

CONGESTION REPORT

3rd Quarter 2022

A quarterly update of the National Capital Region's traffic congestion, travel time reliability, top-10 bottlenecks and featured spotlight

October 2022



National Capital Region
Transportation Planning Board

CONGESTION REPORT

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ABOUT THE TPB

The National Capital Region Transportation Planning Board (TPB) is the federally designated metropolitan planning organization (MPO) for metropolitan Washington. It is responsible for developing and carrying out a continuing, cooperative, and comprehensive transportation planning process in the metropolitan area. Members of the TPB include representatives of the transportation agencies of the states of Maryland and Virginia and the District of Columbia, 24 local governments, the Washington Metropolitan Area Transit Authority, the Maryland and Virginia General Assemblies, and nonvoting members from the Metropolitan Washington Airports Authority and federal agencies. The TPB is staffed by the Department of Transportation Planning at the Metropolitan Washington Council of Governments (COG).

CREDITS

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TABLE OF CONTENTS

CONGESTION – TRAVEL TIME INDEX (TTI)	1
RELIABILITY – PLANNING TIME INDEX (PTI)	2
TOP 10 BOTTLENECKS	3
CONGESTION MAPS	9
2022Q3 SPOTLIGHT	11

FIGURES AND TABLES

FIGURE 1 MONTHLY TRAVEL TIME INDEX FOR TOTAL AM PEAK (6:00-10:00 AM) AND PM PEAK (3:00-7:00 PM)	1
FIGURE 2 MONTHLY PLANNING TIME INDEX FOR TOTAL AM PEAK (6:00-10:00 AM) AND PM PEAK (3:00-7:00 PM)	2
FIGURE 3. TRAVEL TIME INDEX DURING WEEKDAY 8: 00-9:00 A.M. IN 3RD QUARTER OF 2022	9
FIGURE 4. TRAVEL TIME INDEX DURING WEEKDAY 5:00-6:00 P.M. IN 3RD QUARTER OF 2022	10

CONGESTION – TRAVEL TIME INDEX (TTI)

Interstate System

TTI 3rd Quarter 2022: **1.30** ↑5.1% or 0.06¹
 TTI Trailing 4 Quarters: **1.28** ↑8.6% or 0.10²

Non-Interstate NHS³

TTI 3rd Quarter 2022: **1.14** ↑1.4% or 0.02
 TTI Trailing 4 Quarters: **1.14** ↑2.5% or 0.03

Transit-Significant⁴

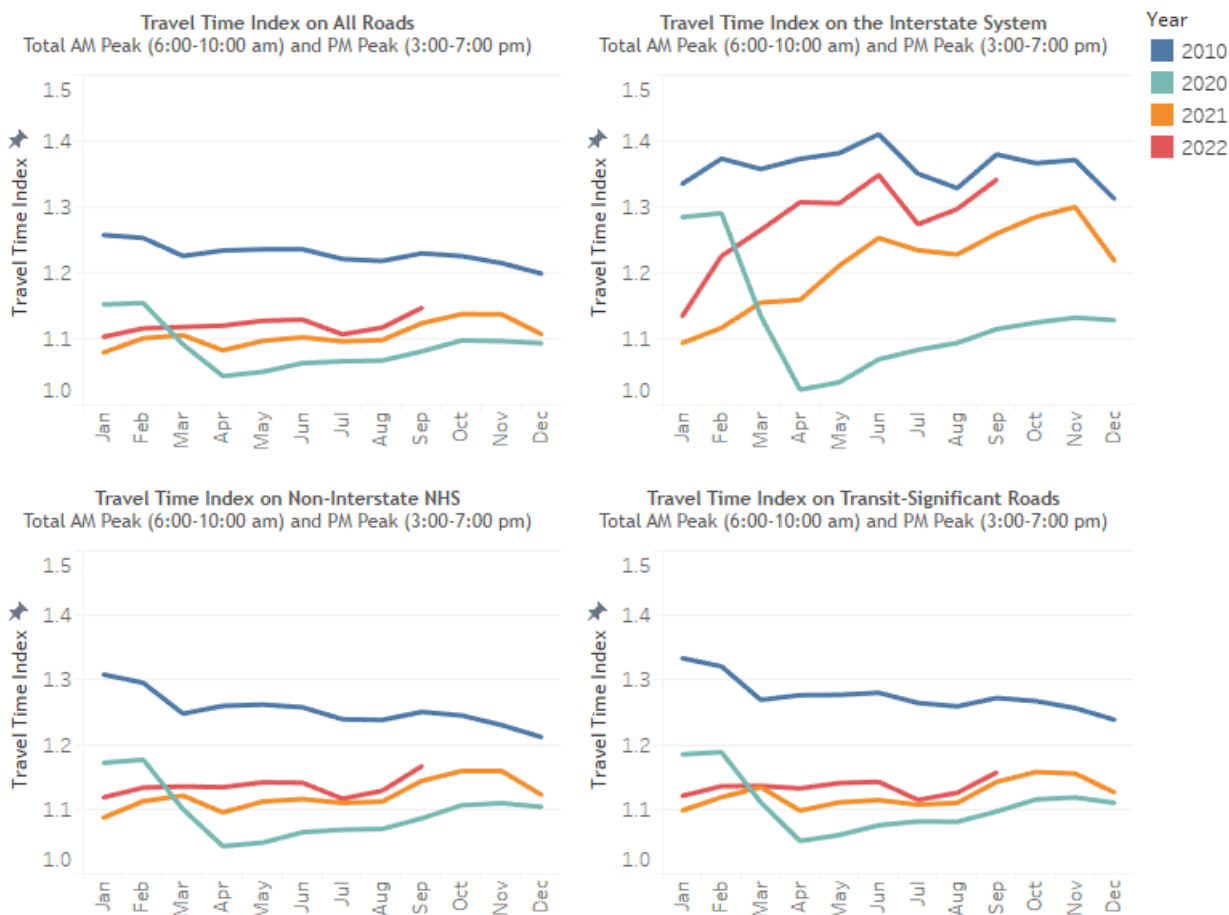
TTI 3rd Quarter 2022: **1.13** ↑1.1% or 0.01
 TTI Trailing 4 Quarters: **1.14** ↑2.0% or 0.02

