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## **Maryland Medicaid Substance Use Initiatives**

**Regional Opioid & Substance Abuse Summit  
May 9, 2017**

Shannon M. McMahon, MPA, Deputy Secretary



# Overview

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- 1) Opioid Overdose Epidemic Overview**
- 2) 2016 CDC Guideline for Chronic Pain**
  - Supporting Evidence & Recommendations
- 3) State Recommendations & Policies**
  - DHMH Policies
  - Prescribing Recommendations
  - Medicaid Policy Limits
- 4) Resources**

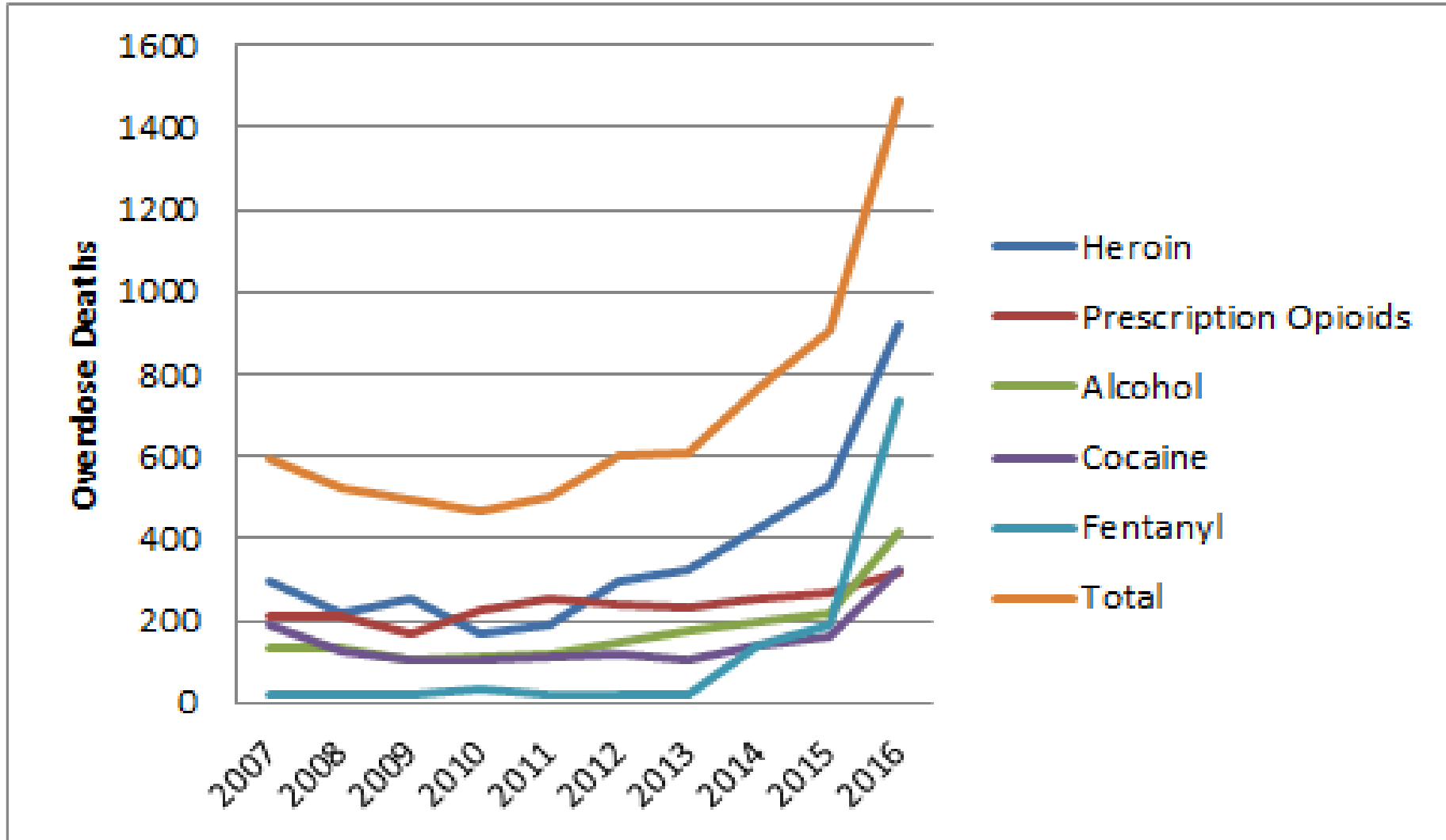


# Opioid Overdose Epidemic Overview



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# Maryland Overdose Deaths by Drug Class 2007-2016\*



