate housing choices
- Transportation options
- Ease of mobility
- Basic amenities nearby
- Social and intergenerational engagement

Transportation



Housing

AGE
— IN —
PLACE



OR



MAKE
— A —
MOVE?

Access to Health/Community Services and Supports



Economic Engagement/Workforce



Health/ Human Services



Public Safety

**Don't Be
A Victim.
Fight
Back!**



Social Engagement



Surprise!

Baby Boomers and Millennials have a similar vision of community

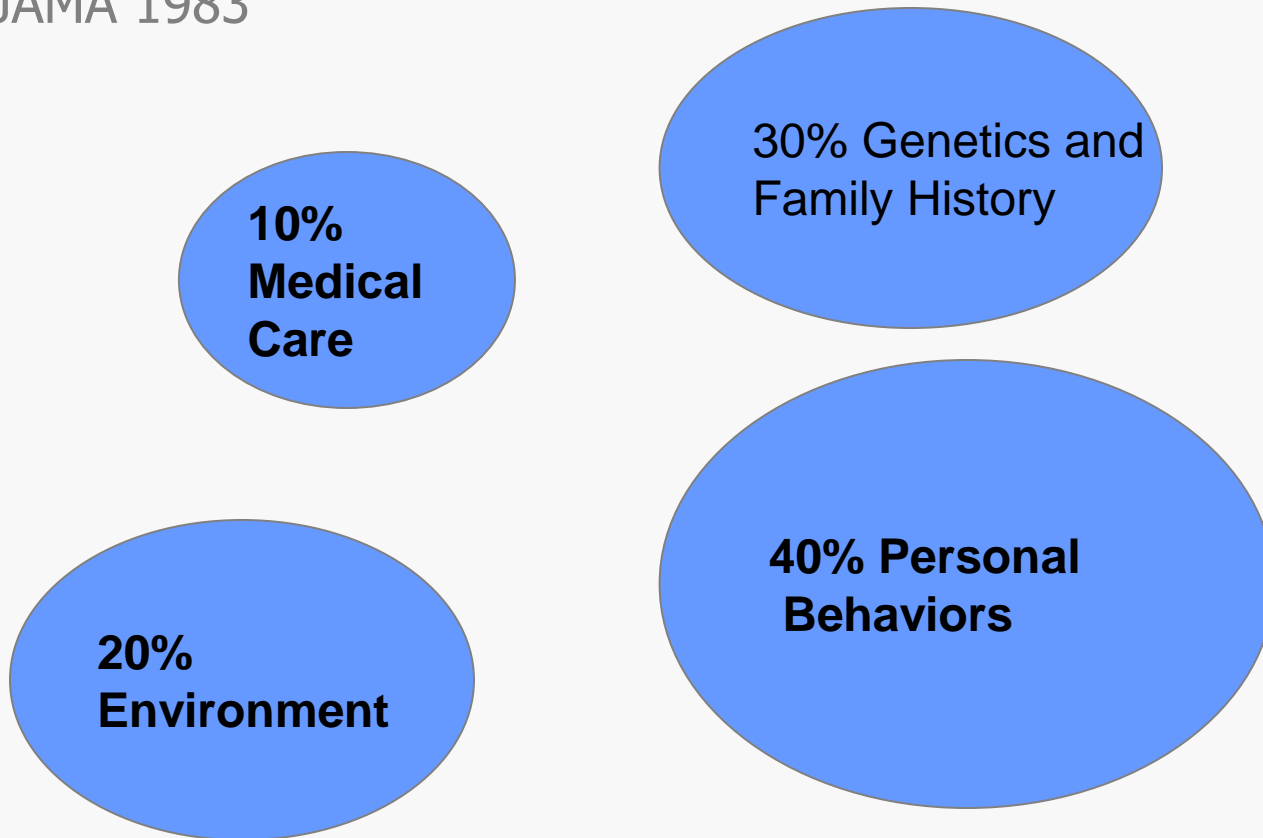


Where You Live Matters!



Where You Live Impacts Your Health

- JAMA 1983



What Will Your Community's Aspiration for Aging Be?

- York County, PA- Embracing Aging!!
- Larimer County, CO- A Great Place to Grow Up and to Grow Old
- Atlanta Regional Commission, GA- A Lifelong Community
- St. Louis Park, MN- Your Home for a Lifetime

Housing Matters



- Modification of Existing Homes
- Zoning Changes to Allow Different Types of Housing Units/Housing Additions within Existing Neighborhoods
- Regeneration of Housing in Downtown Areas with Diverse Housing Options
- Development of Affordable Assisted Living Facilities, Continuing Care Retirement Communities, Group Homes, Co-Housing
- Use of In-Home Technology

10 Successful Strategies for Advancing a Livable/Age-Friendly Community

1. Collaborate Across Traditional and Nontraditional Sectors
2. Celebrate Racial and Ethnic Diversity
3. Build Relationships
4. Honor Your Unique Community
5. Value Older Adults/Celebrate Aging

6. Embrace Longevity as an Opportunity
7. Tackle the Social Factors that Determine Wellness- Successful Aging
8. Seize Opportunities to Infuse Aging in Everything
9. Send the Right Messages
10. Leverage Local Dollars

Embrace Aging!



Get Your Communities to Embrace Aging!



EMBRACING AGING
Making York County a great place to age!
York County Community Foundation

Taking Livable Communities to the Next Level



Dementia
Friendly
America

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