All Roads

TTI 3rd Quarter 2022: **1.12** ↑1.6% or 0.02
 TTI Trailing 4 Quarters: **1.12** ↑2.2% or 0.02

¹ Compared to 3rd Quarter 2021; ² Compared to one year earlier; ³ NHS: National Highway System; ⁴ See “Background” section.

Figure 1 Monthly Travel Time Index for Total AM peak (6:00-10:00 am) and PM peak (3:00-7:00 pm)



Source: TPB

Travel Time Index (TTI), defined as the ratio of actual travel time to free-flow travel time, measures the intensity of congestion. The higher the index, the more congested traffic conditions it represents, e.g., TTI = 1.00 means free flow conditions, while TTI = 1.30 indicates the actual travel time is 30% longer than the free-flow travel time.

RELIABILITY – PLANNING TIME INDEX (PTI)

Interstate System

PTI 3rd Quarter 2022: **1.76** ↑8.2% or 0.13¹
 PTI Trailing 4 Quarters: **1.69** ↑13.6% or 0.20²

Non-Interstate NHS³

PTI 3rd Quarter 2022: **1.29** ↑3.5% or 0.04
 PTI Trailing 4 Quarters: **1.29** ↑5.7% or 0.07

Transit-Significant⁴

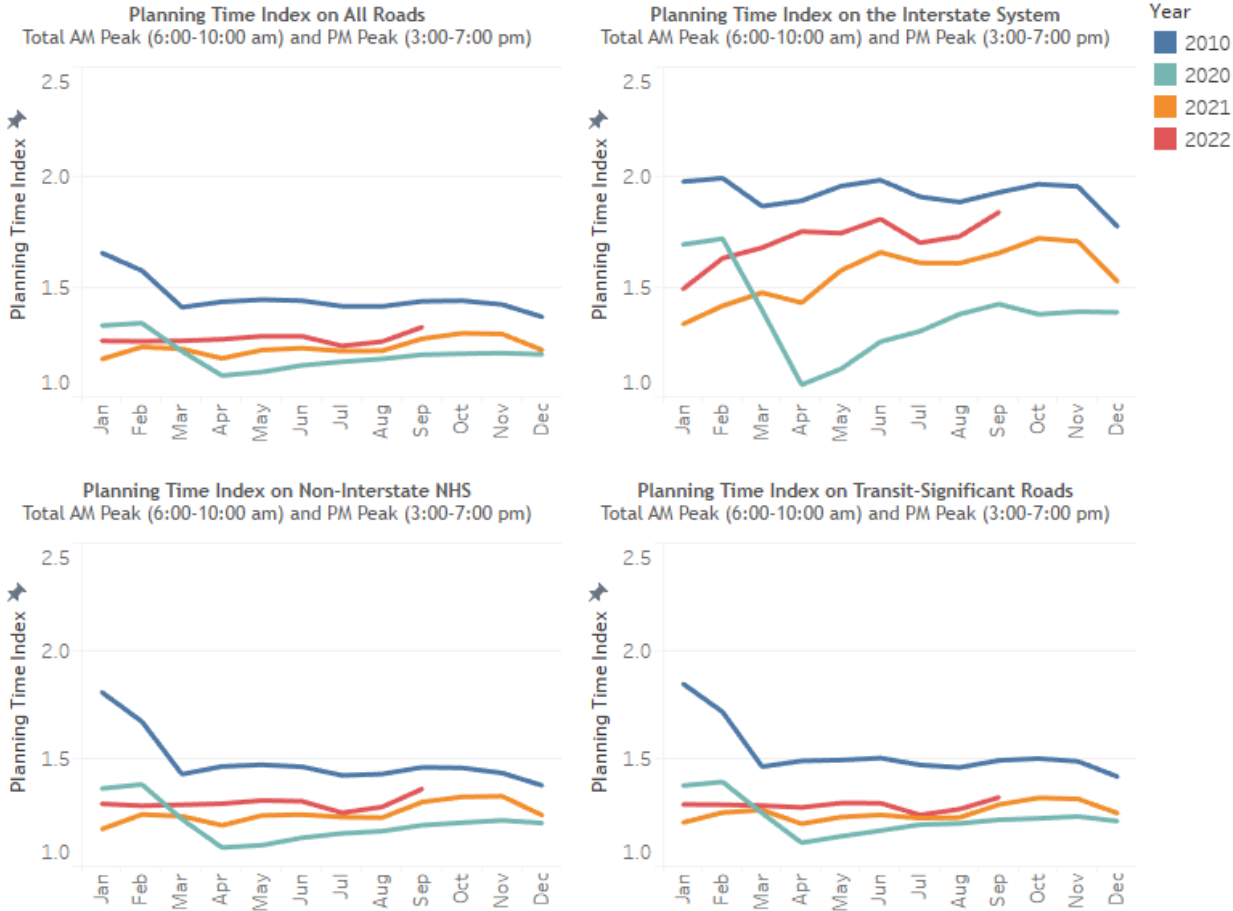
PTI 3rd Quarter 2022: **1.27** ↑2.3% or 0.03
 PTI Trailing 4 Quarters: **1.28** ↑4.3% or 0.05

All Roads

PTI 3rd Quarter 2022: **1.27** ↑3.2% or 0.04
 PTI Trailing 4 Quarters: **1.26** ↑4.6% or 0.06

¹ Compared to 3rd Quarter 2021; ² Compared to one year earlier; ³ NHS: National Highway System; ⁴ See “Background” section.

Figure 2 Monthly Planning Time Index for Total AM peak (6:00-10:00 am) and PM peak (3:00-7:00 pm)



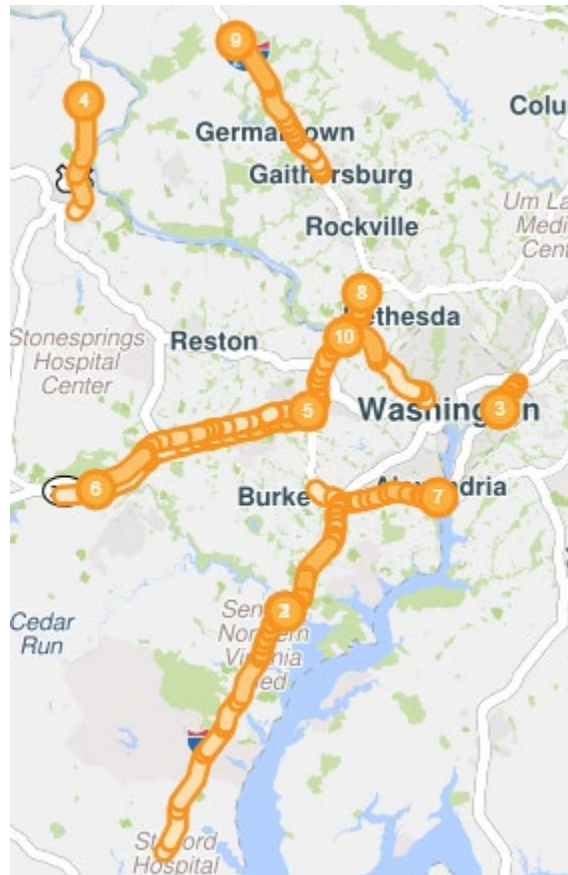
Source: TPB

Planning Time Index (PTI), defined as the ratio of 95th percentile travel time to free flow travel time, measures travel time reliability. The higher the index, the less reliable traffic conditions it represents, e.g., PTI = 1.30 means a traveler must budget 30% longer than the uncongested travel time to arrive on time 95% of the instances (i.e., 19 out of 20 trips).