# Why Target Medicaid?

- Over 20% of Marylanders enrolled in Medicaid
- Statewide reach
- 6 of 8 MCOs are integrated provider and payer networks
- 816 (65%) of opioid overdose deaths in 2015 were enrolled in Medicaid at any point after January 1, 2011. Of that amount 691 were enrolled in Medicaid at some point during CY 2015.
  - 67.5% of participants were male
  - The majority of participants were white (61.9%) or African American (29.2%).
  - Most participants lived in suburban Baltimore (35%), Baltimore City (33.1%), and Western Maryland (10.5%)

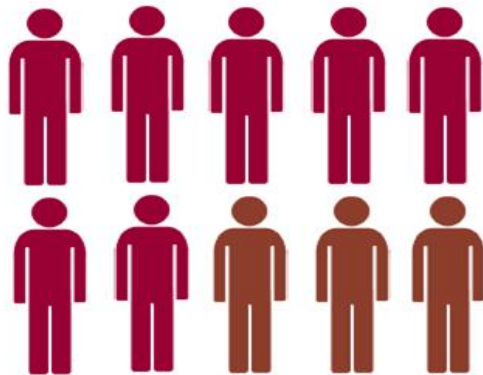


# Prescription Drugs and Heroin

Prescription opioid misuse is a major risk factor for heroin use



**3 out of 4 people**  
who used heroin in the  
past year misused  
opioids first



**7 out of 10 people**  
who used heroin in the  
past year also misused  
opioids in the past year

Jones, C.M., Heroin use and heroin use risk behaviors among nonmedical users of prescription opioid pain relievers – United States, 2002–2004 and 2008–2010. *Drug Alcohol Depend.* (2013).



# Maryland Medicaid Initiatives



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# Residential SUD Treatment

- December 2016, CMS approved Maryland Medicaid 1115 waiver renewal, which included its request to provide IMD services for substance use disorder treatment
  - Waives Medicaid IMD exclusion and allows Maryland Medicaid to offer SUD services in IMDs with more than 16 beds
- With this addition, the program covers ASAM's full continuum of care for SUD treatment
- Effective July 1, 2017, Maryland Medicaid will provide reimbursement for up to two nonconsecutive 30-day stays in a rolling year for ASAM levels 3.7 WM, 3.7, 3.5, and 3.3.
- The Department intends to phase in coverage of ASAM level 3.1 beginning on January 1, 2019.





# Residential SUD Treatment Reimbursement

- Authorization and reimbursement will be performed by the ASO, Beacon Health Options, with a single claim consisting of 2 codes, one for clinical services (Medicaid-supported) and one for room and board (BHA-supported).

ASAM Level of Care	Rate (per diem)
Level 3.7 WM	\$ 354.67
Level 3.7	\$ 291.65
Level 3.5	\$ 189.44
Level 3.3	\$ 189.44
Room and Board	\$ 45.84

- Providers are not permitted to balance bill either Medicaid or uninsured individuals services covered by Medicaid or the State.



# Reimbursement Changes for OTPs

- Maryland Medicaid is rebundling weekly rates for methadone maintenance services to allow Opioid Treatment Programs (OTP) to bill for methadone and outpatient counseling separately.
- Research indicates that methadone and counseling together result in better patient outcomes than treating patients with methadone alone.
- Reimbursement rates were changed to align with clinical best practices.
- New policy also allows for guest dosing in the instance an individual needs medication assisted treatment from an OTP other than the one they normally attend.
- Rates were finalized after about a year of stakeholder feedback and engagement.
- Effective May 15, 2017.