TOP 10 BOTTLENECKS

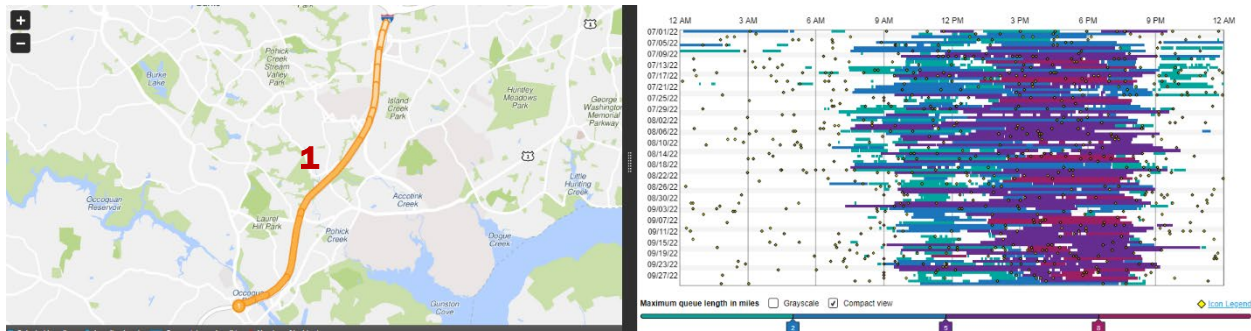
Rank (Last Quarter Rank)	Location	Average duration	Average max length (miles)	Total duration	Impact factor
1 (1)	I-95 S @ VA-123/EXIT 160	10 h 22 m	3.45	39 d 18 h 4 m	151,712
2 (2)	I-95 N @ VA-123/EXIT 160	4 h 42 m	4.29	18 d 1 h 17 m	99,548
3 (4)	DC-295 S @ CAPITOL ST	8 h 43 m	1.6	33 d 11 h 25 m	67,965
4 (8)	US-15 N @ STUMPTOWN RD/LUCKETTS RD	1 h 33 m	6.9	5 d 23 h 45 m	58,868
5 (10)	I-66 E @ I-495/EXIT 64	4 h 11 m	2.79	16 d 1 h 59 m	58,665
6 (14)	I-66 W @ VA-234/EXIT 47	1 h 37 m	6.7	6 d 5 h 27 m	55,528
7 (**)	I-495 CCW @ WOODROW WILSON MEMORIAL BRIDGE	2 h 33 m	3.87	9 d 18 h 39 m	54,277
8 (6)	I-495 CW @ I-270 SPUR	1 h 23 m	6.84	5 d 7 h 37 m	52,825
9 (**)	I-270 N @ MD-109/EXIT 22	1 h 55 m	4.84	7 d 9 h 40 m	47,992
10 (9)	GW PKY N @ I-495	4 h 45 m	0.94	18 d 5 h 9 m	46,036

**Not in the top 50 bottlenecks of the previous report.

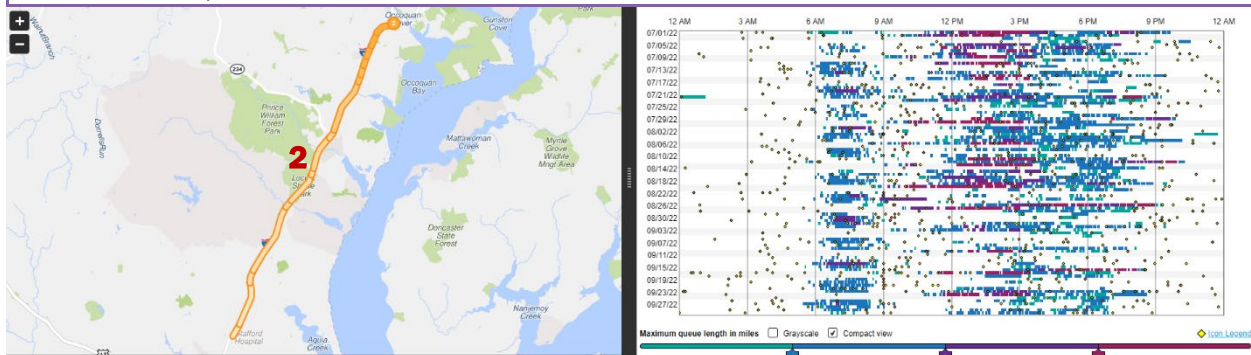


Rank	Location	Average duration	Average max length (miles)	Total duration	Impact factor*
1	I-95 S @ VA-123/EXIT 160	10 h 22 m	3.45	39 d 18 h 4 m	151,712