# Overdose Response Program - Naloxone

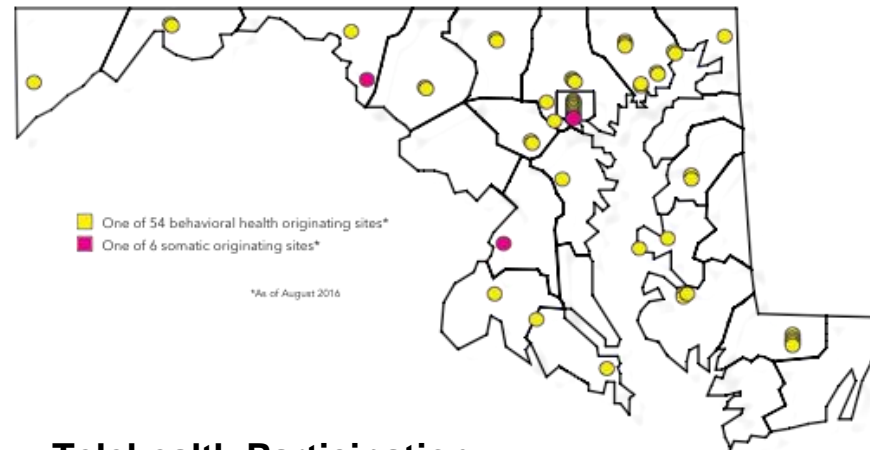
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- Overdose Response Program
  - *State Statute: Health-General §§13-3101-3111, effective Oct. 1, 2013*
  - *State Regulations: COMAR 10.47.08.01-.12, effective March 3, 2014*
- Expands access to naloxone
  - All MD-certified pharmacists may dispense naloxone without a prescription to any certified individual
  - DHMH BHA oversees the certification of any individual to recognize and respond to opioid-related overdoses and safely administer naloxone
  - 55 entities authorized to conduct trainings
  - Over 39,000 people trained



# Medicaid Telehealth Program

- Model: “Hub-and-Spoke” Model
- 2015: Streamlined telemedicine and telemental health programs into one “telehealth program”
- 2016: Incorporated methadone clinics and community-based substance use providers into the program
- 54 behavioral health and 6 somatic originating sites



Telehealth Participation



# DUR Opioid Workgroup

- DUR Opioid Workgroup consists of DHMH policy and clinical team and all 8 Medicaid MCOs.
- The Workgroup met in the last year to build consensus around a set of prescribing policies to be implemented July 1, 2017.
- Policies take into consideration the 12 recommendations in the CDC Guideline for Prescribing Opioids for Chronic Pain.
- DHMH prescribing policies aim to:
  - Prevent non-medical opioid use, opioid abuse and dependence, over prescribing of opioids;
  - Identify and treat opioid dependence early in the course of the disease;
  - Prevent medical situations that arise from dependence and overdose;
  - Identify and outreach to providers who have patients on high risk opioid prescriptions



# Maryland Medicaid Prescribing Policies

- **Policy 1:** Improve coverage for first line treatment like non-opioid medication and non-pharmacologic treatment
- **Policy 2:** Obtain Prior Authorization for Opioids every 6 months
  - Above 90 MME
  - All Long Acting Opioids, Fentanyl, and Methadone for Pain
  - High Quantity (anything above the 30-day quantity limit)
- **Policy 3:** Screen for SUD before prescribing opioids and controlled substances
  - (i.e.) SBIRT = Screening, Brief Intervention and Referral to Treatment
- **Policy 4:** Refer patients with SUD to treatment
  - Maryland Medicaid offers BH services via Beacon Health Options
- **Policy 5:** Prescribe naloxone to high risk patients
- **Policy 6:** Check PDMP prior to prescribing
  - Highly recommended for Medicaid providers July 1, 2017. Required for all Maryland CDS prescribers on July 1, 2018.



# Resources

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## **DHMH Opioid Website**

[dhmh.maryland.gov/medicaid-opioid-dur](https://dhmh.maryland.gov/medicaid-opioid-dur)

## **DHMH Opioid Email**

[dhmh.opioiddur@maryland.gov](mailto:dhmh.opioiddur@maryland.gov)

## **Webinars on Prescribing Policy**

May 10, 12, 15, 18, 22





**Thank you!**



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