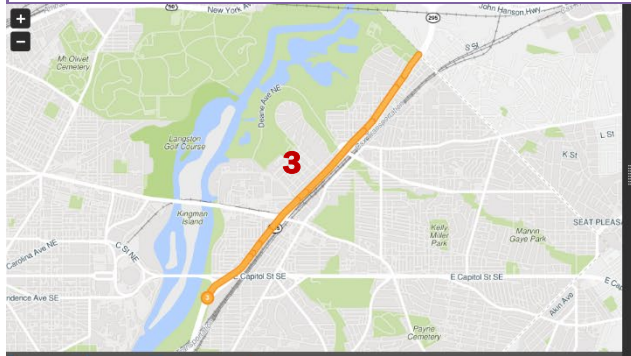
* The Impact Factor of a bottleneck is simply the product of the Average Duration (minutes), Average Max Length (miles) and the number of occurrences.



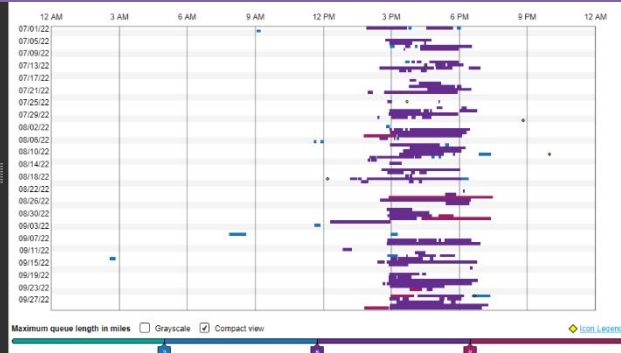
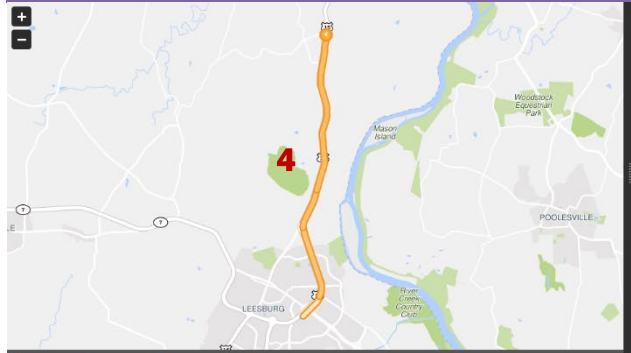
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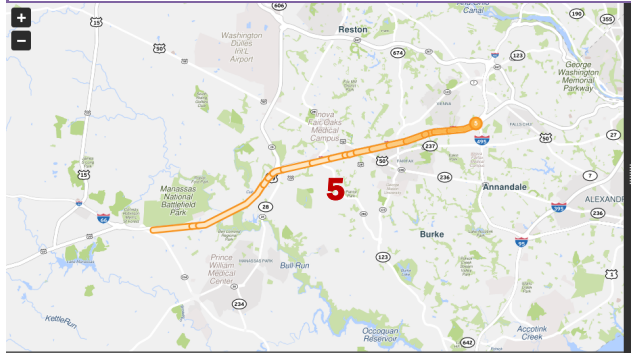
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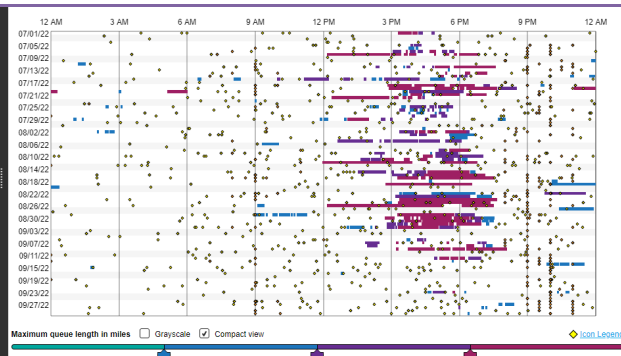
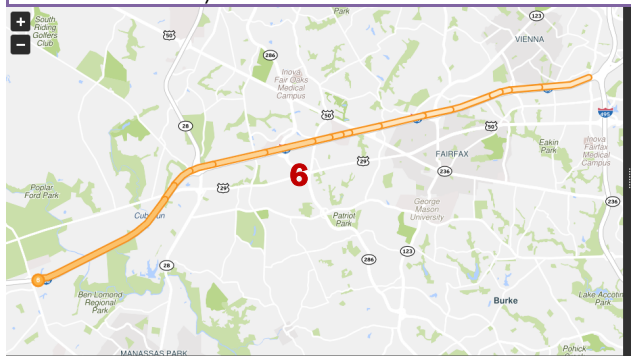
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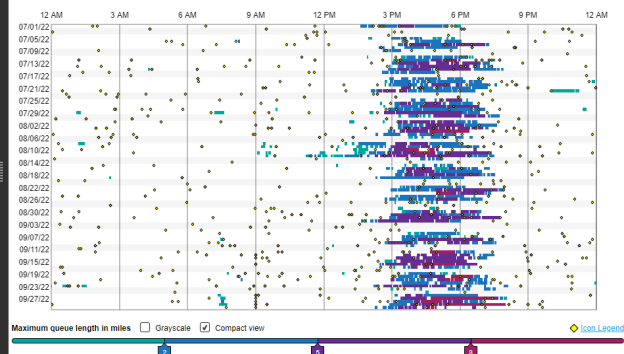
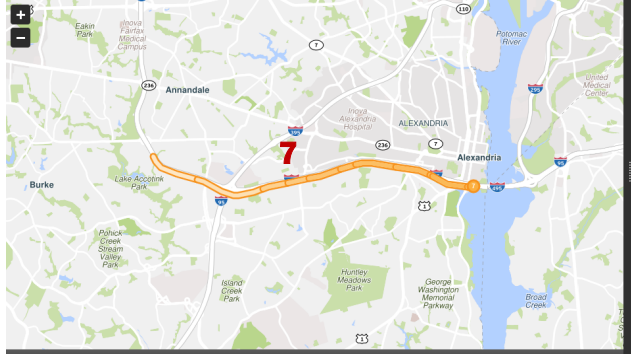
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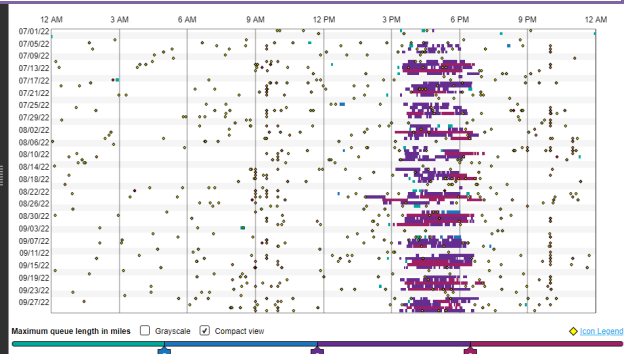
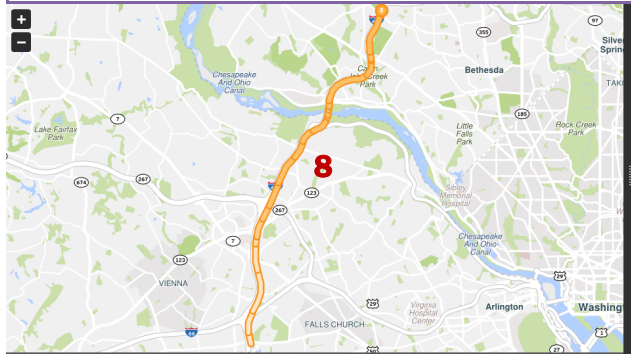
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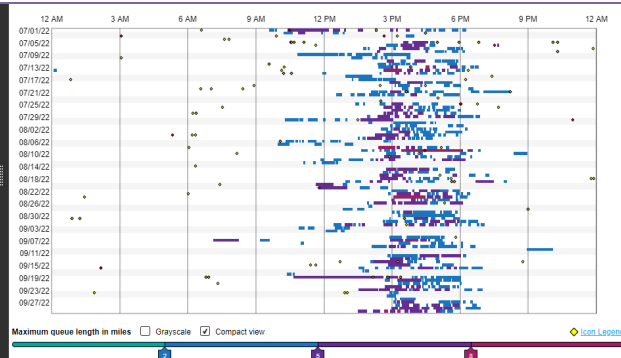
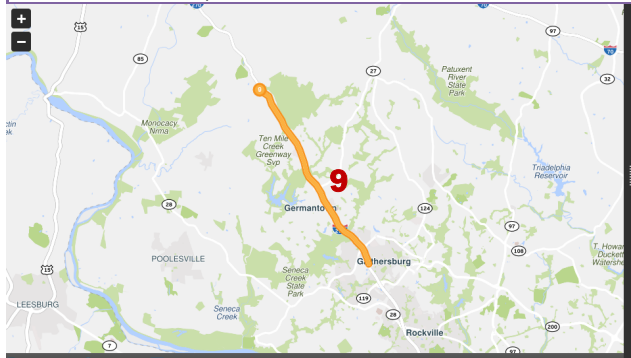
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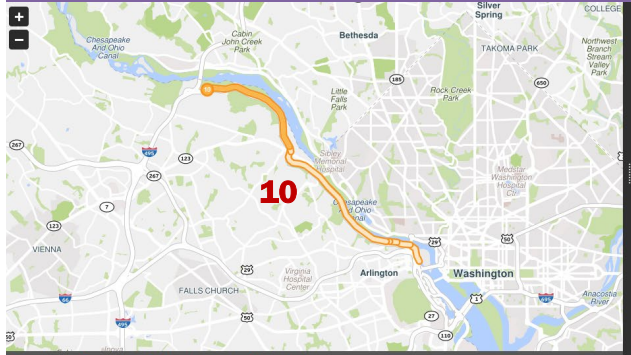
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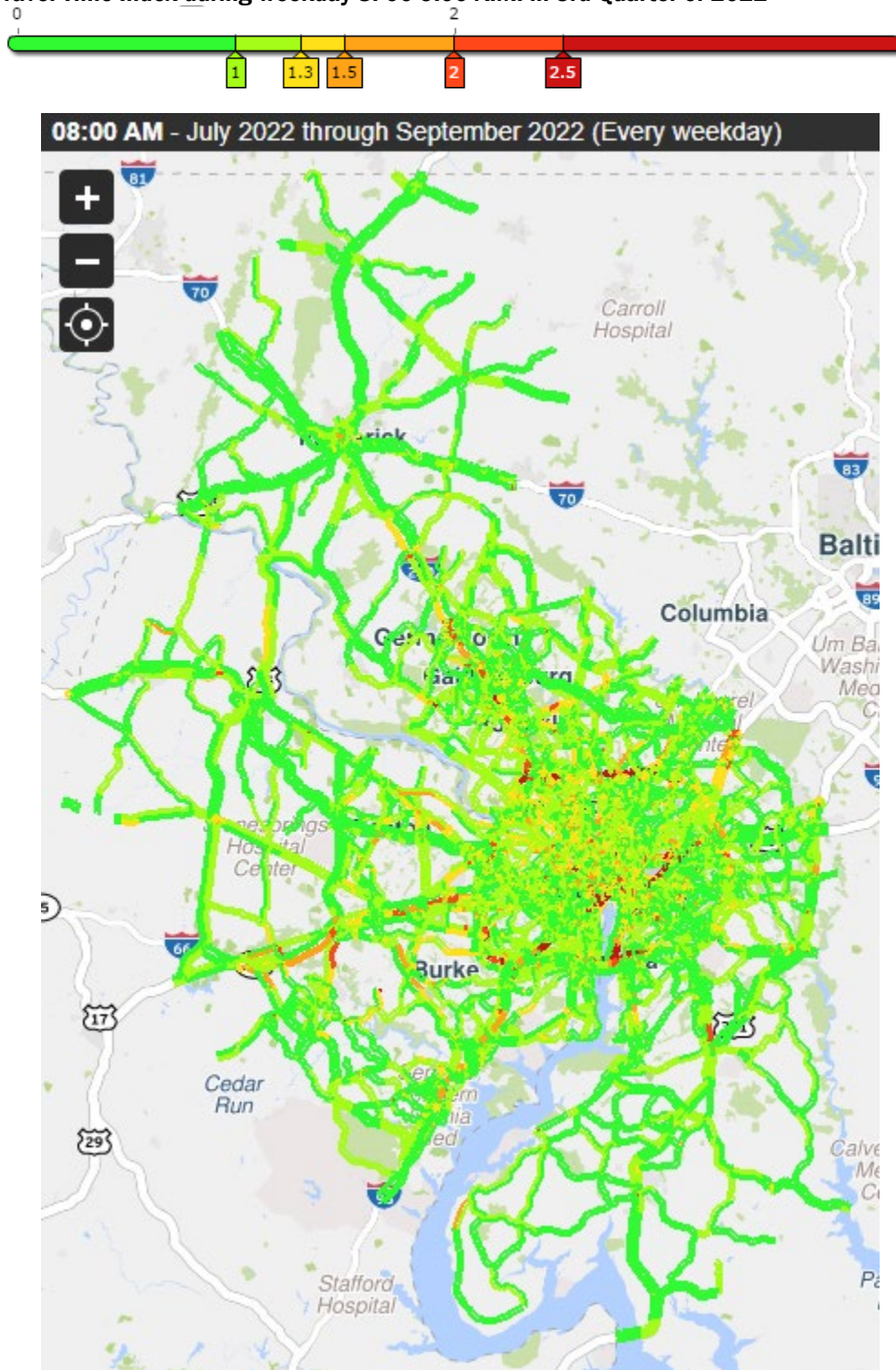


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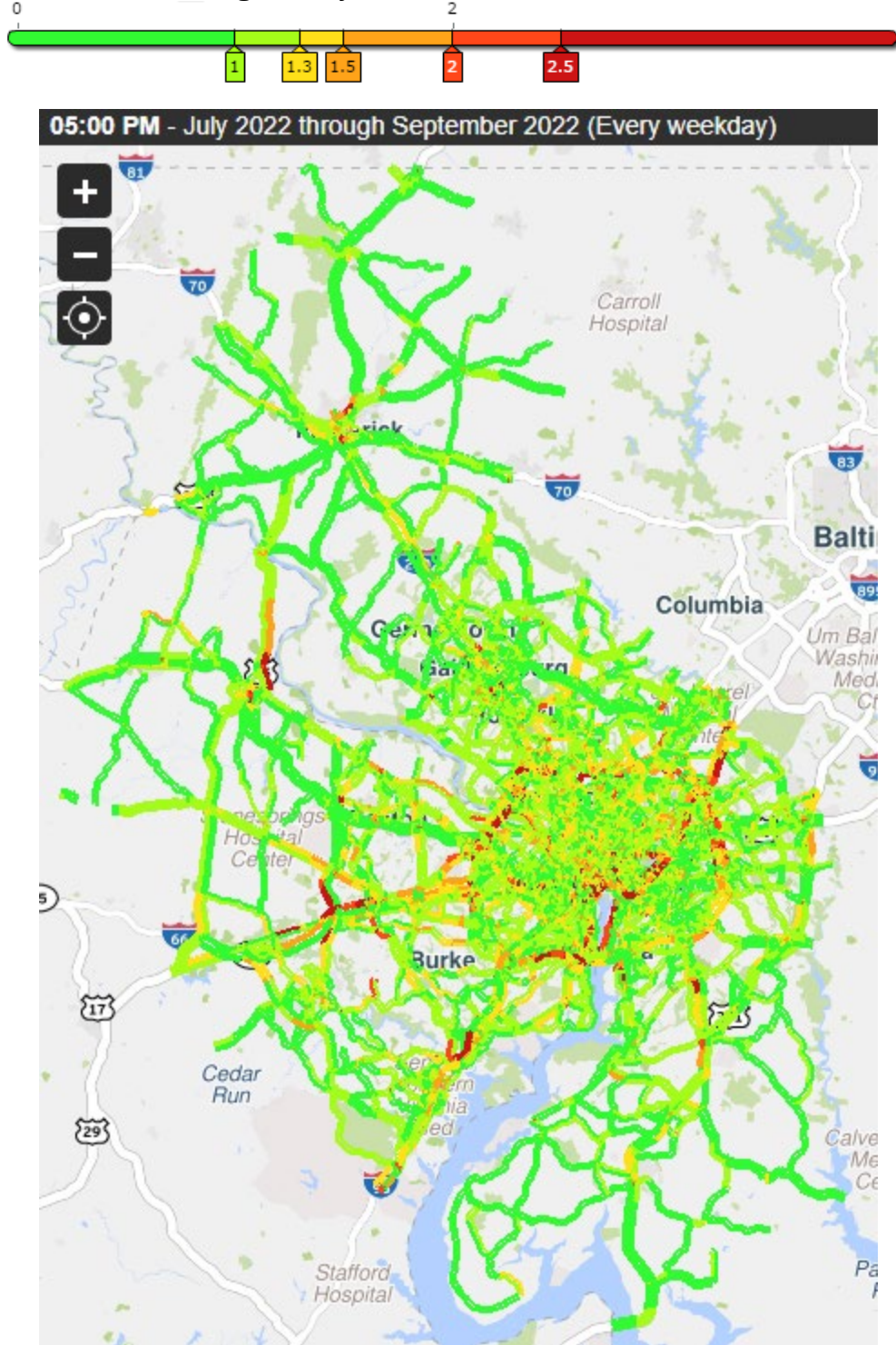
CONGESTION MAPS

Figure 3. Travel Time Index during weekday 8: 00-9:00 A.M. in 3rd Quarter of 2022



Source: University of Maryland CATT Lab

Figure 4. Travel Time Index during weekday 5:00-6:00 P.M. in 3rd Quarter of 2022



Source: University of Maryland CATT Lab

2022Q3 SPOTLIGHT

This Spotlight will be added at a later date.